

The alumni newsletter of the University of Wisconsin Department of Family Medicine and Community Health | Fall 2023

# **EnRICH**

New program aims to increase physician diversity in family medicine.

rs. Estefan Beltran and Morgan White saw a gap when it came to mentorship for underrepresented minority (URM) medical students considering family medicine. Though the UW School of Medicine and Public Health has made great strides in recruiting and retaining students, with 33 percent of the most recent class identifying as URM, the Department of Family Medicine and Community Health (DFMCH) has had less sustained success in increasing the diversity of family medicine residents in the department. It's an issue leadership is committed to addressing and one Beltran and White felt passionate about when they came up with the idea for the Enhancing Representation to Improve our Community's Health (EnRICH) Program.

"Research shows that patient outcomes and adherence to a treatment plan are higher when the healthcare



EnRICH Team from left: Estefan Beltran, MD, Patricia Téllez-Girón, MD, Morgan White, MD, Tom Hahn, MD, and Amanda Keenan.

provider and patient are racially concordant," shares White.

While the program officially launched in October 2022, it was in development for more than two years with the help of faculty co-leaders, Drs. Patricia Téllez-Girón and Thomas Hahn. According to Beltran,

their support has been instrumental in securing full department and medical school support. Téllez-Girón brings over 20 years of experience working with URM students in a range of academic settings including high school, undergraduate, medical school, and residency. Hahn has spent much of his

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#### **CHAIR'S MESSAGE**



Dear Friends,

elcome to the latest issue of In Our Family. Our lead story discusses EnRICH, a new program aimed to increase diversity

in family medicine.

In this issue, you'll also read about some of our statewide program highlights including updates from our DFMCH sponsored and academic partner programs and see where our 2023 graduates are planning to practice or continue their education.

Finally, catch up with some of our alumni including Brian Lochen, MD, who credits his family medicine residency with a long and fulfilling career in emergency and addiction medicine.

As always, please stay in touch. We want to hear from you too!

David Rakel, MD Chair, Department of Family Medicine and Community Health, University of Wisconsin School of Medicine and Public Health



## **News Briefs**

#### Dr. Ronni Hayon Receives Dean's Teaching Award

Ronni Hayon, MD, was selected as the 2023 Dean's Teaching Award recipient honoring outstanding contributions in student education in medical programs. Hayon was recognized for her work as co-medical director of the Comprehensive Gender Services Program, faculty champion for the AMA Foundation – University of Wisconsin LGBTQ+ fellowship, and for serving as a mentor to women, trans, and non-binary faculty at UW-Madison.

#### Rural Family Medicine Obstetrics Fellowship Receives Grant Funding

The Rural FMOB fellowship will provide much-needed

surgical training and high-risk obstetrical experience for family physicians who plan to care for a rural population. The fellowship and Wisconsin DHS GME Program

Development grant will be coordinated by DFMCH in collaboration with the UW







Department of Obstetrics and Gynecology and multiple rural hospitals. The fellowship will be led by doctors pictured from left to right above: Jillian Landeck, Lee Dresang, and Ryan Luellwitz (UW Ob-Gyn).

#### Drs. Arndt and Téllez-Girón Receive Leadership Excellence Awards

Brian Arndt, MD (right), and Patricia Téllez-Girón, MD, received UW Health Clinical Leadership Excellence awards. They were nominated by their colleagues and were honored at the UW Health Physician Excellence Awards ceremony on May 3, 2023.





## Stay in Touch!

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career guiding medical students and residents and recently accepted a role as director of the Madison Residency Program.

"I hope that programs like this will serve to increase the visibility of the inequalities existing among students of URM populations and the challenges they and their families must face to be able to compete with other students," says Téllez-Girón.

#### A NEED FOR SUPPORT

Beltran understands those challenges. The road to medical school was daunting for him as someone without a legacy in medicine or mentors to lead the way. After conquering that hurdle, finding his way to family medicine also posed challenges as a URM medical student.

