

## **ACCEPT**

Addiction & Co-morbid Conditions: Enhancing Prevention & Therapeutics

## Webex link to join from PC, Mac, iOS or Android:

https://uwmadison.webex.com/uwmadison/j.php?MTID=m6dfbe50f3c56cb4719e74b72b73ef9

Join by phone: +1-415-655-0001

Meeting number/Access code: 120 276 9209

Password: 12345

For attendance, purposes please text the following code: QUNRED to 608-260-7097

Session Date: Friday, November 17, 2023

## **Didactic Topic and Presenter:**

Wisconsin Mobile Opioid Treatment Program Units

Dan Bizjak, MSW, LCSW, ICS, CSAC State Opioid Treatment Authority (SOTA) Wisconsin Department of Health Services

• 12:15 PM: Attendance text-in – Introductions

12:25 PM: Case Presentation

Presenter: David Leinweber, MD

1 PM: Didactic Presentation and Discussion

o Presenter: Dan Bizjak, MSW, LCSW, ICS, CSAC

1:15 PM End of Session

Funding for this service was made possible by 435200-G-18-11448-285932-880 from Wisconsin Department of Health Services. The views expressed in written conference materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government or the State of Wisconsin.





### **CONTINUING EDUCATION INFORMATION:**

## Accreditation Statement



In support of improving patient care, the University of Wisconsin-Madison ICEP is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

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## American Medical Association (AMA)

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2023 Universal Activity Number (UAN): JA0000358-0000-23-025-L01-P; JA0000358-0000-23-025-L01-T **Continuing Education Units** 

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## **Medication Access and Training Expansion Act (MATE)**

This session is designed to meet the requirements outlined in the Medication Access and Training Expansion (MATE) Act. (Click here for more information.) Number of hours: 1



### **ECHO ACCEPT**

## Addiction & Co-morbid Conditions: Enhancing Prevention & Therapeutics 2022-2024

## Wisconsin Mobile Opioid Treatment Program Units 11/17/23

Didactic Presenter: Dan Bizjak, MSW, LCSW, ICS, CSAC Case Presenter: David Leinweber, MD

Provided by the University of Wisconsin–Madison Interprofessional Continuing Education Partnership (ICEP)

### Intended Audience:

Nurses, Nurse Practitioners, Pharmacists, Physicians, Physician Assistants, Pharmacy Technicians, Psychologists, Social Workers, Patient/Caregivers, Students

### Objectives:

As a result of this educational regularly scheduled series, learners as members of the healthcare team will be able to:

- · Explain what is a mobile OTP.
- Describe what services are provided.
- Identify where these services are being offered.

### Policy on Disclosure

It is the policy of the University of Wisconsin–Madison Interprofessional Continuing Education Partnership (ICEP) to identify, mitigate and disclose all relevant financial relationships with ineligible companies\* held by the speakers/presenters, authors, planners, and other persons who may influence content of this accredited continuing education (CE). In addition, speakers, presenters and authors must disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during their presentation. For this accredited continuing education activity, all relevant financial relationships have been mitigated and detailed disclosures are listed below.

\* Ineligible companies are those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients. The ACCME does not

consider providers of clinical service directly to patients to be ineligible companies.

| Name            | Role               | Financial Relationship Disclosures  | Discussion of Unlabeled/Unapproved uses of drugs/devices in presentation? | COI<br>completion<br>date |
|-----------------|--------------------|---|---|---------------------------|
| Randall Brown   | RSS Chair          | Usona Institute (Grant / Contract),<br>multi-disciplinary association for psychedelic<br>studies (Grant / Contract) | Yes   | 1/30/2023                 |
| Nada Rashid     | RSS<br>Coordinator | No relevant financial relationships to disclose   | No  | 1/31/2023                 |
| Kathleen Maher  | RSS<br>Coordinator | No relevant financial relationships to disclose   | No  | 1/30/2023                 |
| Ritu Bhatnagar  | Planner            | No relevant financial relationships to disclose   | Yes   | 1/29/2023                 |
| Paul Hutson     | Planner            | No relevant financial relationships to disclose   | Yes   | 1/28/2023                 |
| Susan Mindock   | Planner            | No relevant financial relationships to disclose   | No  | 1/31/2023                 |
| Sheila Weix     | Planner            | No relevant financial relationships to disclose   | No  | 2/3/2023                  |
| Kellene Eagen   | Planner            | No relevant financial relationships to disclose   | No  | 1/27/2023                 |
| Joseph Galey    | Planner            | No relevant financial relationships to disclose   | Yes   | 1/27/2023                 |
| David Leinweber | Planner            | No relevant financial relationships to disclose   | No  | 4/13/2023                 |
| Dan Bizjak      | Presenter          | No relevant financial relationships to disclose   | No  | 10/8/2023                 |

| David Leinweber | Presenter | No relevant financial relationships to disclose | Yes | 11/10/2023 |
|-----------------|-----------|---|-----|------------|
|                 |           |   |     |            |

