



# Health Lives Here In Wisconsin

FY19 ANNUAL REPORT



Department of Family Medicine  
and Community Health  
UNIVERSITY OF WISCONSIN  
SCHOOL OF MEDICINE AND PUBLIC HEALTH





# Welcome

THE UNIVERSITY OF WISCONSIN DEPARTMENT OF FAMILY MEDICINE AND COMMUNITY HEALTH (DFMCH) ADVANCES HEALTH AND WELL-BEING BY CARING, TEACHING, DISCOVERING, LEADING, AND CONNECTING.

The DFMCH was created in 1970 as one of the original 15 family medicine residency programs in the nation—and is consistently ranked a top 10 family medicine department.

We educate medical students, residents, fellows; provide outstanding primary care; conduct innovative research; and promote healthy communities.

This executive summary highlights our activities from July 1, 2018, through June 30, 2019. For the full report, visit [fammed.wisc.edu/annual-report/fy2019](http://fammed.wisc.edu/annual-report/fy2019)

## EXECUTIVE LEADERSHIP



**Valerie Gilchrist, MD,**  
Chair

**Lawrence Hanrahan, PhD, MS**  
Research Director (July 2018-April 2019)

**Linda Haskins, MBA,** Administrator

**Sandra Kamnetz, MD**  
Vice Chair for Clinical Care

**Justin Knupp, MBA**  
Business Operations Team Representative  
(December 2018-June 2019)

**David Rabago, MD**  
Vice Chair for Research

**Kirsten Rindfleisch, MD**  
Associate Vice Chair of Madison  
Residency Clinical Operations

**William Schwab, MD**  
Vice Chair for Education

## FY19 KEY FACTS



OUR  
PEOPLE

**895**  
employees

**172**  
faculty

**253**  
clinical  
adjunct faculty  
statewide

## LEARNERS



**511**  
UW SMPH  
students  
taught



**154**  
residents in  
training  
(at all sites in all  
three years)

**44**  
residents  
graduated;  
**26 (59%)**  
entered practice  
in Wisconsin

## PATIENT CARE

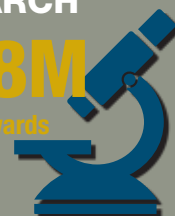


**348,648**  
patient visits  
at 17 clinics

**153,465**  
total patient panel

## RESEARCH

**\$8.8M**  
in grant awards



## FINANCIALS

**\$108M**  
in revenue

### On the cover, clockwise from top left:

Augusta resident **Crystal Lalonde, MD, MSc**, and Eau Claire resident **Shavith Samson, MD**, with a new patient; **Amy Franklin, NP**, at the Fitchburg Clinic; **Sarina Schrager, MD**, at the Northeast Clinic; **Sean Duffy, MD**, examines a patient at the Wingra Clinic; **Danalyn Rayner, MD**, helps two SMPH students apply casts to DFMCH resident **Carly Salter, MD**.

University of Wisconsin Department of Family Medicine and Community Health



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Cover photos by: Todd Brown, UW Media Solutions; John Maniaci, UW Health Marketing and Communications; Jeff Thompson Photography





# Education

THE DFMCH EDUCATES PRIMARY CARE CLINICIANS FOR WISCONSIN THROUGH STATEWIDE MEDICAL STUDENT EDUCATION, RESIDENCY AND FELLOWSHIP PROGRAMS.

## MEDICAL STUDENT EDUCATION

**Leadership: David Deci, MD**

Faculty, staff, and statewide volunteer preceptors taught over 500 University of Wisconsin School of Medicine and Public Health (UWSMPH) students through a required clerkship, preceptorships and electives.

