McGovern-Tracy
&

DFM Student Awards
Ceremony

Wednesday the Fourth of May 2011

Monona Terrace

Community and Convention Center

One John Nolen Drive Madison WI

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2011 Scholars

Zorba Paster Foundation Compassion in Action Awards Recipients

Underserved-First Year: Jillian Landeck Community Health: H. Clay Dean International Health: Megan Schultz

Robert F. and Irma K. Korbitz Endowed Scholarship in Family Medicine Recipients

Michelle Clark-Forsting Rebecca McSorley Josh Reiher

Dr. Lester Brillman Scholarship Recipients

Seth Bodden Kjersti Knox Debra Koenigsberger Jessica Miller

Vogel Foundation Scholarship RecipientAnne Getzin

Founders Award Recipient Nathan Vakharia

Jan Ashe Memorial Award for Excellence in Community Radiography Kayla Hildebrand

McGovern-Tracy Scholarship Recipients

Alison Bauer Anne Becker Ian Stormont Michael Wauters Kathryn Zavala James Bigham, MD Lara Knudsen, MD

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I shall pass through this world but once. Any good therefore that I can do or any kindness that I can show to any human being, let me do it now.

Let me not defer or neglect it, for I shall not pass this way again.

~Mahatma Gandhi

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Menu

Cilantro Chicken

Boneless breast of chicken stuffed with mushrooms and wild rice, topped with cilantro cream sauce, served with parsley buttered new potatoes

Rainbow Stuffed Trout

Butterfly-boneless rainbow trout, filled with toasted sesame wild rice, topped with beurre blanc sauce and lemon garnish

Vegetable Strudel

Zucchini, yellow squash, carrots and peppers in a delicate filo pastry, set on red pepper coulis, served with mushroom polenta

Served with Each Dinner

Garden Salad, vegetable of the day, potato or rice, freshly baked dinner rolls, and beverage

White Chocolate Chiffon Torte

Layers of light, moist chiffon cake filled with Belgian white chocolate buttercream and a layer of crunch coconut macaroon

History of the Program

Through the generosity of Mrs. Isabel McGovern Kerr, the Department of Family Medicine (DFM) has established the McGovern-Tracy Scholars Program. The program honors and rewards UW School of Medicine and Public Health students and residents in the DFM network of family medicine residencies. The Department of Family Medicine is also able to offer these awards through the generosity of Robert F. and Irma K. Korbitz, Dr. Lester Brillman, Dr. Zorba and Penny Paster, the Vogel Foundation, and the Wisconsin Academy of Family Physicians.

The awards also honor Michele Tracy, a second year UW medical student who was participating in an educational service program in Africa, when she tragically died in an accident in July 1999. These awards represent all she accomplished in community health in her short lifetime. Michele was heavily involved in LOCUS in medical school and worked hard to create and implement three community-based programs in New York to help people for years to come.

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Welcome and Opening Comments Master of Ceremonies

Valerie Gilchrist, MD Professor and Chair UW Department of Family Medicine

Keynote Speaker

John Frey, MD
Professor, UW Department of Family Medicine
"Three Stories"

Dr. Lester Brillman Scholarship

Seth Bodden

Presented by Rebecca McSorley **Kjersti Knox**

Presented by Anne Getzin

Debra Koenigsberger

Presented by Rebecca McSorley

Jessica Miller

Presented by Cynthia Haq, MD

Founders Award

Nathan Vakharia Presented by H. Clay Dean

Vogel Foundation Award

Anne Getzin
Presented by Cynthia Hag, MD

Past Recipients

Zorba Paster Foundation Compassion in Action Award

2009: Stephen Bloechl (Community), Sean Duffy (Underserved First Year), Alexandra Stanculescu (International)

2010: Kristin Sonderman (Underserved First Year), H. Clay Dean (Community), Nathan and Connie Gundacker (International)

Robert F. and Irma K. Korbitz Endowed Scholarship

2009: Allison Hotujec, Megan Jensen, Anne Kolan, Sibyl Siegfried **2010:** Robyn Gilbertson, Jessica Miller, Nicole Pardo, Megan Schultz, Nathan Vakharia, Erin Voss

Dr. Lester Brillman Scholarship

2010: Elizabeth Bobzien, Jensena Carlson, Casey Gokey, Ann Regnery, Kevin Thao, Bryan Webster

