





DEPARTMENT OF

# Family Medicine and Community Health

UNIVERSITY OF WISCONSIN

SCHOOL OF MEDICINE AND PUBLIC HEALTH

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Dear Future Family Physician:

Welcome! Thank you for your interest in our residency program. We have a terrific program, filled with energetic, committed, and bright residents, faculty, and staff. We believe in this journey, and we encourage you to join us!

This process truly is a match. We created this resource so you may learn about us and decide if we are the physicians you want to work with and learn from over the next three years. In addition, we hope this booklet will help you determine whether Madison is a place you would like to live for the next three years.

So, what is it we do here every day? Our core value is a commitment to the personal and professional growth of each resident in our program. That growth is fostered within the framework of a dynamic curriculum and is nurtured by the many extraordinary people who are our residents, faculty, and staff. We are, together, a community of colleagues who are generous in our support of each other. We celebrate what you bring to the program and learn from your perspectives and professional goals. We are proud of our graduates and all they contribute to the lives of their patients, their communities, and the health of people on broader scales.

Here are the people, the places, and the processes that make up our program. We continue to evolve in response to new challenges and new opportunities. Since 1969, when our program was founded, it has been based on several important principles:

- We are connected to our community and we are committed to serving its people. Madison is a great place to live and to learn. We strive to be part of the solution to problems – both the challenge of urban need and the demand of rural service. Wherever our graduates practice, we want them to have the skills and the desire to focus on their community and respond to its needs.
- We believe in full-range family medicine: outpatient care, hospital care, maternity care and procedures. We have been pioneers in family-centered maternity care training. We are convinced that our nation will continue to need full service family doctors and we gear our training to meet that expectation.
- We believe that understanding the complexity of personal, family, and societal dynamics are essential to maintaining and restoring health. This is enhanced by stimulating each other to develop a greater awareness of our own perspectives.
- We are committed to offering the best in evidence-based medical care. This requires state of the art information management resources and skills, and is increased by active participation in the process of scientific inquiry. When evidence fails to provide obvious direction, we accept uncertainty.

- We have fun. A career in family medicine is an extremely fulfilling pursuit. It is important for us to enjoy our work and to enjoy working together. Further, caring for ourselves, our families, and the parts of our lives that bring us joy and meaning are critical for our own personal and professional well-being.

We are proud of our program and of our department. As one of the original programs in family medicine over 45 years ago, we continue to be ranked as one of the top departments of family medicine in the country in the annual U.S. News and World Report.

Still, you should not take my word for what makes our program special: during your visit, investigate how these ideals are infused into the daily experience. Ask questions, seek out those who might share common interests, and see if we feel like a “fit.” We think you will find Madison to be a beautiful and vibrant place. It is a city that you, your family, and your friends will enjoy. We are confident that in our program you will find yourself among interested, enthusiastic, and caring people who share an exciting vision. Family medicine as a specialty choice is a means – not an end – to your journey.

So, welcome! We look forward to meeting you.

Sincerely,

A handwritten signature in black ink that reads "Kathy Oriel". The signature is written in a cursive, flowing style.

Kathy Oriel, MD MS  
Madison Residency Program Director

## Section 1 MADISON OVERVIEW

“The Madison program is a wonderful place to begin the journey toward becoming a family medicine doctor. Working in a small community hospital while being part of a research driven and evidence based university program is really the best of both worlds.

*John McKenna, MD – Graduate*



Madison is Wisconsin's capital and has a metropolitan population of 641,000. It consistently ranks as one of the best places in the country in which to live, work and play. Madison has been honored for its business climate and walking trails, its sports teams and music scene, its healthy environment and child friendliness. Madison is truly one of the nation's top cities.

The Capitol building is built on an isthmus bounded by Lake Mendota on the north and Lake Monona on the south. The architecturally acclaimed Monona Terrace, a convention center originally designed by Frank Lloyd Wright, is situated on the north shore of Lake Monona. The Overture Center, an exciting performing arts complex, is located in the heart of downtown Madison. Sailboarders and the UW rowing team prefer Lake Mendota. Sailors, fishermen, water-skiers and swimmers enjoy Lake Monona. Paddlers prefer Lake Wingra, a smaller and quieter lake just a few hundred feet from the residency offices and St. Mary's Hospital.

Madison is home to the University of Wisconsin-Madison, one of the leading public universities in the United States. In addition to being an outstanding academic institution, state residents take great pride in the Wisconsin Badgers, with numerous Big 10 and NCAA championships in men and women's athletics.

In addition, Madison is home to Edgewood College; Madison College; excellent public schools; world class theater, dance, and music on tour; live music offerings of all types; the Henry Vilas Zoo; the UW Arboretum; many hiking, biking and cross country skiing trails; interesting ethnic restaurants; one of the largest farmers markets in the Midwest; art and craft fairs; shopping malls; and health clubs. The UW offers many recreational facilities including tennis, racquetball, squash and basketball courts; the lakes offer swimming and other water sports; and an array of opportunities for other leisure time activities for children, adults, and families.

Madison is well known for its energetic intellectual and social climate. It is a community with a conscience that has high standards for itself in its efforts to meet the needs of its increasingly diverse populations. Many distinct neighborhoods contribute to Madison's unique character. Its growing metropolitan area also encompasses many of the small communities that comprise Dane County.

Madison offers much. However, our community is in the midst of grappling with a new awareness of the extent to which opportunities for wellness, employment, and education vary amongst us. The Race to Equity report (<http://racetoequity.net>) demonstrated immense racial disparities experienced by African-Americans in Dane County. For those of us working with and living in diverse communities, addressing health disparities and working in support of health equity continues to be at the heart of our calling to medicine.

For more about Madison and what is happening in the area, the websites listed below are excellent resources:

- <http://www.cityofmadison.com/>
- [www.visitmadison.com](http://www.visitmadison.com)
- [www.madison.com/](http://www.madison.com/)
- [www.wisc.edu](http://www.wisc.edu)



## MADISON ~ AN AWARD WINNING CITY!

**10<sup>th</sup> Best City for 20-Somethings**

*Move.org*, August, 2016

**2<sup>nd</sup> Best City for Parks**

*Livability.com*, May, 2016

**#7 Best Metro Area for STEM Professionals**

*Wallethub.com*, January, 2016

**Platinum Level Bicycle Friendly Community**

*League of American Bicyclists*, November, 2015

**3<sup>rd</sup> Healthiest City**

*Livability.com*, April, 2015

**One of the Top 10 Happiest Cities**

*National Geographic*, January, 2015

**9<sup>th</sup> Best City for People 35 and Younger**

*Livability.com*, December, 2014

**#1 Most Livable City in America**

*Livability.com*, September, 2014

**#5 Best City for Young Professionals**

*Forbes.com*, August, 2014

**#1 Best U.S. Cities for Quality of Life**

*NerdWallet.com*, August, 2014

**#1 Greenest City in America**

*Nerdwallet*, April, 2014

**#4 Best Cycling Towns**

*USA Today Travel*, April, 2014

**Finest Farm to Table Dining**

*Four Seasons of Food Blog*, February, 2014

**#5 in Top 100 Best Places to Live**

*Liveability.com*, January, 2014

**Madison Ranked #8 in Happiest, Healthiest Cities in America**

*Prevention.com*, September, 2013

**Madison #2 Best City for Recreational Activities**

*Nerdwallet*, August, 2013

**Allstate's Safest Places to Drive**

*Washington Post*, August, 2012

**Madison Ranked #1 "Best City for Young Adults"**

*Kiplinger*, July, 2012

**#8 Best City to Raise a Family**

*Parenting Magazine*, July, 2012

**Madison Ranked 5<sup>th</sup> most Bikeable City**

*Walkscore*, May, 2012



**NEIL COX, MD**  
 Baraboo Rural Training Track  
 neil.cox@fammed.wisc.edu  
 University of Pittsburgh ~ Pittsburgh, PA  
 Wayne State University School of Medicine ~  
 Detroit, MI



**JARED DUBEY, DO**  
 Verona Center  
 jared.dubey@fammed.wisc.edu  
 University of California ~ Santa Cruz, CA  
 Touro University College of Osteopathic  
 Medicine ~ Vallejo, CA

2016-2017



**Third Year  
 Residents**



**PARKER HOERZ, MD**  
 Wingra Center  
 parker.hoertz@fammed.wisc.edu  
 Marquette University ~ Milwaukee, WI  
 University of Wisconsin School of Medicine and  
 Public Health ~ Madison, WI



**MICHELE MALLOY, MD**  
 Northeast Center  
 michele.malloy@fammed.wisc.edu  
 University of Wisconsin ~ Madison, WI  
 University of Wisconsin School of Medicine and  
 Public Health ~ Madison, WI



**TODD DOMEYER, MD**  
 Verona Center  
 todd.domeyer@fammed.wisc.edu  
 University of Iowa ~ Iowa City, IA  
 University of Iowa Roy J. & Lucille A. Carver  
 College of Medicine ~ Iowa City, IA



**JODY EPSTEIN, MD**  
 Wingra Center  
 jody.epstein@fammed.wisc.edu  
 Oberlin College ~ Oberlin, OH  
 Geisel School of Medicine at Dartmouth ~  
 Hanover, NH



**BONNIE GARVENS, MD**  
 Northeast Center  
 bonnie.garvens@fammed.wisc.edu  
 Luther College ~ Decorah, IA  
 University of Wisconsin School of Medicine  
 and Public Health ~ Madison, WI



**EMILY JEWELL, DO**  
 Northeast Center  
 emily.jewell@fammed.wisc.edu  
 University of Wisconsin ~ Madison, WI  
 Lake Erie College of Osteopathic Medicine  
 ~ Bradenton, FL



**CATHERINE NELSON, DO**  
 Verona Center  
 catherine.nelson@fammed.wisc.edu  
 College of St. Benedict ~ St. Joseph, MN  
 Des Moines University College of Osteopathic  
 Medicine ~ Des Moines, IA

ORIENTATION  
2014

Third Year  
Residents



**ERIN PECK, MD**  
Verona Center  
erin.peck@fammed.wisc.edu  
  
University of North Carolina ~ Chapel Hill,  
NC  
  
University of Wisconsin School of Medicine  
and Public Health ~ Madison, WI



**ERIC PHILLIPPI, MD**  
Wingra Center  
eric.phillippi@fammed.wisc.edu  
  
University of Wisconsin ~ Madison, WI  
  
University of Wisconsin School of Medicine  
and Public Health ~ Madison, WI



**EMILY RAMHARTER, MD**  
Belleville Center  
emily.ramharter@fammed.wisc.edu  
  
University of Wisconsin ~ Madison, WI  
  
University of Wisconsin School of Medicine  
and Public Health ~ Madison, WI



**BRET VALENTINE, MD**  
Wingra Center  
bret.valentine@fammed.wisc.edu  
  
University of Wisconsin ~ Madison, WI  
  
University of Wisconsin School of Medicine  
and Public Health ~ Madison, WI



**JENNIFER PERKINS, MD**  
Northeast Center  
jennifer.perkins@fammed.wisc.edu  
  
University of Arizona ~ Tucson, AZ  
  
University of Wisconsin School of Medicine  
and Public Health ~ Madison, WI



**ABIGAIL PUGLISI, DO**  
Baraboo Rural Training Track  
abigail.puglisi@fammed.wisc.edu  
  
Marquette University ~ Milwaukee, WI  
  
Des Moines University College of Osteopathic  
Medicine ~ Des Moines, IA



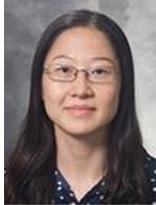
**EMILY TORELL, MD**  
Northeast Center  
emily.torell@fammed.wisc.edu  
  
