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For alumni, partners and friends of the University of Wisconsin Department of Family Medicine | FALL 2014

#### Remembering Gene Farley and Jeff Patterson



The DFM, and all of family medicine, lost two of our finest people this year. We honor Gene Farley and Jeff Patterson on page 3.

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# Let's Get Connected!

W elcome to the debut issue of In Our Family, the University of Wisconsin Department of Family Medicine (DFM) newsletter! We've created this new publication to stay connected with our alumni, partners and friends.

Why? Because connections are what family medicine is all about. And our connections extend across Wisconsin, the nation, and overseas.

#### We are truly an extended family of shared worldviews, experiences and expertise—and like a family, we want to keep in touch.

Our "virtual reunion" starts with this newsletter, but you can visit us anytime on our Web site and on social media.

Or, if you prefer, send us an email, give us a call, or mail us a note. We'd love to get reconnected!



#### There's so much more online!

Your first stop for everything DFM: fammed.wisc.edu

New Facebook posts every week: facebook.com/wifamilymedicine

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Dear Friends,

am thrilled to introduce our inaugural newsletter for alumni and friends of the DFM!

First, we pay tribute to two cherished faculty members we lost this past year: Gene Farley and Jeff Patterson. Gene was a "father of family medicine" who founded one of the first family practice residency programs. He was UW DFM chair for 10 years. Jeff was a superb clinician, a prolotherapy expert, a crusader for social justice, and part of the Northeast Clinic family for nearly 40 years. Both were outstanding physicians and incredible human beings, and we miss them greatly. In this issue, we're happy to introduce Tom Hecht, the DFM's new director of development, who will collaborate with alumni and community organizations to advance our department's missions.

We also spotlight Mike Weber, a family physician and preceptor in Kaukauna, Wisconsin; Kristina Schuldt, a recent Eau Claire graduate and Davis Award winner who is finding success in practice; and Jim Damos, who co-founded the Advanced Life Support in Obstetrics course and led our Baraboo program for 14 years.

Finally, we honor the remarkable students who received awards at our McGovern-Tracy ceremony, welcome our new residents and congratulate our recent graduates as they enter practice. You are the future of family medicine, and we look forward to hearing more about your successes.

Everyone who learns, teaches, or works with the DFM is always a part of our family. Please get in touch and let us know what's happening in your work and your life. We can't wait to hear from you!

#### Valerie Gilchrist, MD

Millard Professor in Community Health Chair, Department of Family Medicine, University of Wisconsin School of Medicine and Public Health

#### **News Briefs**

#### **DFM Wins AAFP Award**

In May, the DFM received the American Academy of Family Physicians' (AAFP) "Top Ten Award" for its success matching medical students into family medicine. Below, DFM faculty and residents receive the award with AAFP President Reid Blackwelder, MD.



## Tom Hecht is DFM's New Director of Development

Tom Hecht joined the DFM in June as director of development. He has led similar efforts for health care organizations in Wisconsin for 20 years—and his father, Rudy Hecht, MD, was the first director of the Northeast Family Medical Center! He can be reached at (608) 572-4511 (phone) or tom.hecht@supportuw.org (email). Welcome Tom!

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Published by the University of Wisconsin Department of Family Medicine 1100 Delaplaine Court Madison, WI 53715–1896 Phone: (608) 263–4550 Email: alumninews@fammed.wisc.edu

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Principal photographers: Armando Vera; Todd Brown, Chris Frazee, John Wingren (UW SMPH Media Solutions)

Remembering Two of Our Finest

#### Gene Farley, MD, MPH: 1927–2013



Gene Farley, MD, MPH, a "father of family medicine," a former DFM chair and a mentor and friend to many, died on November 8, 2013.

Dr. Farley's career began in the 1950s, before family medicine was a formal discipline. He and his wife Linda ran a clinic on a Navajo reservation and then had a practice in rural upstate New York. Later, he developed one of the first family medicine residency programs at the University of Rochester. He came to Wisconsin in 1982 to serve as DFM chair.

