

Providers and Teens Communicating for Health

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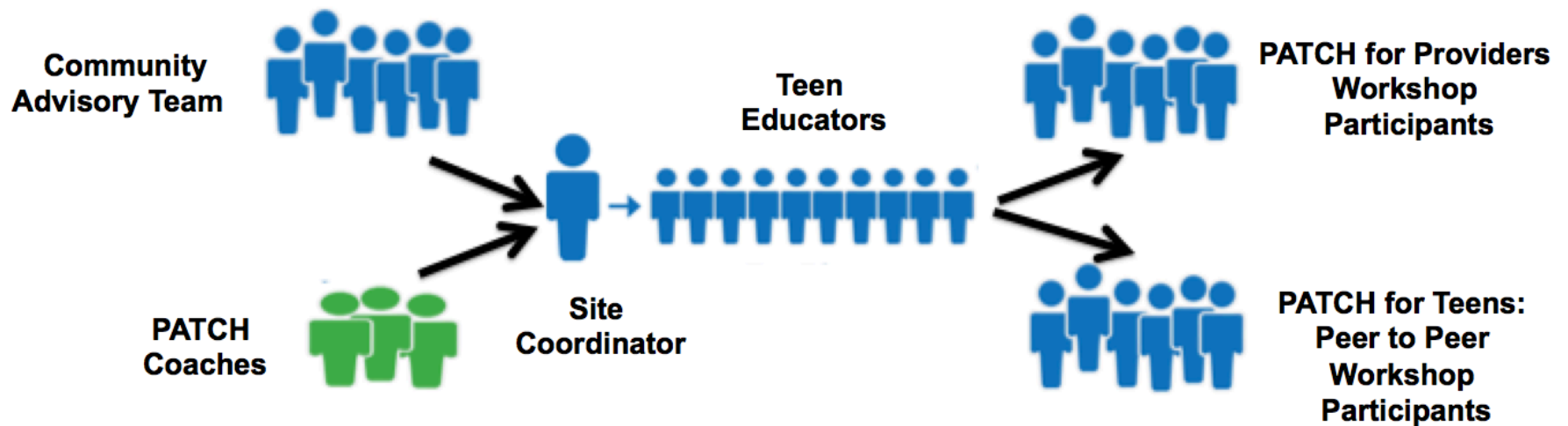
www.patchprogram.org



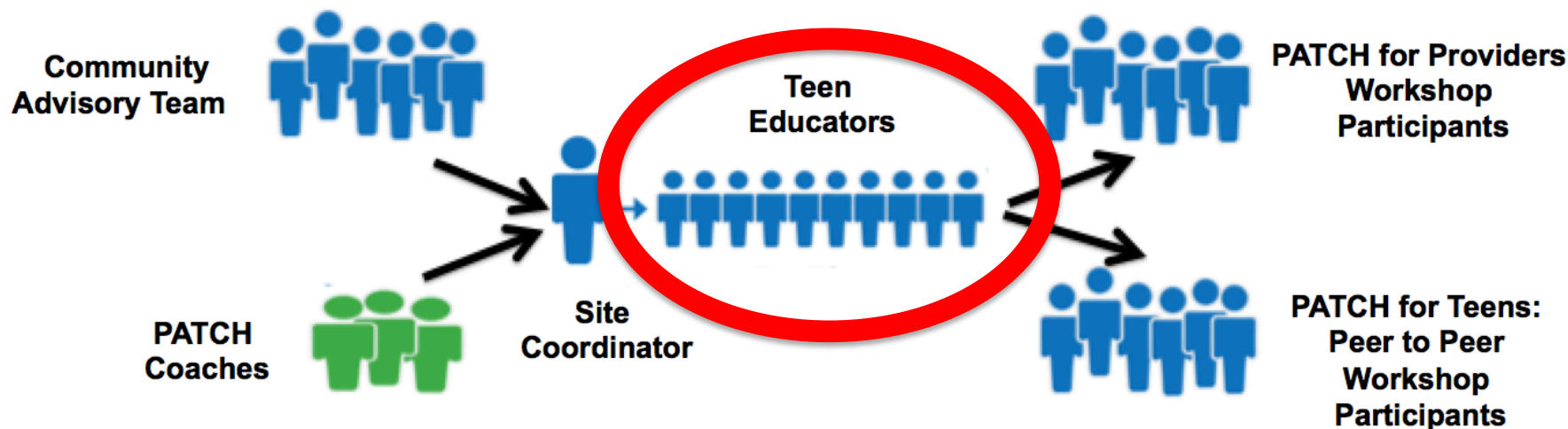
Purpose

- Initiate a PATCH (Providers and Teens Communicating for Health) Program in Central Wisconsin
- Analyze the impact of provider and peer PATCH workshops
- Increase provider knowledge of adolescents' concerns and preferences and teach them the confidence and skills to communicate effectively with teens
- Increase teens' desire and ability to manage their own healthcare and help them explore steps to ensure they're getting the care they need and deserve