Program Name	Reported Student/Faculty Numbers
Phase 1 Preceptorship Program	101 preceptors; 134 students
Phase 1 & 2 Family Medicine Electives	38 students participated
Phase 2 Chronic and Preventative Care Block	188 preceptors; 171 students
Phase 3 Acting Ambulatory Internship	14 preceptors; 28 students
Phase 3 Family Medicine Electives	121 student rotations; 250 faculty
Phase 3 Intern Preparation Course	19 students participated

## HONORING OUR FACULTY



David Deci, MD

The DFMCH honors **David Deci, MD**, director of medical student education. Since joining the DFMCH in 2009, he helped create a longitudinal curriculum for care of vulnerable populations with his expertise in poverty and advocacy.

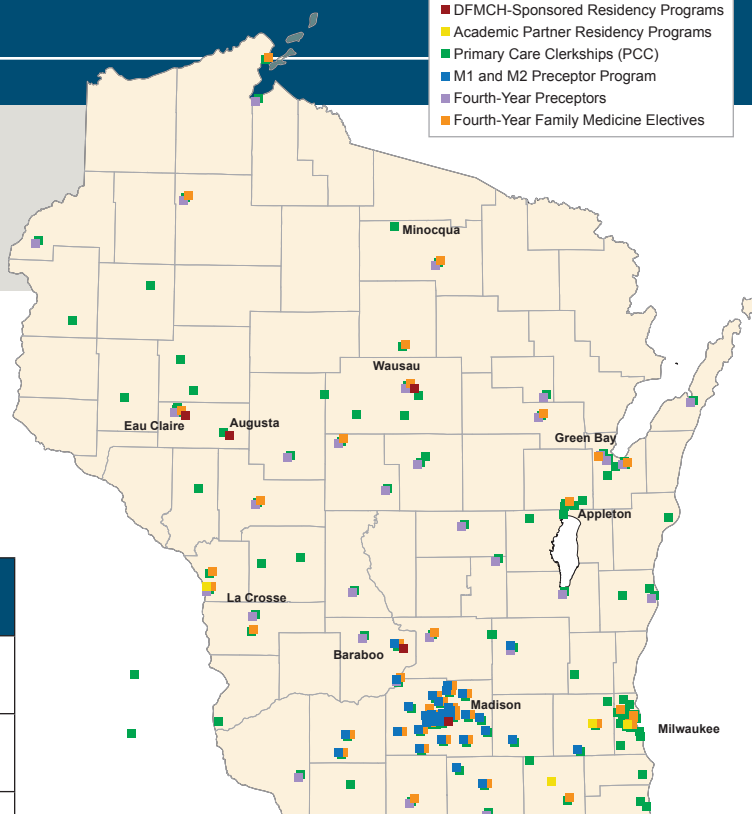
Dr. Deci's accolades include six FMIG Program of Excellence Awards, the 2019 UWSMPH #1 Match Specialty, and rankings in the top 10-15 schools

for graduates matching into family medicine (FM). Other awards include the DFMCH Faculty Excellence Award (2011), Leonard Tow Humanism in Medicine Award (2012), Dean's Teaching Award (2013), Brillman Mentoring in FM Award (2014), AAFP Award for Distinguished Meritorious Service (2018), and the STFM Master Preceptor Award (2019). He was also a founding member of the Street Medicine Institute and is a founding member and current board chair of the Family Medicine Midwest Foundation.

We thank Dr. Deci along with our other DFMCH faculty and the 253 clinical adjunct faculty statewide who provided learning experiences for students and residents in FY19.

**DFMCH Education Locations**

- DFMCH-Sponsored Residency Programs
- Academic Partner Residency Programs
- Primary Care Clerkships (PCC)
- M1 and M2 Preceptor Program
- Fourth-Year Preceptors
- Fourth-Year Family Medicine Electives



