

Protein at **Kwik Trip** **Kwik Star**

<p>Beef</p>	 <p>Sirloin Beef Steak 32 oz</p>	 <p>80% Lean Ground Beef</p>	 <p>85% Lean Ground Beef</p>	 <p>New York Strip Steak 8 oz</p>	
<p>Chicken</p>	 <p>Roasted Whole Chicken</p>	 <p>Chicken Strips 25 oz (frozen)</p>	 <p>Boneless Chicken Breast (fresh)</p>	 <p>Boneless Chicken Breast (frozen)</p>	 <p>Healthy Choice Meal (frozen)</p>
<p>Dairy</p>	 <p>String Cheese</p>	 <p>Greek Yogurt</p>	 <p>Greek Yogurt Drink</p>	 <p>Greek Yogurt Bar</p>	 <p>Cottage Cheese</p>
<p>Eggs</p>	 <p>Fresh eggs (12 ct)</p>	 <p>Boiled Eggs (2 ct)</p>			
<p>Fish</p>	 <p>Light Tuna in water</p>	 <p>Light Tuna with crackers</p>	 <p>Canned Pink Salmon</p>	 <p>Cod Fillet 16 oz (frozen)</p>	
<p>Other</p>	 <p>Peanut Butter</p>	 <p>Refried Beans</p>	 <p>Chili with Beans</p>	 <p>Baked Beans</p>	