



**University of Wisconsin  
School of Medicine and Public Health  
Department of Family Medicine**

# **McGovern-Tracy and Scholars Awards Event**

**May 7, 2015 ♦ 5:15-8:00 PM**

Monona Terrace Community and Convention Center



# Program of Events

**5:15-6:00** Reception

**6:15** Dinner Served

**6:15** **Welcome and Opening Remarks**  
Valerie Gilchrist, MD, Professor and Chair

**Master of Ceremonies**  
William Schwab, MD, Professor (CHS)

**6:30** **Keynote Speaker**  
Alexandra Adams, MD PhD, Professor  
Director, Collaborative Center for Health Equity  
Title: "From the Big Apple to the Tall Pines: My Journey in Community Partnerships to Improve Health"

**6:50** **2015 Scholars Award Presentations**  
Introductions by John Hawkins, MD, Associate Professor (CT)

- Robert F. and Irma K. Korbitz Endowed Scholarships in Family Medicine
- Zorba Paster Compassion in Action Award
- Zorba Paster Compassion in Action Community Leadership Award
- Dr. Lester Brillman Scholarship
- Dr. Lester Brillman Mentorship in Family Medicine
- Founders Award
- Vogel Foundation Scholarship

**7:15** **Martin Gallagher Prolotherapy Award**  
Introduction by David Rabago, MD, Associate Professor

**7:20** **David Eitrheim, MD Rural Resident Award**  
Introduction by Byron Crouse, MD, Professor (CHS) and Associate Dean

**7:25** **Jan Ashe Memorial Awards for Excellence in Community Radiography**  
Introductions by William Schwab, MD

**7:30** **McGovern-Tracy Scholars**  
Introductions by William Schwab, MD

**7:50** **Closing Remarks**  
Valerie Gilchrist, MD

# 2015 Award Recipients:

## **Robert and Irma Korbitz Endowed Scholarship**

Lauren Bauer  
Mathew Herbst  
Leah Krueger  
Caitlin MacCoun  
Paul Stevens

## **Compassion in Action**

Katharine Kelly  
Chinou Vang

## **Compassion in Action Community Leadership**

Helen Yu

## **Dr. Lester Brillman Scholarships**

Megan Keuler  
Lucas Kuehn  
Lauren Walsh

## **Dr. Lester Brillman Mentorship in Family Medicine**

Catherine Best, MD

## **Vogel Foundation Scholarship**

Heather Nennig

## **WAFP Founders Award**

Lauren Brown

## **Dr. Martin and Charlotte Gallagher Scholarship for Prolotherapy**

Alexandra Ilkevitch, MD

## **David Eitrheim, MD Rural Resident Scholarship**

Emily Ramharter, MD

## **Jan Ashe Memorial Awards for Excellence in Community Radiography**

Rayna Kluz  
Luis Perez

## **McGovern-Tracy Scholars**

William Burrough  
Akaila Cabell  
Kaylene Fiala  
James Ircink  
Rachel Hartline, MD



# Robert and Irma Korbitz Endowed Scholarship

This award is named for Dr. Robert Korbitz, a Family Physician from Monona, and his wife, Irma, and is offered by their surviving children. The Korbitz Scholarship is given to third or fourth year medical students with a strong interest in the field of Family Medicine as a focus of their training.



**Lauren Bauer**

I most enjoyed myself during the first few years of medical school when I could find human connection that supplemented what I was learning in class. I was lucky to have fantastic family medicine practitioner mentors and the Southside MEDiC Clinic where I could work with and learn from students, patients, and providers. At Allied United Community there was a great partnership of mutual respect and learning with a community I loved. I enjoyed the rewards of mentoring ambitious middle school girls, encouraging them to continue doing their best in their education. By joining the TRIUMPH program in my third year my medical school career has been enhanced in ways that I didn't know were possible. I am part of a family of students that challenge and amaze me. We tackle the most pertinent problems in our communities in an effort to impact the health of the vulnerable populations we serve. For my TRIUMPH community project, I have the privilege of working at the Aurora Walker's Point Community Clinic, the largest free clinic in the state, where I gain understanding into the lives of my patients and community by hearing their strong and constructive voices at our Community Advisory Board meetings. There I learn from providers who teach me to provide high quality healthcare despite the challenges of lower social and economic resources that our patients face. It is a tremendous honor to be a physician, and I believe an even greater honor to win the trust of families and be able to care for them. I want nothing more than to be the best family practitioner I can be, and for my patients to have a point of access to healthcare that is a place of trust and shared decision making. I aim to be a community-responsive physician that will always strive to understand the lives of my patients and use the tools I possess to help them to live those lives in the healthiest and happiest way possible.