Washington University ~ St. Louis, MO  
  
University of Michigan Medical School ~  
Ann Arbor, MI



**JULIA WEISER, MD**  
Belleville Center  
julia.weiser@fammed.wisc.edu  
  
Yale University ~ Hew Haven, CT  
  
University of Texas Southwestern Medical  
School ~ Dallas, TX



**MATTHEW BROWN, MD**  
 Verona Center  
 matthew.brown@fammed.wisc.edu  
 University of Wisconsin – Madison, WI  
 University of Wisconsin School of Medicine and  
 Public Health – Madison, WI



**LYDIA CHEN, MD**  
 Wingra Center  
 lydia.chen@fammed.wisc.edu  
 University of Illinois – Chicago, IL  
 University of Illinois College of Medicine –  
 Chicago, IL

2016-2017



**ELLEN GORDON, MD**  
 Northeast Center  
 ellen.gordon@fammed.wisc.edu  
 Tufts University – Boston, MA  
 University of Illinois College of Medicine –  
 Rockford, IL



**DIVNEET KAUR, MD**  
 Wingra Center  
 divneet.kaur@fammed.wisc.edu  
 Whitman College – Walla Walla, WA  
 Oregon Health & Science University School of  
 Medicine – Portland, OR



**ANNA CHASE, MD**  
 Northeast Center  
 anna.chase@fammed.wisc.edu  
 University of Michigan – Ann Arbor, MI  
 Wayne State University School of Medicine –  
 Detroit, MI



**ALLISON COUTURE, DO**  
 Verona Center  
 allison.couture@fammed.wisc.edu  
 University of Notre Dame – Notre Dame, IN  
 Chicago College of Osteopathic Medicine of  
 Midwestern University – Downers Grove, IL



**MILAP DUBAL, MD**  
 Northeast Center  
 milap.dubal@fammed.wisc.edu  
 St. Louis University – St. Louis, MO  
 St. Louis University School of Medicine –  
 St. Louis, MO



**MATHEW HERBST, MD**  
 Baraboo Rural Training Track  
 mathew.herbst@fammed.wisc.edu  
 University of Wisconsin – Oshkosh, WI  
 University of Wisconsin School of Medicine  
 and Public Health – Madison, WI



**YOSHITO KOSAI, MD**  
 Verona Center  
 yoshito.kosai@fammed.wisc.edu  
 University of Washington – Seattle, WA  
 Case Western Reserve University School of  
 Medicine – Cleveland, OH

ORIENTATION  
2015

Second Year  
Residents



**DYLAN LEDFORD, DO**  
Northeast Center  
dylan.ledford@fammed.wisc.edu  
Oregon State University ~ Corvallis, OR  
Western University of Health  
Sciences/College of Osteopathic Medicine ~  
Pomona, CA



**TINA OZBEKI, MD**  
Verona Center  
tina.ozbeki@fammed.wisc.edu  
University of Michigan ~ Ann Arbor, MI  
Wayne State University School of Medicine  
~ Detroit, MI



**PAUL STEVENS, MD**  
Baraboo Rural Training Track  
paul.stevens@fammed.wisc.edu  
Lawrence University ~ Appleton, WI  
University of Wisconsin School of Medicine  
and Public Health ~ Madison WI

**LUCAS KUEHN, MD**  
Belleville Center  
lucas.kuehn@fammed.wisc.edu  
University of Wisconsin ~ Whitewater, WI  
University of Wisconsin School of Medicine  
and Public Health ~ Madison, WI



**KATHERINE MCCREARY, MD**  
Wingra Center  
katherine.mccreary@fammed.wisc.edu  
Tufts University ~ Boston, MA  
Tufts University School of Medicine ~  
Boston, MA



**MUKUND PREMKUMAR, MD**  
Wingra Center  
mukund.premkumar@fammed.wisc.edu  
Rice University ~ Houston, TX  
University of Iowa – Carver College of  
Medicine ~ Iowa City, IA



**LAUREN WALSH, MD**  
Belleville Center  
lauren.walsh@fammed.wisc.edu  
University of Wisconsin ~ Madison, WI  
University of Wisconsin School of Medicine  
and Public Health ~ Madison WI





**LINDSEY ENGEL, MD**  
 Verona Center  
 lindsey.engel@fammed.wisc.edu  
 Vanderbilt University ~ Nashville, TN  
 University of Louisville School of Medicine ~  
 Louisville, KY



**KJ HANSMANN, MD**  
 Northeast Center  
 kellia.hansmann@fammed.wisc.edu  
 University of Wisconsin ~ Madison, WI  
 Northwestern University Feinberg School of  
 Medicine ~ Chicago, IL

2016-2017



**KATHRYN LEDFORD, DO**  
 Verona Center  
 kathryn.ledford@fammed.wisc.edu  
 University of Wisconsin ~ Madison, WI  
 Western University of Health Sciences/College  
 of Osteopathic Medicine ~ Pomona, CA



**ANGELA MARCHANT, DO**  
 Northeast Center  
 angela.marchant@fammed.wisc.edu  
 Brandeis University ~ Waltham, WA  
 A.T. Still University of Health Sciences-  
 School of Osteopathic Medicine in Arizona  
 ~ Mesa, AZ



**PAULA GOLDMAN, MD**  
 Wingra Center  
 paula.goldman@fammed.wisc.edu  
 University of Notre Dame ~ Notre Dame, IN  
 University of Michigan Medical School ~  
 Ann Arbor, MI



**PETRA KELSEY, MD**  
 Verona Center  
 petra.kelsey@fammed.wisc.edu  
 University of Texas ~ Austin, TX  
 University of Texas Medical Branch School of  
 Medicine ~ Galveston, TX



**SHEILA KREDIT, MD**  
 Wingra Center  
 sheila.kredit@fammed.wisc.edu  
 Northwestern University ~ Evanston, IL  
 Case Western Reserve University School of  
 Medicine ~ Cleveland, OH



**STACY LOERCH, MD**  
 Baraboo Rural Training Track  
 stacy.loerch@fammed.wisc.edu  
 University of Wisconsin ~ Madison, WI  
 Rush Medical College of Rush University  
 Medical Center ~ Chicago, IL



**EMILY METZGER, MD**  
 Belleville Center  
 emily.metzger@fammed.wisc.edu  
 University of Illinois ~ Champaign, IL  
 University of Illinois College of Medicine at  
 Rockford ~ Rockford, IL

ORIENTATION  
2016

First Year  
Residents



**ALEXANDER MILSAP, MD**  
Verona Center  
alexander.milsap@fammed.wisc.edu  
  
University of Wisconsin ~ La Crosse, WI  
  
University of Wisconsin School of Medicine  
and Public Health ~ Madison, WI



**KARTIK SIDHAR, MD**  
Northeast Center  
kartik.sidhar@fammed.wisc.edu  
  
University of Michigan ~ Ann Arbor, MI  
  
University of Michigan Medical School ~  
Ann Arbor, MI



**KAYCE SPEAR, MD**  
Baraboo Rural Training Track  
kayce.spear@fammed.wisc.edu  
  
Reed College ~ Portland, OR  
  
Oregon Health & Science University School  
of Medicine ~ Portland, OR



**BENJAMIN TRAUN, MD**  
Wingra Center  
benjamin.traun@fammed.wisc.edu  
  
University of Wisconsin ~ Madison, WI  
  
University of Wisconsin School of Medicine  
and Public Health ~ Madison, WI

**CAITLIN REGNER, MD**  
Wingra Center  
caitlin.regner@fammed.wisc.edu

University of Wisconsin ~ Madison, WI

University of Wisconsin School of Medicine  
and Public Health ~ Madison, WI



**ANGELIE SINGH, MD**  
Belleville Center  
angelie.singh@fammed.wisc.edu

Michigan State University ~  
East Lansing, MI

Ben Gurion University of the Negev, Faculty  
of Health Sciences ~ Israel



**ASHLEY TALIAFERRO, DO**  
Verona Center  
ashley.taliaferro@fammed.wisc.edu

University of Northern Iowa ~ Cedar Falls, IA

Des Moines University College of Osteopathic  
Medicine ~ Des Moines, IA



**XIA VANG, MD**  
Northeast Center  
xia.vang@fammed.wisc.edu

University of Wisconsin ~ Madison, WI

University of Wisconsin School of Medicine  
and Public Health ~ Madison, WI



# Madison Residency Administration

## Bios and Contact Information:

### Faculty:



**Kathy Oriel, MD, MS, Program Director**, is originally from Michigan and attended the University of Missouri-Columbia for undergraduate and medical school. She completed residency training in Minnesota, and then completed a research fellowship at the UW-Madison. Her primary focus is in teaching and practicing family medicine with particular interests in LGBTQ health and gender medicine, physician professional development, and working with underserved communities.

She has an additional interest in addiction medicine. Professionally, Kathy has dabbled in research on domestic violence, motivational interviewing as a method to enhance behavioral change, and the "impostor phenomenon" in family medicine residents. Kathy obtains deep satisfaction as program director because she gets to work closely with such bright, dynamic, and motivated future family physicians. Her greatest passion is parenting her children Evan (17), Suzanne (13), and her "bonus children" Isaiah and Monica. Kathy treasures being active outdoors, especially snowboarding, in the never-ending quest to keep up with her kids. She is a neophyte photographer and gardener. [kathy.oriel@fammed.wisc.edu](mailto:kathy.oriel@fammed.wisc.edu)



**Ildi Martonffy, MD, Associate Director** learned she was no longer a "flat-lander" when she came to Madison for her residency after completing medical school at the University of Illinois at Chicago following her undergraduate degree in biology from the University of Chicago. She finished residency in 2005 and then worked at the Beloit Area Community Health Center in Beloit, Wisconsin for almost five years before returning to Wingra Clinic as faculty in 2010. Ildi has a particular

interest in working with the underserved as well as in helping patients with breastfeeding and became certified as an IBCLC in 2013. She enjoys spending time with her husband and two children, who occupy most of her "free time." She is enjoying her role as Associate Program Director and draws inspiration from our amazing residents who continue to motivate her to try new hobbies. Consequently, you might find her running a loop in the Arboretum or figuring out how to loop a new knot with a crochet hook. [ildi.martonffy@fammed.wisc.edu](mailto:ildi.martonffy@fammed.wisc.edu)



**Jensi Carlson, MD, Associate Director**, grew up in Eau Claire, Wisconsin and attended the University of Wisconsin - Madison for undergraduate and medical school. She completed her family medicine residency and an academic teaching fellowship at UW - Madison. After fellowship she joined the faculty at the Belleville clinic where she is committed to providing full spectrum family medicine with particular interests in women's health and maternity care. She also

has a focus on resident physician training and professional development. Jensi enjoys teaching medical students and is the course director for the Healer's Art course at UWSMPH. Outside of medicine, Jensi loves music and is in perpetual search for a band needing a bassist. She also enjoys cross country skiing and spending time on the water. [jensena.carlson@fammed.wisc.edu](mailto:jensena.carlson@fammed.wisc.edu)

