The alumni newsletter of the University of Wisconsin Department of Family Medicine and Community Health

**FALL 2017** 

# Ready for Rural Practice



Baraboo RTT grads Abigail Puglisi, DO, and Neil Cox, MD, are happy to begin practice in rural Wisconsin. Find out why on page 8.

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# **China Connections**

Madison alum enjoys work and life in Shanghai

or UW Department of
Family Medicine and
Community Health
(DFMCH) residency alumna
Laura Jordhen, MD (Madison
'04), being a family physician in
China adds a new dimension to
her career and offers exceptional opportunities for her family.

Dr. Jordhen joined the staff of Shanghai United Family
Hospital (UFH) in May 2016, after chairing the Department of Family Medicine at Portland
Adventist Medical Center in Vancouver, Washington, for four years.

Nearly a year later, her husband Lhalung, who is from China, and sons Tsering, age 14, and Sangye, age 11, received their visas and joined her.



At UFH, Dr. Jordhen provides outpatient care for people of all ages. Some of her patients are international families who live in Shanghai; others are Chinese. The hospital's primary languages are English and Mandarin; nurses help with translation.



Dr. Jordhen (center) and her Shanghai UFH colleagues.

Dr. Jordhen is also on the faculty of UHF's three-year family medicine fellowship for Chinese physicians—and was named its Teacher of the Year in 2016.

That fellowship is modeled after a U.S.-style family medicine residency, although participants have already completed residencies and many have already been in practice in other specialties.

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Dear Friends,

elcome to the Fall 2017 issue of In Our Family. We congratulate three faculty who have received awards from the AAFP and

WAFP, and hear from our statewide residency directors about what they look forward to this academic year.

You'll enjoy reading about one of our alumni who lives and works with her family in Shanghai, and learn how our department works to advance family medicine in China.

We also introduce you to our newest graduates, with a special spotlight on two from our Baraboo RTT who are excited about their practice.

Finally, we catch up with some of our earliest alumni from the class of 1977, welcome 14 new faculty, and say farewell to Dr. John Beasley and Dr. Cindy Hag-two remarkable faculty who will be greatly missed.

As always, we want to hear from you, too. Please stay in touch!

#### Valerie Gilchrist, MD

Millard Professor in Community Health Chair, Department of Family Medicine and Community Health, University of Wisconsin School of Medicine and Public Health

#### **News Briefs**

#### Drs. John Frey, John Brill Receive AAFP Awards

The American Academy of Family Physicians (AAFP) honored DFMCH Professor Emeritus and former Chair John Frey, MD, with its John G. Walsh Award for Lifetime Contributions to Family Medicine. This award, given at the discretion of the AAFP board, recognizes individuals whose dedication and effective leadership has furthered the development of family medicine.



Learn more: go.wisc.edu/2941e0

The AAFP also honored John Brill, MD, MPH, a teaching faculty member at the Aurora Family Medicine Residency Program in Milwaukee and a DFMCH clinical adjunct professor, with its 2017 Exemplary Teaching Award for Full-Time Faculty. The award recognizes AAFP members who demonstrate exemplary teaching skills and implement outstanding educational programs and/or develop innovative teaching models.



Learn more: go.wisc.edu/q2hgoo

## Dr. William Heifner Named Wisconsin Family Physician of the Year

The Wisconsin Academy of Family Physicians (WAFP) named DFMCH Clinical Assistant Professor William Heifner, MD, its 2017 Wisconsin Family Physician of the Year. An alumni of the DFMCH's residency program (Madison '88), Dr. Heifner has practiced at the UW Health Oregon Clinic for nearly 30 years and is an engaged, respected role model in his community.



Learn more: qo.wisc.edu/61zre0



More news at: fammed.wisc.edu/news/

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# **Residency Leaders** On the Year Ahead

Here's what the directors of our statewide DFMCHsponsored and academic partner residency progams are looking forward to this academic year.

Eau Claire/ Augusta

Wausau

Baraboo RTT: "We have recruited three new physicians who want to teach in a Rural Training Track and provide hospital, clinic and OB care. Our local group and residents have been



exceptional at helping expand our curriculum to include ultrasound-guided joint injection and have more integration with the local health department for STD expedited partner therapy implementation."