Methods

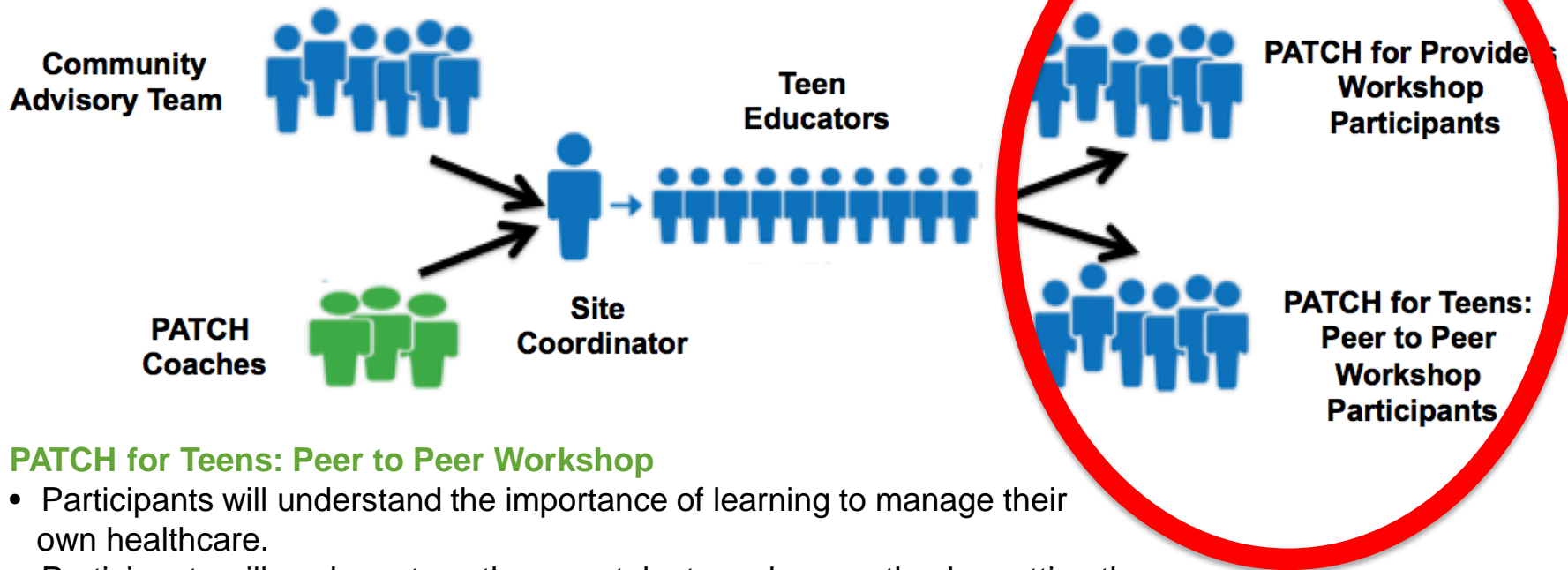


Methods



- 10 Teen Educators from local high schools
- Paid position (\$10/hr)
- Two-weekend training, bi-monthly enrichment
- Trained to deliver two types of workshops –
PATCH for Providers and PATCH for Teens:
Peer-to-Peer