**Mathew Herbst**

My initial plan was to become a family physician and work on the "front lines" in order to treat families, and fill a gap that I saw in initial management of musculoskeletal injuries. I maintained this thought throughout my first two years of medical school, but wanted to keep an open mind about going into my clinical years. As a shock to me I found that every rotation was enjoyable including surgery, internal medicine, psychiatry, neurology, and OBGYN. The only rotation that seemed to include all of my interests was full scope family medicine. I have found that family medicine above all other specialties provides me with the intellectual challenge and the long term patient relationships that I desire in a career. Through my training in our medical school's rural health track called WARM (Wisconsin Academy for Rural Medicine), I discovered my desire to care for a community and its

patients' wide breadth of health care needs. In my mind, family medicine embodies what it truly means to be a physician and is what I see myself doing for the rest of my life. In order to reach this goal, I am looking forward to a residency program that provides me the opportunity to learn the full scope of family medicine. Upon graduation, I will be joining the Department of Family Medicine Residency Program in Baraboo and hope to practice obstetrics, sports medicine, endoscopies, and general family medicine spanning all ages. I look forward to combining my previous experiences, my medical training, and my and dedication to patient care to become the best small-town family physician I can be. This scholarship will help me on my path to follow my dreams in primary care. I have learned to budget, but I also know that every dollar counts as I balance taking care of my family, covering my mortgage, and getting the most from my future family medicine residency education.



### **Leah Krueger**

Leah Krueger grew up in Merrill, Wisconsin, a small town just north of Wausau. After graduating from Merrill High School in 2007, she went on to UW-Madison and received degrees both Biology and Psychology. Leah is currently a third year medical student in the Wisconsin Academy for Rural Medicine (WARM) and has been based in Marshfield and surrounding Marshfield Clinic sites for her clinical years. After graduation, she plans to attend a residency in Family Medicine somewhere in the Midwest. Ultimately, she would like to practice Family Medicine in a rural community in Wisconsin. While at UW SMPH, she has been active in the Rural Health Interest Group and Medic, a student-run organization that provides free medical and dental care to underserved populations in Madison. She also traveled to Guatemala with a group of students and physicians to provide basic medical care to residents of local villages. During her fourth year, she plans to do an international rotation in Belize to

provide free primary care services to local residents. These experiences have strengthened her desire to work in rural communities and continue to volunteer her time to serve underprivileged groups.



### **Caitlin MacCoun**

Caitlin MacCoun is from Johnson Creek, Wisconsin where she grew up and her family currently resides. She graduated from high school in 2007 then pursued her BS at UW Madison graduating in 2011 with a degree in kinesiology. Caitlin is currently finishing her third year of medical school. She is a WARM student doing her clinical years in Green Bay. Upon graduation, she plans to complete a family medicine residency somewhere in Wisconsin. She hopes to practice full spectrum family medicine with a focus on women's health and palliative care. While at UW SMPH, Caitlin has been active in a variety of organizations including the rural health interest group, family medicine interest group, and MEDiC. She also had the opportunity to spend time volunteering abroad in Guatemala. Through her experiences, Caitlin has expanded her passion for family practice and rural medicine.

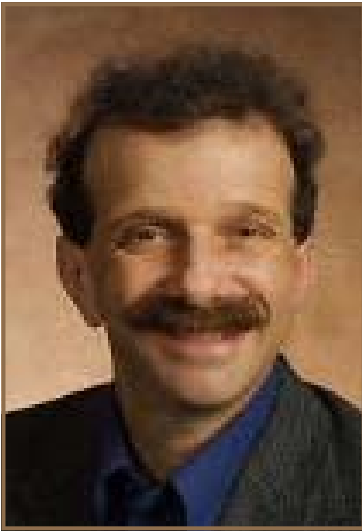


### **Paul Stevens**

Paul is from Suamico, Wisconsin where he grew up in the Green Bay area with his mother, father and younger brother, and graduated from Bay Port high school in 2006. He graduated magna cum laude from Lawrence University with a BA in Biology and that's where he also met his wife, Elizabeth.

Elizabeth works as an attorney in Portage, Wisconsin with special interest in the areas of elder law, real estate, and Guardian ad Litem for minors and adults. Together, they are excited to be expecting their first child this June. Currently, Paul is a fourth year medical student and soon-to-be graduate of UW SMPH who is excited to become one of two incoming Family Medicine residents in the Baraboo Rural Training Tract Family Medicine Residency. Ultimately, Paul hopes to practice full spectrum family medicine in Wisconsin after residency. While at UW SMPH, Paul has been a leader of the Family Medicine Interest Group (FMIG), school presenter for Doctors Ought to Care (DOC), and the

drummer for the medical student cover band The Arrhythmias. He recently took an elective that allowed him to investigate the barriers to electronic interoperability in rural health systems. From this research experience, Paul has become interested in how the intersection of medicine, technology, and humanity of his future practice can help the people of his community live healthier and happier lives. Paul is also looking forward to attending the upcoming AAFP Family Medicine Congressional Conference (FMCC) as a part of the UW Department of Family Medicine in Washington DC on May 12-13. In his free time, Paul enjoys live music and participating in many outdoor activities such as camping and traveling with his wife. Paul and his wife also run road races together and enjoy cross-country skiing in the wintertime.