## Residency Staff:



**Katy Bixby, Inpatient Schedule Coordinator** joined the Madison Residency team in September 2014. Her responsibilities include coordinating the resident inpatient schedules, coordinating the faculty call schedules, and providing administrative support to both the St. Mary's and UW Hospital services. Katy has worked in a variety of situations and places including University of Minnesota—Minneapolis, St. Paul; University of California—San Diego; Divine Savior Extended Care in Portage, WI, and most recently the Bureau of Laboratory Services at WI Dept. of Agriculture, Trade and Consumer Protection. In her free time, Katy likes to knit, crochet, garden and read books. [kathryn.bixby@fammed.wisc.edu](mailto:kathryn.bixby@fammed.wisc.edu)



**Vicki Daniels, Recruitment and Residency Affairs Assistant**, joined the Madison Residency team in 2010. Originally from the small rural town of Richland Center, WI, Vicki received her BBA in Marketing from UW-Eau Claire. She has many years of office administration and management experience. Vicki is blessed with a wonderful husband, Jeff, and two beautiful children, Lukas and Holly. She enjoys scrapbooking, reading, playing volleyball, and doing various volunteer work. [vicki.daniels@fammed.wisc.edu](mailto:vicki.daniels@fammed.wisc.edu)



**Dan Samuelson, Medical Program Assistant**, has been a member of the residency staff since the summer of 2007. Dan spent his formative years in Madison and earned his Bachelor's degree in Business Management and Leadership from WLC. If you ever have any questions about filling out evaluations online, duty hours or conferences Dan is your man! Outside of work, he enjoys working out, writing and various volunteer work with youth organizations. [dan.samuelson@fammed.wisc.edu](mailto:dan.samuelson@fammed.wisc.edu)



**Kacia Stevenson, Assistant Education Coordinator**, joined the residency staff in September, 2013. She graduated from the University of Wisconsin-Madison, in 2008 with a Bachelor's degree in Legal Studies. Kacia works closely with second and third year residents on their outpatient rotations. Outside of work, she enjoys kayaking and hiking. She lives on the North side of Madison with her husband, daughter, son, and dog, a mini schnauzer. [kacia.stevenson@fammed.wisc.edu](mailto:kacia.stevenson@fammed.wisc.edu)



**Amy Vincent, Recruitment Coordinator**, joined the Madison Residency team in June, 2008. She grew up in Madison and earned her undergraduate degree in Education from UW-Madison. Amy's main focus is coordinating recruitment activities for the Madison and Baraboo programs, though she also participates in various activities for both the Madison and statewide DFMCH residency programs. Amy lives in Fitchburg with her husband Jeff and their four dogs, Remy, Buckley, Scout, and Max. Outside of work, she enjoys knitting, cooking, baking, running, biking, and hockey. [amy.vincent@fammed.wisc.edu](mailto:amy.vincent@fammed.wisc.edu)



**Jenny White, Education Coordinator**, joined the Madison Residency Team in December 2008. She is the Education Coordinator for the Madison Residency Program and for the Statewide Osteopathic Residency Program. After earning her Bachelor's Degrees at UCLA in Political Science and German, she went on to be a Peace Corps Volunteer in Belize, where she worked with the youth development organization 4-H, and perfected the art of enjoying a hammock. Jenny lives in Madison with her husband, Nick, and daughter, Elsie. At the

moment, her favorite things include making Elsie laugh, knitting, board games and traveling. [jenny.white@fammed.wisc.edu](mailto:jenny.white@fammed.wisc.edu)

### Statewide GME Staff:



**Michelle Grosch, Director of Educational Services**, started working at the UW-DFMCH in 1995, and has never left! She is the Department's Director of Educational Services. In this role, she works collaboratively with Madison Residency leadership and staff to help manage the residency program. She also provides oversight for institutional accreditation activities, and the Department's fellowship programs. In her free time, Michelle enjoys riding her

bike (inside and out), doing Bikram yoga, making jewelry, and hanging out with family and friends. [michelle.grosch@fammed.wisc.edu](mailto:michelle.grosch@fammed.wisc.edu)



**Randy Ballwahn, Graduate Medical Education Contracts/Finance/Regulatory Specialist**, manages CMS and ACGME regulatory compliance and oversees educational and financial agreements for all DFMCH residency programs. In addition he manages the budgets for the Madison and Baraboo programs and Statewide GME. Randy has a long history in non-commercial radio, enjoys obscure music of many genres, and has written about it for a variety

of publications. He is an avid bicyclist, baseball fan, and loves traveling with his wife Kelli and son Isaac. In addition, Randy drums for The German Art Students, a band that *Rolling Stone* once described with the phrase "nimble-witted new-wave pop." [randy.ballwahn@fammed.wisc.edu](mailto:randy.ballwahn@fammed.wisc.edu)



**Briana Kleinfeldt, Educational Services Administrative Support**, joined the DFMCH in May 2016. She graduated from the University of Wisconsin-Eau Claire, in 2016 with a Bachelor's of Science degree in Political Science. Her role in the residency program is to provide administrative support, GME compliance, and manage the annual Advanced Life Support in Obstetrics (ALSO) Course. She grew up in the Madison area, and is glad to be back, after moving away for school! In her spare time she enjoys reading, hiking, tennis, and spending time

with family and friends. [briana.kleinfeldt@fammed.wisc.edu](mailto:briana.kleinfeldt@fammed.wisc.edu)



**Heather Williams, Fellowship Manager**, started working with at the DFMCH in 2007. A native of Kansas City, Missouri, Heather was first drawn to Madison for her undergraduate degree. She has a bachelor's and a master's degree in English, and she taught at the high school and community college level for ten years before joining the DFMCH. Heather lives with her partner Julie and their daughter Sophia, who turned nine in June. [heather.williams@fammed.wisc.edu](mailto:heather.williams@fammed.wisc.edu)

## Contact Information

-- For information about the application process or your scheduled interview, contact Amy Vincent at [madisonbaraboo.applicant@fammed.wisc.edu](mailto:madisonbaraboo.applicant@fammed.wisc.edu) or call (608) 265-4668.

-- For information about the program, email Kathy Oriel at [kathy.oriel@fammed.wisc.edu](mailto:kathy.oriel@fammed.wisc.edu) or Jenny White at [jenny.white@fammed.wisc.edu](mailto:jenny.white@fammed.wisc.edu)

# WHY CHOOSE MADISON?

## Residents

The strength of our program relies on our outstanding residents. In addition to their patient care responsibilities, residents are involved at every level of administrative and educational policy and decision-making in the program.

An eclectic group of 44 people, the Madison residents come to the program with diverse backgrounds, medical school experiences, political opinions and personalities. In this environment, kindred spirits are easy to find.

## Faculty

Our residency faculty is a talented and dynamic group of academic family medicine educators and clinicians, complemented by fellowship recipients and community family physicians.

The Madison Residency is an integral part of the University of Wisconsin Department of Family Medicine and Community Health (DFMCH), which includes faculty involved in research, medical student education, outreach, and administrative leadership. Most faculty are active participants in the residency—seeing patients, teaching seminars, and precepting residents. Our faculty has special expertise in many areas including:

- Addiction Medicine
- Advanced Life Support in Obstetrics
- Community Health
- Developmental Disabilities
- Epidemiology
- Evidence-based Medicine
- Geriatrics
- Global Health
- Integrative Medicine
- Law and Medicine
- LGBT+ Health
- Management of Health Systems
- Maternity Care
- Osteopathic Manipulation
- Pain Management
- Palliative Care
- Population Health
- Practice-based Research
- Rural Medicine
- Sports Medicine
- Women's Health

Our behavioral science faculty has extensive experience working with family medicine residents. In addition to leading seminar presentations, they are always available for consultation and co-therapy. They offer a rotation in counseling for interested residents. In addition, residents work closely with faculty nurse practitioners and physician assistants for obstetric, geriatric, and pediatric visits, as well as in nutrition, weight control counseling, and chronic illness care.

Our residents annually evaluate the faculty and consistently rate them as excellent clinicians, educators, and researchers.

## Family Medicine Centers – FMC's

Each of our FMC's (Belleville, Northeast, Verona, Wingra) offers a large and varied patient population from which to build their practice. Each center has full-time residency faculty members who provide care to their own active practices in addition to teaching residents. Our

residents benefit from preceptors who are involved in the research, medical student education, and community health of our department.

While each center has its own distinct characteristics, all provide residents with a full range of family medicine experience. Resident graduates from each of our clinics go on to practice in cities, rural areas, underserved communities and international locations. Our graduate surveys continue to reinforce that preparation at each clinic site is comparable in all aspects of family medicine including maternity care, geriatrics, community medicine, counseling and procedures.

After matching with our program, incoming residents are asked if they have a clinic preference. Over the years, we have been consistently successful in pairing residents at clinics where you feel a sense of community, experience your first “own” clinical practice, and leave well trained. We are fortunate that all of the centers have busy, diverse practices. Difficulties with resident clinical site assignments have been essentially non-existent.

To assure you an opportunity to learn about each center, the afternoon of your interview day is spent visiting all of the FMC’s with a resident tour guide.

### **The Best of Both Worlds: St. Mary’s Hospital & University of Wisconsin Hospital and Clinics**

For many students, an important consideration is whether they prefer the kind of training available in a setting where they are the only residents are family medicine residents, or part of a system with multiple residency programs. While the final value of a training experience rests largely the resident him or herself, location and structure are important. The UW-Madison Family Medicine Residency is a university program primarily located in our community: our family medicine clinics and St. Mary’s Hospital. Our program combines a “high touch” community practice and community hospital flavor with the strengths of being an active and critical part of the University of Wisconsin School of Medicine and Public Health.

**St. Mary’s Hospital (SMH):** SMH is a major regional medical center offering state of the art medical care. Family medicine residents are the only full-time graduate medical trainees at the hospital. A dynamic, forward-looking institution, St. Mary’s has steadily supported our program since 1970. SMH’s medical staff is highly qualified and come to St. Mary’s knowing that they will be involved in the clinical education of family medicine residents. Most are enthusiastic teachers. SMH also has excellent nursing and ancillary support as well as a creative and engaged administration. St. Mary’s wins quality awards annually, including Magnet Hospital status as one of the best places in the country for nurses, the Guardian of Excellence award for high-level patient satisfaction in inpatient care from the Press Ganey organization, as well as a Thomson Reuter’s 100 top Top Hospitals, one of only 25 institutions nationally to receive this award.

The Family Medicine Department at St. Mary’s is the largest section in the hospital. The case mix is typical of a full service community hospital, and residents are respected as important members of the health care team.

**University of Wisconsin Hospital and Clinics (UWHC):** UWHC has been rated as one of the top 50 hospitals in the country for the past decade. The 2016-17 edition of the U.S. News and World Report’s “America’s Best Hospitals” also ranked UWHC as the top hospital in the state of Wisconsin. All of our teachers are members of the UW faculty and we take full advantage of the wide variety of opportunities offered by the medical school and our major university

environment. The UW Hospital Family Medicine In-patient Service is a “self-contained” service in which our faculty are the attending physicians and senior residents lead the team. Many residents elect time in one or more specialized outpatient clinics at UWHC during their second and third year of training. Thus, while SMH is “home,” you benefit from exposure to the different clinical approaches and educational opportunities that exist only at an academic medical center.