## AAFP RECOGNIZES DR. MELISSA STILES, FAMILY MEDICINE INTEREST GROUP

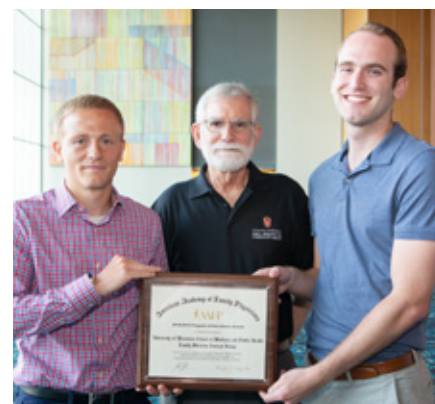


Melissa Stiles, MD

The Wisconsin Academy of Family Physicians (WAFP) selected **Melissa Stiles, MD**, as its 2018 Family Medicine Educator of the Year. Dr. Stiles is the department's director of faculty development, a faculty member in the UWSMPH's Longitudinal Teacher-Coach program, and a volunteer faculty physician at the UWSMPH's MEDIC clinics.

## AAFP HONORS FAMILY MEDICINE INTEREST GROUP

The American Academy of Family Physicians (AAFP) named the UWSMPH Family Medicine Interest Group a Program of Excellence for the sixth time for its outstanding activities in generating interest in family medicine.



Tyler Weyer, **David Deci, MD**, and David Cupp, representatives from the DFMCH and the UWSMPH Family Medicine Interest Group. (Photo: AAFP)



# Education

IN FY19, 59 PERCENT OF RESIDENTS WHO GRADUATED FROM OUR SPONSORED AND ACADEMIC PARTNER PROGRAMS ENTERED PRACTICE IN WISCONSIN.

## ADDICTION MEDICINE FELLOWSHIP RECEIVES ACGME ACCREDITATION



Randall Brown, MD, PhD, DFASAM

The Accreditation Council for Graduate Medical Education (ACGME) officially conferred accreditation status—with no citations—on the DFMCH's multidisciplinary addiction medicine fellowship, effective July 1, 2018.

The accreditation demonstrates that the program meets ACGME quality standards for preparing graduates for practice as addiction medicine physicians.

Established in 2010 and led by national addiction medicine expert **Randall Brown, MD, PhD, DFASAM**, the fellowship is among the first in the nation to offer board certification in addiction medicine.



Photo: John Maniaci, UW Health Marketing and Communications

Belleville resident **Nicholas Squires, MD**, talks with a patient in the clinic. (Photo: John Maniaci, UW Health Marketing and Communications)

## RESIDENCY EDUCATION

### Leadership: William Schwab, MD

In the DFMCH's three-year statewide residency programs, 154 residents were in training in FY19. Of the 44 residents who graduated in 2019, 26 (59%) entered practice in Wisconsin

Program	Number of Residents
<b>DFMCH-Sponsored Residency Programs</b>	
Baraboo RTT*	6
Eau Claire/Augusta*	15
Madison*	45 (at 4 continuity clinics)
Wausau*	17
<b>Academic Partner Residency Programs</b>	
La Crosse*	15
Lakeland RTT	8
Milwaukee*	30
Waukesha	18

\*Site has received osteopathic recognition, an educational designation from the Accreditation Council for Graduate Medical Education (ACGME).

## FELLOWSHIPS

Program	Number of Fellows	Leadership
Academic	2	Sarina Schrager, MD, MS
Addiction medicine	1	Randall Brown, MD, PhD, DFASAM
Integrative health	3	Greta Kuphal, MD
Primary care research	6	Bruce Barrett, MD, PhD; David Rabago, MD
Primary care sports medicine	1	Kathleen Carr, MD



# Patient Care

THE DFMCH PROVIDES HIGH-QUALITY, COMPREHENSIVE PRIMARY CARE FOR PATIENTS OF ALL AGES AT ITS STATEWIDE CLINICS.

LEADERSHIP: SANDRA KAMNETZ, MD



## DFMCH FACULTY RECEIVE UW HEALTH AWARDS



Aleksandra Zgierska, MD, PhD

**Aleksandra Zgierska, MD, PhD**, received a 2019 UW Health Leadership Excellence Award for demonstrating exceptional leadership skills outside of her home department.