"The pathway to becoming a physician is littered with physical and psychological barriers in the form of cost of applications, tests, travel, free time away from financial security and lack of a sense of belonging that deter even the most determined applicants and make them believe it is something unattainable," he adds. "I was almost one of those students but was lucky to have the support and encouragement of my large family and wonderful guidance counselors to help me along the path."

#### HOPE FOR THE FUTURE

The mission of EnRICH is to provide mentorship and experiences in primary care to students to increase the number of physicians who represent our diverse patient populations and improve the health of the community. The program is open



A fall launch event for the EnRICH Program was held on October 5.

Research shows that patient outcomes and adherence to a treatment plan are higher when the health care provider and patient are racially concordant. -- Morgan White, MD

to all levels of medical students who are matched with a longitudinal family medicine faculty or resident physician mentor and offered opportunities for career mentorship, clinical experience, and community health.

The current EnRICH leadership team includes Beltran, Hahn, Téllez-Girón, White, and Program Coordinator **Amanda Keenan**.

"With our program we are hoping to engage URM medical students who are interested in family medicine early in their medical school career and provide clinical experiences with diverse patient populations and one-on-one mentorship that will hopefully encourage these students to pursue family medicine as a career and possibly stay here in Madison!" says White.

A new class of medical students began studies in August, and the EnRICH Program Team is ready to make those connections to help URM students find a path to family medicine.

For more information about EnRICH: https://www.fammed.wisc.edu/enrich/

## Baraboo Rural Training Track (RTT)



The Baraboo Family Medicine Program filled their residency positions during the 2023 Match. Welcome **Emily Horn, DO** (left), and **Sadie Jackson, MD**.

## Madison Residency Program

The Madison Residency Program conducted interviews virtually but was able to hold in-person events for prospective residents for the first time since 2020. The program also filled all its spots in the 2023 Match.



Briana Krewson, DO, MPH, celebrates her match to the Madison Residency Program. She is working at the UW Health Verona Clinic.

## Aurora Lakeland Rural Training Track (RTT)

Successfully continuing suboxone and OB programs, and improving efforts to promote our program in the medical student community. Residents continue to match in top fellowship and job opportunities post residency.

## La Crosse Residency Program

The program had another outstanding class of graduates: McKenzie Bruce, MD, Garrett Donaldson, MD, Marty Erlandson, DO, Mary George, MD, and Zach Razavi, MD. The residents continue to have a passion for community health, especially caring for underserved populations. A mobile medicine program provides care for people experiencing homelessness as well as care for people in rural/farming communities.



Residents check on unsheltered community members in dangerously cold weather.

## Eau Claire Residency Program

The Eau Claire Residency Program continues to give back to the community with volunteer efforts like supporting local food banks.



Residents volunteered at the Feed My People Food Bank in Eau Claire.

## Milwaukee Residency Program

Two alumni are joining the Aurora Wiselives Clinic as faculty—Meinuo Chen Baca, MD, and Katherine Kelly, MD. Milwaukee Residency Program grad Stephenie Quirke, DO, will continue full spectrum family medicine at Aurora St. Luke's Family Practice Center. Dr. Anne Getzin held a series on climate and health for Aurora and Advocate employees in Wisconsin and Illinois and will pursue a fellowship on the topic.







Dr. Katherine Kelly



Dr. Stephenie Quirke



Dr. Anne Getzin

## Statwide Osteopathic Collaborative

The Statewide Osteopathic Collaborative continues to provide hands-on learning at conferences four times a year. Alumni Jasmine Hudnall, DO, was the lead presenter for the Osteopathic Approach to Traumatized Patients conference. Dr. Hudnall is currently an osteopathic physician in the Gundersen Health System, board-certified in family medicine as well as hospice and palliative medicine.



The Collaborative also has an active osteopathic study group for faculty, residents, and community physicians that is held alternating monthly between virtual meetings and in-person in Madison. Sarah James, DO, director of Osteopathic Education, is currently serving as

the vice chair of the ACGME Osteopathic Recognition Committee. She continues to present nationally for AAFP, ACGME, ACOFP on osteopathic medical education and evaluation. She co-presented with this year's osteopathic chiefs, Yusuf Abdullah, DO, and Nathan Gorman, DO, on the OMT for the Allopathic Physician (OMT4MD) course model taught in Madison. Maggie Larson, DO, associate director of Osteopathic Education and resident Melanie Biegler, DO, were awarded Frey Writing Awards for poetry. Next academic year's osteopathic chiefs will be Laurel Boyd, DO and Jenny Ho, DO.