For many years, the Farleys advocated for national health care and trained many clinicians to work in underserved communities. In 2009, Dr. Farley created the Linda and Gene Farley Center for Peace, Justice and Sustainability in Verona, Wisconsin.

"Our whole specialty of family medicine is in debt to Gene. He was my hero, role model, and moral compass."

-Cynthia Haq, MD



More remembrances of Dr. Farley at: fammed.wisc.edu/our-department/newsletter/winter-2014/remembering-gene-farley

The DFM is coordinating development efforts to honor Gene and Jeff. For more information, or to participate, please contact Tom Hecht at (608) 572-4511 or tom.hecht@supportuw.org.

#### Jeff Patterson, DO: 1946–2014



Jeffrey Patterson, DO, a professor emeritus at the DFM, and a health and environmental activist, died unexpectedly on January 23, 2014.

Dr. Patterson joined the DFM as a resident in 1973. He cared for patients at the Northeast Family Medical Center for nearly 40 years, and was its medical director from 1989 to 1991. He was also a world-renowned expert in prolotherapy, publishing many papers on the procedure and directing an annual international prolotherapy conference in Madison.

Dr. Patterson was deeply involved with Physicians for Social Responsibility (PSR), a member of International Physicians for the Prevention of Nuclear War and the medical director of the Hackett Hemwall Foundation.

"I am better for having worked with you, played with you, and will continue to try to make a difference like you."

-Kathy Oriel, MD



Student Awards Ceremony



McGovern-Tracy scholarship winners, from left: Daniel Ziebell; Karina Atwell, MD; Olga Yashira Diaz; Nailah Cash-O'Bannon; John Holzhauer; Caitlin Regner; James Conniff, MD (Not pictured: Kevin Thao, MD, MPH)

We were proud to honor UW SMPH students and DFM residents at the McGovern-Tracy and Student Awards ceremony on April 30, 2014.

These awards are made possible through the generosity of Mrs. Isabel McGovern Kerr, Robert F. and Irma K. Korbitz, Dr. Lester Brillman, Dr. Zorba and Penny Paster, the Vogel Foundation and the Wisconsin Academy of Family Physicians.

The awards also honor Michele Tracy, a second-year SMPH student who tragically died in an accident in July 1999 while participating in an educational service program in Africa.



# **Passing on 'Pearls'**

A Q&A with Kaukauna Clinic's Michael Werner, MD



**Left:** A 2006 graduate of the Fox Valley residency program, Michael Werner, MD, has been a community preceptor since he began practice at Kaukauna Clinic.

**Right:** Dr. Werner (in blue) teaches former resident Paul Smullen, MD, at the Fox Valley clinic in 2008.

#### Why did you become a preceptor?

I grew up in a family of teachers, so I always had the drive to do something like that. And as a family physician, I do education every time I see a patient.

It was natural for me to say, "I have skills and knowledge I can pass on." I think it's important for the next group to benefit from what I've learned over time.

#### What skills do you enjoy teaching?

I like to demonstrate the relationship between the patient and provider. Family physicians have to be very good at interacting with people. That's a continuum and it will always be part of your career, but it's the place to start.

Beyond that, I like teaching procedures—things that are hands on. For example, I do vasectomies in the office, remove skin lesions, and perform colonoscopies at the hospital. It's so much fun to watch someone develop those skills.

# What are the biggest rewards of precepting?

In the short term, it's learning from students and residents what other doctors have done, or about new things coming out in education. It's very rewarding to get that information back. I also have to know what I'm doing and be able to explain it, which forces me to stay up to date.

"You have a wealth of knowledge...and it's important to pass that on. Otherwise, all the pearls you've learned will go to the end of the world with you."

Long term, the rewards are watching these young people grow up and seeing the maturity and self-confidence they develop. Someday, they are going to be my colleagues and the doctors that take care of me. I hope someone did a good job teaching them, so they can be there for me down the road.

# What advice would you give to others considering precepting?

You have a wealth of knowledge that you've accrued over your lifetime, and it's important to pass that on. Otherwise, all the pearls you've learned will go to the end of the world with you.