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David Leinweber

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For this educational activity there are no reported conflicts of interest



# Case Introduction

One-liner (including age/sex): 33 y/o F with pmh of IDU, polysubstance use (cocaine, opioids), chronic hepatitis C, bipolar disorder, and prior MSSA bacteremia with endocarditis who presents as transfer from OSH with septic shock.

Primary question for discussion: Patient was stabilized and expressed interest in restarting methadone.



# Medical & Behavioral Health Diagnosis:

## **Current Medications:**

- OUD-severe
- Cocaine Use
- Nicotine Use
- IDU
- Chronic Hepatitis C
- Hep B non-immune
- Acute Pain
- MRSA bacteremia, infective endocarditis, paraspinous muscle abscess
- Bipolar Disorder

- Morphine 2-4 mg q3h PRN
- Oxycodone 5 mg q6h PRN
- Lidocaine topical
- Linezolid 600 mg PO q12hrs
- Daptomycin 10 mg/kg
- Ceftaroline 600 mg IV q8h



# Substance Use

- History: Opioid use for "many years." When they became pregnant (2023) was seen at methadone clinic. After pregnancy experienced stressor of having their daughter taken from them, partner was physical and verbally abusive and returned to use at this time.
- Consequences of Substance Use:
  - Endocarditis, bacteremia
- Past treatments:
  - Methadone (2023). Daily dose of 120 mg daily



| Social History:   | Family History: |
|---|-----------------|
| <ul> <li>Social Factors/History: housing insecure (lives with godmother of their son)</li> <li>Income source: unemployed</li> <li>Transportation: relies on others</li> </ul> | OUD - sister    |



# Patient strengths & protective factors:

## **Risk factors:**

 Desire to return to methadone treatment

- Housing Insecure
- Unemployed
- Relies on other for transportation



# Patient Goals & Motivations for Treatment

- Start methadone while in hospital and return to prior
   OTP at discharge
- Stay in hospital to receive treatment for their multiple health concerns (endocarditis, bacteremia, etc.)



# Labs

 Urine Drug Screen – positive for cocaine, negative for opiates and oxycodone



# **Proposed Diagnoses**

- Opioid Use Disorder Severe
- Cocaine Use



# **Proposed Treatment Plan**

- Completed ROI and accepted at OTP
- Start methadone while in hospital
  - Methadone PO:
    - Today 20 mg now, 10 mg PM, 10 mg HS (40 mg total daily dose).
      - Prefer split dosing TID in setting of pain
      - Goal of continued titration as needed in hospital



# Discussion:

Primary question: drug-drug interactions



- Potential interactions
  - QTc prolongation?
  - Cytochrome P450?
  - Synergistic effects on central nervous system?



## Background

- R-stereoisomer active enantiomer (10 folder higher affinity compared to S-stereoisomer
- MOA: Opioid mu receptor agonist, NMDA receptor antagonist, reuptake inhibitor of serotonin and norepinephrine



<sup>1.</sup> Kapur, Bhushan M., et al. "Methadone: a review of drug-drug and pathophysiological interactions." *Critical reviews in clinical laboratory sciences* 48.4 (2011): 171-195.

Baldo, Brian A., and Michael A. Rose. "The anaesthetist, opioid analgesic drugs, and serotonin toxicity: a mechanistic and clinical review." *British journal of* anaesthesia 124.1 (2020): 44-62.

- Background
  - Metabolized mainly by CYP3A4
  - Metabolized less by CYP1A2, 2D6, 2D8, etc.
    - Notably CYP2D6 metabolism prefers active Rmethadone
  - Differences in phenotypes of CYP enzymes that may lead to more rapid metabolization



<sup>1.</sup> Kapur, Bhushan M., et al. "Methadone: a review of drug-drug and pathophysiological interactions." *Critical reviews in clinical laboratory sciences* 48.4 (2011): 171-195.

<sup>2.</sup> Baldo, Brian A., and Michael A. Rose. "The anaesthetist, opioid analgesic drugs, and serotonin toxicity: a mechanistic and clinical review." *British journal of anaesthesia* 124.1 (2020): 44-62.