# Dr. Zorba and Penny Paster Compassion in Action and Compassion in Action Community Leadership Awards

As a result of a generous gift from Dr. Zorba and Penny Paster on behalf of the Paster Family Foundation, the **Compassion in Action** award is presented to one or two first year medical students who have a desire to provide “good work” in an underserved community. This award is used to offset living expenses while the student is working in an underserved and disadvantaged community for a one-to-two month period, usually in the summer between the first- and second-year of medical school. “Disadvantaged community” is defined as a developing country setting or U.S. community that is defined as disadvantaged and underserved.

The **Compassion in Action Community Leadership** award is presented in recognition of a third or fourth-year medical student who, in the course of their medical school education, developed, implemented or improved health care in a disadvantaged community. “Disadvantaged community” is defined as a community or population that suffers, because it lacks sufficient necessities for the health and well-being of its members.



**Katharine Kelly**

During the summer of 2015 I will be participating in a global health project through Penda Health which will incorporate public health, community health, and quality improvement measures. Penda’s mission is to fill a gap in health care access between free government clinics and expensive private clinics. They work on a patient-centered model to serve women, men and children in impoverished and working class communities. Penda is conducting research related to clinical protocols for the treatment of the most common chief complaints seen in their clinics. Specifically, the project focuses on tracking quality metrics in order to improve provider decision-making and patient outcomes for these illnesses. My role would be to conduct a literature review on interventions aimed at improving provider performance in other limited-resource settings, assisting with a retrospective chart review, and collecting data and track provider performance as the clinical protocols are rolled out.

My goals for the summer are threefold: first, to contribute positively to a research project that has potential improvements in clinical outcomes; second, to learn about the communities that Penda serves, and about the ways their health determinants and needs



are similar and different from underserved communities in Wisconsin; third, to better understand how social enterprises fit into the health care system globally, and whether these organizations can be catalysts for innovation alongside non-profit and for-profit healthcare organizations. I expect to gain valuable clinical and quality improvement research experience by conducting the reviews and analyzing data to determine trends in the diagnosis and treatment of the relevant conditions. I anticipate learning significantly from the local Penda doctors, clinical officers and nurses about the practice of clinical medicine in a community setting, including comprehensive physical exam skills and the process of differential diagnosis. In addition to these valuable professional skills, I believe that I will be personally enriched and educated by spending time with individuals, families and colleagues who come from different cultural backgrounds, but strive for healthy, secure and meaningful lives in the same way that we do here in Wisconsin, and in other communities around the world.



### **Chinou Vang**

The book, “The Spirit Catches You and You Fall Down” and the 2005 Grey’s Anatomy episode, “Bring The Pain” both demonstrate the many obstacles that exist between western medicine and the successful treatment of Hmong patients. The Hmong have many ritualistic/cultural practices that may conflict with medical treatment plans and cause them to abstain entirely from seeking medical care. Wisconsin has the third largest population of Hmong in the U.S., yet the Hmong population remains highly underserved. My planned experience for Summer 2015 will be an 11-week research experience in Lao Cai Province in Vietnam and Yunnan Province in China. This experience will focus on Hmong villages in these rural, mountainous regions which have little to no access to medical care. I will interview Hmong community members and conduct research on topics including Hmong attitudes/beliefs towards western medicine, health assessments of the Hmong villages, and prevalence of diseases.

While some research is being conducted in the U.S. focusing on health and diseases in Hmong communities, research is lacking about the Hmong in other countries. This is significant because a majority of the Hmong in the U.S. are immigrants who were born in other countries and still retain their beliefs and ways of life from their homelands. These beliefs and attitudes towards western medicine are poorly understood and highly impact the medical care the Hmong receive in the U.S.

I plan to gather data that can be used for future research to improve Hmong health and provide medical interventions for the Hmong in developing countries. Learning about the different perceptions/attitudes toward western medicine that different Hmong populations hold, and analyzing this information, will allow for healthcare professionals to be more culturally sensitive to the Hmong and allow for a higher quality of healthcare. By comparing/contrasting the prevalence of diseases (i.e. diabetes) in different Hmong populations would provide a baseline for further research to investigate the upstream determinants on these diseases. As rice is a staple food in the diet of the Hmong, it would be very informative to see if this is the primary cause for diabetes or if other factors are involved as well. I hope to gain valuable skills that will allow me to conduct meaningful research as a healthcare professional. By having the necessary skills to understand and conduct quality research, it will allow me to one day find a way to realize my dream of changing and improving my poor, underserved community in Milwaukee, Wisconsin.



### **Helen Yu**

Helen Yu is from Echo Park, a working class immigrant neighborhood of Los Angeles, California. She graduated from Chatsworth High school in 2005. She attended UC Berkeley for college, and graduated in 2009 with a major in Molecular and Cell Biology. Throughout college, Helen’s activity in service organizations reflected her upbringing in urban Los Angeles and commitment to strengthening underserved communities. She held leadership positions at the Cal Corps Public Service Center and organized medical and clean water projects in rural Honduras. After college, Helen joined AmeriCorps to work in San Francisco after school programs with at risk middle and high school students. Helen is currently a fourth year TRaining in Urban Medicine and Public Health (TRIUMPH) student. She completed her clinical rotations in central-city Milwaukee and works on a health promotion project implementing group visits for African American patients with diabetes. The TRIUMPH curriculum supports

students in addressing urban health disparities and cultivates skills in population health, community engagement and self-care. Her work in TRIUMPH has helped her understand the meaning of treating versus caring for a patient and that the social determinants of health are not fulfilled through medicine alone. She is thrilled to start residency in Family Medicine at Kaiser Los Angeles Medical Center. She hopes to continue her work with the disenfranchised through both patient-centered clinical care and public health. She is also interested in medical education and future work in health policy to impact systems based changes in health care delivery. Helen believes Family Medicine is a simultaneously challenging and fulfilling career that will allow her to give back to patients and communities for decades to follow.