The biggest gratification that comes from precepting is when you can watch someone grow up and succeed, and know you've had some small role in it.

Also, we have a huge shortage of medical providers nationwide, so do anything you can to help those individuals become better than we were.



Considering precepting? Learn more and sign up at: fammed.wisc.edu/ med-student/teaching/form

# **Full Circle**

Catching Up with Eau Claire Grad Kristina Schuldt, DO



**Left:** Kristina Schuldt, DO, and the Eau Claire team winning the Davis Award in 2011.

**Right:** Dr. Schuldt in practice today, at Mayo Clinic Health System in Eau Claire

S ince third grade, Kristina "Krissa" Schuldt, DO, dreamed of being a doctor. Now, after years of education, Dr. Schuldt, a 2012 graduate of the Eau Claire residency program who practices at Mayo Clinic Health System in Eau Claire, is realizing her dream—in the community where she trained.

#### **From Learner to Practitioner**

For Dr. Schuldt, the first two years of practice have been exciting and validating. "I'm out on my own, making decisions myself, and using what I've learned," she said.

She's also working hard at building her patient panel. She cares for patients of all ages—in the outpatient and urgent care settings—but has a specific focus on women's health.

Going from a learner to a practitioner had its challenges at first. Dr. Schuldt acknowledged that, in the beginning, a few aspects of her practice stretched her, but fortunately, she had tremendous support from her colleagues, many of whom she had encountered during residency. "It's a much easier transition having trained in the area," she said. "I'm connected with collaborators, familiar with referral patterns, and already a part of the community."

"[We] need to help patients feel comfortable talking about whatever is going on."

#### **Building on Outstanding Training**

Dr. Schuldt says her residency training prepared her well for practice. She's very confident performing procedures because of the faculty support she had while learning them.

In addition, she learned two big-picture skills—teamwork and efficiency—that she takes into every patient encounter.

"Teamwork requires clear, concise communication, so that everyone can get what they need," she explained. "And because patients want their time respected, it's important to stay on schedule and give the best possible care in the time you have."

During residency, Dr. Schuldt honed those skills in a Microsystems project to improve clinic efficiency, work that won a James E. Davis Award for Quality Improvement.

But the art of being a good family physician is also about what she calls "letting the patient be the patient."

"They say, 'The mystery is in the history,' so you need to help patients feel comfortable talking with you about whatever is going on," she said.

#### **Coming Full Circle**

Now, Dr. Schuldt is more convinced than ever that she made the right decision to pursue family medicine. Having grown up in nearby St. Paul, she added that Wisconsin is a great place to be a family doctor.

"I love this area, and being in practice has been such a great experience. It's like coming full circle."



Read about Dr. Schuldt's Davis Awardwinning project at: fammed.wisc.edu/ our-department/newsletter/summer-2011/ eau-claire-microsystems-project

# A 'Thank You' to Jim Damos

Baraboo RTT Founder Retires After 36 Years in Family Medicine



Above: Jim Damos in 2005

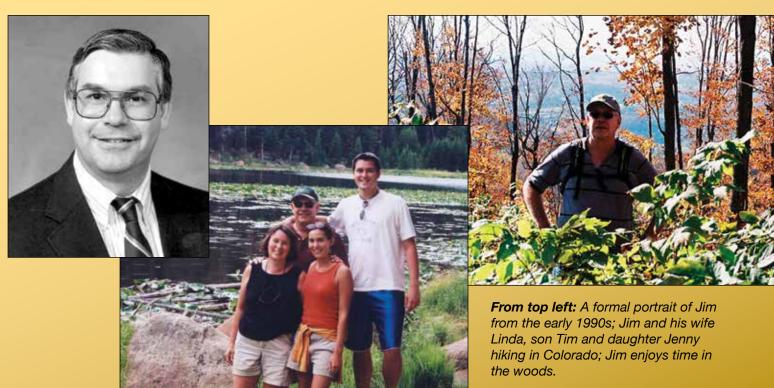
S eptember 4, 2013, marked the end of an era as Jim Damos, MD, retired from his administrative role at the DFM's Baraboo Rural Training Track (RTT). Dr. Damos, Baraboo's RTT program director for 14 years, stepped down to the associate program director role in 2010 as he groomed Stuart Hannah, MD, to carry the torch as program director.