—Stuart Hannah, MD



—Jeffrey Tiemstra, MD



Eau Claire/Augusta:

"We are excited about our clinic transition to Prevea Health, and look forward to many more successful years of training family medicine physicians, especially for northern Wisconsin." —Joan Hamblin, MD



Madison: "Our first-year residents are off to a wonderful start, and I look forward to seeing each of them continue to learn and grow as they move toward

being independent family physicians. I'm particularly excited about our new Meriter OB service and our Rural Health Equity Track."

—Ildi Martonffy, MD

Waukesha: "To paraphrase Humphrey Bogart: 'UW, I think this is the beginning of a beautiful friendship." -Mike Mazzone, MD



Wausau: "We are looking forward to developing more and varied rural training opportunities in northern and central Wisconsin. This should give exposure and



experience to residents hoping to practice in higher-need areas of the state. We have had good success with a longitudinal outpatient pediatric experience and hope to develop an ultrasound curriculum in the near future."

—John Wheat, DO

La Crosse: "We continue to value our affiliation with the DFMCH. Our program has a high percentage of SMPH graduates and we are excited by their knowledge



and expertise. Their presence with patients is amazing. We are excited about developing deep relationships within our community to care for our most vulnerable populations."

-Paul Klas, MD

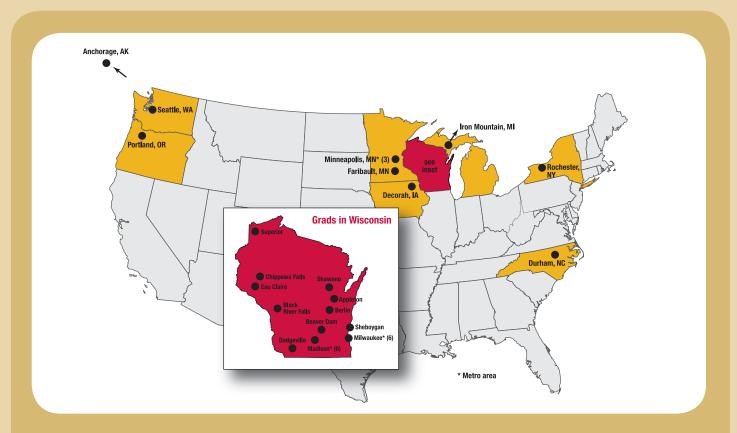
Milwaukee: "We will be following up this year's award-winning health care disparities project with a new National Initiative VI project on fostering

well-being in the residency community. This includes improving electronic health record in-basket efficiency and protecting more time for residents to complete their clinical and non-clinical duties."

-Wilhelm Lehmann, MD

Baraboo RTT, Eau Claire/Augusta, Madison and Wausau are DFMCH-sponsored residency programs. La Crosse, Lakeland RTT, Milwaukee and Waukesha are academic partner residency programs.

# **Meet the 2017 Graduates**



DFMCH residents who graduated in 2017 are in 12 Wisconsin cities and eight additional states. Is one near you?

## **Baraboo Rural Training Track**



Neil Cox, MD
Ho-Chunk Health Care
Center (Black River Falls, WI)



Abigail Puglisi, DO Thedacare Medical Center (Berlin, WI)

"I'm looking forward to having a panel of patients to care for and educate. Clinic work is very rewarding to me and the Baraboo program gave me plenty of training in managing all the different aspects of that. I'm particularly excited to be working with the Ho-Chunk Nation."

-Neil Cox, MD



#### Eau Claire



**Gretchen Adams, DO** Essentia (Superior, WI)



Michael Braunsky, DO Prevea Health (Chippewa Falls, WI)



Andrew Poulos, MD Bellin Health (Iron Mountain, MI)



**Sakina Sachak, MD, MBA** Allina Health (Faribault, MN)



Lauren Sauter, MD, MPH OakLeaf Clinics-Eau Claire Medical Clinic (Eau Claire, WI)

"I decided to stay in Eau Claire because I love the community and have the opportunity to learn and grow. I do outpatient and inpatient medicine with a mixed specialty group and one other family doctor. I look forward to promoting healthy diet and exercise, incorporating my degree in public health, and being involved in the community."

