



Health Lives Here In Wisconsin

FY18 ANNUAL REPORT
EXECUTIVE SUMMARY



Department of Family Medicine
and Community Health
UNIVERSITY OF WISCONSIN
SCHOOL OF MEDICINE AND PUBLIC HEALTH





Welcome

THE UNIVERSITY OF WISCONSIN DEPARTMENT OF FAMILY MEDICINE AND COMMUNITY HEALTH (DFMCH) ADVANCES HEALTH AND WELL-BEING BY CARING, TEACHING, DISCOVERING, LEADING, AND CONNECTING.

The DFMCH was created in 1970 as one of the original 15 family medicine residency programs in the nation.

We educate medical students, residents and fellows; provide outstanding primary care; conduct innovative research; and promote healthy communities.

This executive summary highlights our activities from July 1, 2017, through June 30, 2018. For the full report, visit fammed.wisc.edu/annual-report/fy2018

DR. VALERIE GILCHRIST RECEIVES STFM BISHOP LEADERSHIP AWARD



Valerie Gilchrist, MD

The Society of Teachers of Family Medicine (STFM) recognized DFMCH Chair **Valerie Gilchrist, MD**, with its 2018 F. Marian Bishop Leadership Award. The award honors individuals who have significantly enhanced the credibility of family medicine through a sustained, long-term commitment to family medicine in academic settings.

EXECUTIVE LEADERSHIP

Valerie Gilchrist, MD, Chair

Lawrence Hanrahan, PhD, MS
Research Director

Linda Haskins, MBA, Administrator

Sandra Kamnetz, MD
Vice Chair for Clinical Care

Kirsten Rindfleisch, MD
Associate Vice Chair, Madison
Postgraduate Clinical Operations

William Schwab, MD
Vice Chair for Education

FY18 KEY FACTS



OUR PEOPLE

866
employees

154
faculty

339
clinical
adjunct faculty
statewide

LEARNERS



810
UW SMPH
students
taught



142
residents in
training
(at all sites in all
three years)

44
residents
graduated;
31 (71%)
entered practice
in Wisconsin

PATIENT CARE



359,028
patient visits
at 18 statewide clinics

151,410
total patient panel

RESEARCH

\$6.1M
in grant awards



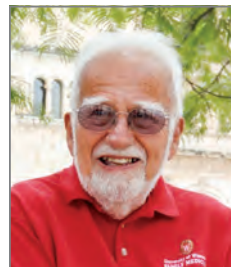
FINANCIALS

\$101M
in revenue

IN MEMORIAM: RUDOLPH "RUDY" HECHT, MD

1927-2018

An original teaching faculty member and the first medical director of the Northeast Family Medical Center



Rudolph Hecht, MD

Dr. Hecht was born in Germany, but left at the age of six with his family to escape the Nazis. He completed college and medical school at the National University of Mexico, and residency at Denver General Hospital. Dr. Hecht began practice in Texas in 1958 and joined the DFMCH in 1973.

In his spirit, donations can be made to the DFMCH's Visionaries Fund: fammed.wisc.edu/donate/opportunities/visionaries-fund/

University of Wisconsin Department of Family Medicine and Community Health



fammed.wisc.edu

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Cover photos: John Maniaci, UW Health Marketing and Communications; Jeff Thompson Photography; Peter Vance, The Studio