Methods



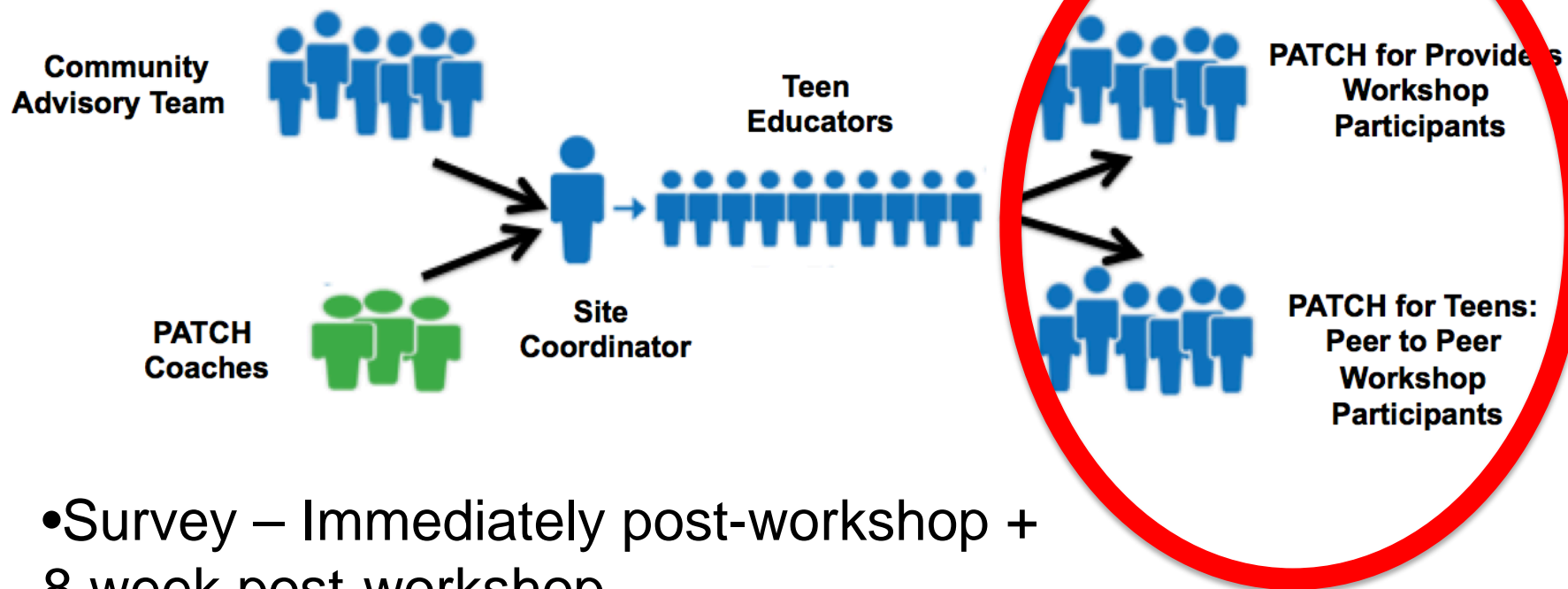
PATCH for Teens: Peer to Peer Workshop

- Participants will understand the importance of learning to manage their own healthcare.
- Participants will explore steps they can take to make sure they're getting the care they need and deserve.
- Participants will gain new skills to help them advocate for their own health and well-being.

PATCH for Providers Workshop

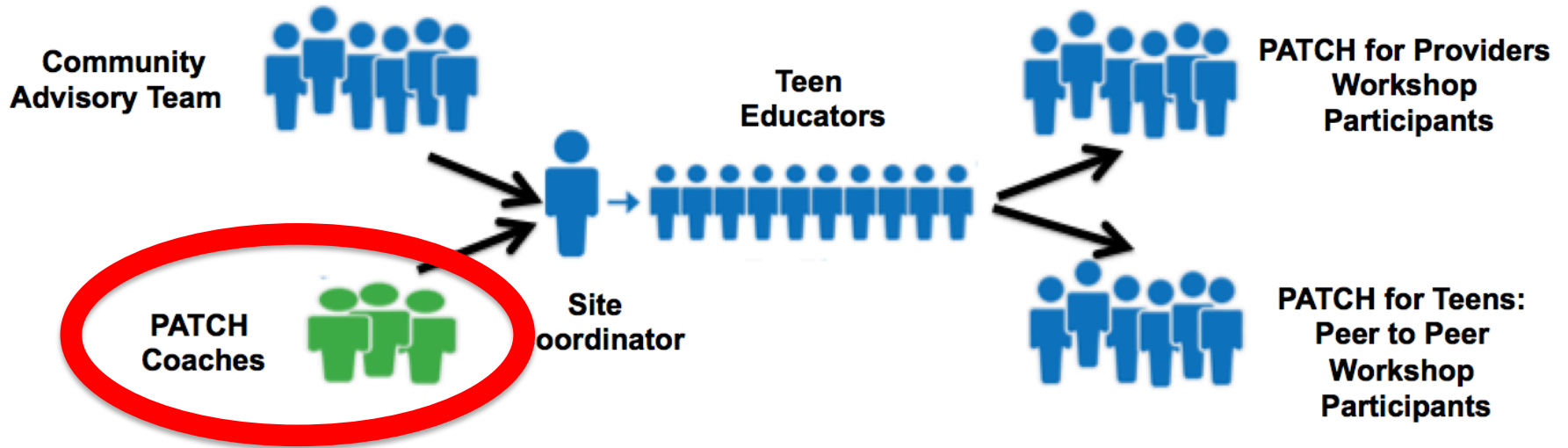
- Participants will understand adolescent's concerns, attitudes, and preferences in healthcare settings.
- Participants will explore ways to provide high-quality, youth-friendly health care services.
- Participants will acquire confidence and skills to communicate effectively and build relationships with teens.