—Lauren Sauter, MD, MPH

#### Madison



Bonnie (Garvens) Brown, MD Swedish First Hill Advanced Obstetrics Fellowship (Seattle, WA)



Todd Domeyer, MD UW Primary Care Sports Medicine Fellowship (Madison, WI)



Jared Dubey, DO UW DFMCH Integrative Health Fellowship (Madison, WI)



Jody Epstein, MD Sixteenth Street Community Health Center (Waukesha, WI)



Parker Hoerz, MD UW DFMCH Integrative Health Fellowship (Madison, WI)



Emily Jewell, DO SSM Health Dean Medical Group— Dodgeville (Dodgeville, WI)



Catherine Nelson, DO Gundersen Decorah Clinic (Decorah, IA)



Erin Peck, MD University of Rochester Faculty Development Fellowship (Rochester, NY)



Jennifer Perkins, MD Southcentral Foundation (Anchorage, AK)



Emily (Ramharter)
Peterson, MD
UW Health Beaver Dam
Clinic (Beaver Dam, WI)



Eric Phillippi, MD UW Health Odana Atrium Clinic (Madison, WI)



Emily Torell, MD UW DFMCH Academic Fellowship (Madison, WI)



Bret Valentine, MD Sixteenth Street Community Health Center (Waukesha, WI)



Julia Weiser, MD Access Community Health Centers William T. Evjue Clinic (Madison, WI)

"I'm looking forward to partnering with patients and community members to increase health and healthcare access for uninsured and underinsured populations. I have a particular passion for family planning, addiction medicine and transgender health and hope to grow these parts of my practice."

—Jody Epstein, MD

#### Milwaukee



**Garima Chawla, DO** Aurora Edgerton Clinic (Milwaukee, WI)



May-Lynn Chu, DO Adventist Medical Center (Portland, OR)



Michelle Crane, DO Aurora Wiselives Clinic (Milwaukee, WI)



Breana Cummens, MD Wheaton Franciscan Healthcare (Greenfield, WI)



**Sarah Karalus, DO** Allina Health (Inver Grove Heights, MN)



Alyssa Krueger, DO Duke Primary Care (Durham, NC)



Anne Lovell, DO Rice Street Clinic (St. Paul, MN)



Stephanie McDearmon, MD Lakeshore Medical Clinic— Aurora West Allis Medical Center (West Allis, WI)



**Brandon Phelps, DO** Aurora Health Care (Sheboygan, WI)



Jasmine Wiley, MD ThedaCare Physicians (Shawano, WI)

"I'm looking forward to developing my own panel of patients who live and work in a community my husband and I have become very involved in. I'm excited to get to know the people of the area even better and to serve them to the best of my ability."

-Stephanie McDearmon, MD

#### Wausau



Tricia Gilling, DO ThedaCare Clinic (Appleton, WI)



Alexandra Oleinik, DO Park Nicollet Clinic (Brooklyn Center, MN)

"I'm looking forward to using my knowledge and skills to help others and promote health in the community, first and foremost. I also look forward to building a full-scope practice, ranging from neonates to geriatric patients, and continuing to increase my knowledge with experience."

—Tricia Gilling, DO

#### **Fellows**



Kristin Berg, MD, MS (PCR) Clinical assistant professor, UW Health Stoughton Clinic (Stoughton, WI)



Maggie Grabow, PhD, MPH (CIHR) DFMCH Honorary Fellow (Philadelphia, PA)



Christine Harden, OD, MS (CIHR) Program coordinator, Madison Street Medicine Initiative (Madison, WI)



Gwen Jacobsohn, MA, PhD (PCR) Undecided at time of publication



Eugene Lee, MD (IH) Family physician, Loyola University Medical Center (Chicago, IL)



Jacob Meyer, PhD (PCR) Assistant professor, Department of Kinesiology Iowa State University (Ames, IA)



Vincent Minichiello, MD (IH) Assistant professor (CHS), UW Health Arboretum Clinic (Madison, WI)



Sagar Shah, MD (IH) Locum tenens (Honolulu, HI); completing MPH through Emory University



Jonathan Takahashi, MD, MPH (IH) Clinical assistant professor, UW Health Odana Atrium Clinic and Research Park Integrative Medicine Clinic (Madison, WI)

"I will be involved in undergraduate and graduate instruction at lowa State University, and will perform independent research on the effects of exercise and physical activity on clinical mental health disorders. I'm excited about creating integrated exercise-based interventions for mental health treatment using the 'whole health' mindset."