Education

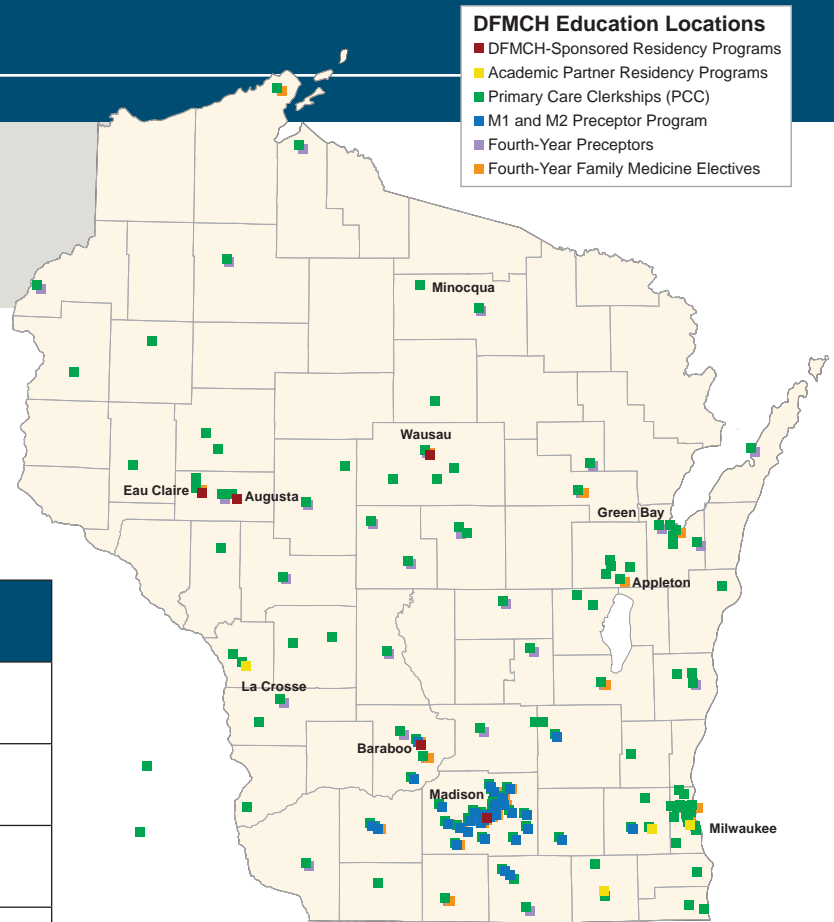
THE DFMCH EDUCATES PRIMARY CARE CLINICIANS FOR WISCONSIN THROUGH STATEWIDE MEDICAL STUDENT EDUCATION, RESIDENCY AND FELLOWSHIP PROGRAMS.

MEDICAL STUDENT EDUCATION

Leadership: David Deci, MD

Faculty, staff, and statewide volunteer preceptors taught 810 University of Wisconsin School of Medicine and Public Health (UW SMPH) students through a required clerkship, preceptorships and electives.

Program	Number of Participants
M1 and M2 Preceptor Program	159 preceptors; 221 students
Primary Care Clerkship	143 preceptors; 170 students
Chronic and Preventive Care	164 preceptors; 81 students
Fourth-Year Preceptorship	42 preceptors; 91 students
Fourth-Year Family Medicine Electives	>250 preceptors; 206 students



HONORING OUR CLINICAL ADJUNCT FACULTY



Maureen Longeway, MD

The DFMCH honors **Maureen Longeway, MD**, an alumna of and faculty member at the Waukesha Family Medicine Residency Program, which became an academic partner of the DFMCH in 2017. Dr. Longeway precepts UW SMPH students in the fourth-year family medicine elective and Ambulatory Acting Internship, and teaches in the DFMCH's annual Procedures Fair. She has clinical

interests in full-spectrum family medicine with low- and high-risk obstetrics, including opioid use disorder treatment.

We thank Dr. Longeway and the 339 clinical adjunct faculty statewide who provided learning experiences for students and residents in FY18.

On the cover, clockwise from top left:

Paige Albi, MPAS, at the Sun Prairie Clinic; **Adrienne Hampton, MD**, at the Northeast Clinic; a patient at the Belleville Clinic; Augusta resident **Crystal Lalonde, MD, MSc**, with faculty **William Cayley, MD, MDiv**; Wausau faculty **Michael Bolan, DO**, oversees while resident **Casey Totten, DO**, interacts with a family in the clinic.

AAFP RECOGNIZES DR. JOHN FREY, FAMILY MEDICINE INTEREST GROUP



John Frey, MD

The American Academy of Family Physicians (AAFP) recognized **John Frey, MD**, an emeritus professor and former DFMCH chair, as the recipient of the John G. Walsh Award for Lifetime Contributions to Family Medicine. The award honors individuals whose dedication and effective leadership has furthered the development of family medicine.