Over the course of his 36 years practicing medicine, Jim's passion for bridging the gap between competing health care systems in order to provide optimal care to rural patients and families was irrefutable.

In 1996, when the Baraboo RTT was established, Dr. Damos, along with his wife, Linda, put an abundance of personal time and effort into developing the program—while also raising two children. Despite the seemingly insurmountable challenges of operating the program, the Baraboo RTT consistently maintained the highest level of accreditation with minimal citations under the leadership of the Damos duo. Their diligent efforts remain evident today, as the Baraboo RTT has been recognized as a nationally prominent physician education model.

To sum up the career of such an honorable physician in so few words is impossible, so to Dr. Damos, we simply say "Thank you."

-Contributed by Angela Womble



#### **Jim Damos Through the Years**

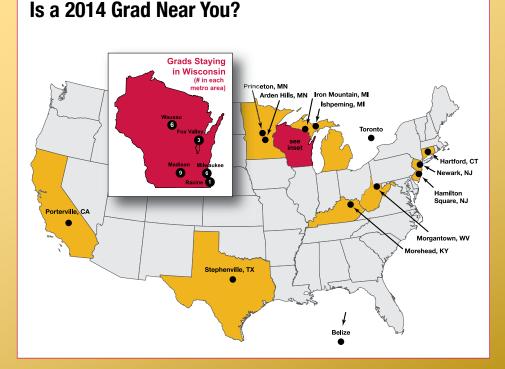
# Meet the 2014 Grads, Interns

In July, 40 graduates from the DFM's sponsored and affiliated residency programs entered practice. Here's where they went:

- · 25 stayed in Wisconsin;
- 13 are practicing out of state (including two outside the U.S.); and
- 2 are undecided.

Also in July, 44 new residents entered our statewide programs. They come to us with diverse interests, experiences and honors, but they are all committed to becoming outstanding family physicians!

Congratulations to the grads, and welcome to the new class!



Learn more about our 2014 graduates and new residents at: fammed.wisc.edu/our-department/newsletter/summer-2014/new-residents-grads

# Statewide Osteopathic Program

Details and photos of osteopathic residents appear with their respective programs.

#### Graduates

Fox Valley: Shawna Gleason, DO; Konstantin Mikheyev, DO

Madison: Taryn Lawler, DO

*Milwaukee:* Siatta Dunbar, DO; Risa Rothmann Siegel, DO

Wausau: Patrick Allen, DO; Jason Mack, DO

#### **New Residents**

Baraboo: Abigail Koker, DO

Eau Claire: Gretchen Adams, DO; Michael Braunsky, DO

Fox Valley: Kirsten Gierach, DO; Stacee Goedtel, DO

Madison: Jared Dubey, DO; Emily Jewell, DO; Catherine Nelson, DO Milwaukee:

Garima Chawla, DO; May-Lynn Chu, DO; Michelle Crane, DO; Sarah Karalus, DO; Alyssa Krueger, DO; Anne Lovell, DO; Brandon Phelps, DO

Wausau: Tricia Gilling, DO; Alexandra Oleinik, DO

### Baraboo RTT

#### Graduates



*Elizabeth Matera, MD* St. Claire Regional Family Medicine (Morehead, KY)



Nathan Vakharia, MD Michigan-Wisconsin Family Practice Associates (Iron Mountain, MI)

#### **New Residents**



From left: Abigail Koker, DO Neil Cox, MD

## Eau Claire Residency Program

#### Graduates



Nicholas Anderson, MD HealthPartners (Arden Hills, MN)



*Maria Detubio, MD Family HealthCare Network (Porterville, CA)* 



Ameet Karaul, MD Bramcentre Medical Clinic (Toronto, Canada)