Methods

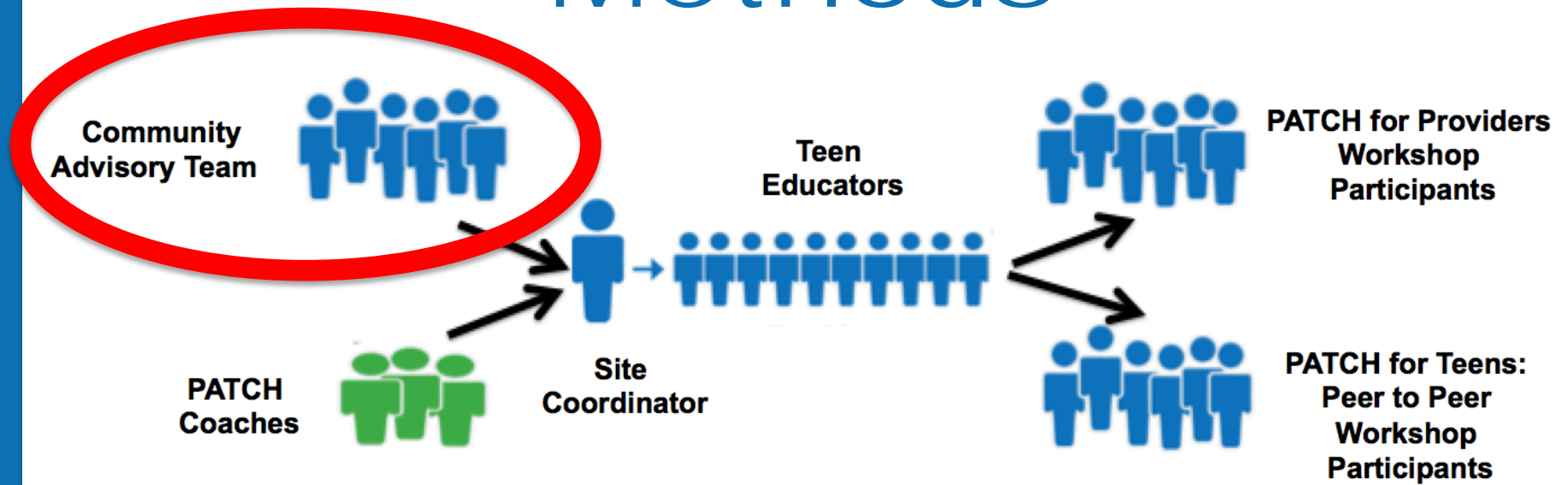


- Survey – Immediately post-workshop + 8 week post-workshop
 - Assess participants' degree of knowledge, confidence, and behavior/intended behavior both before and after the workshop
 - Determine longer term impacts of the workshop

Methods



Methods



PATCH for Teens Peer-to-Peer Workshop Evaluation



DIRECTIONS: Please answer each question based on what you really think. Circle 1 (one) of the choices. Since we are not asking for your name, nobody will know your answers.

EXAMPLE

Apples are good for my health	<input checked="" type="radio"/> Yes	Maybe	No
Broccoli is red	Yes	Maybe	<input checked="" type="radio"/> No

Because of PATCH, I now KNOW ...

The type of relationship I have with my health care providers matters	Yes	Kind Of	No	Already Knew
Why it is important to be open and honest with health care providers	Yes	Kind Of	No	Already Knew
Teens have legal health care rights	Yes	Kind Of	No	Already Knew
I have a personal responsibility to be involved in my health care	Yes	Kind Of	No	Already Knew
Learning to manage my own health care is an important part of becoming an adult	Yes	Kind Of	No	Already Knew

Because of PATCH, I am (more? same? or less?) CONFIDENT in my ability to...

Talk openly and honestly with health care providers	More	Same	Less	Not Sure
Advocate (speak up) for myself in health care settings	More	Same	Less	Not Sure
Be involved in my own health care	More	Same	Less	Not Sure
Get the health care I need and deserve	More	Same	Less	Not Sure

Because of PATCH, I PLAN to...