### **Recognition of Different Learning Styles**

As a sophisticated adult learner, you, of course, are responsible for your own education. We recognize that you come with diverse educational backgrounds and learning styles. In response, we make a number of educational opportunities available.

**Peer Education:** Family Medicine residents are the primary house staff at SMH. Our second- and third-year residents work with first-year residents on OB, MICU, Family Medicine Service, and Pediatrics, and the Family Medicine Service at UWHC. For those of us who learn best by teaching others, it is an optimal learning environment. In addition, senior residents from the obstetric and surgery programs rotate in a limited way through St. Mary’s, and fellows from other specialties work on consulting services at UWHC. Our residents enjoy interacting with these residents and the perspective they bring to the educational environment.

**Ambulatory Care:** We learn by doing: you learn how to care for a population of patients by doing exactly that. Physician faculty are always available for one-on-one teaching before, during, and after patient care hours. Behavioral science faculty participate in consultations, joint visits, or referrals. Business office and patient care staff at each center are valued partners who have chosen to be involved in resident education; they too have much to offer.

**Small Group Format:** As a UW-Madison resident, one half-day each week in all three years is protected for our seminar series. These seminars focus on clinical, behavioral, and population health topics. Wildlife, an occasional Wednesday noon conference open to everyone in the program, is a venue for the exploration of an eclectic mix of topics. Clinic-based educational afternoons are protected time for clinic residents, faculty, and staff to work on the proactive care and systems-based design required in the patient-centered medical home.

**Lectures:** There are many opportunities for didactic learning, including rotation-specific presentations, Monday morning group rounds, and Wednesday morning Primary Care Conference. First-year residents have every Thursday afternoon protected from clinical duties so they may participate in Family Medicine seminar, monthly check-in group, and “Survival Skills,” lectures. First-year residents enjoy the weekly opportunity to socialize afterwards.

**Clustered Didactics:** Clustered Didactics for second- and third-year residents brings classmates together for three weeks combined in their second and third years. During these weeks, residents spend time focusing on clinical areas such as sports medicine, gynecology, geriatrics, urology, and management of health systems. These workshops tend to be “hands on” and interactive. Residents still participate in their continuity clinic and seminar during this week.

**Computer Resources:** As University employees, access to online resources is almost infinite. Residents incorporate evidence-based resources including Family Practice Inquires Network (FPIN), Essential Evidence, pod-casts, and audience-based response systems into their teaching. All clinical sites have fully integrated electronic medical records and are all Epic brand.

## Medical Student Teaching

Residents in the Madison program have the opportunity to interact with and teach medical students in several settings:

**In the Family Medicine Center:** All UW SMPH students take a required, eight-week primary care rotation in their third year. During most rotations, one student is assigned to work in each residency clinic. In addition, many fourth year students from UWSMPH and other medical schools choose to do a one month elective in our residency clinics. Residents serve as co-teachers of these students.

**In the medical school:** Some residents have been involved in activities of the UW SMPH Family Medicine Interest Group, including participation in our recently established “Shadow a Resident” program. Residents are also teachers at our annual DFMCH sponsored Procedures Fair for medical students.

**In the hospital:** Medical students may choose an elective at either the St. Mary’s or UW Family Medicine services, offering a more extended opportunity to help students grow in their clinical skills.

## Collegiality

Faculty and residents are truly colleagues in the Madison program. Resident leadership is a core value of the Madison program. Residents and faculty work together on patient care, academic pursuits and administration. They jointly present conferences, conduct journal club, write articles, and work on research and audit projects.

Residents participate actively on all committees as well as on ad-hoc working groups designed to continually improve clinical, educational, and community health efforts.

## Support/Social Network

During the two-week orientation for first-year residents, the process of building a support network among new colleagues begins. There is ample time to get to know each other, including participation in a team-building day. Senior residents, faculty and staff are very sensitive to the anxieties and long hours that are facts of life for first-year residents.

Throughout the year, resident support is available in a number of ways:

**Resident Network:** Our residents are a social group. Residents often gather informally at each other’s homes or popular spots in the city, such as the Memorial Union Terrace on the UW campus. Ongoing activities have included a monthly book club for residents and significant others, a co-ed soccer team, an Ultimate Frisbee team, and a play group for residents with young children. Significant others, children, and friends are always part of program social activities.

**Support for Partners:** A support group for residents’ significant others connects resident families as well. This group provides resident partners a means to support each other and have residency be just a bit less challenging for a resident’s partner. The group learns from those who came before and passes on wisdom regarding rotations, call, great restaurants, stores, hockey groups, etc.

**Program Support:** We care about the health and well-being of our residents. As such, we have many activities that are supported by the residency program:

- The famous mid-winter “Fizzle” Dinner. First-year residents and their significant others mark the half-way point in the year with food and drink at a local Madison restaurant. Each intern is presented with a special “gift” from the chief residents, and this event is always a fun time. Our second-year resident group similarly gathers for its annual “Foshizzle” Dinner, as do third-year residents for their “Finoozle” event.
- Chief Resident Rounds bring residents together every other Wednesday over lunch to discuss pertinent issues and enjoy each other’s company.
- Wildlife seminars provide a lunchtime forum for residents to learn about topics of interest that aren’t taught in the regular seminar series.
- A yearly resident retreat that includes families takes place over a fall weekend at an outdoors-oriented site outside Madison. Faculty cover patient care responsibilities during the retreat.
- A monthly check-in group during protected seminar time provides all residents the opportunity to support one another in a safe environment. It is facilitated by a health professional not affiliated with the department.

In addition, the program director and all faculty and residency staff are open and available to residents for any purpose. We truly care about our residents’ quality of life as well as promoting the best educational experience.

# PROGRAM HIGHLIGHTS

## Strong Continuity Practice

Our Madison program clinics are not small demonstration practices; they are well-established family medicine practices with high community visibility. Each resident develops a loyal patient following who identify him or her as their family physician. Residents in our program learn how to effectively function as a member of a care team in the patient-centered medical home.

We seek to model excellence in all aspects of our clinical work. Fundamental to that goal is a commitment to patient- and family-centered care. We feel a particular responsibility to offer and to teach an approach to patient care that is uniformly based on principles of respect, flexibility, collaboration, and responsiveness to the needs and desires of those who choose to come to us. We have an expectation that in the context of our individual practice styles, each of us will provide care in a consistent and integrated manner. Though the patient-centered medical home (PCMH) model is now a formal designation, we have provided care consistent with those principles for years. Our sophisticated database and quality support staff allow us to monitor and improve the quality of care we provide at each site. To assure that patients receive consistent care, we have an expectation that all providers in our system will present patients with the full range of legally acceptable options in reproductive health, end-of-life care, and other such areas in a supportive manner that respects patient preferences, even when choices may not perfectly align with the opinions of individual providers.

Our clinics also provide education in the real world of complex medical care systems. We pride ourselves on responsiveness to the challenges faced by uninsured and underinsured patients. Residents leave the program possessing a familiarity with the ever evolving economics of medicine.

## Behavioral Science

The behavioral science curriculum has long been a strong foundation of our program. Faculty and residents passionately advocate for the mental health of patients and their families, including working closely with the behavioral science faculty:

- **Julia Yates, MSSW**, directs the Behavioral Medicine curriculum and sees patients and teaches at Verona Family Medical Center.
- **Ken Kushner, PhD**, coordinates our Family Medicine Seminar series and sees patients and teaches at the Wingra Family Medical Center.
- **Janet Billerbeck, MSSW**, sees patients and teaches at Belleville Family Medical Center.
- **Olga Arrufat-Tobon, MSSW**, sees patients and teaches at Northeast Family Medical Center.

Integrative medicine faculty provide expertise in mind-body-spirit wellness and the importance of a patient-guided approach to healing.

## Family Medicine Seminars

Our weekly Family Medicine Seminars present a comprehensive curriculum. First-year sessions concentrate on common outpatient medical topics such as Introduction to Ambulatory

Care, while the focus for second- and third-year residents is broader and inclusive of the full spectrum of family medicine. Topics are listed later in this booklet.

### **Clustered Didactics**

Each second- and third-year resident is scheduled for one clustered didactic week per year. During that week the residents spend two days in small groups discussing two focus areas. By clustering a set of topics into smaller groups, problem based learning and procedure skills can be taught more effectively. Areas of focus are: Gynecology and Practice Management (second-year residents); Dermatology, Urology, Geriatrics, and Musculoskeletal (third year-residents). A competency evaluation is integrated into each session.

### **Maternity Care**

The Madison program has made a sustained commitment to prepare residents in maternity care, and has developed a well-deserved reputation for strength in this area. Resident experience on the obstetric rotation at St. Mary's continues to increase as the practices of our teaching obstetricians and community family physicians grow. There were 3,229 births at SMH in 2015. Nearly all of the intrapartum care for these patients and their families included family medicine residents.

Family medicine faculty are actively involved in a teaching conference series, including case discussions, during this rotation. Residents can expect to be involved in 115-130 deliveries on our OB rotations. In addition, all residents manage their own obstetric patients in our family medical centers—from first visit to delivery, which brings the total for some residents to 160 deliveries over the three years.

**ALSO® (Advanced Life Support in Obstetrics):** In 1992, DFM faculty members John Beasley, MD, and Jim Damos, MD, with contributions from many other DFMCH faculty, developed the acute obstetrics management course entitled ALSO®. Similar in its protocols to ACLS and ATLS, the course is well known and now taught nationally and around the world. Madison residents take ALSO® at the beginning of their first year.

### **Management of Health Systems**

Our management of health systems/practice management curriculum aspires to give our residents the tools and experience that will prepare them to be innovators and leaders in practice redesign. We believe that thoughtfully configured health systems improve patient outcomes, enhance efficiency, reduce error, and support adequate reimbursement.

All residents have a four-week rotation with longitudinal experience in Management of Health Care Systems. The rotation is led by Brian Arndt, MD and the resident's respective clinic manager. Topics including quality improvement, managed care, health insurance and Medicare, personal finances and retirement planning, practice site selection, personnel management, clinical operations, and practice finances. Most topics are introduced through hands-on innovative learning modules. On a quarterly basis, residents also receive disease registries and other data about their own practices. Panels of program graduates share their experience in a variety of settings with current residents. The rural rotation for second-year residents offers an excellent opportunity to gain hands-on practice management experience by working closely with the rural clinic's administrator. Faculty and staff are available to help with career planning and other aspects of practice management.

## **Medical Informatics and Computer Support**

The DFMCH is a founding member of the Family Practice Inquiries Network. FPIN is a dynamic collaboration of academic departments and individuals from around the country to create an evidence-based resource that is uniquely configured to meet the information support needs of family physicians at the point of care. We believe evidence-based medicine skills assure our patients receive state of the art care, both now and through our graduates' careers. Residents lead Journal Club conferences in the second-year using EBM tools and present an in depth topic conference in their third-year based on the best available evidence. A more in-depth medical informatics elective rotation is available.

The Information Technology Services (ITS) unit of the DFMCH keeps abreast of new technology and strives to provide computer users with the best service possible. This is a group of staff professionals with a breadth of experience in developing computer systems, teaching computer skills, and providing custom programming to meet specific educational and research needs. The University of Wisconsin Medical Foundation's Computer Help Desk also only a phone call away to answer related questions and troubleshoot problems.