## Waukesha Residency Program



Dr. Kelsey Koenig

Kelsey Koenig, MD (Waukesha '17), is a member of the Waukesha program faculty. She is a full-spectrum family physician with interests in surgical OB, pediatrics, and medical education. She is passionate about women's health and believes in guiding patients to become the best, healthiest versions of themselves.

## **Fellowships**

Two new fellows, Taylor Watterson, PharmD, PhD, and David Mallinson, PhD, joined the Primary Care Research Fellowship. Asma Ali, PharmD, PhD, completed her second year as primary care research fellow in the summer 2023 and will continue for a third year on the T32 research training grant funded by the Health Resources and Services Administration. Jane Evered, PhD, RN; Tana Chongsuwat, MD; and Julie Kirsch, PhD, will complete their third year of the fellowship and take new positions as scientists or in faculty positions.



Dr. Asma Ali



Dr. Tana Chongsuwat



Dr. Jane Evered



Dr. Julie Kirsch

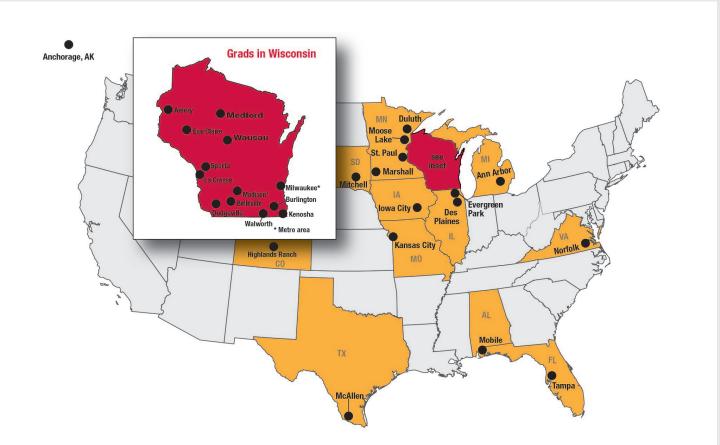


Dr. David Mallinson



Dr. Taylor Watterson

# Meet the 2023 Graduates



DFMCH residents who graduated in 2023 are in 13 Wisconsin metro areas and 12 additional states. Is one near you?

## **DFMCH-Sponsored Residency Programs**

#### **BARABOO RTT**

### **MADISON**



Jeffrey Daniels, MD Andrea Kratzke University of Iowa Department of Family Medicine (Iowa City, IA)



Nelson, MD Essentia Health (Moose Lake, MN)



SSM Health Dean Clinic (Sun Prairie, WI)



Yusuf Abdullah, DO Estefan Beltran, MD **UW** Department of Family Medicine and Community Health Academic Medicine Fellowship (Madison, WI)



André Biscaye, MD University of Minnesota Addiction Medicine Fellowship (Minneapolis, MN)



Adam Cordum, MD **UW** Department of Family Medicine and Community **Health Sports** Medicine Fellowship (Madison, WI)



Charissa Etrheim, MD Avera Medical Group Prairie Clinic (Mitchell, SD)



Nathan Gorman, DO UW Health Sun (Sun Prairie, WI)



Caroline Hensley, MD, MPH **Access Community** Health Center (Madison, WI)



Brian Kenealy, MD, PhD **UW Health** Belleville Clinic (Belleville, WI)



Kane Laks, MD **UW** Department of Family Medicine and Community Health Academic Medicine Fellowship (Madison, WI)



Stephanie Liu, MD **UW** Department of Family Medicine and Community Health Integrative Health Fellowship (Madison, WI)



Ana Pearson, MD **UW** Department of Family Medicine and Community Health Academic Medicine Fellowship (Madison, WI)