Talk openly and honestly with health care providers	Yes	No	Not Sure
Build better relationships with my health care providers	Yes	No	Not Sure
Advocate (speak up) for my health care rights	Yes	No	Not Sure
Talk to my parents, guardians, or a trusted adult about health care	Yes	No	Not Sure
Be more involved in my own health care	Yes	No	Not Sure
Learn more about how I can manage my own health care	Yes	No	Not Sure
See a health care provider regularly	Yes	No	Not Sure

Turn me over!

PATCH for Providers Workshop Evaluation



We appreciate your time and willingness to help us improve our programming, as well as analyze its impacts! All answers will remain anonymous and your participation is voluntary.

Please rate each statement by indicating a response for both PRIOR and AFTER.

My understanding of teen preferences and concerns in health care settings

	Very Low	Low	Average	High	Very High	Not Applicable
PRIOR to attending this workshop	1	2	3	4	5	NA
AFTER attending this workshop	1	2	3	4	5	NA

My understanding of how to best communicate with teens about their health

	1	2	3	4	5	NA
PRIOR to attending this workshop	1	2	3	4	5	NA
AFTER attending this workshop	1	2	3	4	5	NA

My confidence in being able to provide care that addresses the needs, preferences, and concerns of teens

	1	2	3	4	5	NA
PRIOR to attending this workshop	1	2	3	4	5	NA
AFTER attending this workshop	1	2	3	4	5	NA

My confidence in being able to have open and honest conversations with teens about more personal or "sensitive" topics

	1	2	3	4	5	NA
PRIOR to attending this workshop	1	2	3	4	5	NA
AFTER attending this workshop	1	2	3	4	5	NA

My confidence in being able to discuss, establish, and protect a teen's right to confidentiality

	1	2	3	4	5	NA
PRIOR to attending this workshop	1	2	3	4	5	NA
AFTER attending this workshop	1	2	3	4	5	NA

My confidence in being able to educate, engage, and empower teens to be active participants in their health care

	1	2	3	4	5	NA
PRIOR to attending this workshop	1	2	3	4	5	NA
AFTER attending this workshop	1	2	3	4	5	NA

My confidence in being able to build more trusting relationships with my teen patients.

	1	2	3	4	5	NA
PRIOR to attending this workshop	1	2	3	4	5	NA
AFTER attending this workshop	1	2	3	4	5	NA

Please rate the likelihood of these two statements:

I will utilize the knowledge and resources I gained from this workshop.	1	2	3	4	5	NA
	1	2	3	4	5	NA
I will change the way I interact with and care for teens because of this workshop.	1	2	3	4	5	NA
	1	2	3	4	5	NA

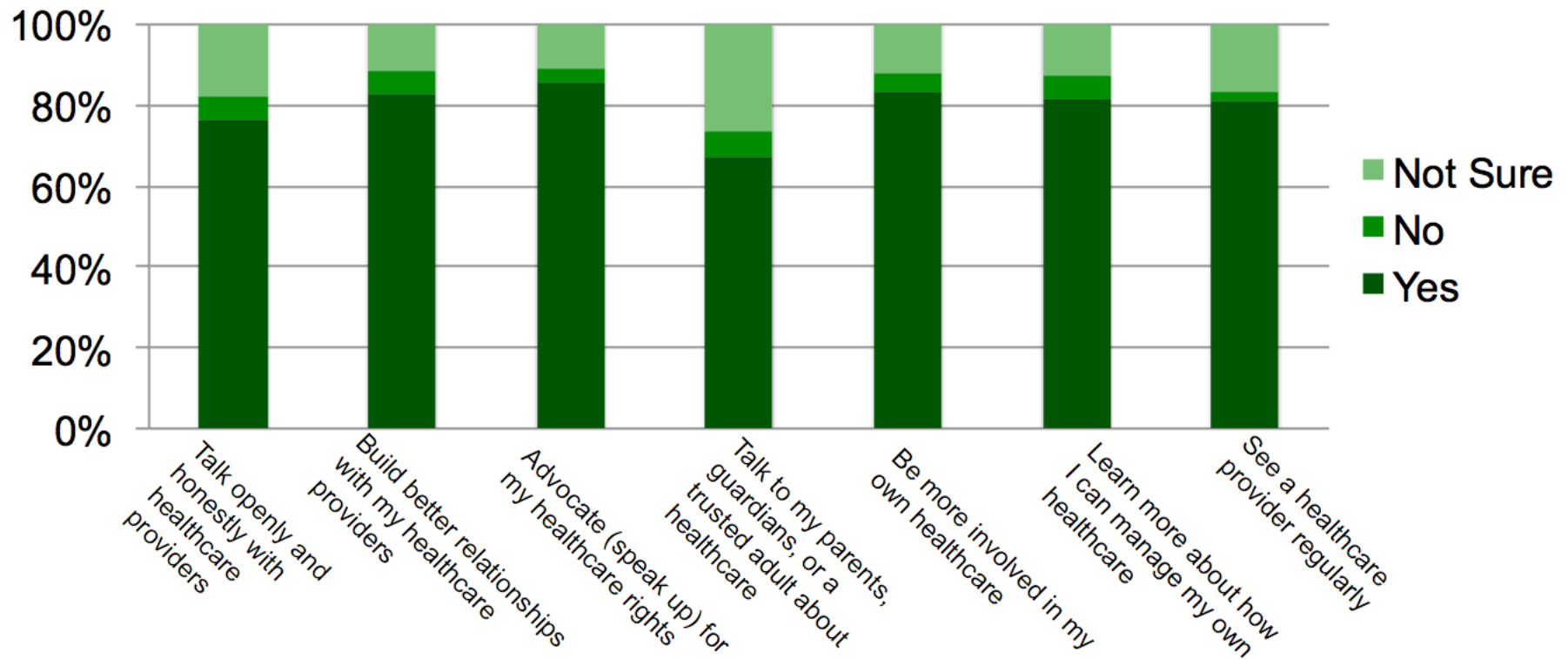
Turn me over! (page 1 of 2)