- Linezolid
  - Potential for serotonin syndrome
  - Serotonin Syndrome
    - Tachycardia, Hypertension
    - Tremor
    - Rigidity, hyperreflexia
    - Muscle Clonus
    - Altered Mental Status
    - Hyperthermia



1. Traver, Edward C., Emily L. Heil, and Sarah A. Schmalzle. "A cross-sectional analysis of linezolid in combination with methadone or buprenorphine as a cause of serotonin toxicity." *Open Forum Infectious Diseases*. Vol. 9. No. 7. Oxford University Press, 2022.

## Linezolid

- Retrospective cross-sectional analysis of 494 encounters where linezolid was administered concurrently with methadone (83%), buprenorphine (16%), or methadone and buprenorphine (1%).
- 2 cases identified of potential serotonin toxicity (both methadone) and 0 cases of definite serotonin toxicity occurred
  - Both potential cases had >= 3 days of overlap of methadone and linezolid
    - Case 1 48.5 days of overlap
    - Case 2 8 days of overlap



. Traver, Edward C., Emily L. Heil, and Sarah A. Schmalzle. "A cross-sectional analysis of linezolid in combination with methadone or buprenorphine as a cause of serotonin toxicity." *Open Forum Infectious Diseases*. Vol. 9. No. 7. Oxford University Press, 2022.

- Increased methadone concentrations
  - Fluconazole, voriconazole (inhibit CYP450 3A4)
  - Ciprofloxacin (inhibit CYP450 3A4)
  - Quetiapine (inhibits CYP450 2D6)
- Decreased methadone concentrations
  - Rifampin (CYP450 inducer)
  - Carbamazepine, phenytoin, phenobarbital (CYP450 3A4 inducers)
  - St John Wort (CYP450 inducer)



- QTc prolonging
  - Amiodarone
  - Azithromycin
  - Citalopram
  - Quetiapine



## DSM-5 Substance Use Disorder ("Addiction")

- Physical Dependence ≠ Use Disorder
- ToleranceWithdrawal
- Larger amts/longer periods than intended
- Persistent desire/failed attempts to quit/control use
- Much time obtaining/using/recovering
- Important activities sacrificed
- Continued use despite known adverse effects
- Failure to fulfill major obligations
- Recurrent hazardous use
- Craving
- Ongoing use despite interpersonal problems

2-3 = mild

4-5 = moderate

 $\geq$  6 = severe



By initialing here DQL you have acknowledged that Project ECHO case consultations do not create or otherwise establish a provider-patient relationship between any ECHO clinician and any patient whose case is being presented in a teleECHO clinic.



# Wisconsin Mobile Opioid Treatment Program Units

Dan Bizjak State Opioid Treatment Authority

# **Opioid Treatment Programs (OTPs)**

# What is an OTP?

An opioid treatment program is a federally certified service that provides for the management and rehabilitation through the use of FDA-approved medications (methadone, buprenorphine, naltrexone) and provides a broad range of medical and psychological services. An OTP is subject to the oversight of the state opioid treatment authority (SOTA).

# **2022 OTP Data**

- **24** opioid treatment programs were in operation.
- 12,648 patients received services.
- 3,121 patients received behavioral health services.

Some areas of the state remain **over a 45-minute** drive away from a substance use treatment provider for medications for opioid use disorder.

# **2022 OTP Data**

| <b>County of Residence</b> | Patients | County of Residence | Patients | County of Residence | Patients |
|----------------------------|----------|---------------------|----------|---------------------|----------|
|                            | served   |                     | served   |                     | served   |
| ADAMS                      | 44       | KENOSHA             | 315      | ROCK                | 553      |
| BARRON                     | 30       | KEWAUNEE            | 17       | RUSK                | 9        |
| BROWN                      | 744      | LA CROSSE           | 344      | SAINT CROIX         | 6        |
| BUFFALO                    | 11       | LANGLAD             | 28       | SAUK                | 123      |
| CALUMET                    | 46       | LINCOLN             | 9        | SAWYER              | 14       |
| CHIPPEWA                   | 64       | MANITOWOC           | 194      | SHAWANO             | 102      |
| CLARK                      | 14       | MARATHON            | 231      | SHEBOYGAN           | 264      |
| COLUMBIA                   | 94       | MARINETTE           | 64       | TAYLOR              | 8        |
| DANE                       | 1409     | MARQUETTE           | 44       | TREMPEALEAU         | 19       |
| DODGE                      | 143      | MENOMINEE           | 51       | VERNON              | 15       |
| DOOR                       | 19       | MILWAUKEE           | 3955     | VILAS               | 22       |
| DUNN                       | 23       | MONROE              | 110      | WALWORTH            | 82       |
| EAU CLAIRE                 | 197      | OCONTO              | 44       | WASHINGTON          | 116      |
| FOND DU LAC                | 349      | ONEIDA              | 60       | WAUKESHA            | 574      |
| GREEN                      | 31       | OUTAGAMIE           | 339      | WAUPACA             | 79       |
| GREEN LAKE                 | 29       | OZAUKEE             | 27       | WAUSHARA            | 17       |
| IOWA                       | 17       | PORTAGE             | 71       | WINNEBAGO           | 468      |
| JACKSON                    | 35       | PRICE               | 6        | WOOD                | 78       |
| JEFFERSON                  | 84       | RACINE              | 454      | Out of State        | 54       |
| JUNEAU                     | 41       | RICHLAND            | 13       |                     | _        |