Frequent hands-on and large group training sessions are available for users at all experience levels. The Department provides access to work stations and laptop computers, color scanner, color printer, as well as reference manuals, computer-related periodicals, and medical software packages. Our website provides online curriculum, including videoconferences in both real time and archived. Podcasts are utilized for residents who are unable to attend lectures. Clinic-based resources and electronic health record tips are constantly shared and improved. Our email system is web accessible from anywhere in the world.

## **Rural Rotation**

To maximize residents' training experience, a four-week rural rotation is required in the second-year. During this rotation, residents not only gain exposure to small town practice, they also get an intense hands-on experience that has an important impact on self-confidence, maturity, and clinical competence. Rural rotation sites throughout Wisconsin include Dodgeville, Lancaster, Richland Center, Shawano-Menominee, and Watertown. Living accommodations are made for residents at each of the alternate sites as needed, and financial support is provided for travel costs.

## **Rural Training Track in Baraboo**

In July 1996 the Madison Residency Program expanded to create an outstanding rural training track in Baraboo, WI, 40 miles from Madison. There are two resident positions each year in this program. The first-year of training is almost identical to that of the 16 residents matched to the core program in Madison. The Baraboo residents rotate on inpatient services at St. Mary's Hospital and at UWHC. The second and third years are spent primarily at Medical Associates of Baraboo and St. Claire Hospital with continued connection to the core program through conferences, elective rotations, and resident support activities. The rural program is fully accredited. Separate information and materials are available upon request.

## **International Health**

International medicine interests are shared by several DFMCh faculty who have been involved in establishing clinical training sites around the globe. Lee Dresang, MD, Cynthia Haq, MD,

Beth Potter, MD, and Ann Evensen, MD have substantial international experience and assist residents who wish to take electives abroad. Dr. Haq is the Medical School's Assistant Dean for International Health, and is a consultant to the World Health Organization on the development of family medicine in other nations. There are opportunities for senior electives in Belize, Haiti, El Salvador, Honduras, Ecuador, Uganda, Ethiopia, Poland, and other international settings. Conferences, seminar time and informal interest groups provide additional support for residents who anticipate pursuing international health experiences. The Madison program has also developed a Community and Global Health Pathway for residents with a special interest in this area.

### **Integrative Medicine**

Integrative Medicine is defined as healing-oriented medicine that takes account of the whole person (body, mind, and spirit), including all aspects of lifestyle. It emphasizes the therapeutic relationship and makes use of all appropriate therapies, both conventional and complementary. Our belief is that integrative medicine is synonymous with family medicine. Both are rooted in finding the most efficient and effective ways to enhance the body's ability to self heal. The UW Department of Family Medicine and Community Health has a nationally prominent integrative medicine program and fellowship. Residents may receive education in acupuncture, nutrition, bodywork, botanicals/supplements, mind-body therapies, energy medicine, mindfulness, and spiritual connection.

A number of integrative medicine experiences are built into the curriculum for all residents, and resident may elect to do additional training as well. Options include the Integrative Medicine Pathway, which assists residents with tailoring outpatient electives toward an integrative medicine focus; residents also have the option of applying for the Academic Integrative Medicine Fellowship, which offers two years of additional training for those wishing to become leaders in the field.

The "Aware" Curriculum is a longitudinal, integrated thread throughout all three years of residency. The curriculum focuses on mindfulness, self-care, and various approaches residents may follow to explore how their beliefs inform not only their medical practices, but all aspects of their lives. The Aware Curriculum, includes experiential learning opportunities, didactics, development of Integrative Medicine-style self-care plans, mindfulness training, and more. Residents are encouraged to participate in mindfulness-based stress reduction and be proactive participants in a healthy work-life balance and overall wellness.

### **Community and Population Health**

Our longitudinal community and population health curriculum features an understanding of how to practice community-based medicine and work with key community resources that are important to patients. During the first year, residents participate in creating partnerships with community agencies. Residents then individualize their experience in addressing health and wellness issues associated with their center patient population. All residents are provided with a community health rotation notebook, and access an interactive web-based curriculum. During protected time in the next two years, residents create a personal learning plan that includes the design and implementation of a community health project with the assistance of center faculty, other residents and community members.

The goals of the community and population health curriculum include the following:

- To understand the community served by the clinic.

- To familiarize residents with the local resources that address community health issues.
- To integrate the use of local health and social resources into clinical care.
- To understand the differences between “health” and “the healthcare system.”
- To gain skills around partnering with communities, including when to lead and when to step back.
- To understand the impact of social determinants of health on the health outcomes and well-being of patients.
- To understand how health and social policy at the local, state, and national levels interfaces with patient health.
- To gain awareness around opportunities for physician advocacy in support of patients and equitable systems.

### Access Community Health Center

The Access Community Health Center (ACHC) is a collaborative venture with the community, the University, and other agencies. The center opened on November 1, 1995 and provides healthcare, social services, and a public library. It primarily serves low income and uninsured people.

Residents staff at the Southside MEDiC Clinic, a free Saturday morning clinic organized by medical students and located at ACHC, as part of the Community Health rotation. Residents also often choose to provide care at the medical student-run Salvation Army Clinic on Tuesday nights. Our hospital in-patient services at UW Hospital and St. Mary’s Hospital provide coverage for ACHC.

### Salary and Benefits

Residents in the Madison program are University of Wisconsin employees. Salaries set through the state personnel system are for all UW resident physicians regardless of specialty. 2016-2017 resident compensation is as follows:

	Monthly	Annually
<b>First-year</b>	\$4,704	\$56,459
<b>Second-Year</b>	\$4,878	\$58,546
<b>Third-Year</b>	\$5,060	\$60,721

**Health Insurance:** Residents may choose from among several different health insurance plans and can include their immediate family (spouse or domestic partner, as well as dependents) in their coverage. The University of Wisconsin pays 80 to 90 percent of the cost, depending on the plan selected. Basic dental care is part of several plans.

**Other Benefits:**

- Disability insurance is also provided to our residents with premiums fully paid by the DFMCH.

- Term life, major medical, accidental death, vision care insurance, and supplemental dental insurance options are available at low group rates.
- Participation in the UW's tax sheltered annuity investment program and an employee reimbursement account that allows the use of pre-tax funds for childcare and uncovered medical expenses.
- Access to UW recreational facilities, libraries, technology support services, and other resources.

**Malpractice Coverage:** Malpractice insurance is provided to all residents through the University of Wisconsin for clinical activities that are within the scope of residency duties. Moonlighting is permitted during the second and third years with program approval. Residents must obtain their own malpractice coverage and separate DEA for moonlighting activities.

**Time Away:** The following numbers of working days are available per year for vacations, attendance at professional meetings, and participation in CME.

	PGY 1	PG Y 2	PGY 3
Vacation	15	20	20
CME	0	5	5

Our program has well defined and gracious policies for parental, medical, and other leave. These policies and other important personnel information are compiled in the Residency Employment Information manual that is updated annually. It is available for review during the interview day and is available online:

<https://inside.fammed.wisc.edu/documents/23800>

### Life Support Courses

The DFMCH offers a full range of life support courses, as part of the curriculum at **no cost to residents**.

- **ACLS (Advanced Cardiac Life Support)** Certification is expected prior to beginning residency. It can be scheduled before orientation for incoming first-year residents who are not yet certified and residents can get these costs reimbursed.
- **ACLS** re-certification is offered in April during the second year.
- **ALSO® (Advanced Life Support in Obstetrics)** is incorporated into first-year orientation.
- **PALS (Pediatric Advanced Life Support)**, including an overview of neonatal resuscitation, is incorporated into orientation.
- **NRP (Newborn Resuscitation Program)** is incorporated into the first-year seminar series.

## Educational Allowance

Residents receive an educational allowance during each year of residency to be used for supplemental medical education conferences, exams, licensing, medical-related memberships not covered by the program, other educational expenses, and computers, tablets, and smartphones. In 2016-2017, allowances are as follows: **first-year: \$750; second-year: \$750; and third-year: \$750.** This allowance is in addition to the life support courses already provided by the program.

# GRANTS, RESEARCH AND FELLOWSHIPS

The University of Wisconsin - Madison Department of Family Medicine and Community Health is one of the top academic departments in the country and is annually among the leaders in National Institutes of Health (NIH) funding for research. Several projects have gained national and international recognition. Most importantly, these projects offer residents excellent learning opportunities. Faculty areas of interest and projects are described below.

## Tenured Family Medicine Faculty Research

**Alexandra Adams, MD, PhD** conducts community based participatory research in the area of **obesity prevention and Native American Health**. She is the principal investigator for several NIH and state funded research projects on childhood obesity as it relates to diabetes and heart disease prevention. Dr. Adams is the Principal Investigator of an NIH grant to expand the Healthy Children, Strong Families program model at the national level to include 6 diverse rural and urban American Indian communities. Dr. Adams is also Director of the Collaborative Center for Health Equity (CCHE), a core program of the UW Institute for Clinical and Translational Research (ICTR). Funded by an NIH Research Program Projects and Centers grant, the Center is designed to build lasting partnerships and engage university and community partners in collaborative teaching, research, and service initiatives to improve health equity in underserved communities of Wisconsin.

**Bruce Barrett, MD, PhD** is a 1997 graduate of the DFMCH Eau Claire residency program. He completed the Madison-based Primary Care Research Fellowship in 1999 and is now a DFMCH faculty member. He served as director of this fellowship from 2008-2014. He is also the director of a T32 grant from the National Center for **Complementary and Alternative Medicine (CAM)** designed to provide research training to individuals aiming for careers in health science research related to CAM. He has conducted numerous studies relating to upper respiratory infection and has developed an outcomes instrument for measuring the common cold (Wisconsin Upper Respiratory Symptom Survey). He was recently awarded an NIH grant from the National Center on Complementary and Alternative Medicine to continue his study on Meditation and Exercise for the Prevention of Acute Respiratory Infection (MEPARI-2).

**Randy Brown, MD, PhD** joined the DFMCH as a fellow interested in research in **drug and alcohol abuse and dependence**. He received an NIH K23 award to study the treatment outcomes of drug court programs that address dependence issues. He is also the Director of the UW Addiction Medicine Fellowship. This fellowship, in collaboration with the William S. Middleton Veterans Hospital, provides clinical experience and instruction in the management of substance use disorders. Created in 2010, it is one of the first programs in the country that provides training to family physicians with an interest in becoming Board Certified in the newly recognized specialty of Addiction Medicine.

**Richard Brown, MD, MPH** is a Madison-based tenured professor. His research interests involve use of innovative technologies and clinical systems to deliver substance abuse prevention and intervention services. He teaches about **substance abuse screening and intervention** and related topics in several health professional schools and programs at UW-Madison. He is also a partner in numerous projects designed to develop a unified statewide strategy for reducing and preventing risky alcohol use in Wisconsin.

**Valerie Gilchrist, MD**, is the chair of the department. Her research interests include **primary care health care delivery systems**, preventive services, cardiovascular risk and hypertension, management of chronic conditions, women's health, primary care research networks, community medicine, and qualitative methodology. Dr. Gilchrist is also the Principal Investigator of an NIH grant from the Health Resources and Services Administration to develop the infrastructure for the transformation of the department to the Department of Family Medicine and Community Health.

