Wisconsin Upper Respiratory Symptom Survey - WURSS-24 - Daily Symptom Report

Please fill in one circle for each of the following items:

	Not sick	Very mildly	Mildly		Moderately		S	Severely	
	0	1	2	3	4	5	6	7	
How sick do you feel today?	0	0	0	0	0	0	0	0	

Please rate the average severity of your cold symptoms over the last 24 hours for each symptom:

	Do not have this symptom	Very mild		Mild	ſ	Moderate		Severe
	0	1	2	3	4	5	6	7
Runny nose	0	0	0	0	0	0	0	0
Plugged nose	0	0	0	0	0	0	0	0
Sneezing	0	0	0	0	0	0	0	0
Sore throat	0	0	0	0	0	0	0	0
Scratchy throat	O	0	0	0	0	0	0	0
Cough	0	0	0	0	0	0	0	0
Hoarseness	0	0	0	0	0	0	0	0
Head congestion	0	0	0	0	0	0	0	0
Chest congestion	O	0	0	0	0	0	0	0
Feeling tired	0	0	0	0	0	0	0	0
Headache	Ο	0	0	0	0	0	0	0
Body aches	0	0	0	0	0	0	0	0
Fever	0	0	0	0	0	0	0	0

Over the last 24 hours, how much has your cold interfered with your ability to:

	Not at all	Very mildly		Mildly		Moderately		Severely
	0	1	2	3	4	5	6	7
Think clearly	0	0	0	0	0	0	0	0
Sleep well	0	0	0	0	0	0	0	0
Breathe easily	0	0	0	0	0	0	0	0
Walk, climb stairs, exercise	0	0	0	0	0	0	0	0
Accomplish daily activities	0	0	0	0	0	0	0	0
Work outside the home	0	0	0	0	0	0	0	0
Work inside the home	0	0	0	0	0	0	0	0
Interact with others	0	0	0	0	0	0	0	0
Live your personal life	0	0	0	0	0	0	0	0

Compared to vesterday. I feel that my cold is...

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	Very much	Somewhat	A little	The same	A little	Somewhat	Very much
	better	better	better	THE Same	worse	worse	worse
	Ο	Ο	0	Ο	0	Ο	Ο