



Gathering the Rural OB Workforce in WI

GROW-WI ECHO Program

How to Join:

<https://iecho.org/public/program/PRGM17425658124325CC96FHKX3>

For attendance purposes, please text the code **FEVTAD** to **608-260-7097**.

Session Date: January 27, 2026

Facilitator: Rachel Hartline, MD

	Topic	Presenter
Case Presentation	Open Forum – Bring your questions and topics for discussion!	
Educational Presentation	Pregnancy care for LGBTQ+ people	Kelsey Leonardsmith, MD Core Faculty - St. John's Hospital Family Medicine Residency Program Director - Midwest Trans Health Education Network (MTHEN) at Family Tree Clinic Minneapolis, MN

Agenda:

7:30 – 7:35 AM – Welcome and Introductions

-Text-in your attendance, even if you do not plan to claim Continuing Education credits.

7:35 – 8:00 AM – Open Forum

- All participants are encouraged to bring a case, question or topic for discussion

8:00 – 8:30 AM – Educational Presentation

Continuing Education Credits:

To claim CE credit, **you must complete the evaluation form after each session.**

ICEP will email you a link to the evaluation form after texting in for attendance.

GROW-WI ECHO (Gathering the Rural OB Workforce in WI)

2025-2026

Pregnancy care for LGBTQ+ people

January 27, 2026

Kelsey Leonardsmith, MD

Provided by the University of Wisconsin–Madison Interprofessional Continuing Education Partnership (ICEP)

Intended Audience:

MD/DO, RN, APRN, Physician Assistants, Certified Nurse Midwives, Students

Objectives:

1. Identify strategies you can use to reduce barriers to high-quality pregnancy care for transgender and gender diverse patients and their families.
2. Describe techniques to be affirming of gender diversity and build trust through cultural humility.
3. Improve your confidence advising transgender and gender diverse patients on options for family building, lactation, and contraception

Policy on Disclosure

It is the policy of the University of Wisconsin–Madison Interprofessional Continuing Education Partnership (ICEP) to identify, mitigate and disclose all relevant financial relationships with ineligible companies* held by the speakers/presenters, authors, planners, and other persons who may influence the content of this accredited continuing education (CE). In addition, speakers, presenters, and authors must disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during their presentation. For this accredited continuing education activity, all relevant financial relationships have been mitigated and detailed disclosures are listed below.

* **Ineligible companies** are those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. The ACCME does not consider providers of clinical service directly to patients to be ineligible companies.

Name	Role	Financial Relationship Disclosures	Discussion of unlabeled/unapproved uses of drugs/devices in presentation	COI completion date
Kelsey Leonardsmith, MD	Presenter	No relevant financial relationships with ineligible companies to disclose.	Yes	11/11/2025
Jillian Landeck, MD	RSS Chair	No relevant financial relationships with ineligible companies to disclose.	NA	12/2/2025
Jenny White	RSS Coordinator	No relevant financial relationships with ineligible companies to disclose.	NA	12/1/2025
Katherine Breitenmoser, CPM, LM	Planner	No relevant financial relationships with ineligible companies to disclose.	NA	12/2/2025
Bonnie Brown, MD	Planner	No relevant financial relationships with ineligible companies to disclose.	NA	12/4/2025
Jensen Carlson, MD	Planner	No relevant financial relationships with ineligible companies to disclose.	NA	12/10/2025
Lee Dresang, MD	Planner	No relevant financial relationships with ineligible companies to disclose.	NA	12/1/2025
Rachel Hartline, MD	Planner	No relevant financial relationships with ineligible companies to disclose.	NA	12/10/2025
Caitlin Hill, MD	Planner	No relevant financial relationships with ineligible companies to disclose.	NA	12/12/2025
Ryan Luellwitz, DO	Planner	No relevant financial relationships with ineligible companies to disclose.	NA	12/12/2025
Allegra Ponshock, MD	Planner	No relevant financial relationships with ineligible companies to disclose.	NA	12/1/2025
Ryan Spencer, MD	Planner	No relevant financial relationships with ineligible companies to disclose.	NA	12/4/2025
Cindy Stippich, CNM	Planner	No relevant financial relationships with ineligible companies to disclose.	NA	12/8/2025

Accreditation Statement



In support of improving patient care, the University of Wisconsin–Madison ICEP is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Designation Statements

The University of Wisconsin–Madison ICEP designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Wisconsin–Madison ICEP designates this live activity for a maximum of 1.0 ANCC contact hour(s).

