

PCC OSCE Preparation

General:

1. 6 Stations (1 is a write-up of another station)
2. Proctored by FM, IM, Peds faculty or standardized patients using checklist of skills/behaviors (similarly to the YEPSA format, students are not given the checklist prior to the exam).
3. SP or faculty may ask questions/give prompts/give audiovisual information. Otherwise try to ignore the faculty assessor.
4. You can bring anything with you that you'd normally have in the office, e.g. PDA or notebook is FINE, your mother is NOT.
5. Act as you normally would with a patient, i.e. introduce yourself, explain your role & what you will be doing, wash your hands before exam, etc. Each station includes an evaluation of your communication skills with the patient.
6. You have 10 min in the room per station. There is an overhead announcement when 2 minutes are remaining. **Therefore:**
 - You do not have time to go into a detailed discussion of different guidelines, conflicting evidence, all possible adverse effects, etc.
 - You may use your PDA or other resources to confirm/verify, but generally you do not have time to use these resources as your primary guide on how to proceed.
 - The checklist format implies that it is more important to ask a breadth of questions rather than going into depth; for example, if a patient presents with abdominal pain, you will get more points for asking "Have you ever had this before? Anyone else in your family with stomach problems? Do you drink alcohol? Are you taking any over-the-counter or prescribed medications?" than "Tell me everything that you had to eat or drink yesterday"

Categories which may be tested:

1. Dr Pt Communication
 - Review skill checklists from handouts
2. Physical Exam Skills
 - Remember that when it hurts, IPReSS on it!
 - **I**nspection, **P**alpation, **R**ange of Motion (RAP→Range: Active, Passive), **S**trength, **S**pecial tests
 - Review videos
 - <http://www.fammed.wisc.edu/our-department/media/623/shoulder-exam>
 - <http://www.fammed.wisc.edu/our-department/media/623/knee-exam>
 - Practice verbalizing what you are doing and why/what you are looking for
3. Common Problems in Primary Care
 - Remember to go thru PQRST (**p**recipitating/alleviating, **q**uality, **r**adiation, **s**trength, **t**iming) for any pain-related complaints
 - You may want to have a structural outline of an office visit handy as a reminder to hit pertinent aspects of past, family, social history, ROS, allergies, physical exam categories, areas to address in plan (e.g. symptom relief, patient education, signs of complications, when to return, Rx directions & side effects)
 - Address all complaints/concerns

4. Prevention counseling
 1. Provide age-appropriate interventions. An outline of categories of preventive services (e.g. injury prevention, immunizations, cancer screening, metabolic screening, chemoprophylaxis, exercise, nutrition) may be useful to have handy.
5. Delivering an assessment/plan
 - Use patient-appropriate language
 - 'Chunk & Check'
 - Elicit and Integrate patient preferences/needs
 - Utilize patient education skills from Dr-Pt Communication sessions
6. Write-Up
 - Write-up findings/assessment/plan from one of the prior stations in SOAP format
 - Typed into computer