Melissa Ricker, MD **UW** Department of Family Medicine and Community Health Geriatric Medicine Fellowship (Madison, WI)



Stefanie Sippl, MD University of South Alabama Obstetrics Fellowship (Mobile, AL)



Justin Temple, MD **UW** Department of Family Medicine and Community Health LGBTQ+ Fellowship (Madison, WI)

# **Fellowships**



Muhammad Daud, MD **UW Health** (Madison, WI)



Margaretta Gergen, MD **UW Health** (Madison, WI)



Chongsuwat, MD Erie Family Health Center (Chicago, IL)



Jane Evered, PhD, RN University of Wisconsin (Madison, WI)



Taylor Watterson, PharmD, PhD University of Illinois (Chicago, IL)



Rebecca Kellum, MD Unity HealthPoint (Madison, WI)



Alyssa Bruehlman, MD Access Community **Health Centers** (Madison, WI)



Nicholas Sullivan, DO Adam Pfaller, MD UW Health Northport Drive Clinic (Madison, WI)



Advocate Aurora Health (Milwaukee, WI)

## **Academic Partner Residency Programs**

#### **Aurora Rural Training Track**



From left: Rabeea Lodhra, MD, is pursuing an emergency medicine fellowship in Milwaukee; Melissa Folstad, MD, is at Aurora Family Medicine Clinic in Hartford; Kaitlin Pellicano, MD, is pursuing a hospice and palliative care fellowship in Milwaukee; and Lindsey Tuntland, MD, is at Aurora Family Medicine Clinic in Walworth.

#### Eau Claire Residency Program



From left: Danash Raja, MD, is at Medical Park in Anchorage, Alaska; Shawn Stafki, MD, is at Astera Health in Wadena, Min.; Samantha Vouyiouklis, MD, is at Prevea Health in Eau Claire; Michael Fassl, MD, is at Advocate Aurora Medical Group in Merrionette Park and Evergreen Park, Ill.; Jeremiah Kakes, MD, is at Gundersen Health in La Crosse; Taylor Feuling, MD, Health Partners Amery Hospital and Clinics in Amery.

#### La Crosse Residency Program



Kristen Heslep, MD Essentia West **Duluth Clinic** (Duluth, Minn.)



Kylie Bossuyt, MD Avera Health System Gundersen Health (Marshall, Minn.)



Ben Thompson, MD (Sparta, Wis.)



Kavita Kanwar, MD UnityPoint Health (Madison, Wis.)



Molly Sygulla, MD Gundersen Health (La Crosse, Wis.)



William Klein, MD Gundersen Health (La Crosse, Wis.)

#### Milwaukee Residency Program



From left: Meinuo Chen Baca, MD, is at Aurora WiseLives in Wauwatosa; Stephenie Quirke, DO, is at Aurora Family Practice Center in Milwaukee; Dulce Griego, MD, is at Guajira Family Clinic and Diabetes Care in McAllen, Tex.; Fatya Amiri, DO, is at Kaiser Permanente Medical Offices in Highlands Ranch, Colo.; Nada Zahir, DO, is at Medical College of Wisconsin in Milwaukee for a sleep medicine fellowship; Kailash Dhir, **DO**, is pursuing a geriatric fellowship at the University of Michigan in Ann Arbor; Pang Hang, MD, is at Aurora Edgerton in Greenfield; Ada Celik, DO, is at Aurora in Menomonee Falls; Lauren Oberbroeckling, DO, is at Advocate Outpatient in Des Plaines, Ill.; and Agnes Prospere, MD, is at Aurora in Oak Creek.

#### Waukesha Residency Program



From left: Emily Hanka, DO, is at HealthPartners in Amery; Erin Glembocki, MD, is at HealthPartners in Roseville, Minn.; Hannah Ingvalson, DO, is at WinnMed in Decorah, Iowa; Alexis Goss, MD, is at ProHealth Care in Waukesha; Sam Pawela, DO, is at Aurora Health Care in Kenosha; Daniel Lunetta, MD, is at Aurora Health Care in Burlington; and Adam Naker, DO, is at Aurora Health Care in Kenosha.