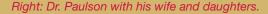
—Jacob Meyer, PhD

#### **DFMCH FELLOWSHIP PROGRAMS**

A = Academic AM = Addiction medicine CIHR = Complementary and integrative health research IH = Integrative health SM = Sports medicine PCR = Primary care research

# Madison Alum Named Oregon Family Doctor of the Year

The Oregon Academy of Family Physicians named University of Wisconsin School of Medicine and Public Health (SMPH) and DFMCH Madison residency alumnus Dan Paulson, MD (MD '98, residency '01), its 2017 Oregon Family Doctor of the Year. Dr. Paulson is a managing partner at Springfield Family Physicians in Springfield, Oregon, where he has practiced since 2001.





# **Rural Readiness for Wisconsin**

Why two recent Baraboo RTT graduates are excited about their practice

bigail Puglisi, DO, can't wait to care for her friends and neighbors in small-town Wisconsin.

Neil Cox, MD, is eager to care for people of the Ho-Chunk nation at the tribe's health center in Black River Falls, Wisconsin.

Just months after graduation, the two 2017 alumni of the DFMCH's Baraboo Rural Training Track (RTT) are the Wisconsin rural physicians they aspired to be. And both say they couldn't be more ready.

#### **A Rural Physician Right Away**

Dr. Puglisi, who provides outpatient and inpatient care, including obstetrics, at ThedaCare Medical Center in Berlin, Wisconsin, chose the Baraboo RTT because it allowed her to be a rural physician right away.

"I was given autonomy to develop my own practice style, pursue my own interests and function as an independent adult learner," she recalls.

Being able to work like a junior partner during residency has made her transition into practice easier. "I'm so excited to build my patient panel and provide the full-spectrum care I was trained to do," she says. "The relationships with patients and families is the best part of the job."

#### Care for the Ho-Chunk Nation

Dr. Cox was first drawn to family medicine's breadth, preventive focus, and service to less-represented communities. "I like being able to take care of anyone who walks in the door at any stage of life," he reflects.

With broad training from the Baraboo RTT, he's entering practice confident in office procedures, endoscopy and obstetrics with surgical delivery.

Like Dr. Puglisi, Dr. Cox
looks forward to caring for a
panel of patients, especially at
the Ho-Chunk nation, and is
grateful to the Baraboo RTT for
all it taught him. "The opportunity to
relieve some of the access to care
disparities has been great," he says.



Abigail Puglisi, DO, and Neil Cox, MD, together in 2014, when they began their residency.

Drs. Puglisi and Cox, we are so proud of you. We know you are great rural family physicians, and we look forward to keeping in touch!

## New Track, Partner Program Strengthen Rural GME

In the last year, the DFMCH has further strengthened rural graduate medical education opportunities in family medicine.

With support from a Wisconsin Department of Health Services grant, the Madison residency program expanded to include a new Rural Health Equity Track at its Belleville clinic. Kelsey Schmidt, MD, and

Karyn Cecele, MD, are the first two residents on that track, which focuses on eliminating health disparities for people living in rural areas.

In addition, the DFMCH formalized an academic partnership with the brand-new Aurora Lakeland Rural Training Track Family Medicine Residency. The first four residents in that program began their training in July.



Rural Health Equity Track residents Kelsey Schmidt, MD, and Karyn Cecele, MD.

#### CHINA (continued)

Dr. Jordhen explains that this is because the concepts of family medicine and evidence-based medicine are new to China.

Traditionally, community-based general practitioners in China see up to 50 patients per day. They can treat the presenting symptom, but may not have the time nor training to develop differential diagnoses or address multiple problems.