# Dr. Lester Brillman Scholarship and Mentorship in Family Medicine

The **Dr. Lester Brillman Scholarships** recognize graduating fourth year medical students at the University of Wisconsin School of Medicine and Public Health (UW SMPH) who are planning a career in Family Medicine and who demonstrate excitement and involvement in the specialty.

The **Dr. Lester Brillman Mentorship in Family Medicine** recognizes the contributions of faculty and community preceptors who nurture and sustain student interest in

Family Medicine through their roles as clinicians, educators or researchers and:

- Demonstrates ongoing and consistent commitment to medical student education and espouses the values of Family Medicine
- Demonstrates excellence in direct student teaching or mentorship as indicated by one or more of the following: outstanding teaching evaluations, significant impact on students, curriculum development activities, academic leadership accomplishments, and other contributions.
- Maintains qualifications as a faculty or adjunct faculty in good standing in the Department of Family Medicine at the University of Wisconsin School of Medicine and Public Health
- Maintains a high level of professional behavior



## Megan Keuler

One of the things that initially drew me to medicine was that on the surface it was black and white. Your patient has a cough, fever, and infiltrate on chest x-ray? Treat with antibiotics. There were algorithms, diagnostic tests, treatments and expected responses. The idea that issues outside of the healthcare system play such a fundamental role in health astonished me. This brief exposure triggered a series of events that has shaped my medical education significantly, leading me to pursue a Masters in Public Health. Through these experiences, I have developed a deep desire to help underserved patient populations, to combat health inequalities, and to incorporate this mission as a central focus of my future clinical practice.

After learning how many “communities” are underserved by our healthcare system, I wanted to become more involved, and I am doing so by equipping myself with the skills needed to tackle these challenges in the future by pursuing a Masters in Public Health. Caring for patients who face adversity is challenging, but I found it to be incredibly rewarding. In completing my coursework, I enjoyed the exposure to a broader range of public health topics, and



grew interacting with my classmates of different health disciplines. From this point forward, I knew that my career was going to have an emphasis on caring for patients who were most in need.

When I returned to medical school, I was accepted into the TRIUMPH program, which reinforced how many factors outside of the healthcare system play crucial roles in the health of populations, and how important community-responsive physicians are to caring for disadvantaged populations. Overall, my experiences in both clinical medicine and public health over the past years have driven my desire to pursue a career in family medicine. My activities while in medical school have shown a consistent commitment to serving the underserved, and these experiences have been some of the most rewarding, motivating and invigorating experiences of my medical education. I strongly believe that family medicine physicians are uniquely qualified to be strong patient and community advocates.



### **Lucas Kuehn**

As a child, I came to admire my family physician due to his compassion, attention to detail, and ability to make me feel comfortable in inherently uncomfortable situations. The years spent under his care have been a driving force behind my interest in medicine. This led me to seek out multiple shadowing opportunities in primary care and ultimately to enroll in the WARM Program. Since joining this program, I have found that continuity of care, the level of trust between physician and patient, the diversity of patient encounters on a given day, and the increasing need for family physicians, especially in rural areas, have amplified my passion for family medicine. No other specialty can meet these needs in the unique and powerful way that family medicine does.

My family has been in Wisconsin for four generations and my wife and I can't imagine living elsewhere. There is a strong desire for me to practice medicine here and give back to the state that has provided my family with an abundance of opportunities. I have been firmly committed to family medicine since I entered medical school. Evidence of this commitment includes participating in the Rural Health Interest Group, Family Medicine Interest Group, attending the AAFP National Conference, and taking out primary care loans all four years of medical school. Of all of my experiences in medical school, the one that has meant the most to me is being selected by my peers to be a part of the Gold Humanism Honor Society (GHHS). GHHS recognizes fourth year medical students for excellence in clinical care, empathy, compassion, leadership, and dedication to service. After residency I plan to practice in a rural area of Wisconsin, where I feel I can truly become an integral part of the community.



### **Lauren Walsh**

Lauren Walsh grew up on her family's farm outside of Beloit, Wisconsin and graduated from Clinton High School in 2005. She received a BS from UW-Madison in 2009, after having majored in Dairy Science. Prior to medical school, Lauren bridged the gap from cows to people by pursuing a Master's in Public Health from UW-Madison and graduated with her degree in 2011. She is currently a 4<sup>th</sup> year medical student in the WARM program and was based in LaCrosse, Mauston, and Whitehall, Wisconsin for her clinical years. After graduation in May, Lauren is thrilled to be entering the UW-SMPH family medicine residency here in Madison! Eventually, she plans to practice full scope family medicine, including obstetrics in a rural community in Southern Wisconsin.