Vogel Foundation Scholarship

2009: Analisa Calderon, Jennifer Jenkins, Sarah Mandigo **2010:** Kevin Thao

Founders Award

2009: Sarah GaleWyrick 2010: Elizabeth Bobzien, Michelle Wagner

Ian Ashe Award

2009: Elise Czesynski **2010:** Brittany Chapman

McGovern-Tracy Scholars

2009: Anne Getzin, Amanda Herzog, Geoffrey Jara-Almonte,
Kjersti Knox, Megan Schultz, Catherine Steingraeber,
Kari Kindschi, MD, Leila Midelfort, MD
2010: Matthew Augustine, Michelle Clark-Forsting, Sean Duffy,

Molly Groose, Rebecca McSorley, Shefaali Sharma, Jackie Redmer, MD



Michael Wauters is originally from Bainbridge Island, near Seattle. He has two younger brothers who he considers his best friends and with whom he enjoys adventuring in the outdoors. He attended Pacific Lutheran University in Tacoma, WA where he received a B.S. in biology in 2007. After PLU he spent one year in Ecuador (2007/08) as a Fulbright Fellow working with the Universidad Central del Ecuador on several tropical disease research projects (Chagas disease and Onchocerciasis). The year prior to coming to UW he joined Americorps as a volunteer at a Federally Qualified Health Center in South

Seattle working in a patient navigator role.



Kathryn Zavala grew up in Manitowoc, Wisconsin, and attended UW-Madison, graduating with a degree in Social Welfare in 2000. Over the next several years, Kathryn worked with at-risk youth and families at Family Services in Green Bay, ultimately taking the position of Program Manager/Grant Writer. Kathryn also attended UW-Green Bay, where she completed a degree in Human Biology. After graduation, Kathryn took a position with Brown County Human Services, working with individuals with severe and persistent mental illness. Since entering UW-SMPH, Kathryn has been involved with MEDiC, as a

volunteer clinic coordinator for the Southside Clinic, and currently as Vice President of Development. This past summer, Kathryn completed a clinical research project with Dr. Sharon Weber, focusing on outcomes related to metastatic colorectal cancer. Kathryn would like to acknowledge the support of her family, especially her husband Jose and their four children.

Program of Events

Robert F. and Irma K. Korbitz Endowed Scholarship in Family Medicine

Michelle Clark-Forsting

Presented by Jim Shropshire, MD

Rebecca McSorley

Presented by Debra Koenigsberger

Josh Reiher

Presented by Lucille Marchand, MD

Zorba Paster Compassion in Action Award

Underserved-First Year: Jillian Landeck

Presented by Cynthia Haq, MD

Community: H. Clay Dean

Presented by Nathan Vakharia

International: Megan Schultz

Presented by Jim Shropshire, MD

Jan Ashe Memorial Award for Excellence in Community Radiography

Kayla Hildebrand
Presented by Kathy Oriel, MD

McGovern-Tracy Scholars

Alison Bauer

Presented by Alida Evans, MD, PhD

Ian Stormont

Presented by Sharon Younkin

Anne Becker

Presented by Rebecca McSorley

Michael Wauters

Presented by Don Schalch, MD

Kathryn Zavala

Presented by Sharon Younkin

James Bigham, MD

Lara Knudsen, MD

Presented by Don Carufel-Wert, MD

Presented by Lee Dresang, MD

Closing Remarks

Alison Bauer has served as the clinic coordinator for one of the MEDiC student-run free clinics for the past year. The ARC House Clinic serves women who have chronic health problems and reside in ARC Community Services facilities for women transitioning from incarceration and undergoing alcohol or drug abuse rehabilitation. As the clinic coordinator, she has gained invaluable educational, leadership, and public health experience while working with Dr. Alida Evans and other health professions. Her work with MEDiC has further inspired her to pursue a career in which she can serve underserved members of the

community. Next year, she will be a student in the Training in Urban Medicine and Public Health Program.



Anne Becker is originally from Madison, WI and graduated from Macalester College in 1999. After college, Anne worked for the Madison Department of Public Health and also volunteered for the AIDS Network. Just prior to medical school, Anne spent two years as a Peace Corps volunteer in Honduras. Since beginning medical school, Anne has been involved in MEDIC, as both a student volunteer and as co-coordinator for the Salvation Army clinic. Anne received a Wisconsin Medical Society Fellowship in summer 2010 to work with Dr. Murray Katcher on maternal and child health issues. She is grateful

for the support of her family, especially her husband Mike.