Twelve DFMCH physicians and advanced practice providers received UW Health Patient Experience Provider Champion Awards in 2018. The awards honor exemplary communication skills recognized through patient survey feedback from 2017. In addition, the UW Health Cross Plain Clinic received the team award for demonstrating exemplary proactive behavior and positive attitudes.



2018 award recipients: **Jensena Carlson, MD; Elizabeth Perry, MD; Amy Grelle, MD; Christa Pittner-Smith, MD; William Heifner, MD; David Ringdahl, MD; Heidi A Hughes, PA; Sarina Schrager, MD; and Michael J Weber, MD.**

Not pictured: **Ronni Hayon, MD; Catherine James, MD; William Schwab, MD**



Photo: John Maniaci, UW Health Marketing and Communications

**John Lambert, DO**, examines a patient at the UW Health Beaver Dam Clinic

## PATIENT VISITS BY CLINIC, FY19\*

Clinic	Patient Visits	Patient Panel
<b>Residency clinics</b>		
Belleville	21,412	7,106
Northeast (Madison)	23,233	10,062
Verona	36,183	12,594
Wingra (Madison)	23,720	9,654
<b>Community clinics</b>		
Arboretum (Madison)	13,091	7,055
Cottage Grove	13,117	5,273
Cross Plains	10,836	4,764
DeForest-Windsor	31,716	14,435
Fitchburg	9,902	4,958
Mt. Horeb	11,697	4,686
Odana Atrium (Madison)	32,622	16,041
Oregon	12,058	5,475
Sun Prairie	29,715	13,809
Yahara (Monona)	33,310	15,169
<b>Regional clinics</b>		
Beaver Dam	18,571	9,812
Fort Atkinson	14,142	6,989
Portage	13,336	5,582
<b>Total</b>	<b>348,648</b>	<b>153,465</b>

\*Our clinicians also provided 29,662 patient visits at UW Health urgent care sites in FY19





# Research

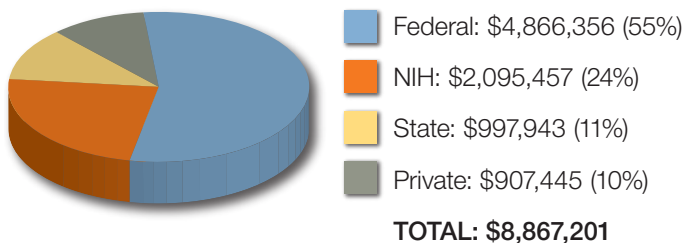
THROUGH INQUIRY, DISCOVERY, AND COMMUNITY ENGAGEMENT, DFMCH RESEARCHERS TACKLE WISCONSIN'S HEALTH CHALLENGES AND AIM TO TRANSFORM PRIMARY CARE PRACTICE.

## RESEARCH HIGHLIGHTS

In FY19, the DFMCH had \$8.8 million in grant awards. Major projects focused on addiction and substance misuse prevention and treatment, infectious disease surveillance and systems-engineering approaches for improving ambulatory care.

In addition, the Wisconsin Research and Education Network, a statewide practice-based research network of primary care clinicians and researchers, engaged more than 1,200 clinicians, researchers and staff in Wisconsin and beyond in work across several content areas and methodologies.

## RESEARCH FUNDING SOURCES, FY19



An oral presentation by DFMCH Professor **Paul Smith, MD**, was selected as one of three distinguished presentations from over 1,000 submitted abstracts at the 2018 North American Primary Care Research Group (NAPCRG) annual meeting, held November 9-13, 2018, in Chicago.

The abstract, *"United States Pharmacopeia Patient-Centered Prescription Medication Label Standards and Medication Adherence,"* describes how a team from Wisconsin Health Literacy, an organization for which Dr. Smith serves as medical advisor, piloted revised prescription medication labels at 65 sites in five pharmacy organizations. They found an association between the more patient-centered prescription medication labels and increased medication adherence. The project later expanded to include a larger number of sites and organizations.