**David Rabago, MD** is a 2001 graduate of the Madison Residency Program. During his residency he pursued both clinical medicine and research, completing a randomized controlled trial of nasal irrigation for sinusitis. Dr. Rabago currently focuses his research on **physical, complementary, and alternative therapies for chronic conditions**. He received a K award to perform a randomized controlled trial to study prolotherapy as a treatment for knee osteoarthritis pain. He expanded this research to study the efficacy of prolotherapy for epicondylitis (tennis elbow). He is currently working on a project funded by the US Department of Defense to study nasal irrigation for chronic rhinosinusitis and fatigue in patients with Gulf War Syndrome. Dr. Rabago is also the research advisor for the Residency Program Journal Club and serves as Director for the Primary Care Research Fellowship.

#### **Wisconsin Research and Education Network (WREN):**

The Wisconsin Research and Education Network, directed by David Hahn, MD, is a statewide practice-based research network of over 300 primary care clinicians and academic researchers. Over 50 WREN member-clinicians conduct high-quality translational research and quality improvement projects in "real-world" family practices across 35 Wisconsin communities. Many of these projects have been published in peer-reviewed journals.

Examples of WREN-supported projects include a study addressing practice-based research networks to accelerate implementation and diffusion of chronic kidney disease guidelines in primary care practices, evaluation of a Health Information Technology workflow assessment tool, a project designed to study collaboration among pharmacists and physicians to improve outcomes (CAPTION), and a study examining interaction analysis as a novel approach to understanding patient trust in physician and patient outcomes.

#### **Research Opportunities:**

Research projects of interest in the DFMCH are being pursued by family medicine faculty on topics such as alcohol brief intervention and treatment, chronic pain, nutrition, childhood obesity, cost-effective care, HMO development, clinical epidemiology, physician satisfaction, integrative medicine, nasal irrigation, community based participatory research, clinical interventions, care and study of the family, and other clinical topics. Numerous opportunities exist for collaborative efforts between faculty and residents. Each year, several residents elect to work with individual faculty members on research projects, either on a longitudinal basis or during an elective block. If you have particular research interests, please let the residency staff know, and we can connect you with faculty and residents who share your interests. Larry Hanrahan, Research Director for the DFMCH will also be happy to discuss your interest in working with ongoing projects in the DFMCH and to connect you with the physician or research faculty investigators.

**DFMCH Scholarly Small Grant Program:** Each fiscal year, the Department of Family Medicine and Community Health allocates funds to support scholarly projects. These funds can be used by DFMCH faculty, fellows, residents and academic staff for research and other scholarly projects.

The small grant program supports the Department's overall research mission by funding small research studies, academic projects, or evaluation of educational interventions that are expected to lead to the development of presentations, extramural grants, and publications in peer-reviewed journals. Additional information is available on the [DFMCH Small Grant website](#).

### **Fellowship Opportunities:**

**Integrative Medicine Fellowship** allows participants to combine academic and Integrative Medicine interests into a two-year fellowship experience to create national and international leaders in Integrative Medicine. Fellows participate in an intensive online Integrative Medicine curriculum with topics including nutrition, Chinese medicine, manipulative therapies, mind-body techniques, supplements, energy medicine, spirituality, the philosophy of medicine, Ayurveda, Integrative Medicine and the law. In addition to their continuity clinic practice at Arboretum clinic, AIM fellows see patients one half-day per week at the University of Wisconsin Integrative Medicine Clinic and become board-certified with the American Board of Holistic Medicine. Fellows choose one or two healing modalities of particular interest to them for more intensive training. For more information, see: <http://www.fammed.wisc.edu/fellowships/integrative-med>

**Academic Medicine Fellowship** is an opportunity for family physicians to enhance their teaching, clinical, scholarly, and leadership skills in preparation for a faculty position in an academic setting. The one- to two-year program is designed to be flexible, allowing each adult learner to participate in a variety of professional and academic opportunities that best meet his or her professional interests and career goals. For more information, see: <http://www.fammed.wisc.edu/fellowships/academic>

**The Primary Care Research Fellowship** is a two- to three-year post-residency program under the direction of Dr. David Rabago. Clinicians have protected time for research and skills development. The course work and seminars taught by faculty from Family Medicine, Medicine, Pediatrics, Preventive Medicine, Bio-statistics, and associated fields incorporate work in the area of the fellow's scholarly focus while developing the fellow's basic research skills and an understanding of the social networks necessary for success in the field. Clinical work and teaching options are available to help the fellow maintain and further develop skills as a clinical provider and teacher. The Program's goals are: 1) to increase the number of qualified health services researchers conducting community-based clinical research; 2) to contribute to the academic base of departments of family medicine, internal medicine, and pediatrics; and 3) to increase the number of researchers who can successfully compete for NIH funding. Six full-time positions are available through this fellowship. For more information, see: <http://www.fammed.wisc.edu/fellowships/research>

**The Nathan Smith Adolescent and Sports Medicine Fellowship** is a two-year fellowship under the direction of Drs. David Bernhardt and Kathleen Carr, in partnership with the Primary Care Research Fellowship, to train primary care physicians in the field of sports medicine to become academic leaders in dealing with a wide variety of sport and physical activity related problems. The fellow is expected to engage in clinical care, as well as teaching and research. The fellow serves as a team physician for both the University varsity and local high school teams. A wide variety of research opportunities are available, and the fellow is expected to publish at least one review article and a peer-reviewed paper during his or her two years. Training will lead to eligibility for the CAQ in sports medicine. For more information, see: <http://www.fammed.wisc.edu/fellowships/sports-med>

**The Department of Family Medicine Addiction Medicine Fellowship** in collaboration with the William S. Middleton Veterans Hospital provides clinical experience and instruction in the management of substance use disorders. Successful completion allows the trainee to sit for examination to attain Board Certification in Addiction Medicine. The Addiction Medicine Fellowship, created in 2010, is one of the first programs in the country that provides training to family physicians with an interest in becoming Board Certified in the newly recognized specialty of Addiction Medicine. In addition to clinical experiences, trainees will gain experience in management of acute withdrawal syndromes, medication-assisted treatment of substance use disorders, medical management of substance use disorders and their complications, chronic pain and addiction, and relapse prevention. For more information, see: <http://www.fammed.wisc.edu/fellowships/addiction-med>

In addition, the University of Wisconsin School of Medicine and Public Health Department of Medicine provides the following fellowships:

**Geriatrics Medicine Clinical Fellowship**, which has a long and successful history of training physicians to become excellent clinicians and academicians in the field of geriatrics and aging research. For more information, see: <http://www.medicine.wisc.edu/geriatrics/fellowship>

**Hospice and Palliative Medicine Fellowship**, which provides fellows training experiences that include an important variety in settings and patients. Fellows will become experts in pain and symptom control, psychosocial support of the seriously ill and their families, care of the dying, and advance care planning. For more information, see: <http://www.medicine.wisc.edu/hemonc/fellowshiphospicemain>

## Section 2

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Family Medicine Centers:  
Belleville, Northeast,  
Verona and Wingra

“Many places do patient care well, but the  
Madison program goes to great lengths to  
ensure the care of the whole residency family.”

*Zack Thurman, MD – Graduate*

# FAMILY MEDICINE CENTERS

The Madison program has four family medicine centers: Belleville, Northeast, Verona, and Wingra. Each center has a dynamic mix of physician faculty, behavioral health professionals, and advanced practitioners. Residents are the family physicians leading the care for their patients with support from faculty and staff in a team-based structure. Madison residents have opportunities to work with all faculty, though they work particularly closely with the faculty at their continuity site.

As a Madison resident, you will share care with faculty who are dynamic teachers and physicians. You are involved in research, medical education, medical administration, and public health responsibilities. Faculty and residents work together on the family medicine services at St. Mary's Hospital and the University of Wisconsin Hospital, inpatient rounds, partnering for continuity deliveries, quality initiatives, hospital presentations, research projects, written clinical inquiries for FPIN, committees, on-call, medical student education, etc.

A comprehensive description of each practice site can be found in this section. Also included is a list of the faculty, and residents who comprise the group practice for each center.

## What will you find at each center?

- Faculty who identify resident education as their professional passion and primary focus.
- Faculty who also teach medical students and/or conduct research.
- Family physician faculty proficient in a wide range of clinical and procedural interests.
- Behavioral science faculty members, nurse practitioners, and physician assistants who participate in patient care, teaching, and support of residents in their first practice.
- Clinic staff who are committed to excellence in resident education and patient care. The clinic manager keeps the practice running smoothly and is actively involved in teaching residents about what they need to learn about clinic operations.
- Precepting with low resident to faculty ratios for optimal learning. Often, two preceptors are available to ensure the best learning. Community faculty who are physicians in full-time practice also precept at the family medical centers which provides additional perspectives on approaches to care.
- A full range of medical care, including maternity care, home care, and nursing home coverage.
- Opportunities for residents to teach fellow residents, medical students, and other learners.
- Provision of a broad range of procedures, including colposcopy, casting, suturing, lesion removal, endometrial sampling, skin biopsies, cryotherapy, vasectomies, and a variety of gynecological procedures.
- Computer access in each exam room, the "staffing room", resident work stations, as well as a library with reference books and other educational resources.
- An integrated electronic health record system.

**Belleville Family Medical Center**  
**1121 BellWest Boulevard**  
**Belleville, WI 53508**  
**608-424-3384**



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The Belleville Family Medical Center is located  
19 miles southwest of St. Mary's Hospital.

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# BELLEVILLE FAMILY MEDICAL CENTER



*“I feel so fortunate to work with the fabulous team we have assembled out here in Belleville! We are a wonderfully cohesive group of colleagues. From receptionists and medical assistants, to lab personnel and nurses, to faculty and residents - we all value each other and our roles in providing excellent health care to the people of our community while also fostering a great learning environment.”*

*Jennifer Lochner, MD, Clinic Director*

The Belleville Family Medical Clinic is located approximately 20 miles from Madison. In October 2011, the clinic moved into a 21,000 square foot prairie style building, complete with a healing garden. The space was designed to allow alternative styles of practice, including group visits and extended hours. The clinic’s small group practice is a highly cohesive team faculty physicians, a clinical social worker, and six residents. It also serves as a teaching site for medical students. In 2015-16, Belleville had 22,326 total patient visits.

A key factor in the success of our clinic as a clinical and teaching site has been its extensive involvement in the Belleville community. The Belleville Community Health Improvement Program (BCHIP) was established through the clinic to use a community-oriented primary care approach to help the community identify, address, and evaluate the impact of interventions on community health priorities. Some activities resulting from BCHIP include BCAP, the Belleville Community Assistance Program, which provides small grants to those in need; the Healthy Breakfast Program; and the UFO Fun Run, part of the annual community UFO Days held each year in October. This summer our faculty and residents led a weekly walking group for community members called “Walk with a Doc”.

Our clinic also provides support to several community agencies. Our physicians provide medical services for the Belleville EMS, and faculty, residents, and staff are actively involved in the school district through health lectures and financial support for various activities and sporting events. We provide nursing home patient care at Heartsong in Belleville, New Glarus Home in New Glarus., Ingelside in Mt. Horeb, 4 Winds in Verona, and the St. Mary’s Care Center in Fitchburg. Our doctors and staff also provide lectures and services to the local senior center and offer support for other community events such as the annual community festival and bike rodeo. In addition, our residents provide a regular health-related newspaper article for the *Post Messenger*.