During her time at UW-SMPH, Lauren has been active in many organizations including the family medicine interest group and rural health interest group. For three years, she served as the student coordinator for the Health Care in Diverse Communities elective course for health professions students, encouraging her peers to learn about and exhibit cultural humility during interactions with patients. Lauren also developed, coordinated, and simulated two full-scale disaster drills during her third year in medical school with the goal of training medical students, emergency personnel, and first responders in disaster preparedness. Through her experiences, Lauren fostered her passion for working with rural populations as a way to improve the well being of her community and is excited to continue this during her residency.



### **Catherine Best, MD**

I remember fondly arriving in Merrill, Wisconsin for my preceptorship. It was the first rotation of my third year at UW Madison medical school. At the time I was certain I wanted to become an OB/GYN. After spending three months at this rural hospital working with Dr. Mick Mikkelsen I began to consider a career in Family Medicine.

When I decided to become a preceptor my goal was to offer the same kind of experience that I had in Merrill. Dr. Mikkelsen immediately allowed me to start seeing patients and I was surprised at the relationships I developed with his patients during my short stay. I attended all of the deliveries that occurred at the hospital while I was there. I also enjoyed making home visits with his nurse practitioner to see how the moms and babies were adjusting following delivery. I enjoyed seeing patients of all ages and the variety that Family Medicine offered. I have few memories of patients that I saw during my third year of medical school but the majority of them are memories from my rotation in Merrill.

I now enjoy working with students and allowing them to experience what a career in Family Medicine has to offer. I think they leave impressed with what we have to offer and the benefit continuity of care gives our patients. Even if they do not become primary care physicians they will leave with a better understanding of the challenges family physicians face on a daily bases. They are impressed with the depth and breadth of my practice and enjoy seeing the relationships I have developed with my patients over 20 years.

I like to challenge students to get out of there comfort zone and see patients that will challenge their skills. I believe they leave their rotation here confident and well prepared to see patients of all ages and contribute to their care. I hope they will look fondly on their experience here and take some of the pearls they learned with them to their future practices.

# Vogel Foundation Scholarship

This award was established by the Vogel Foundation and recognizes one or more fourth year medical students planning to pursue a career in family medicine with an emphasis on providing care for underserved populations.



## **Heather Nennig**

Heather Nennig was born and raised in New Holstein, Wisconsin. She earned her undergraduate degree in chemistry and biology from Ripon College in 2011. During her time at Ripon, she was very passionate about serving others through the Bonner Leader Program, Habitat for Humanity, and the Christian Appalachian Project. During medical school at UW, she is involved with multiple service organizations including MEDiC's Student-Run Free Clinics, Allied United for Health, and the Mentorship Achievement Program. Heather has participated in the Michele Tracy Externship at Hudson Valley Healthcare (a FQHC) in Peekskill, New York between her first and second year of medical school. Heather also participated in the Summer-Fall TRIUMPH program in Milwaukee to work with the urban underserved and broaden her knowledge of public health. Heather will be starting her family medicine residency at the Ventura County Medical Center in Ventura, California in June

2015. She is also a recipient of a Student to Service Award through the National Health Service Corps and is very excited to practice primary care in an underserved area for three years (and beyond!) following residency. When she grows up, she hopes to become a full-scope family physician in rural Wisconsin.



# Founders Award

The Founders award is given to an outstanding fourth year medical student who is pursuing a career in family medicine and has exhibited interest in fostering the concepts of family medicine as a medical student.



**Lauren Brown**

I am honored to pursue a career in Family Medicine, a field that offers daily opportunities to serve others by developing meaningful and trusting relationships. A united community depends on relationships embedded with encouragement, cooperation, and mutual understanding. During my first few weeks of medical school, I saw this concept play out in my interactions with my peers. Admittedly, I felt a bit lost as I floated among a sea of new, accomplished faces. Hoping to get to know my classmates on a deeper level, I offered to help coordinate the “Healer’s Art” elective, a course that focuses on humanism in medicine. One evening, each student brought in an item of significant emotional value and explained its story. Some students remembered a lost loved one while others recounted a significant life hardship. Not without shared laughter and tears, this experience brought forth true vulnerability in a safe and confidential environment. With a sense of deep respect, we, as individuals from unique and varied backgrounds, came together to form a cohesive community. Looking forward to the

future, I aspire to recreate this welcoming atmosphere during residency and clinical practice. By bringing openness to the forefront of every interaction, I hope to potentiate the strengths of my colleagues and foster a team atmosphere in which everyone feels valued for their role. By appreciating each patient’s story, I hope to help my patients feel at home and motivate them to find within themselves the confidence to lead a life that meets their goals.

Although I paint an ideal vision for my future as a family physician, I also recognize that my career will undoubtedly present challenges. In a system rightfully shifting towards greater preventative coverage for a larger number of people, the demands on a primary care provider are high. As I continue my journey and experience the joys and challenges of medicine, I am excited to learn from dedicated and passionate family doctors.