## TOP-FUNDED EXTRAMURAL GRANTS

Title	PI	Agency	Amount
A Comparative Effectiveness Randomized Controlled Trial of Mindfulness Meditation versus Cognitive Behavioral Therapy for Opioid-Treated Chronic Low Back Pain	Aleksandra Zgierska, MD, PhD	Patient-Centered Outcomes Research Institute	\$1,686,046
Whole Health Patient Content and Advanced Education for Clinicians	Adam Rindfleisch, MD	Pacific Institute for Research and Evaluation	\$1,617,613
Integrating mHealth for Alcohol use Disorders into Clinical Practice	Andrew Quanbeck, PhD	National Institute on Alcohol Abuse and Alcoholism	\$1,290,021
Promoting the Implementation of Clinical Guidelines for Opioid Prescribing in Primary Care Using Systems Consultation	Andrew Quanbeck, PhD	National Institute on Drug Abuse	\$669,454
Oregon Child Absenteeism due to Respiratory Disease Study	Jonathan Temte, MD, PhD	Centers for Disease Control	\$599,648



# Special Events

EACH YEAR, THE DFMCH HOLDS SEVERAL SPECIAL EVENTS THAT BRING TOGETHER FACULTY, STAFF, LEARNERS, FRIENDS AND GUESTS.

## EUGENE FARLEY VISITING PROFESSORSHIP

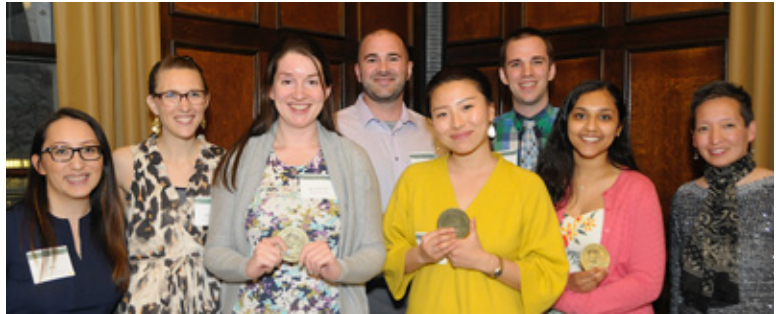
The Eugene Farley Visiting Professorship honors Eugene and Linda Farley and their contributions to the DFMCH and the discipline of family medicine. Each year, the DFMCH invites a nationally known family physician to share experiences, stimulate discussion and explore ideas.



**Renee Crichlow, MD**, assistant professor at the University of Minnesota Medical School's Department of Family Medicine and Community Health, (pictured above, on left, with DFMCH Chair **Valerie Gilchrist, MD**) was the 2018 Eugene Farley Visiting Professor.

## MCGOVERN-TRACY AND STUDENT SCHOLARS AWARD CEREMONY

The McGovern-Tracy and Students Scholars awards program honors medical students or DFMCH residents who exemplify outstanding community service, outreach and leadership.



McGovern-Tracy Student and Resident Scholars, from left: Xia Vang, MD; Caitlin Regner, MD; Kellia "KJ" Hansmann, MD; Scott Richard Reetz; Katherine "Yanzi" Jiang; John Matthew Ziegler; Nivedita Nair; DFMCH faculty member Jennifer Edgoose, MD, MPH (not pictured: David Glaubke)

## RENNER/HANSEN AWARD CEREMONY

The Renner/Hansen awards program honors outstanding achievements in the DFMCH or field of family medicine.



**John H. Renner "Wisconsin Idea" Award Winner:** Recently retired DFMCH Professor and UW School of Medicine and Public Health Associate Dean for Rural and Community Health **Byron Crouse, MD**, pictured above, on right, with DFMCH Chair **Valerie Gilchrist, MD**.



**Marc Hansen Lectureship Award Winner:** DFMCH Assistant Professor and UW Health Northeast Family Medical Center medical director **Russell Lemmon, DO**, pictured above, second from left, with award namesake Marc Hansen, MD; Alice Hansen; and Kristin Lemmon.