The clinic has 24 exam rooms, as well as lab, x-ray, conference rooms and ample resident workspace with a personal workstation including a computer for each resident. The facility also has 3 procedure rooms where residents can gain experience in a range of skills including skin procedures, vasectomy, and colposcopy.

The community of Belleville has a well-deserved reputation for friendliness, and because we have been in this community for over 25 years, our patients readily accept residents as their personal physicians. Belleville is a quintessential small Wisconsin town, and the beautiful drive from the Madison hospitals provides a therapeutic break in a busy clinician’s day. For outdoor enthusiasts, Belleville is a biking mecca and a great spot for fishing.

## **Belleville Faculty, Residents, and Staff**

### **Belleville Faculty**

Brittany Alioto, PA-C

Janet Billerbeck, LCSW - *Behavioral Science Faculty*

Jensena Carlson, MD

David Deci, MD

Valerie Gilchrist, MD

Patrick Huffer, MD

Jennifer Lochner, MD - *Clinic Director*

Rich Roberts, MD, JD

### **Belleville Residents**

Lucas Kuehn, MD - *Second Year*

Emily Metzger, MD - *First Year*

Emily Ramharter, MD - *Third Year (Chief Resident)*

Angelie Singh, MD - *First Year*

Julia Weiser, MD - *Third Year*

Lauren Walsh, MD - *Second Year*

### **Belleville Staff**

Sally Jeglum – *Administrative Assistant, Clinic Scheduler*

Joan O'Connor, RN - *Nurse Supervisor*

Peggy Soehnlein, CPC - *Clinic Manager*

# **Northeast Family Medical Center**

**3209 Dryden Drive  
Madison, WI 53704-3098  
608-241-9020**



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The Northeast Family Medical Center is located 7 miles northeast of St. Mary's Hospital (near the Dane County Regional Airport).

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# NORTHEAST FAMILY MEDICAL CENTER



*“Northeast provides care to an extraordinary range of people. Residents experience the full breadth of family medicine in their practices and develop great continuity relationships with their patients.”*

*Russ Lemmon, DO, Director*

The Northeast Family Medical Center is a longstanding, thriving practice located near the Dane County Airport in Madison. The facility, which opened in February 2001, is positioned on the edge of many intersecting Madison communities, including subsidized housing, retirement apartments, immigrant communities, middle class working people, and the well-to-do neighborhood of Maple Bluff. While the majority of our patients are urban and low-to-middle income, the clinic also has nearby rural families as longstanding patients. A core aspect of the Northeast mission is to assure that services are delivered in a way that is sensitive to the needs of the different racial and ethnic minority populations receiving care at Northeast, including significant numbers of Southeast Asian, African-American and Latino patients. There is close coordination with neighborhood, city, county and state health, social service, and education agencies. In 2015-16, Northeast Clinic had 34,483 total patient visits.

The building has 26 exam rooms and two procedure rooms for minor surgery, casting/ortho, and colposcopy. Specific exam rooms are configured to facilitate osteopathic manipulation and prolotherapy. Northeast has a busy maternity care practice. The clinic also has its own ultrasound machine, and faculty and residents perform OB ultrasound exams weekly.

The Northeast faculty have diverse interests and areas of specialization within family medicine, including disability medicine, chronic pain management, osteopathic manipulation, women’s health, obstetric ultrasound, musculoskeletal research, transgender medicine and child development. In addition to faculty physician staffing, nurse practitioners and physicians’ assistants assist residents with patient care. Particular attention is given to the needs of first year residents, including education about well child care, prenatal care, women’s health and geriatrics. Our social worker/counselor is at the center five days per week for patient care, consultation and assistance with mental health issues. Northeast also has a health educator in the clinic fulltime to assist with screening and intervention for patients with AODA issues, tobacco abuse, obesity and other life-style problems.

Five or six times a year our residents, faculty and staff meet at NE for an entire afternoon of practice development and educational activities. Residents participate in community education and service activities. In 2012 we “adopted” nearby Lakeside Elementary School which is K-5 and has a 70% poverty rate. Each year the clinic collects winter clothing to donate to Lakeside students, hosts an annual wellness fair for students and their families and engages in other various health education activities throughout the school year.

## Northeast Faculty Residents and Staff

### Northeast Faculty

Olga Arrufat-Tobon, MSSW - *Behavioral Science Faculty*

Jennifer Edgoose, MD

KatieENZler, PA-C

Adrienne Hampton, MD

Ronni Hayon, MD

Russell Lemmon, DO - *Clinic Director*

Ann O'Connor, PA-C

Kathy Oriel, MD - *Residency Program Director*

Bobby Nourani, DO

David Rabago, MD

Lou Sanner, MD, MSPH

Sarina Schragger, MD

Bill Schwab, MD

Joan Uminski, PA-C

### Northeast Residents

Anna Chase, MD - *Second Year*

Milap Dubal, MD - *Second Year*

Bonnie Garvens, MD - *Third Year*

Ellen Gordon, MD - *Second Year*

KJ Hansmann, MD - *First Year*

Emily Jewell, DO - *Third Year*

Dylan Ledford, DO - *Second Year*

Michele Malloy, MD - *Third Year*

Angela Marchant, DO - *First Year*

Jennifer Perkins, MD - *Third Year*

Kartik Sidhar, MD - *First Year*

Emily Torell, MD - *Third Year (Chief Resident)*

Xia Vang, MD - *First Year*

### Northeast Staff

Rachel Nalwa - *Clinic Manager*

Deb Sands - *Clinic Scheduler*

Debbie Setzke - *Business Office Supervisor*

Laura Smith - *RN Supervisor*

# **Verona Family Medical Center**

**100 North Nine Mound Road**

**Verona, WI 53593-1321**

**608-845-9531**



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The Verona Family Medical Center is less than 20 minutes from the DFM offices, located 11 miles southwest of St. Mary's Hospital

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# VERONA FAMILY MEDICAL CENTER



*“The Verona Clinic is a great place to train based on the diversity of resident and faculty interests. We practice in one of the fastest growing communities in Wisconsin which provides a myriad of opportunities for creative community health engagement.”*

*Brian Arndt, MD, Medical Director*

The Verona Family Medical Center is approximately 11 miles from central Madison. The clinic moved into the present facility in 1994 and completed a remodeling in 2007. The center serves a unique patient population that is a blend of young and old, rural and suburban, and many young families that provide great exposure to a wide spectrum of patient demographics and medical issues. In 2015-16, Verona had 36,338 total patient visits.

The clinic has excellent relationships with its community partners. Verona clinicians regularly present to school classes and the Verona Senior Center, and residents and faculty serve as team physicians for local high school football teams. Our residents provide informative health articles for the local newspaper, and the clinic helps sponsor a variety of community events including the local police department's Night Out Against Crime.

The clinic has adopted many concepts of the patient centered medical home model. There is a thriving community garden on site that physicians, staff, and patients tend, which cultivates healthy lifestyles in the community. Diabetes group visits co-led by residents and faculty are offered on a regular basis, and robust disease registries allow for more organized patient recruitment and proactive disease management. The “2020 Fitness and Lifestyle Challenge” occurs annually over 20 weeks for 20 patients with a BMI of 30 or greater. The clinic partners with local businesses to offer discounts on groceries, healthy takeout food, and fitness centers. During the visits, weight and vital signs are checked; patients participate in guided yoga and relaxation exercises; there is teaching about nutrition, meal planning, and food preparation; and shared goal setting occurs at the end of each visit.

Consultants in other specialties, such as vascular surgeons and certified diabetes educators see our patients on-site to reduce the need to travel to Madison for these services. A unique behavioral health model facilitates access to immediate and direct behavioral health services. With a full-time, on-site licensed clinical social worker, the clinic can meet many patient needs regarding a wide range of concerns, such as depression, anxiety, self-esteem, grief, stress management, couples counseling, and crisis situations. Brief intervention counseling often occurs where faculty and residents do joint visits with the social worker, creating a truly collaborative environment for patients and an excellent learning opportunity for residents.

The Verona clinic is staffed with faculty physicians with broad interests in osteopathic medicine, obstetrics, women's health, osteopathic manipulative therapy, chronic disease management, integrative medicine, and research. One of the faculty physicians also specializes in sports medicine and cares for a UW Madison athletic team, and the sports medicine training at the clinic is particularly strong. There are twelve resident physicians, four physician assistants, one licensed clinical social worker, and 25 full-time equivalent support staff. There are 24 exam rooms, two procedure rooms, a cast room, lab, digital x-ray, and a fully implemented Epic electronic medical record. Procedures performed include vasectomy, lesion excision, laceration

repair, colposcopy, IUD placement, endometrial biopsy, Implanon placement, and others. The clinic deals with a moderate amount of minor trauma and other work injuries as well.

There are two patient care teams at the clinic. Each team is comprised of multiple faculty members, two residents from each of the three years of residency, and two physician assistants. The clinic's "lunch bunch" educational session occurs every Tuesday from 1:00-1:30 pm and brings together faculty and residents to informally discuss specific medical conditions, interesting clinical cases, or other topics of interest. Along with developing new medical knowledge about various clinical topics, innovative practice redesign ideas are generated collaboratively by residents and faculty during five half day educational seminars throughout the year.

## Verona Faculty, Residents and Staff

### Verona Faculty

Brian Arndt, MD - *Clinic Director*  
Karina Atwell, MD  
Bruce Barrett, MD  
John Beasley, MD  
Kathleen Carr, MD  
Janice Cooney, PA-C  
Ann Evensen, MD  
Tom Hahn, MD  
Erin Hammer, MD - *Fellow*  
Sarah James, DO  
Maggie Larson, DO  
Lucy Olewinski, MD - *Fellow*  
Doug Smith, MD  
Heidi Stokes, PA-C  
Karen Wendler, PA-C  
Jason Wray, PA-C  
Julia Yates, MSSW

### Verona Residents

Matthew Brown, MD - *Second Year*  
Allison Couture, DO - *Second Year*  
Todd Domeyer, MD - *Third Year*  
Jared Dubey, DO - *Third Year*  
Lindsey Engel, MD - *First Year*  
Petra Kelsey, MD - *First Year*  
Yoshito Kosai, MD - *Second Year*  
Kathryn Ledford, DO - *First Year*  
Alexander Milsap, MD - *First Year*  
Catherine Nelson, DO - *Third Year*  
Tina Ozbeki, MD - *Second Year*  
Erin Peck, MD - *Third Year (Chief Resident)*  
Ashley Taliaferro, DO - *First Year*

### Verona Staff

Mark Shapleigh - *Clinic Manager*  
Cindy Vandenberg - *Clinic Scheduler*  
Sarah Wells - *Office Supervisor*

# Wingra Family Medical Center

1102 S. Park Street

Madison, WI 53713

608-263-3111



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The Wingra Family Medical Center is located  
within walking distance, just .5 miles southeast of  
St. Mary's Hospital

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# ACHC WINGRA FAMILY MEDICAL CENTER



*“We are privileged to be an integral resource in South Madison, which is an ethnically and economically diverse community. Residents have a great educational experience in both clinical medicine and community responsive care.”*

*Kirsten Rindfleisch, MD, Director*

The Wingra Family Medical Center is located on Madison’s south side. Developed in the early 1970’s, it was the first Madison residency clinic and was formerly housed in the current DFMCH offices at Alumni Hall. Wingra has 27 examination rooms, two major procedure rooms, a counseling room, a clinic laboratory, and a radiology suite, as well as offices for the faculty and a workroom for residents. Physicians at Wingra have the ability to do colposcopy, endometrial biopsies, vasectomies, and prenatal ultrasonography. In 2014, Wingra began offering the Centering for Pregnancy program to all its obstetrical patients. In May of 2014, in collaboration with UW Health, the clinic opened an onsite pharmacy. In 2015-16, Wingra had 25,013 total patient visits.