## Dr. Martin and Charlotte Gallagher Scholarship for Prolotherapy

Through the generosity of Martin Gallagher, MD, DC, MS, and Charlotte Ciotti Gallagher, MS, DC, the UW Department of Family Medicine (DFM) has established the Dr. Martin and Charlotte Gallagher Scholarship for Prolotherapy.

The scholarship supports family medicine residents, fellows and/or clinicians who have a strong interest in prolotherapy, and who are committed to providing it in their practice, by funding the recipient's attendance at the Hackett Hemwall Patterson Foundation (HHPF) Annual Prolotherapy Conference and the annual service-learning trip to Honduras.

Prolotherapy is a regenerative injection therapy in which a physician injects a sugar-saline solution into painful joints and soft tissue attachments. It's most commonly used to relieve pain in the knees, shoulders, neck, back, and elbows. The UW DFM is a leader in prolotherapy-related education and research, as demonstrated by its annual Prolotherapy Conference and Research Symposium in Madison and annual service-learning trip to Honduras.



### **Alexandra (Sasha) Ilkevitch, MD**

Dr. Ilkevitch is the first recipient of this scholarship. Dr. Ilkevitch, along with Drs. David Rabago and Michael Weber recently returned from the March 2015 service-learning trip to Honduras.





## David Eitrheim, MD Rural Resident Scholarship

The **David C. Eitrheim, MD Rural Resident Scholarship** awards \$10,000 annually to a first year resident in a Wisconsin residency program who demonstrates an interest and commitment to rural family medicine.

A Minnesota native and WAFP Past-President, Dr. David C. Eitrheim completed his undergraduate training at Augsburg College and graduated from the University of Minnesota-Duluth School of Medicine in 1983. A 1986 graduate of Sioux Falls Family Practice residency program, he practiced for five months in Cameroon, Africa before joining the practice at Red Cedar Clinic in Menomonie, Wisconsin. Dr. Eitrheim, his wife and two children have lived in Menomonie since 1987. His accomplishments over the course of his career have always been patient-focused. Dr. Eitrheim initiated innovative patient care into his practice by changing processes and focusing on building a team-based care system that empowered his clinic staff and encouraged patient involvement in their own care. Dr. Eitrheim says being a family doctor in a small town is “continuous care of your friends and neighbors. My care (for my patients) is more than just a moral obligation, it is a desire to help friends and their families have a better life.” Dr. Eitrheim established one of the first rural training tracks in Wisconsin.



### Emily Ramharter, MD

A lifelong Wisconsin resident, Emily earned a bachelor’s degree in biology and molecular biology from the University of Wisconsin-Madison, and completed her medical degree at the University of Wisconsin School of Medicine and Public Health (SMPH). Emily is attracted to family medicine because of the relationships family doctors build with their patients and the community. Her dedication to community engagement drew her to the Wisconsin Academy of Rural Medicine (WARM), an SMPH program that provides medical students with a longitudinal rural curriculum at sites throughout the state. During medical school, Emily planned and implemented a community mass casualty drill for first responders and hospitals in La Crosse, Wisconsin. In addition, as a leader and member of the Doctors Ought to Care (DOC) program, which partners with schools to provide youth with fun, dynamic health information, she visited over two dozen classrooms—

including one in her former high school. In her off hours, Emily enjoys camping, hiking, fishing and skiing, as well as cooking and baking.

# Jan Ashe Memorial Awards for Excellence in Community Radiography

Recipients for this award are selected for their caring, empathetic approach to people, especially families.



## **Rayna Kluz**

I am a senior attending the UWHC School of Radiologic Technology where I intend to graduate this coming summer. Currently, I work at the UW-Hospital in diagnostic radiology as a tech assistant and in the radiology department as an enterprise imaging assistant. Before attending UWHC School of Radiologic Technology I attended UW-Milwaukee and received my BA in psychology where I had worked extensively with children as a preschool teacher and nanny. After I graduate I hope to continue my work with UWHC in order to grow and develop my skills as a successful radiographer. My long term goals are to continue my education and success in radiography by receiving my master's degree in health care administration in order to become a future leader in the department.



## **Luis Perez**

I was born in Madison, Wisconsin and attended Verona Area High School. Before entering the UWHC School of Radiologic Technology, I worked in construction for ten years. My life experiences led me into the Radiology field and as a future radiologic technologist, I feel I have the utmost responsibility to reach out to my community and spread my knowledge of the importance and ease of radiographic screening studies of the breast for women.

I enjoy spending my free time with my family and friends, traveling, hiking and training as an amateur bodybuilder.

# McGovern-Tracy Scholars

The McGovern-Tracy Scholars are medical students or family medicine residents who exemplify values of community service and leadership.



*Margaret van Wagenen, John McGovern, and Isabel McGovern Kerr (L-R)*

## Isabel McGovern Kerr

The Department of Family Medicine is able to offer these awards through the generosity of Isabel McGovern Kerr and her family. Her bequest to the department serves as a reminder of her family's service and commitment to the State of Wisconsin.

## Michele Tracy

The awards also honor Michele Tracy, whose spirit and record of service to communities exemplifies McGovern-Tracy Scholars.