Results

PATCH for Teens: Peer-to-Peer Workshop

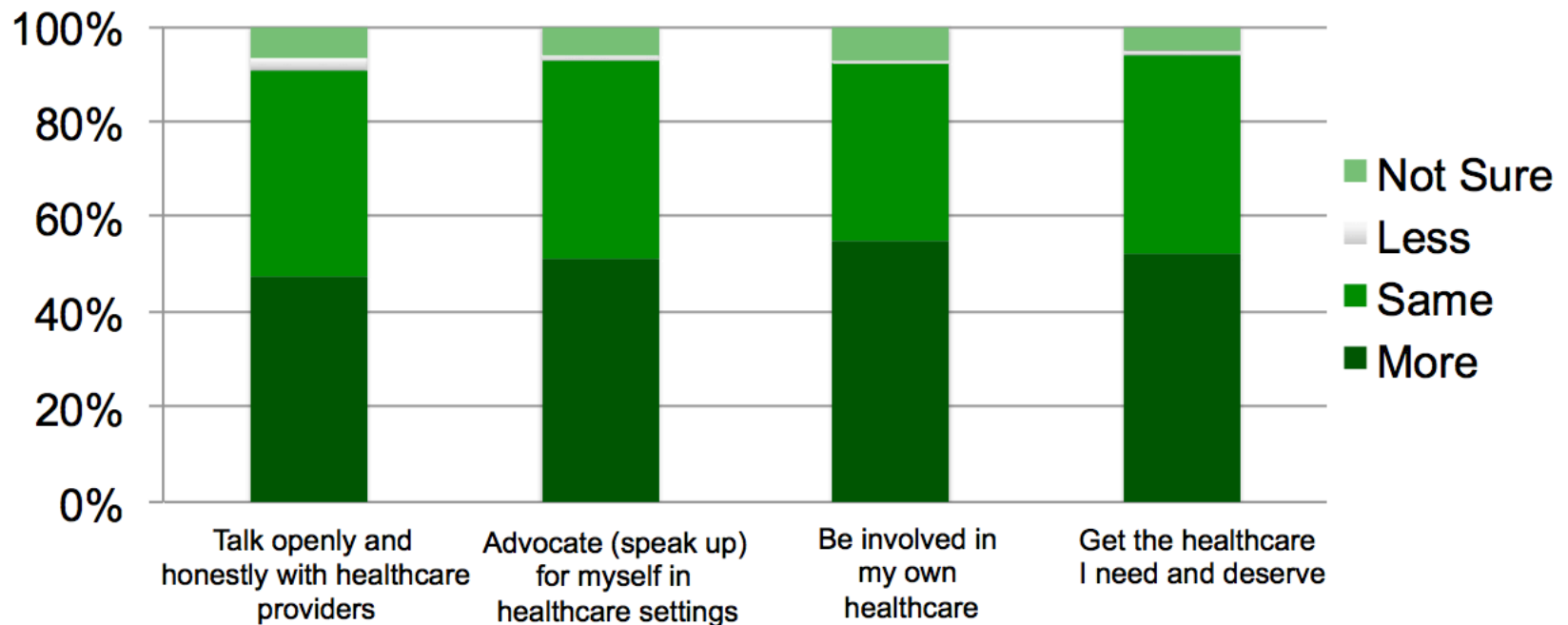
Because of PATCH, I plan to...



