

#### Latino Community Health Survey Embraces Community Based Participatory Research

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#### Introduction

Latino health and immigrant experiences across generations are priority areas of health equity research. The Survey of the Health of Wisconsin (SHOW) is a population health research infrastructure gathering a wide range of information on health and social determinants of health among Wisconsin residents. To more broadly address health inequities in the state, SHOW is working to enhance community partnerships and support increased recruitment of under-represented persons of color. The Latino Community Health Survey is one such initiative.

#### <u>Key Partner</u>

United Community Center, Milwaukee, WI

#### Study Aims

- 1) Capture key aspects of potential health determinants in a sample of the Latino Population in Milwaukee including social, physical, and behavioral components to inform future studies
- 2) Pilot an ethical and culturally appropriate survey to build relationships and trust with the Latino community in Milwaukee

#### Methods

SHOW is embracing Community Based Participatory Research methods in this study to design, implement, analyze results, and disseminate findings.

#### Study elements based on community input:

- Location-based convenience sampling at community events
- Recruitment goals: n=100 participants
- Inclusion criteria for the pilot:
  - ✓ Adults only, 18+
  - ✓ Self-identify as Latino or Hispanic
  - ✓ Live within zip codes 53207, 53204 or 53215
  - ✓ Speak Spanish or English
- Instruments content cultural sensitivity and relevance
- Instruments and materials available in English and Spanish
- Bilingual field staff will conduct interviews
- **Data Dissemination** Results from this pilot study will be shared with UCC, local FQHC's, Health Departments and any other community leaders or qualified researchers who may value the data in their efforts to reduce health inequities in this population.

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SHOW 2018 Block Group Sampling Frame

City of Milwaukee ZCTA

## Study Design

Recruitment at Local Events (including fairs, festivals, and tabling at community gathering spaces)

#### Screening Process

> 60% Hispanic

Interview Visit

(In home or at

Community Center)

Self-Administered
Questionnaire

Meters 0 1,4002,800 5,600

Biosample Collection Appointment (At local sample collection site)

Data Analysis and Results Sharing (With Latino Community in Milwaukee)

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SHOW staff tabling at a Milwaukee Event in 2018

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### Survey Questionnaires & Procedures

#### **In-Person Interview**

- Demographics
- Insurance, Access, Utilization
- Health History
- Rx and OTC Medications
- Occupation
- Physical Activity and Physical Fitness
- Reproductive Health and Screenings
- Diet
- Cognitive Assessment

# Self-Administered portion of In-person Interview

- Ancestry
- Food Security
- Mental Health
- Adverse Childhood Experiences
- Sexual Identity

# Procedures during In-person Interview

- Arm Measurement
- Sitting Blood Pressure
- Pulse
- Height
- Weight
- Waist Measurement
- Hip Measurement
- Spirometry

# Self-Administered Questionnaire

- Sleep Habits and Problems
- Life Events
- Diet
- Smoking
- Alcohol
- Prevention and Safety Habits
- Stress
- PTSD
- Discrimination
- Resilience
- Housing Characteristics
- Characteristics of Your Neighborhood
- Sense of Community and Empowerment

#### **Biosample Collection**

- Urine Collection
- Phlebotomy

#### Results

Hosted 4
Focus Groups
at UCC

Spoke with over **553**community members
about the core SHOW
Survey or the Latino
Community Pilot

Direct input from 42 community members



SHOW tabling sign at Mexican Fiesta 2018 in Milwaukee, WI



#### Conclusion

Community input has guided this study throughout its development, including the research questions being addressed as the methods proposed for recruitment and data collection. One mission of this pilot is to collect data that community leaders feel empowered to utilize to further advance their health priorities and programs. Community Based Participatory Research methods were a natural fit for this mission and will continue the throughout study implementation, analysis, and reporting back to the community.