The University of Wisconsin–Madison ICEP, as a member of the University Professional & Continuing Education Association (UPCEA), authorizes this program for 0.1 CEUs or 1.0 hour.

Welcome!

We will get started shortly.

Feel free to share your name, specialty/role, and practice location in the chat.

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Credit Designation Statements

American Medical Association (AMA)

The University of Wisconsin–Madison ICEP designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Nurses Credentialing Center (ANCC)

The University of Wisconsin–Madison ICEP designates this live activity for a maximum of 1 ANCC contact hour.

Continuing Education Units

The University of Wisconsin–Madison ICEP, as a member of the University Professional & Continuing Education Association (UPCEA), authorizes this program for 0.1 continuing education units (CEUs) or 1 hour.

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Disclosures

Policy on Faculty and Sponsor Disclosure

- It is the policy of the University of Wisconsin–Madison Interprofessional Continuing Education Partnership (ICEP) to identify, mitigate and disclose all relevant financial relationships with ineligible companies* held by the speakers/presenters, authors, planners, and other persons who may influence content of this accredited continuing education (CE). In addition, speakers, presenters and authors must disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during their presentation. For this accredited continuing education activity, all relevant financial relationships have been mitigated and detailed disclosures are listed below.

* Ineligible companies are those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. The ACCME does not consider providers of clinical service directly to patients to be ineligible companies.

- The planning committee has no conflicts of interest to disclose.

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Attendance

- For attendance purposes please text the code **FEVTAD** to 608-260-7097
- Please text for attendance, **even if you are *not* claiming** continuing education credit.

Continuing Ed Credit

To receive continuing education credit:

1. Log your attendance (as above)
 - **Create an ICEP account if you don't already have one.**
2. Fill out the session evaluation form to receive credit – **REQUIRED for credit.**
 - A link to the evaluation will be sent after you text the code.

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Update on Midwife CEUs

For **Certified Professional Midwife** Continuing Education Credit:

- We are unable to meet MEAC Continuing Education credit requirements.
- The GROW-WI ECHO sessions may be used to meet the [NARM Continuing Education Category 2 CEUs](#).

For **Certified Nurse Midwife** Continuing Education Credit:

- The [ACNM Continuing Education Committee](#) accepts AMA PRA Category 1 Continuing Education Credit.
- The GROW-WI ECHO sessions are approved for this.

For **Everyone**:

- To receive any Continuing Education credits, participants must:
 - [Create a free ICEP account](#).
 - Text the attendance code at the time of the session.
 - **Fill out the evaluation** at the end of the session.

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Planning Team – Updates!



Katherine Breitenmoser, CPM,
LM – Windy Hill Midwifery, LLC,
Merrill, WI



Bonnie Brown, MD –
UW DFMCH



Jensen Carlson, MD –
UW DFMCH



Lee Dresang, MD –
UW DFMCH



Rachel Hartline, MD* – Upland
Hills Health, Dodgeville, WI



Caitlin Hill, MD –
Emplify Health, La Crosse, WI



Jillian Landeck, MD* –
UW DFMCH



Ryan Luellwitz, MD –
UW OB GYN



Allegra Ponshock, MD* –
Mile Bluff Med Ctr, Mauston, WI



Ryan Spencer, MD –
UW OB GYN



Cindy Stippich, CNM – Prairie
Ridge Health, Columbus, WI



Jenny White* –
UW DFMCH

Thank you to previous planning
committee members!

Korina Bauer, RN, CPM, LM
Rebecca Pfaff, MD
Shannan Stephens, MD

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* Core Facilitation Team



Friendly Reminders

- Video appreciated
- Use chat function to ask questions or raise hand if able
- Mute microphone when not speaking
- Maintain confidentiality, no PHI
- Didactic will be recorded
- Mission is to empower those working in rural settings
- Our diversity of perspectives, specialties, practice scopes are our strength
- **"Coming together is a beginning. Keeping together is progress. Working together is success."** - Henry Ford



Announcements

- Next Session
 - Feb 24th – 4th Trimester Care – Lee Dresang, MD, FM OB
 - Case needed