James Bigham, MD is originally from Shorewood, WI. He attended the University of Wisconsin – Madison, receiving degrees in Zoology and Religious Studies. He then attended the University of Wisconsin School of Medicine and Public Health where he received his MD followed by an MPH with a focus on Global Health. His interest in Global Health was piqued during his first year of medical school when he went on his first of six trips to Kenya to work with women and children affected by HIV/AIDS. James created a non-profit organization called Hope United, which

imports and fairly sells goods made by HIV affected Kenyan women. He currently works at the Verona clinic where he co-directs an onsite community garden to raise awareness among both staff and patients about the importance of healthy eating.

2011 Award Recipient Biographies



Megan Schultz graduated from college with majors in English Literature and Spanish, and joined Teach for America, working as a high school Spanish teacher in Baltimore. She obtained a Masters in Education from Johns Hopkins University in 2005 before moving to Boston to complete the post-baccalaureate pre-medicine program at Harvard University. Meg also worked at Partners In Health before medical school, and, more recently, with Health Horizons International in the Dominican Republic. She also served as President of the MEDIC Council and Student Leader of the UW Chapter of Physicians for Human Rights.



Ian Stormont graduated from the University of Wisconsin Madison in 2005. After graduating, he joined Teach For America (TFA) and worked as a full-time, special education science teacher in Tolleson, AZ. He then worked on TFA staff as a Recruitment Director and a Program Director, supporting 25 corps members on the Pine Ridge and Rosebud Indian Reservations in South Dakota. In these positions, he saw how inadequate health care plays a pivotal role in repressing the abilities of children in the nation. This realization brought him to the Wisconsin Academy for Rural Medicine at UWSMPH. In his first two

years of medical school, he served as the MEDiC student-run free clinics President. MEDiC has provided him the opportunity to provide care for the underserved as a student and he plans on continuing this into his career as a physician.



Nathan Vakharia graduated in 2004 with a BS in zoology from UW-Madison. He is married with 2 children, Gabriel (4) and Grace (2). He is currently a 4th year medical student enrolled in WARM (Wisconsin Academy of Rural Medicine) program through UW SMPH. He has received the following scholarships: 2010 Korbitz Scholarship, 2009 Wisconsin Medical Society Foundation Scholarship, and 2008-2009 Otto Vilwock Scholarship. He holds the following memberships: American Academy of Family Physicians, University of Wisconsin-Madison Iron Cross Society, University of Wisconsin-Madison Phi Kappa Phi

Honor Society, and Golden Key National Honor Society.



Rebecca McSorley grew up the youngest of five children, and her family encouraged her to pursue her interests in service and health care. Rebecca served as a Public Health Peace Corps Volunteer in Burkina Faso, West Africa. During her service she taught the clinic board how to write grants, which culminated in building a pharmacy. She earned her Master's in Global Health, and then commenced medical school. Rebecca was drawn to MEDiC, where she co-coordinated The Salvation Army Clinic. Realizing the importance of dental services for the underserved, she helped start The MEDiC Dental Clinic. As

a future physician she plans to reach beyond traditional definitions of medicine and beyond borders, dividing her time between underserved populations in the U.S. and abroad.



Jessica Miller grew up in an underserved community in the San Francisco Bay Area. Her previous career paths of massage therapist and organic farming educator helped her to understand that the health of an individual and their community are closely connected. Currently, as part of the Training in Urban Medicine and Public Health (TRIUMPH) program in Milwaukee, she has

collaborated in the development of an 8 week diabetes training for uninsured, primarily Latino patients. This program addresses mental and emotional well being, mind-body relaxation and stress reduction skills, and healthy eating and exercise.



Josh Reiher grew up in Mequon, Wisconsin and attended Indiana University where he received a dual degree in psychology and history with a minor in business. He also played college soccer for the Hoosiers for four years. Following graduation, Josh worked as a research assistant in psychiatric ethics for three years under the guidance of Dr. Laura Roberts at the Medical College of Wisconsin. It was there that he decided to pursue a career in medicine and completed his post-bac pre-medical requirements before matriculating at UWFMPH. During the first two years of medical school, he became involved in the MEDIC

program, serving as a volunteer and later as the community resources director for the Salvation Army Clinic.

2011 Award Recipient Biographies



Seth Bodden grew up in Monona, and attended UW-Green Bay where he double majored in Human Biology and Psychology. There, he ran Cross Country and was awarded multiple Academic -All American Awards. After college he joined the AmeriCorps and worked as an asthma educator in the Providence Community Health Centers. Seth is looking forward to beginning a career that allows him to work with and build trust with individuals from all walks of life.



