Books Your Patients May Be Reading About Different Perspectives on Childbirth and Parenting

Women who want to experience a less “conventional” pregnancy and labor may be interested in the following books; it is worth it for clinicians to be familiar with them as well. Some of the books listed in this Integrative Health tool have been the subject of some degree of controversy.

Parenting and Baby Care
- Sweet Sleep: Nighttime and Naptime Strategies for the Breastfeeding Family, La Leche League International (2014)
- The Baby Book: Everything You Need to Know About Your Baby from Birth to Age Two, William Sears, Martha Sears and Robert W. Sears (2013)
- The No-Cry Sleep Solution: Gentle Ways to Help Your Baby Sleep Through the Night. Elizabeth Pantley (2020)
- The Vaccine Book: Making the Right Decision for Your Child, Robert W. Sears (2011)

Breastfeeding

Author(s)
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