Sunitha Malla, MD Cross Timbers Health Clinic (Stephenville, TX)

#### **New Residents**



From left: Lauren Sauter, MD; Sakina Sachak, MD; Andrew Poulos, MD; Katherine Wang, MD; Michael Braunsky, DO; Gretchen Adams, DO

### Fox Valley Residency Program

#### Graduates



Shawna Gleason, DO Bell Medical Group (Ishpeming, MI)



**Rolf Hallberg, MD** Fairview Northland Medical Center (Princeton, MN)



Jessica Hancock, MD Affinity Medical Group (Little Chute, WI)



Konstantin Mikheyev, DO Winnebago Mental Health Institute (Oshkosh, WI)



Matthew Schoenherr, MD Bellin Health (Wrightstown, WI)



Heidi Vanyo, MD To be determined





Back row, from left: Michael Aleksandrowicz, MD; Kirsten Gierach, DO; Bre Anna Nagle, MD; Jaclyn Mullins, MD; Michael Otte, MD

Front row, from left: Stacee Goedtel, DO; Jessica Lemke, MD

### Madison Residency Program

#### Graduates



Karina Atwell, MD UW Preventive Medicine Residency Program (Madison, WI)



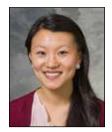
Ann Braus, MD UW Geriatrics Fellowship (Madison, WI)



James Conniff, MD UW DFM Primary Care Research Fellowship (Madison, WI)



Elizabeth Fleming, MD Dean Clinic–East (Madison, WI)



Lisa Go, MD WVU Cheat Lake Physicians; Morgantown, WV



**Thomas Hahn, MD** UW DFM Academic Fellowship (Madison, WI)



Matthew Swedlund, MD UW Health Yahara Clinic (Madison, WI)



Taryn Lawler, DO UW DFM Integrative Medicine Fellowship (Madison, WI)



*Kevin Thao, MD* Wausau Aspirus Family Medicine Residency Program (Wausau, WI)



Jennifer Mastrocola, MD University of Connecticut Family Medicine Residency Program (Hartford, CT)



Sean Trafficante, MD To be determined



*Mischa Ronick, MD Hillside Health Care International (Belize)* 



Joseph Wolfe, MD Dean Clinic–East (Madison, WI)



Andrew Schmitt, MD Dean Clinic–Fish Hatchery (Madison, WI)

#### **New Residents**



Back row, from left:

Jared Dubey, DO; Parker Hoerz, MD; Emily Ramharter, MD; Todd Domeyer, MD; Catherine Nelson, DO; Emily Torell, MD, MPH; Bonnie Garvens, MD; Bret Valentine, MD; Erin Peck, MD, PhD; Jennifer Perkins, MD; Eric Phillippi, MD

Front row, from left: Jody Epstein, MD; Emily Jewell, DO; Julia Weiser, MD

### Milwaukee Residency Program

#### Graduates



Siatta Dunbar, DO Sports Medicine Fellowship, Rutgers NJMS (Newark, NJ)



Anne Getzin, MD Aurora Health Care– Midtown (Milwaukee, WI)



*Turia Hollingsworth, MD* Aurora Medical Group– Franklin (Franklin, WI)



Adam Holt, MD Wheaton Franciscan Healthcare (Milwaukee, WI)



Jillian Huyck, MD Lakeshore Medical Clinic (South Milwaukee, WI)



Kjersti Knox, MD Aurora Family Medicine Residency Program (Milwaukee, WI)



Jennifer Yee Chia Lo, MD Aurora Health Center (Racine, WI)



Keren Rosner, MD Aurora Advanced Health Care (Brookfield, WI)



**Risa Rothmann Siegel, DO** MedExpress Urgent Care (Hamilton Square, NJ)



From left:

Anne Lovell, DO; Sarah Karalus, DO; Michelle Crane, DO; Alyssa Krueger, DO; Brandon Phelps, DO; May-Lynn Chu, DO; Jasmine Wiley, MD; Breana Cummens, MD; Garima Chawla, DO; Stephanie McDearmon, MD