#### Wausau Residency Program



From left: Madeline Oestreich, MD, is at Aspirus Medford Clinic in Medford; Joshua Hess, MD, at Upland Hills Health in Dodgeville; Christopher Polonio, MD, at Advent Health in Tampa, Fla.; Tony Swicer, DO, at Aspirus Wausau Hospital; and Chanteal Findling, DO, at St. Luke's Health System in Kansas City, Mo.

## Madison Residency Program Leadership Change

national leader in family medicine education, the DFMCH is proud to continue its strong tradition under the direction of Ildi Martonffy, MD, who assumed the role of vice chair for education in June 2023. The Madison Residency Program also has a new director, Thomas Hahn, MD, and a new associate program director, Lashika Yogendran, MD. Please join the DFMCH in congratulating these faculty on their new positions.



Dr. Ildi Martonffy graduated from the Madison Residency Program in 2005 and worked at the Beloit Area Community Health Center before joining the faculty at the UW Health Wingra Clinic in 2010. She accepted the role of residency program director in 2017. In her clinical

practice, she has special interests in offering guidance and information to new mothers who breastfeed their babies and working with underserved patients.

"I'm eager to support all the teams who lead our educational programs so that we can continue to bring creativity and excitement to how we learn and teach. We are a large department with faculty involved in education in many capacities," says Martonffy. "I'm looking forward to helping us share solutions and experiences to enhance our programs as we also work together to increase the number and diversity of learners engaged with family medicine."

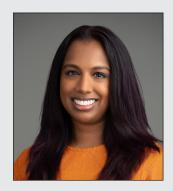


Dr. Thomas Hahn completed his residency and academic fellowship at DFMCH. He is faculty at the UW Health Verona Clinic where he practices full spectrum family medicine including inpatient care and obstetrics. Hahn hopes medical education continues to meet the

evolving needs of medical learners as well as those of patients and communities. He is looking forward to

expanding his role in residency education as the new program director for the Madison Residency Program.

"I'm most excited about working with the outstanding residents who are the future of family medicine and who continue to inspire me regularly with the positive impact they have on patients and communities," shares Hahn. "I'm looking forward to collaborating with others both locally and from afar—on innovations in medical education and the best approaches to patient care."



Dr. Lashika Yogendran completed residency and an academic fellowship at the DFMCH and is core faculty at the UW Health Northport Drive Clinic. She brings valuable experience and a tremendous skillset to the associate program director position, according to Martonffy.

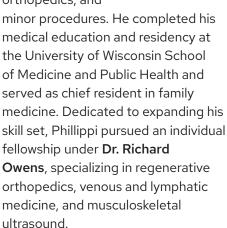
"I am excited to get to know the residents from all the residency clinics and work with them during their journey through residency. I enjoy working with residents on strategies to improve their learning, efficiency in clinic and the hospital, and continuing medical education, so this role is a wonderful opportunity for me," says Yogendran. "I look forward to supporting our residents in achieving their goals during their training as well as helping them find a career that fits best for them in family medicine."

# **Catching Up With Our Alumni**

### Class of 2017

**Eric Phillippi, MD,** is the medical director of Medical Procedures of

Wisconsin, an innovative private practice located in Madison, Wis. His clinical focus is in venous and lymphatic medicine, regenerative orthopedics, and



In tandem with his clinical work,
Phillippi dedicates time to teaching
as an adjunct clinical faculty at the
UW SMPH and mentors medical
students in an office-based
procedures in family medicine course
and offers longitudinal training to
family medicine residents learning
procedures. He also serves on the
board of directors, the executive
board, and is a teaching faculty
for the International Association

for Regenerative Therapies (IART). Phillippi is on the board of

directors and is a teaching faculty for Rejuv MedFit, a regenerative medicine training organization. He is an advisory board member of Health Performance Specialists, the world's largest network of independent vein clinics. Phillippi thanks **Dr. Brian** 

Arndt for his insight into practice management and documentation efficiencies, Dr. Jonas Lee for his unwavering love and dedication to his patients, Dr. Kathy Oriel for her fearless leadership and ardent dedication to the residents, Dr. Ildi Martonffy for demonstrating efficiency and excellence in practice and leadership, and Dr. Adam Rindfleisch for his open heart and for opening his eyes to possibilities.