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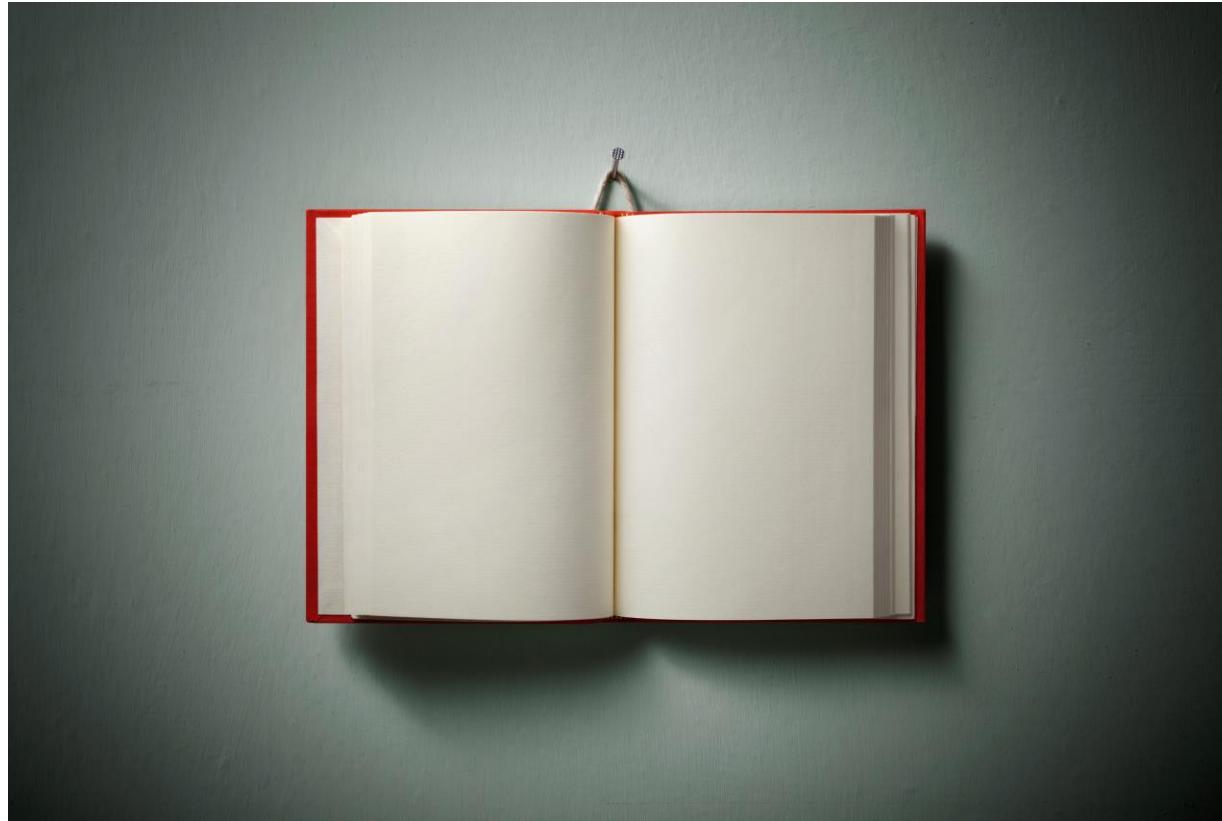


Interested in sharing a case?

Email jennifer.white@fammed.wisc.edu

- Slide template shared, 10 min for details of case
- Priority to cases from rural and resource-limited settings
- No PHI
- Include on CV as a state presentation

Open Forum



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The GROW-WI ECHO session on Pregnancy Care for LGBTQ+ People was not recorded, and slides are not available. However, here are some links to resources that you may find helpful.

Best Practices According to Donor Conceived People

<https://www.wearedonorconceived.com/2020-survey-top/10-highlights-from-the-2020-we-are-donor-conceived-survey/>

<https://www.parents.com/parenting/better-parenting/advice/things-donor-conceived-children-want-their-parents-to-know/>

<https://bioethics.hms.harvard.edu/journal/donor-technology>

Birth Plan for Trans and Non-Binary Patients

<https://familleslgbt.org/en/resource/birth-plan-for-future-trans-and-non-binary-parents/>

Recommended Film – A Womb of Their Own

<https://www.youtube.com/watch?v=WPNY37exVjk>

Midwest Trans Health Education Network (MTHEN)

Sign up for MTHEN cohort 8: <https://tinyurl.com/mthencohort8>