After completing her undergraduate degree at the UW, Michelle joined Americorps VISTA in the Peekskill Area Health Center in New York which serves low-income individuals. Her work involved community education of homeless and HIV populations. While at the Peekskill Area Health Center, she published "Healthy Transitions" and presented at national conferences on these issues. Michelle deferred medical school admission for one year to continue the community projects she began. When she started medical school in the fall of 1998, her passion for improving the health of the underserved communities drove her extensive involvement in MEDiC and LOCUS. Michele worked on an educational program to help the residents of the Porchlight community, which was administered by MEDIC and now bears her name. Michele was a second-year UW medical student when she tragically died in an accident while participating in an educational service program in Malawi, Africa in July 1999. The **Michele Tracy Project** focuses on improving health care through education and empowerment.





### **Billy Burrough**

My interest in family medicine began shortly after my first day of medical school, as I found myself appreciating the complexity of the specialty and the kindhearted nature of the mentors around me. I wanted to get more involved and help shown other medical students the great qualities of family medicine that I saw for myself, so becoming a leader of FMIG seemed natural. My role as outreach coordinator for the group has been a terrific experience and has allowed me to demonstrated my creative and leadership qualities. I enjoy taking the initiative on new projects, and I never hesitate to give input as to how we can change things for the future. My previous work experiences have sharpened my quality improvement skills, and I love taking a step back to help fix a broken process. Within my role, my favorite project has been organizing and implementing the **National Primary Care Week**. I reached out to leaders in several interest groups and used my creativity to make the event more than

just a week of noon talks.

While I enjoy working closely with faculty and students at the UW SMPH, I also have had a more direct role in the community and have been volunteering at one of the MEDIC clinics. The Michelle Tracy clinic (Porchlight) peaked my interest because it allowed me to use my past teaching experience to educate a high risk population by providing preventive health education. While working with the clinic, we have been able to incorporate resources to focus specifically on the issues of most concern of our target population, including residents who are suffering from substance use and mental health disorders, and we are developing a survey for our residents to see what interests them and how we can better serve their needs. While we may have our own preconceived ideas of what services our residents needs, our residents often know what is most useful to them. Every month I look forward to catching up with the Porchlight residents and discussing their day-to-day lives. I appreciate the time I spend with these patients and I am well aware of the time constraints that I will likely face as a practicing physician. I am humbled and honored to receive a McGovern-Tracy Scholars award.



### **Akaila Cabell**

My name is Akaila Cabell and I am from Racine, Wisconsin. Thinking back on my life helped me realize that my drive to serve comes from a clear understanding that during my upbringing I was often on the receiving end of the service of others. This realization has pushed me to make service the cornerstone of my education. This has lead me to focus on two main principles: first, my belief that being a leader is directly related to the power and confidence you help others impart on themselves, and second, it is my belief that all people in a position of privilege, whether earned or bestowed, should feel on obligation to help those in need.

While an undergraduate at UW Madison, I mentored and tutored “at risk” children in the Madison community, which allowed me to connect with these children and impart the same sense of self-esteem I learned to help them work toward goals. As chapter president of the Student National Medical Association, an organization that works to cultivate minority and underrepresented individuals to the medical field, I have worked to bring awareness of the health concerns of underprivileged people not only in Dane County but also the State of Wisconsin.

While a medical student, I have dedicated my time to my role as the clinic coordinator for the ARC House. ARC serves women in transition from either incarceration back into society or for those dealing with alcohol and drug addiction issues. I was drawn to this clinic for personal reasons—as a child my mother struggled with drug addiction which resulted in her incarceration. I remember visiting her at a house similar to ARC and developing a strong desire to get involved in helping these women. I could identify with these women and knew that what was needed most was respect and help from people who would not judge them. I was fortunate to be selected as the clinic coordinator for the 2014-15 academic year and have thoroughly enjoyed my experience working with these ladies. I feel that this experience as well as my other service duties, leadership commitments and my challenging academic obligations have helped mold me into a more culturally competent person who will take that awareness and non-judgmental compassion with me into my practice. I have worked hard to keep service and leadership as the pinnacle of my education. I consider myself very privileged for having experienced the struggles that so many people to through and being given the opportunity to help others in need.





### **Kaylene Fiala**

Kaylene Fiala comes from a family of seven, including her parents, three brothers, and a sister. She graduated from Verona Area High School in 2007 and then pursued her BS at UW-Madison, graduating in 2011 with majors in Biochemistry and Spanish. Following her undergraduate degree, Kaylene worked as a bilingual Special Education teacher in a Milwaukee Public School through Teach For America for two years. During her time as a teacher, she also earned a Master's degree in Urban Special Education from Cardinal Stritch University as well as coordinated six bilingual and monolingual Girl Scout troops. Kaylene is currently a second year medical student and is completing the Pathway of Distinction in Public Health. While at UWSMPH, Kaylene has been a leader of Medical Students for Minority Concerns (MSMC) and Allied United for Health (AUH). Through her work in these organizations, she has planned and facilitated multiple events including Mini Med School Days for high school and undergraduate students, adult health education meetings at the Allied Drive Boys and Girls Club, noon talks for interprofessional colleagues, and volunteer events in the community. She has also served as a student representative on the UWSMPH Equity and Diversity Committee. Following her first year of medical school, she completed a prenatal care research project at the Ho-Chunk Nation House of Wellness Clinic through the Shapiro Summer Research and Farrell Public Health Scholars Programs. Through her experiences working in diverse communities, Kaylene has realized her passion for collaborating with others to improve the health and education of people living in these communities. She is very excited to return to Milwaukee in her third year as a student in the Training in Urban Medicine and Public Health (TRIUMPH) Program. In the future, Kaylene plans to work as a primary care physician in Madison or Milwaukee.