Michelle Clark-Forsting grew up in rural Western Wisconsin, in the Black River Falls area. She earned a Bachelor of Science degree in Biology at UW-Eau Claire and a Master of Public Health degree at UW-La Crosse prior to entering medical school. She is currently a 3rd year student in the Wisconsin Academy for Rural Medicine. Through medical school she has been active in the Family Medicine Interest Group, for which was a co-leader, Healthy Classrooms Foundation, MEDiC, and the Rural Health Interest Group. She has also been involved with the National Rural Health Association at the national level

through her work as the Chair of the Student Constituency Group and as a member of the Board of Trustees. Her career plan is to pursue a full-scope family medicine practice with OB in rural Wisconsin, preferably Black River Falls.



H. Clay Dean grew up on a beef farm in Blue River, WI with a family and community that fostered a sense of helping others. Clay went to UW-Superior and finished his undergraduate studies at UW-Platteville. He is currently in the inaugural class of the Wisconsin Academy of Rural Medicine program and will be entering a general surgery residency this summer with aspirations of becoming a rural general surgeon. He has taken a particular interest in incorporating public health in his future career stemming from his childhood obesity project and other public health

experiences. He is most proud of getting married in 2008 and the birth of his son. He is honored to have received this award for two consecutive years.



Anne Getzin is now in her 4th year of medical school, and is excited to begin her residency training in family medicine. She is grateful for the multiple service learning opportunities in medical school that have helped shape her plans to pursue a career working with under-served populations. Anne acted as a clinic coordinator for the South Side MEDiC clinic in the first two years of medical school. During her 3rd and 4th year, Anne was privileged to participate in the UW-SMPH Training in Urban Medicine and Public Health (TRIUMPH) program in Milwaukee. Anne has loved her time working in Milwaukee, focusing on

establishing an adolescent clinic at the Sixteenth Street Community Health Center.



Kayla Hildebrand is currently a senior in the BSRT program at UWHC School of Radiologic Technology. Kayla's aunt was a major influence in her decision to make radiology a career. She herself works as an imaging specialist at Aurora Healthcare in Sheboygan, WI. She has always found radiology interesting due to its noninvasive diagnostic abilities. Patient care is her top priority. Kayla feels that it is her job to make sure that the patient is comfortable and has a good experience while in her care.



Kjersti Knox is a fourth year medical student in the TRIUMPH (TRaining In Urban Medicine and Public Health) program in Milwaukee. She is also a Gold Humanism Honor Society member. Kjersti has served as clinic coordinator for the MEDiC Salvation Army Clinic, published work from a Shapiro summer research project, led the Health Care in Diverse Communities student elective, and led a medical student trip to Haiti. An Idaho native and graduate of Earlham College, Kjersti was a Fulbright Scholar to Sweden, a middle school teacher in the French West Indies, and a

researcher in health policy and microbiology prior to entering medical school. She is thrilled to be starting her residency in family medicine this summer.

2011 Award Recipient Biographies



Lara Knudsen, MD MPH is a third-year family medicine resident in Madison. Originally from Portland, Oregon, she did her undergrad at Portland Community College and Marlboro College in Vermont, earning a BA in International Development Studies. She earned a Master's in Public Health at George Washington University in Washington, DC. She is currently working on bringing the Advanced Life Support in Obstetrics (ALSO) training to Uganda, East Africa. She served as resident delegate to the American Academy of Family Physicians' Resident Congress in 2010,

and also was a Board Member of the Wisconsin Academy of Family Physicians in 2009-2010. After graduation she will be relocating to Salem, Oregon, to work with Willamette Health Partners, and continue her international work as well.



Debra Koenigsberger was born in Mequon, WI, which is a Milwaukee suburb. As a distinguished graduate from the United States Air Force Academy with a degree in biochemistry, she fell in love with family medicine while leading Healer's Art as a student coordinator, organizing the AMA's Cover the Uninsured Week Symposium, and coleading the Family Medicine Interest Group. She will be in residency at Travis Air Force Base, in Fairfield, CA and hopes to continue to foster her interests in women's health, preventive medicine, and integrative medicine.



Jillian Landeck was born and raised in Sister Bay, Wisconsin. She received her B.A. in Anthropology and International Development in 2006 from Tulane University and an M.A. in Physical Anthropology in 2007. Her professional experience includes time oversees conducting excavations of pre-Inca human remains in Peru and medical anthropology research in Ghana. Prior to starting medical school, she worked as clinic coordinator of a large free clinic in Vancouver, WA. With this scholarship, she will travel to Tajikistan to serve as an intern with USAID where she will collect and compile data on barriers to rural

tuberculosis care and treatment. She has interests in primary care, health policy, global health and rural medicine.