Photo: AAFP

For the fourth year in a row, the AAFP also named the UW SMPH Family Medicine Interest Group a Program of Excellence for its outstanding activities in generating interest in family medicine.



Education

IN FY18, 71% OF RESIDENTS GRADUATING FROM THE DFMCH'S SPONSORED AND ACADEMIC PARTNER PROGRAMS ENTERED PRACTICE IN WISCONSIN.

DR. PAUL KLAS NAMED WAFFP 2017 EDUCATOR OF THE YEAR



Paul Klas, MD

The Wisconsin Academy of Family Physicians (WAFFP) named **Paul Klas, MD**, director of the La Crosse Family Medicine Residency Program at Gundersen Health System—an academic partner of the DFMCH—its 2017 Educator of the Year. In addition to being a physician, leader, and educator, he is a preceptor for medical students and teaches motivational interviewing to students during their primary care clerkship. He strives to ensure that students graduate prepared to take on full-spectrum family medicine as newly practicing physicians.



Madison and Baraboo faculty, residents, staff and colleagues gather at a Rural Health Equity Track (RHET) workshop at UW Health Belleville Family Medicine. Supported by a grant from the Wisconsin Department of Health Services, the RHET prepares two Belleville residents each year for leadership in rural practice.

RESIDENCY EDUCATION

Leadership: William Schwab, MD

In the DFMCH's three-year statewide residency programs, 142 residents were in training in FY18. Of the 44 residents who graduated in 2018, 33 (71%) entered practice in Wisconsin.

Program	Number of Residents
DFMCH-Sponsored Residency Programs	
Baraboo RTT*	6
Eau Claire/Augusta*	13
Madison*	45 (at 4 continuity clinics)
Wausau*	17
Academic Partner Residency Programs	
La Crosse*	9
Lakeland RTT	4
Milwaukee*	28
Waukesha	20

*Site has received osteopathic recognition, an educational designation from the Accreditation Council for Graduate Medical Education (ACGME).

FELLOWSHIPS

Program	Number of Fellows	Faculty Director
Academic	1	Sarina Schragger, MD, MS
Addiction medicine	2	Randall Brown, MD, PhD, DFASAM
Complementary and integrative health research (CIHR)	2	Bruce Barrett, MD, PhD
Integrative health	3	Greta Kuphal, MD
Primary care research	6	David Rabago, MD
Primary care sports medicine	1	Kathleen Carr, MD



Patient Care

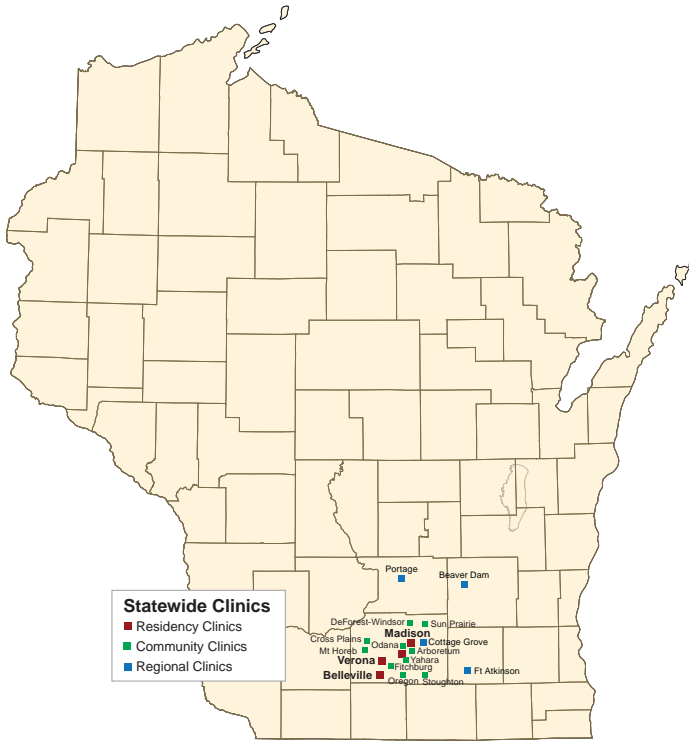
THE DFMCH PROVIDES HIGH-QUALITY, COMPREHENSIVE PRIMARY CARE FOR PATIENTS OF ALL AGES AT ITS STATEWIDE CLINICS.