### **James Ircink**

Born and raised in Madison, Wisconsin, I left home to attend the University of Notre Dame for an undergraduate degree in business. Prior to medical school, I spent time working in Chicago for PricewaterhouseCoopers and at Epic Systems as a financial analyst. While in college, a volunteer experience at a free medical clinic opened my eyes to a great need for primary care in the community, especially in the underserved population. This inspired a change of heart that led to my desire to become a family physician.

As a first year medical student, I became involved in MEDiC and was fortunate to serve as coordinator at the Grace Clinic. Over the past year I have had the privilege of meeting many homeless men of our community as they received care at our clinic. I had the opportunity to listen to their stories, learn about their struggles, and assess their medical needs. Making basic care accessible to

the shelter guests resulted in outcomes ranging from a good night's sleep, to preventing life-threatening (and expensive) trips to the emergency room.

My time with MEDiC has strengthened my desire to care for the underserved as a physician, and affirmed that continued outreach is desperately needed in our community. I look forward to continue volunteering with MEDiC over the next two years and plan to serve meals in the Grace Shelter kitchen as well as at the Catholic Multicultural Center. As a family physician I hope to utilize my business background to improve access and delivery of care to our community's most vulnerable persons, while seeking new ways to advocate for equality of care.



### **Rachel Hartline, MD**

Rachel Hartline grew up in Lynchburg, Virginia, where from a young age her mother and her church instilled in her a curiosity about and passion for the world beyond her neighborhood. She graduated from high school in 2004 and subsequently studied at Liberty University, graduating Summa Cum Laude in 2008 with a major in Biochemistry and Molecular Biology (but much more interesting minors in philosophy and cross-cultural studies, and a full-time hobby of intercollegiate debate). She attended medical school at Eastern Virginia Medical School and was selected for the Gold Humanism Honor Society as well as the Alpha Omega Alpha honor society and during her time there. She was involved in work with underserved patients in a variety of settings, helping to found a free clinic in Norfolk, Virginia as well as traveling to Nepal, Cameroon, Honduras, and South Africa on various medical learning and service trips. In medical school, she met her husband, Beau, who shared her passion for far flung lands, but had focused his international studies on agriculture. After graduation, Beau and Rachel moved



from Virginia to Wisconsin. Beau has found his calling here growing potatoes, and Rachel has found her place in rural medicine. She will graduate this June from the Department of Family Medicine's Baraboo Rural Training Track and in August will begin practicing full spectrum family medicine in Spring Green and Dodgeville, Wisconsin. While in residency, Rachel has had the privilege of traveling to Kenya with her dynamic and inspiring residency partner, Rebecca Pfaff, MD to help prevent cervical cancer by training local health professionals in screening and treatment techniques. She has been a participant in the department's Global Health Pathway and has learned so much from her colleagues and teachers in Madison. She plans to continue to play a role in improving women's health through teaching domestically and abroad in her future practice.

# 2014 Award Recipients

## **Robert F. and Irma K. Korbitz Endowed Scholarships in Family Medicine**

Meredith Sax Bourne  
Analise Hanneman  
Bre Anna Nagle  
Eric Phillippi

## **Compassion in Action**

Megan Borchert  
Corina Rusu

## **Compassion in Action Community Health Leadership**

Lauren Bauer  
Jasmine Wiley

## **Compassion in Action International Health Leadership**

William Pennant

## **Dr. Lester Brillman Scholarships**

Michael Brenner  
Phoebe DeVitt  
Bonnie Kwok  
Emily Ramharter

## **Dr. Lester Brillman Leadership and Advocacy Scholarship**

Jennifer Perkins

## **Dr. Lester Brillman Mentorship in Family Medicine**

Alfred Capelli, MD  
David Deci, MD

## **Vogel Foundation Scholarship**

Bret Valentine

## **Founders Award**

Parker Hoerz

## **Jan Ashe Memorial Award for Excellence in Community Radiography**

Sean Dugenske

## **McGovern-Tracy Scholars**

Karina Atwell, MD  
Nailah Cash-O'Bannon  
James Conniff, MD  
Olga Yashira Diaz  
John Holzhauer  
Caitlin Regner  
Kevin Thao, MD MPH  
Daniel Ziebell

*Consciously or unconsciously, every one of us does render some service or another. If we cultivate the habit of doing this service deliberately, our desire for service will steadily grow stronger, and will make, not only our own happiness, but that of the world at large.*

**Mahatma Gandhi**