Dr. William Russell was my preceptor for my family practice rotation. I was blown away on my first day by the variety of patients, relationships he had with his patients, and his wisdom in caring for them.

-Katherine Patterson, MD

## Class of 1981

Katherine Patterson, MD, credits a third-year family practice rotation in medical school at the University of Wisconsin-Madison with her decision to practice family medicine. Now retired, Patterson completed her residency in Minnesota and practiced



there for 6 years before returning to Wisconsin where she worked for Marshfield Clinic for 27 years, and ultimately

worked at SSM Health in Madison for the final 3 years of her career. In that time, she delivered babies, worked in intensive care units, emergency rooms, urgent cares, hospitals and outpatient family medicine clinics. Patterson was certified in geriatrics and always had a large geriatric component to her practice.

"Dr. William Russell was my preceptor for my family practice rotation," shares Patterson. "I was blown away on my first day by the variety of patients, relationships he had with his patients, and his wisdom in caring for them!"

Patterson remembers her first day included delivering a baby, having an end-of-life care conference, and counseling a woman whose family was in distress.

"I was sold on family medicine then and there!"

#### **STAY IN TOUCH!**

Got news or updates? Share them at: fammed.wisc.edu/alumni/alumni-form

# Brian Lochen, MD

## A meaningful career starts with family medicine residency.

lumnus Brian Lochen, MD, credits his family medicine residency with preparing him for careers in emergency and addiction medicine.

"The residency prepared me for the practice of emergency medicine because of the broad range of clinical experiences provided," shares Lochen.

Initially taking a position in emergency medicine while looking for practice opportunities, Lochen found he enjoyed the ER and accepted a position at Reedsburg Area Medical Center where he ultimately became medical director of the Emergency Department and practiced for 35 years.

ER medicine also provided the opportunity to explore addiction medicine and Lochen served as medical director of Tellurian, an alcohol and drug treatment center in the Madison area, while continuing to work in the ER. As the center grew into Tellurian Behavioral Health, so did Lochen's role. He joined the American Medical Society on Alcoholism, which evolved into the American Society of Addiction Medicine (ASAM), to better educated himself on substance use treatment.

His role at Tellurian expanded over the years to include overseeing the detox program for Dane County, providing medical care to patients in the Adult Residential Program and developing an outpatient practice of patients taking buprenorphine for opioid use disorder.

"This field has been challenging, with losses of young people struggling with opioid addiction. But the rewards of being able to help people recover have been precious," adds Lochen.

He's grateful for addiction medicine fellowships like the one now offered by DFMCH and values his ability to provide clinical instruction to these fellows when they rotate through Tellurian during their training.

"The future of addiction medicine is bright with the brilliant young physicians I have the good fortune to work with," says Lochen.

Reminiscing about his time at DFMCH, Lochen values the relationship he had with **Dr. Jeff Patterson** who served as a mentor, friend, and even as the physician who delivered all three of his children.

"He was the epitome of what a family physician should be," adds Lochen. "He provided care for our entire family and saw us through some medically trying times. I miss him immensely."

Now working as Tellurian's medical director half time, Lochen and his wife Susie enjoy spending time with their children and five grandchildren, traveling, live music and visits to their little cabin in Michigan's Upper Peninsula.

"The 3 years I spent in the residency were special," says



Brian Lochen, MD

Lochen. "I loved my time there. I had wonderful colleagues, mentors, teachers and friends. I think I'm still a pretty good doc and the residency deserves a lot of credit for that."

Lochen sends greetings to all who have shared the experience of becoming better physicians because of the training provided by the UW Department of Family Medicine and Community Health!

The future of addiction medicine is bright with the brilliant young physicians I have the good fortune to work with.

-Brian Lochen, MD



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