LEADERSHIP: SANDRA KAMNETZ, MD



Photo: John Maniaci, UW Health Marketing and Communications

Elizabeth Perry, MD, and her patient during a visit at the UW Health Fitchburg Clinic.



PATIENT VISITS BY CLINIC, FY18*

Clinic	Patient Visits	Patient Panel
Residency clinics		
Belleville	23,284	7,072
Northeast (Madison)	25,963	10,278
Verona	37,061	12,367
Wingra (Madison)	25,039	8,988
Community clinics		
Arboretum (Madison)	13,429	6,763
Cross Plains	12,262	5,015
DeForest-Windsor	32,921	14,231
Fitchburg	9,567	4,420
Mt. Horeb	12,531	4,866
Odana Atrium (Madison)	34,895	15,170
Oregon	12,536	5,653
Stoughton**	1,108	2,069
Sun Prairie	29,298	12,861
Yahara (Monona)	33,186	15,042
Regional clinics		
Beaver Dam	17,218	9,605
Cottage Grove	12,052	5,020
Fort Atkinson	14,165	6,914
Portage	12,513	5,077
Total	359,028	151,410

DR. WILLIAM HEIFNER NAMED WAFP 2017 FAMILY PHYSICIAN OF THE YEAR



William Heifner, MD

The Wisconsin Academy of Family Physicians (WAFP) named **William Heifner, MD**, lead physician at the UW Health Oregon Clinic and a DFMCH clinical assistant professor, its 2017 Family Physician of the Year.

Dr. Heifner has served Oregon for almost 30 years. He gives lectures on sexual health to Oregon middle and high school students, and has gone on five medical missions to the Dominican Republic. He believes family medicine is a lifestyle and loves the opportunities to be involved in the community and to build relationships of trust.

*Our clinicians also provided 22,239 patient visits at UW Health urgent care sites in FY18

** Closed January 1, 2018



Research

THROUGH INQUIRY, DISCOVERY, AND COMMUNITY ENGAGEMENT, DFMCH RESEARCHERS TACKLE WISCONSIN'S HEALTH CHALLENGES AND AIM TO TRANSFORM PRIMARY CARE PRACTICE.

COACHING PROGRAM REDUCED OPIOID DOSES BY 11 PERCENT AT FOUR UW HEALTH CLINICS

A coaching program led by DFMCH faculty **Randall Brown, MD, PhD, DFASAM**; **Aleksandra Zgierska, MD, PhD**; and **Andrew Quanbeck, PhD**, helped family physicians in four UW Health clinics better follow opioid prescribing guidelines, resulting in an 11 percent reduction in opioid doses in those clinics.



Photo: Amber Arnold, State Journal

Randall Brown, MD, PhD, DFASAM, and DFMCH addiction medicine fellow **Maireni Cruz, MD**, at Access Community Health Center/Wingra Family Medical Center.

The pilot project was funded by a grant from the National Institute on Drug Abuse. It's part of larger efforts by DFMCH researchers to improve understanding of opioid misuse and addiction development in the context of traumatic injury and pain management. The team intends to expand the program through a new federal grant beginning in FY19.