### Wausau Residency Program

#### Graduates



**Patrick Allen, DO** Aspirus Family Physicians (Wausau, WI)



**Coy Johnston, MD** Aspirus Weston Clinic (Weston, WI)



Jason Mack, DO Aspirus Wausau Hospital (Wausau, WI)



Ramses Masis, MD Aspirus Weston Clinic (Weston, WI)



William Noble, MD Aspirus Urgent Care (Wisconsin Rapids, WI)

#### **New Residents**



Back row, from left: Alexandra Oleinik, DO; Tricia Gilling, DO

Front row, from left: Andrew Olson, MD; Russ Clayton, MD; Jonathan Ernst, MD

# What Are Your Fellow Grads Up To?

#### Konstantin Mikheyev, DO (Fox

Valley '14), received the Wisconsin Academy of Family Physicians (WAFP) Foundation's 2013 Glenn P. Clifford Memorial Scholarship, which he used to train at the Center for Addictive Disorders at the University of Wisconsin–Madison.



Konstantin Mikheyev, DO

Elizabeth Kvach, MD (Madison '13), completed an obstetrics fellowship and now practices at a federally qualified health center affiliated with Denver Health and the University of Colorado family medicine residency.

#### Monjur Alam, MD (Eau Claire '09),

practices inpatient and outpatient family medicine and is the department chair at the Sanford Health clinics in East Grand Forks, Minnesota.

#### Jeremy Metzler, MD (Fox Valley

**'09)**, completed a primary care sports medicine fellowship at Michigan State University after residency. He is now the medical director of Prevea Sports Medicine in Green Bay, Wisconsin, and the team physician for St. Norbert College and the University of Wisconsin–Green Bay.

#### Sarah Fox, MD (Madison '09),

practices at the Mineral Point Family Medical Center in Mineral Point, Wisconsin. She published *Super Snacks for Super Kids*, a book of healthy snack recipes for parents and kids. Proceeds have raised over \$30,000 for the Mineral Point School District's wellness committee.



Sarah Fox, MD

Kiet Ton, MD (Wausau '09), is a hospitalist at Kadlec Regional Medical Center in Richland, Washington, and an assistant medical director at Prosser Memorial Hospital in Prosser, Washington.

#### Andrew Slattengren, DO (Madi-

**son '08)**, is an assistant professor at the University of Minnesota's North Memorial Family Medicine Residency Program. He is also the host committee chair for the 2014 Family Medicine Midwest conference and the academic affairs committee chair for the Minnesota Academy of Family Physicians.

#### Lincoln Likness, DO (Milwaukee

**'08)**, completed sports and spine medicine fellowships at the Cleveland Clinic, during which time he was a team physician for the Cleveland Browns, Cavaliers and Indians. He now practices sports and spine medicine at Hudson Physicians in Hudson, Wisconsin.

#### Kristen (Lerberg) Dall-Winther, MD (Madison '07), practices family medicine at Mayo Clinic Health System in La Crosse, Wisconsin, and also oversees the patient safety program for the organization's 18 hospitals.

#### Phillip Arnold, DO (Baraboo '05),

practices family and sports medicine at the Ministry Door County Medical Center in Sturgeon Bay, Wisconsin, and the North Shore Medical Clinic in Fish Creek, Wisconsin. He was named a fellow of the American Osteopathic Association of Sports Medicine in 2014.

#### Aaron Dunn, MD (Madison '05),

practices at Dean Clinic in Mineral Point and Dodgeville, Wisconsin, and at the Upland Hills Health Hospital. The Wisconsin Academy of Family Physicians named him the 2013 Family Medicine Educator of the Year for his work educating students, residents and new physicians.



Aaron Dunn, MD



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•	idency program attended:
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Work Contact Information	
Work Email:	Work Phone:
Name of Employer:	
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City:	State: ZIP:
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If yes, please tell us about your practice, rec	cent accomplishments, or other news you would like to sha



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