"We work closely with our fellows to incorporate whole-person care, preventive care and an understanding of the impact a condition has on a patient's life and function," she says.

#### **Family Ties**

Living in Shanghai also makes it easier to maintain connections with Lhalung's family. Since their arrival, Tsering and Sangye have gone to school in Shanghai, and their cousin shares the family's apartment.

Tsering and
Sangye also spent
the summer in Qinghai
province in western
China, where their
father was born.
They visited extended
family and practiced
speaking Tibetan,
their father's native
language.



The Jordhen family together in Shanghai, from left: Lhalung, Laura, Sangye and Tsering.

#### **Working and Living Abroad**

Dr. Jordhen is now halfway through her three-year contract at UFH. In August, she was named a top 10 physician in Changning District, Shanghaim, by the Changning Health and Family Planning Committee. Eventually, she and her family will need to decide when to return to the U.S. But for now, they are enjoying life in China—and Dr. Jordhen encourages other family doctors to consider similar opportunities.

Great work, Dr. Jordhen, and thanks for keeping in touch!

## Exchange Program Supports Family Medicine in China

Since 2004, the DFMCH has had an educational exchange program with the Yuetan Community Health Services Center affiliated with Capital Medical University in Beijing.

The program brings together DFMCH faculty and Chinese general-practice (GP) physicians, public health experts and other health professionals. They share principles of family medicine education and practice with the goal of further developing the discipline in China.

In August 2016, the DFMCH welcomed a delegation from China for the first U.S.-China Symposium on Family Medicine and Community Health. For more than half of attendees, this conference was the first opportunity to directly interact with U.S. family physicians.

Xueping Du, MD, director of the Yuetan Community Health Services Center and an internationally respected Chinese GP and medical educator, said the conference improved participants' clinical skills and advanced their overall service capability.

She added that the exchange program played a critical role in

her becoming the first Chinese GP to receive the World Health Organization's Sasakawa Health Prize for outstanding innovative work in health development.



The Chinese delegation at the symposium with the DFMCH's Ken Kushner, PhD; Richard Roberts, MD, JD; and Wen-Jan Tuan, MS, MPH.



Adapted from our Fall 2016 e-newsletter: go.wisc.edu/4og49b

# Catching Up With the Class of 1977

We asked alumni from the class of 1977 to tell us about their practice and their most important mentor during residency. Here's what some had to say!

Peter Elias, MD, co-founded a family practice that grew from two to 10 providers. He provided inpatient and outpatient teaching at the Central



Maine Family Practice Residency Program, chaired its hospital family practice department and served on numerous committees. He retired in December 2015, but is active in the participatory medicine movement.

He recalls the benefit of doing office visits "out loud" with patients: collaborating on history, exam, differential diagnosis and assessment—and creating a plan to meet the patient's needs as perceived by the patient.

My most important mentors at DFMCH were Marc Hansen, for his quiet, non-judgmental, listening and reasoned approach to patients and diagnoses, and Jill Leventhal, for her insight into the feelings and behavior of patients and support of me figuring out who I am.

-Peter Elias, MD

#### Nancy Homburg, MD,

practices at Ascension Health System in Appleton, Wisconsin, where she focuses on hospice and palliative medicine.



After residency, Dr. Homburg entered a multispecialty group of 18 doctors that grew to over 200. She was the first "lady doctor" there and saw many women and families, which she says taught her about PTSD and trauma consequences. She plans to retire in December and move to Ann Arbor, Michigan.

William Scheckler taught the rigor of making a careful diagnosis; John Renner taught the art of the possible and medical politics; and fellow residents Chris Wallace, Peter Elias and Jim Davis inspired intellectual depth and the wonder of getting to know patients and families.

—Nancy Homburg, MD

#### William Scheibel, MD,

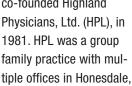
retired from the DFMCH in July 2015, after serving as a long-time faculty member and medical director of the UW Health Verona



Clinic. He continues to work part-time in urgent care and staffing residents at the clinic.

He is also a namesake for the William Scheibel, MD, and Baldwin E. Lloyd, MD, Clinical Teacher Awards. Through this award, given each year at graduation, Madison residents recognize a member of the teaching faculty for their significant educational contributions to the program.