Photos this page: Armando Vera, DFMCH



## GIFT FROM JUDY AND SAL TROIA SUPPORTS VISITING PROFESSORSHIP IN INTEGRATIVE HEALTH

Sal and Judy Troia have a deep appreciation for how integrative health approaches help them not only manage disease, but also improve their overall health and well-being.

That appreciation, coupled with a strong desire to help others, is behind their recent gift to establish the Judy L. and Sal. A Troia Visiting Professorship in Integrative Health at the DFMCH.



Sal and Judy, pictured at left, have been patients at UW Health Integrative Health for almost as long as the program has existed here.

Judy, a retired nurse and breast cancer survivor, particularly values the program's emphasis on fitness, mindfulness meditation and balance of Eastern and Western medicine.

Sal, a retired banking executive and bicycle racer who has lived with inflammatory bowel disease (IBD) for 55 years, says that the program's guidance on diet, nutrition and supplementation has been a valuable complement to conventional IBD treatment and a key part of staying healthy.

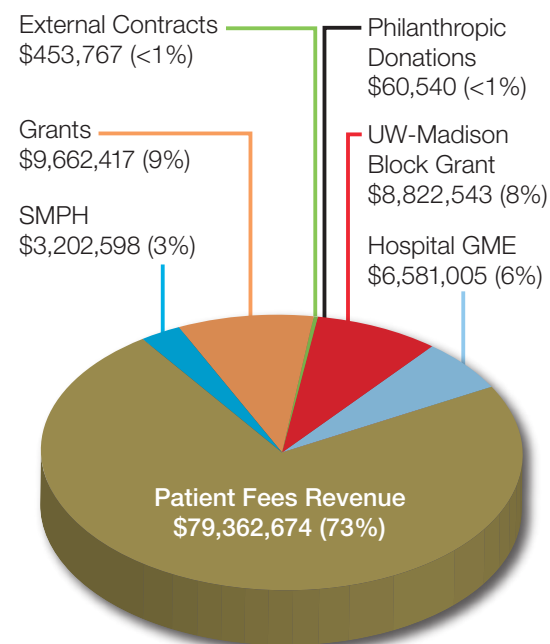
Both would like to increase awareness—in the eyes of the public and the medical community—of the benefits of integrative health.

The visiting professorship will allow the program to invite an integrative health expert to Madison each year to give an educational presentation for providers, learners and patients.

"This is the largest gift the DFMCH has received in support of integrative health," says Adam Rindfleisch, MD, an associate professor (CHS) in the DFMCH and the medical director for UW Health Integrative Health. "We are so grateful to Sal and Judy for their generosity, which will help us share the value of our work in a meaningful, sustainable way."

To learn more about giving opportunities at the DFMCH, visit [fammed.wisc.edu/donate/](http://fammed.wisc.edu/donate/)

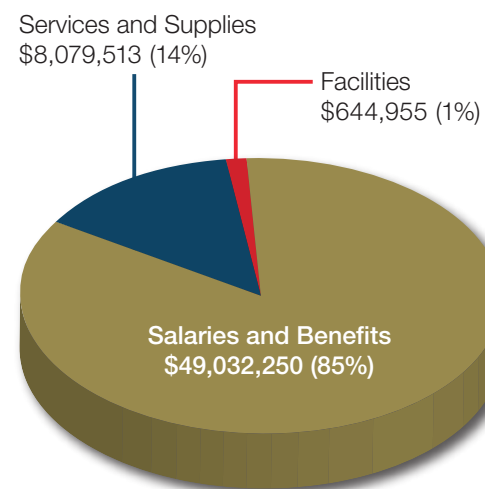
## DFMCH REVENUE, FY19



**TOTAL: 108,145,544**

(\$108,085,004 without donations)

## DFMCH EXPENSES, FY19



**TOTAL: \$57,756,718**