Results

PATCH for Teens: Peer-to-Peer Workshop

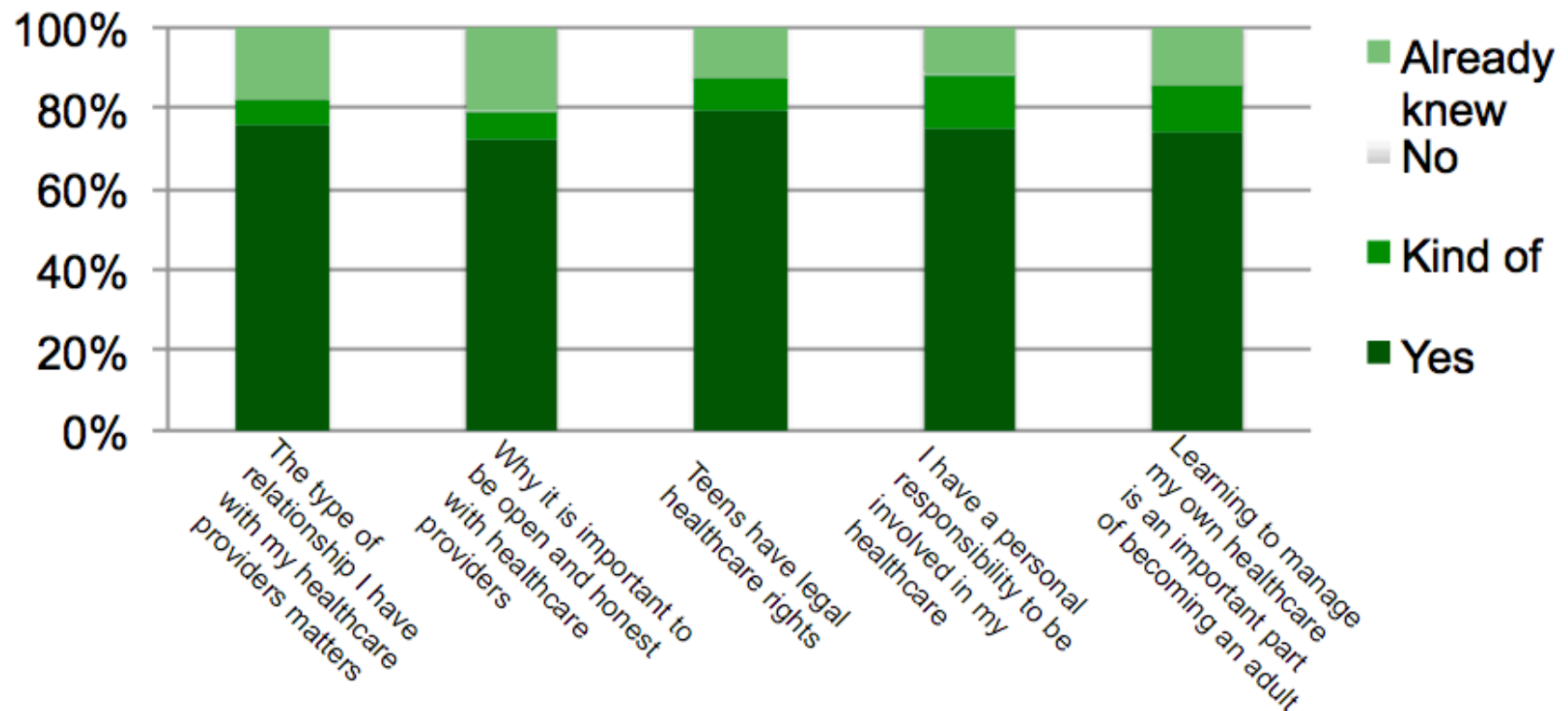
Because of PATCH, I am (more? Same? Or less?) confident in my ability to...