TOP-FUNDED EXTRAMURAL GRANTS

Title	PI	Agency	Amount
A Comparative Effectiveness Randomized Controlled Trial of Mindfulness Meditation versus Cognitive Behavioral Therapy for Opioid-Treated Chronic Low Back Pain	Aleksandra Zgierska, MD, PhD	PCORI	\$1,686,046
Wisconsin Voices For Recovery Hospital-based Recovery Coaching Program	Aleksandra Zgierska, MD, PhD	WI DHS	\$1,396,959
Oregon Child Absenteeism due to Respiratory Disease Study	Jonathan Temte, MD, PhD	CDC	\$678,943
Primary Care Research Fellowship	David Rabago, MD	HRSA	\$389,071
Addiction Medicine Consultation Program	Randall Brown, MD, PhD, DFASAM	WI DHS	\$375,362



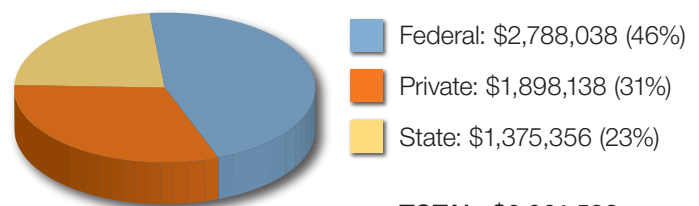
The DFMCH research committee. Standing, left to right: **Larry Hanrahan, PhD, MS**; **Irene Hamrick, MD**; **Lisa Sampson, MBA**; **Jodi Rodefeld**; **John Beasley, MD**; **Jonathan Temte, MD, PhD**; **David Rabago, MD**; **Bruce Barrett, MD, PhD**; **Andrew Quanbeck, PhD**; **Randall Brown, MD, PhD, DFASAM**. Sitting, left to right: **Laura Cruz**; **Marlon Mundt, PhD**; **Aleksandra Zgierska, MD, PhD**.

RESEARCH HIGHLIGHTS

In FY18, the DFMCH had \$6.1 million in grant awards. Projects focused on addiction and substance misuse prevention and treatment, infectious disease surveillance and systems-engineering approaches for improving ambulatory care.

In addition, the Wisconsin Research and Education Network, a statewide practice-based research network of primary care clinicians and researchers, engaged more than 1,200 clinicians, researchers and staff in Wisconsin and beyond.

RESEARCH FUNDING SOURCES, FY18



TOTAL: \$6,061,532



Special Events

EACH YEAR, THE DFMCH HOLDS SEVERAL SPECIAL EVENTS THAT BRING TOGETHER FACULTY, STAFF, LEARNERS, FRIENDS, AND GUESTS.

EUGENE FARLEY VISITING PROFESSORSHIP

The Eugene Farley Visiting Professorship honors Eugene and Linda Farley and their contributions to the DFMCH and the discipline of family medicine. Each year, the DFMCH invites a nationally known family physician to share experiences, stimulate discussion and explore ideas.



2017 Farley Visiting Professor Nick Turkal, MD (center), the president and chief executive officer of Aurora Health Care in Milwaukee, Wisconsin, and a clinical adjunct professor at the DFMCH, with DFMCH Chair **Valerie Gilchrist, MD**, and Emeritus Professor **John Frey, MD**.



McGovern-Tracy student and resident scholars Nina Mirabadi; **Caitlin Harris, DO**; Jenifer Mirrieless; **Tina Ozbeki, MD**; and **Allison Couture, DO** (not pictured: Mireya Taboada, Ronghua “Jeanne” Tong, Taryn McGinn Valley).

MCGOVERN-TRACY AND STUDENT SCHOLARS AWARD CEREMONY

The McGovern-Tracy and Student Scholars awards program honors medical students or DFMCH residents who exemplify outstanding community service, outreach and leadership.

RENNER/HANSEN AWARD CEREMONY

The Renner/Hansen awards program honors outstanding achievements in the DFMCH or field of family medicine.



John H. Renner “Wisconsin Idea” Award: **Dennis Baumgardner, MD**, DFMCH clinical adjunct professor; faculty member, Aurora St. Luke’s family medicine residency program; medical director for research, Aurora-UW Medical Group; and associate director, Center for Urban Population Health (pictured above with DFMCH Chair **Valerie Gilchrist, MD**)



Marc Hansen Lectureship Award: **Jennifer Lochner, MD**, (pictured above, on right, with DFMCH Chair **Valerie Gilchrist, MD**, and award namesake **Marc Hansen, MD**)

Photos this page: Armando Vera, DFMCH



DR. MARTIN AND CHARLOTTE GALLAGHER MAKE NEW DONATION TO PROLOTHERAPY SCHOLARSHIP

The DFMCH is grateful to Dr. Martin and Charlotte Gallagher for their new donation to the Dr. Martin and Charlotte Gallagher Scholarship for Prolotherapy.