# Counties who have five or less individuals served:

- ASHLAND
- BAYFIELD
- BURNETT
- CRAWFORD
- DOUGLAS
- GRANT
- FLORENCE
- FOREST
- IRON
- LAFAYETTE
- PIERCE
- PEPIN
- POLK
- WASHBURN

# **2022 OTPs**

- Acadia Healthcare
- Addiction Medical Solutions (AMS)
- Addiction Services and Pharmacotherapy (ASAP)
- Community Medical Services (CMS)
- Gunderson Lutheran Hospital
- Psychological Addiction Solutions (PAS)

https://www.dhs.wisconsin.gov/opioids/treatment-recovery.htm



# **Mobile Unit Overview**

The Wisconsin Department of Health Services (DHS) awarded a total of six contracts to expand coverage of opioid treatment program services in underserved and high need geographic areas of the state and for underserved populations via mobile opioid treatment programs (MOTP).

# **Mobile Unit Overview**

## Minimum services:

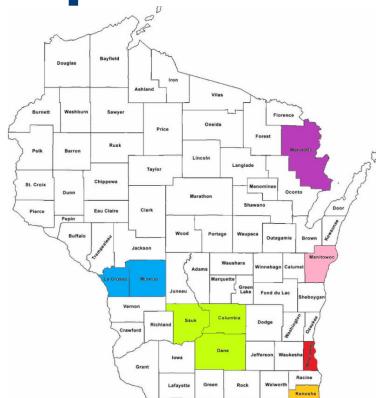
- Access to substance use disorder counseling and co-occurring mental health treatment.
- Distribute naloxone to all patients, as appropriate to the proposed project.
- Include certified peer specialists or recovery coaches.
- Plan to address potential medication diversion or misuse.

# **Mobile Units**

| State Opioid<br>Response Grant (SOR)   | General Purpose Revenue<br>(GPR)   | Opioid Settlement<br>Funded   |
|--|--|---|
| Acadia Healthcare Comprehensive Treatment Centers: • 10th Street CTC • Green Bay CTC • Sheboygan CTC | <ul> <li>FY22:</li> <li>Psychological Addiction Services</li> <li>FY23:</li> <li>Addiction Medical Solutions – Onalaska</li> <li>Community Medical Services – South Milwaukee</li> </ul> | Acadia Healthcare Comprehensive Treatment Centers: • Appleton CTC • Beloit CTC • Eau Claire CTC |
|  | FY24: Acadia Healthcare Comprehensive Treatment Centers:  • Wausau CTC  • Madison East CTC   | <ul> <li>Addiction         Medical Solutions         - Janesville     </li> </ul>               |

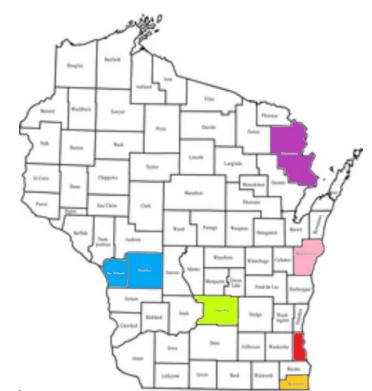
2022 Targeted Populations

- La Crosse County
- Monroe County
- Sauk County
- Ho-Chunk Tribal Nation Baraboo
- Columbia County
- Marinette
- Manitowoc County
- Dane County Jail
- Milwaukee Inner City
- Kenosha County