Results

PATCH for Teens: Peer-to-Peer Workshop

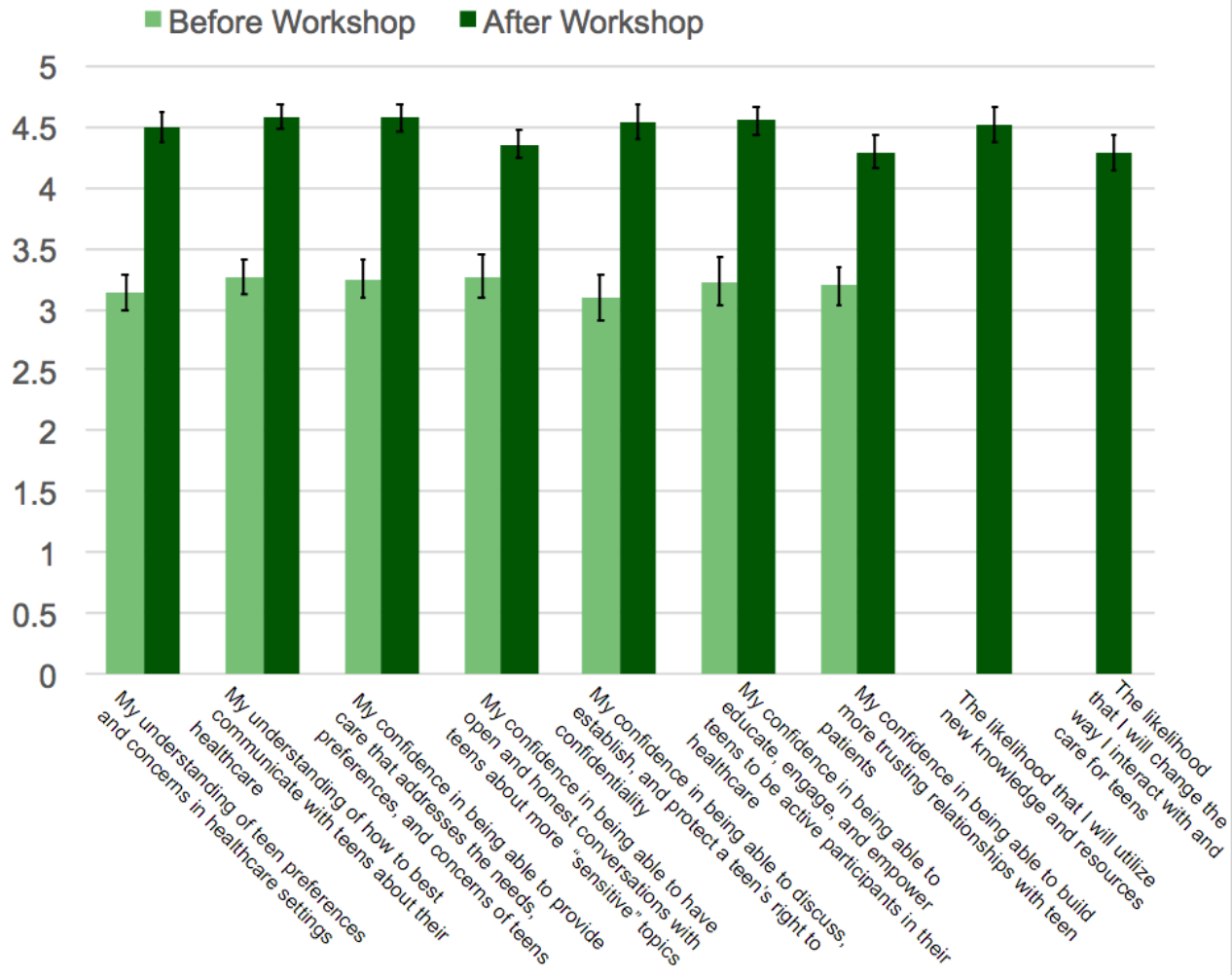
Because of PATCH, I now know...



Results

PATCH for Providers Workshop

Rate each statement by indicating a response for both **PRIOR** and **AFTER**...



Conclusions

Teen participants demonstrated increased:

- Understanding of the importance of patient/provider communication
- Self-efficacy
- Confidence in talking to providers about sensitive health topics

Provider participants demonstrated increased:

- Knowledge of adolescent concerns and preferences
- Understanding of best-practices to ensure honest conversations about health history
- Knowledge of minors' rights in Wisconsin

References

1. Hoff, T., Greene, L., Davis, J., *National Survey of Adolescents and Young Adults: Sexual Health Knowledge, Attitudes, and Experiences*. Kaiser Family Foundation. 2003.
2. Klein, J.D., Wilson, K.M., Delivering quality care: adolescents' discussion of health risks with their providers. *Journal of Adolescent Health*. 2002.
3. Olejniczak, A., et. al., *Evaluation of a curriculum to improve clinician communication with adolescents*. Wisconsin Medical Journal. 2015.

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Questions?