Above: **David Rabago, MD**, and colleague **Michael Weber, MD**, perform prolotherapy in Honduras.

Their support enables the DFMCH to educate more UW residents and fellows on prolotherapy through participation in the Hackett Hemwall Patterson Foundation conference and service-learning trip to Honduras.

The donation also allows the DFMCH, under the leadership of Associate Professor **David Rabago, MD**, to expand much-needed efforts in prolotherapy research.

DFMCH RECEIVES GIFT TO IMPROVE GERIATRICS EDUCATION, NURSING HOME CARE

A new gift to the DFMCH will act as a planning grant to expand education in geriatric care, paving the way for improvements in nursing home care delivery and addressing the critical shortage of geriatric providers at all professional levels.



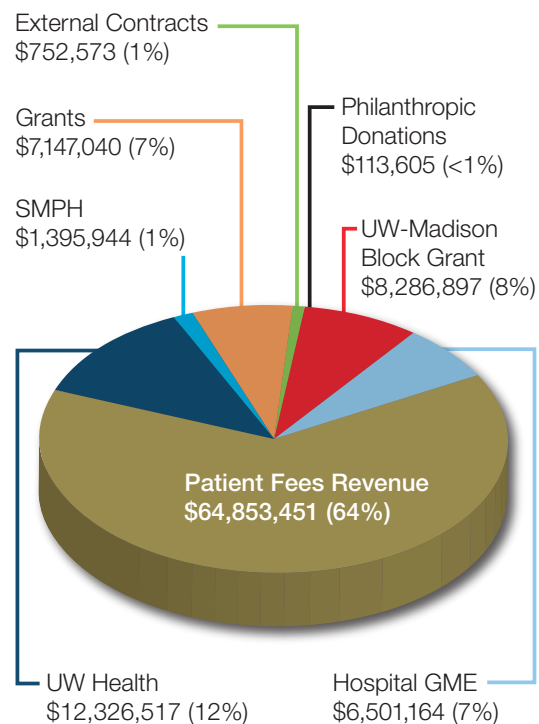
Left: **Irene Hamrick, MD** (center), with learners at the Capitol Lakes teaching nursing home.

Photo: Brett Stepanik

Through seed funding from an anonymous donor, DFMCH Professor and Geriatric Services Director **Irene Hamrick, MD**, has expanded a library of online videos that provides free professional education on best practices in geriatrics care.

To learn more about giving opportunities at the DFMCH, visit fammed.wisc.edu/donate/

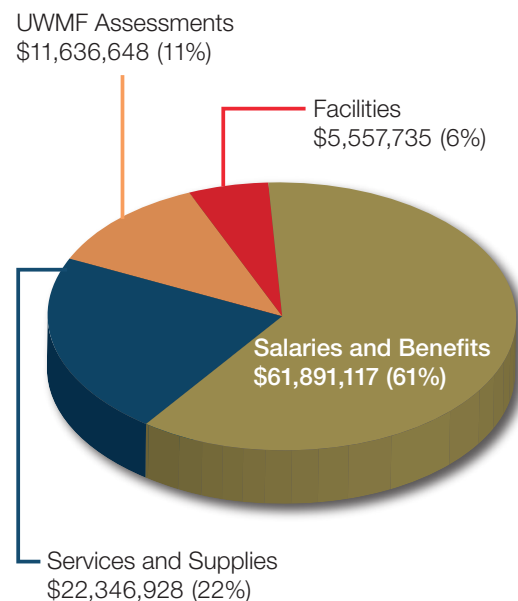
DFMCH REVENUE, FY18



TOTAL: 101,377,191

(\$101,263,586 without donations)

DFMCH EXPENSES, FY18



TOTAL: \$101,432,427