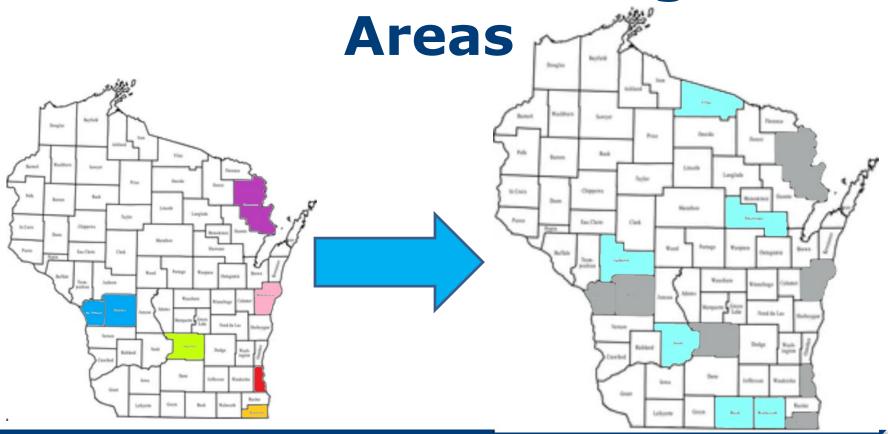


# **2022 Confirmed Areas**

- La Crosse County
- Monroe County
- Columbia County
- Marinette County
- Manitowoc County
- Kenosha County
- Milwaukee County



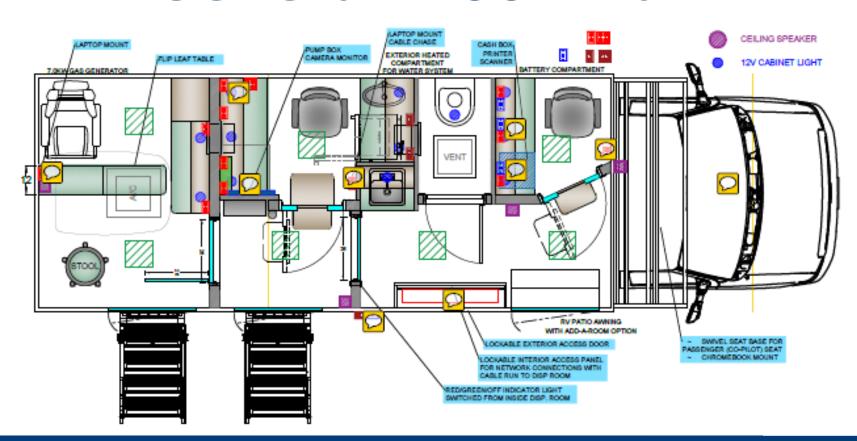
# 2023 Forecasted Targeted



## **Acadia Healthcare Mobile Unit**

Locations: 10th Street, Appleton, Beloit, Eau Claire, Green Bay, Madison West, and Sheboygan

#### **General Floor Plan**







Restroom



Telehealth Area

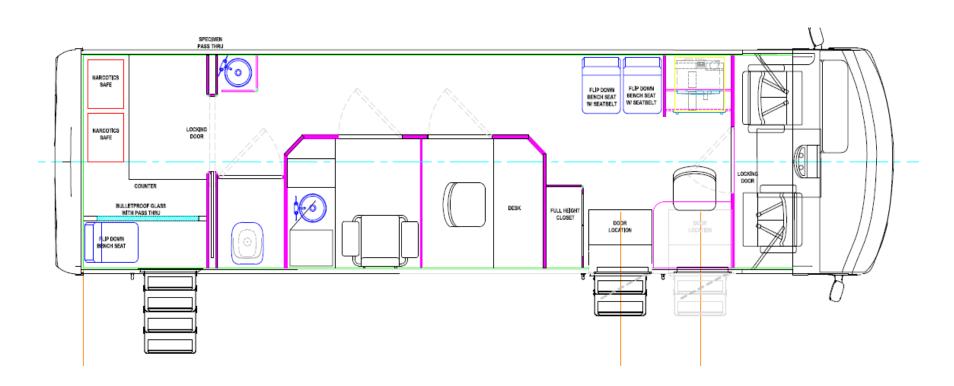


**Medication Area** 

## Addiction Medical Solutions of Wisconsin

Location: Onalaska

#### **General Floor Plan**













**Medication Room** 



Patient Dispensing Area







Main Area Restroom

# **Psychological Addiction Services**

Location: Madison









Main/Lobby Area

Medical/Clinical Room

Work Area



**Medication Area** 



Patient Dispensing Area

### dhs.wisconsin.gov/opioids