Pennsylvania, a rural community in the northeastern part of the state.

At its peak, HPL cared for 40,000 patients, providing all family medicine services including obstetrics. After 35 years, Dr. Sternburg and his partners sold the practice to a Federally Qualified Health Center affiliated with the local community hospital; Dr. Sternburg retired in August 2016.

Marc Hansen instilled a team approach to providing health care. His grant writing described it, while his pediatric practice with Karen Pridham modeled it. Barbara Stephens was an enthusiastic, energetic proponent of excellence.

—Jon Sternburg, MD, MS

#### David Weber, MD,

completed a fellowship at the DFMCH and spent six years on the faculty before joining Dean Clinic Sun Prairie, where he practiced for 20 years.



After retiring in 2005, he worked as an owner's representative for a new auditorium and renovation at the Frank Lloyd Wright building at the First Unitarian Society of Madison. One of his sons is now a chaplain at St. Mary's Hospital in Madison.



#### Alumni: We want to feature you!

Share your news, accomplishments or updates at: fammed.wisc.edu/alumni/alumni-form/

# **Faculty Transitions**

#### **Welcome 14 New Faculty**

Between January and September 2017, the DFMCH welcomed these 14 new faculty, seven of whom are alumni of our residency programs:

- Sreevalli Atluru. MD: DeForest-Windsor
- **Thomas Harties, MD: Urgent Care**
- Priyanka Kalapurayil, MD: Verona
- Jamie Kling, DO (Baraboo '06): Portage
- Jillian Landeck, MD: Belleville
- Julia Lubsen, MD (Madison '16): Belleville
- Trisha McCormick, DO: Float
- Vincent Minichiello, MD (Madison '17): Arboretum
- **Emily (Ramharter) Peterson,** MD (Madison '17): Beaver Dam
- Eric Phillippi, MD (Madison '17): Odana Atrium
- Rian Podein, MD (Madison '05): Urgent Care
- Debra Shenoi, MD: **Urgent Care**
- Jonathan Takahashi, MD (Madison '17): Odana Atrium
- Brian Woody, MD: **Urgent Care**

#### **Dr. John Beasley Retires**

John Beasley, MD, (Madison '75), one of our longest-standing and most-honored faculty members, retired in May 2017.

Dr. Beasley practiced at the UW Health Verona Clinic, held many DFMCH leadership positions, and founded the Wisconsin Research and Education Network (WREN).

In 1991, he and James Damos, MD, created the Advanced Life Support in Obstetrics (ALSO®) course, which is now offered in 62 countries.

Dr. Beasley was a long-time teacher at the UW SMPH and served for 10 years as the medical director

for the UW-Madison Physician Assistant Program.

His many awards include a UW SMPH Dean's Award for Teaching; the WAFP's Lifetime Achievement Award; and the AAFP's highest



honor, the Thomas W. Johnson Award for Career Contributions to Family Medicine Education.



Read a tribute to Dr. Beasley: go.wisc.edu/rgawr6

#### Dr. Cindy Hag to Chair at UC-Irvine

Cindy Haq, MD (Madison '87), whose work has resonated in Wisconsin and around the world, will become chair of the University of California-Irvine Department of Family Medicine starting January 1, 2018.

Dr. Hag helped launch the first family medicine residency programs in Pakistan, Uganda and Ethiopia; created and directed the UW SMPH's Training in Urban Medicine and Public Health (TRIUMPH) program; and founded what is now the UW-Madison Global Health Institute.

Her many honors include two Fulbright scholarships; a UW SMPH Dean's Award for Teaching: an AAFP President's Award and Exemplary Teaching Award; and two Arnold Gold Foundation





Read a tribute to Dr. Hag: go.wisc.edu/0r4k50

### **Alumni: Consider coming home to the DFMCH!**

Rejoin our top-ranked family medicine department and world-class academic health system. UW Health family physicians enjoy:

- A wide range of practice opportunities
- Team-based care and a high staff retention rate
- A progressive compensation plan
- Outstanding teaching and research opportunities

Contact Joanne Looze (608-265-2386 or joanne.looze@fammed.wisc.edu).





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