

## ***DIETARY SUPPLEMENT STUDY***



You are invited to participate in a research study conducted by the Department of Obstetrics and Gynecology at the University of Wisconsin-Madison.

We will be testing a dietary supplement commonly found in various vegetables to see how it affects the balance of estrogen in the body. We would like to determine if body size makes a difference in how the supplement affects estrogen metabolism. Women of all body sizes are encouraged to participate.

### **You may be eligible to participate in this study if:**

- ✓ You are a woman between 30 and 50 years of age
- ✓ You have a regular menstrual cycle
- ✓ You are NOT taking any type of hormonal contraception (such as oral birth control pills) and are NOT on hormone therapy

As a participant in this study, you would be asked to take a dietary supplement in the form of a capsule each day for a period of 8 weeks. Your participation would also involve 3 in-person interviews, each of which is approximately 30 minutes in duration.

This study will help us to learn more about preventing estrogen-related cancers. Participants will also receive an incentive payment following completion of the study and a voucher for free parking.

**If you are interested in volunteering for this study or would like additional information regarding this study, please contact the co-investigator, Sara Fleming at (608) 265-6385 or [sara.fleming@fammed.wisc.edu](mailto:sara.fleming@fammed.wisc.edu)**

This study is being conducted at the University of Wisconsin Hospital and Clinics (UWHC), 600 Highland Avenue, Madison, WI 53792