Wingra is the most centrally located of the four resident centers and is in close proximity to St. Mary’s and Meriter Hospitals. The clinic is located in a section of the city that is racially and ethnically diverse, as well as medically underserved. In addition to people from the neighborhood, Wingra draws patients from the South Madison neighborhood in which it is situated, as well as other areas of Madison and outlying small towns and communities south of Madison, such as Oregon and McFarland. South Madison is home to numerous ethnic communities, such as African-Americans, Southeast Asians, and Latinos. Many staff members and medical providers speak Spanish, and interpreter services are available both in person and via telephone. The diversity of cultures and traditions allows residents at the Wingra Center to learn and practice in a complex multi-cultural environment.

In July 2009, the Wingra Family Medical Center affiliated with Access Community Health Centers (ACHC) which are a network of federally qualified health center. In addition to providing more services to patients, the affiliation enables residents to learn how an FQHC operates. Wingra has an integrated behavioral health program with psychologists available for patient care needs. Community resources located just down the street from Wingra include the Madison Community Health Center, Head Start, and the Public Health Department. Planned Parenthood and a branch of the Madison Public Library are located in the same building center.

Ken Kushner, PhD, is a psychologist available to all the staff for consultation and joint visits. Ken is also active in observation of residents to improve their clinical skills. Wingra also has a social worker on site, Mary Vasquez, who assists residents in connecting their patients with resources in the community. There are three certified physician assistants at Wingra: Angela Vitcenda, Mary Giblin, and Joel Hill. They participate in patient care on their respective teams, do initial prenatal assessments, and help with management of chronic illnesses. Medical students from all four years frequently come to learn at Wingra, providing residents with numerous opportunities to teach clinical medicine. PA, pharmacy, and social work students also train here.

Wingra has a four team structure in the clinic that provides comprehensive care to patients. The teams are comprised of 2 faculty members, a PA for two of the four teams, 1 first-, 1 second- and 1 third- year resident, 1 to 2 medical assistants, 1LPN, 1 RN, and a registrar. Noon teaching conferences and discussions are held each week and attended by faculty, residents, and PA's. In addition, an all-employee clinic meeting is held each month.

## Wingra Faculty, Residents and Staff

### Wingra Faculty

Randy Brown, MD, PhD  
Jess Dalby, MD  
Lee Dresang, MD  
Sean Duffy, MD - *Fellow*  
Mary Giblin, PA-C  
Joel Hill, PA-C  
Ken Kushner, PhD  
Jonas Lee, MD  
Ildi Martonffy, MD  
Beth Potter, MD  
Kirsten Rindfleisch, MD - *Clinic Director*  
Patricia Tellez-Giron, MD  
Jon Temte, MD, PhD  
Angela Vitcenda, MS, PA-C

### Wingra Residents

Lydia Chen, MD - *Second Year*  
Jody Epstein, MD - *Third Year*  
Paula Goldman, MD - *First Year*  
Parker Hoerz, MD - *Third Year*  
Divneet Kaur, MD - *Second Year*  
Sheila Kredit, MD - *First Year*  
Katherine McCreary, MD - *Second Year*  
Eric Phillippi, MD - *Third Year (Chief Resident)*  
Mukund Premkumar, MD - *Second Year*  
Caitlin Regner, MD - *First Year*  
Benjamin Traun, MD - *First Year*  
Bret Valentine, MD - *Third Year*

### Wingra Staff

Amber Karow - *Clinic Scheduler*  
John Tovar - *Clinic Admin Supervisor*  
Mary Vasquez - *Clinic Manager*

## Section 3

### MADISON RESIDENCY PROGRAM

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“One of the most important attributes that I was seeking in a family medicine residency was a supportive learning environment. I am so impressed daily by the dedication of our faculty, support staff, and my co-residents. It is such a pleasure to be part of Madison’s Family Medicine Family.”

*Christa Pittner-Smith, MD –  
Graduate*

# MADISON RESIDENCY PROGRAM CURRICULUM

## Background

The Madison program curriculum has always been in excellent standing with the Accreditation Council for Graduate Medical Education's (ACGME) Residency Review Committee Requirements for Residency Training in Family Medicine. The Program Evaluation Committee continuously monitors and revises the curriculum to meet changing needs and institutional standards. With the institution of the New Accreditation System, the Madison program again received the highest accreditation and does not anticipate a site review until April of 2023.

## Intern Partnership

On entry into the residency, all residents are partnered with another entering resident from their clinic; progression through many of the first-year inpatient rotations and the outpatient Community Health rotation facilitates collaborative learning and community partnership. Resident partners often become important built in sources of support for each other.

## Team Structures

In the outpatient family medicine medical home, residents are assigned to teams. The partnership and team systems allow residents to provide continuity of care to their patient panels and to responsibly cover inpatient rotation duties while assuring adequate learning and personal time away from the residency. Our residents learn by doing, by providing patient- and family-centered care to a panel of patients who identify the resident as their primary care physician. Each resident is assigned a patient panel inherited from exiting third-year residents, and their practices grow with new patients. In addition to residents, teams typically include faculty, nurse practitioners or physician assistants, RNs and MAs. Hospital and specialty outpatient experiences support this professional identity and development.

## St. Mary's Attendings and Staff

Family Medicine residents have always been the principal house staff at St. Mary's Hospital. New residents find they are fitting into an established and highly organized system. Attending physicians in all specialties are enthusiastic teachers and excellent clinicians who know and understand family medicine. Many have been affiliated with the program for years. The nurses at St. Mary's are well trained, hard working, helpful, and skilled at many basic procedures including IV's, NG tubes, wound care, and blood gases. Their expertise and support is highly appreciated by our residents.

## Rotations and Duty Shifts

While each rotation has unique scheduling needs, all inpatient rotations utilize a night float system to provide coverage for hospitalized patients and ensure sufficient periods of rest for both day and night residents. The Madison Program has prioritized creating a strong culture of education during overnight shifts.

For first-year residents, the rotations that include weeks of night/day shifts are MICU, OB, and Inpatient Pediatrics Nights/Newborn Care. The St. Mary's and Community ER rotations also include some overnight shifts to maximize after-hours learning opportunities in the Emergency Care environment. First-year residents work primarily during the day on the St. Mary's and UWHC Family Medicine Services, with the exception on one night shift per week.

Second- and third-year residents are scheduled for 4 weeks of night float each year (2 weeks at SMH and 2 weeks at UWHC). The second-year OB rotation also alternates between day and night shifts. While on other inpatient rotations, senior residents work primarily during the day in a teaching and supervisory role.

Our program is committed to ensuring that residents have the support they need to provide quality patient care at all times. First-year residents always have the in-house support of a senior resident, and backup assistance is available to all residents at all times. Regular monitoring takes place to document our continued compliance with ACGME duty-hours mandates.

### **Educational Pathways**

The Madison program has created a mechanism for resident physicians interested in specific topic areas to pursue individualized, yet structured longitudinal curricular experiences called *Educational Pathways*. These Pathways provide experiences and learning above usual residency curricular opportunities in an integrated approach. Each Pathway delineates learning goals, objectives, and educational opportunities for interested residents. Pathways currently approved by the Madison Program Education Committee include Community Health, Global Health, Integrative Medicine, Developmental Disabilities, Maternity Care, Geriatrics, Sports Medicine, and Women's Health. Participation in a pathway is entirely optional.

# Rotation Summary 2016-2017

## First Year Rotations

*16 Blocks  
(each block is 3 or 4 weeks)*

### Adult Medicine – 5 Blocks

- St. Mary's Family Medicine Service – *2 blocks*
- UW Hospital Family Medicine Service – *1 block*
- Medical Intensive Care Unit at St. Mary's Hospital – *2 blocks*

### Pediatrics – 4 Blocks

- Pediatrics Service at St. Mary's Hospital and American Family Children's Hospital – *2 blocks*
- Pediatrics Nights & Newborn at St. Mary's Hospital – *2 blocks*

### Obstetrics St. Mary's Hospital – 2 Blocks

### Surgery – 2 Blocks

- Rural Surgery Preceptorship (Monroe, Baraboo, or Fort Atkinson) – *2 blocks*

### Emergency Medicine – 2 Blocks

- Community ER – *1 block*
- St. Mary's Hospital ER – *1 block*

### Community Health – 1 Block (3 weeks longitudinally)

### Outpatient Rotations – 4 Weeks

- Management of Health Systems – *1 week*
- Nutrition – *2 weeks*
- Sports Medicine – *1 week*

### Vacation – 3 Weeks

## Second and Third Year Rotations

*Outpatient rotations can be taken either 2<sup>nd</sup> or 3<sup>rd</sup> year, unless otherwise designated*

### Adult Medicine – 8 Blocks

- Medical Intensive Care Unit at St. Mary's Hospital – 1 block (2<sup>nd</sup> year)
- Family Medicine Service at St. Mary's Hospital – 1 block (3<sup>rd</sup> year)
- St. Mary's Hospital Night Float – 4 weeks (2 each 2<sup>nd</sup> & 3<sup>rd</sup> year)
- Family Medicine Service at UW Hospital – 2 blocks (1 each 2<sup>nd</sup> & 3<sup>rd</sup> year)
- UW Hospital Night Float – 4 weeks (2 each 2<sup>nd</sup> & 3<sup>rd</sup> year)
- Teaching Nursing Home – 1 block (3<sup>rd</sup> year)
- Dermatology (Outpatient) – 2 weeks

### Pediatrics – 2 Blocks

- Pediatrics Service at St. Mary's Hospital – 1 block (2<sup>nd</sup> year)
- One additional block chosen from available out and inpatient rotations – 4 Weeks

### Obstetrics St. Mary's Hospital – 2 Blocks

### Gynecology – 3 Weeks

### Surgical Subspecialties - 15 Weeks

- ENT – 3 Weeks
- Musculoskeletal Medicine (Orthopedics, Orthopedics-Related, and Sports Medicine) – 10 Weeks
  - Orthopedics – 3 Weeks (Includes Musculoskeletal Radiology and Orthopedics Clinic)
  - Orthopedics Related – 3 weeks (Includes Rheumatology, Casting/Splinting, Physical Therapy, and Selectives)
  - Sports Medicine – 4 weeks (Includes Sports Medicine Clinic, Sporting Event Coverage, Orthotics Lab, and Athletic Training Room)
- Ophthalmology – 2 Weeks

### Management of Health Systems - 4 Weeks (2 each in 2<sup>nd</sup> & 3<sup>rd</sup> year)

### Community Health – 4 Weeks (2 each in 2<sup>nd</sup> & 3<sup>rd</sup> year)

### Rural Rotation – 4 Weeks

### Electives – 5 Blocks

- Medicine Electives may be chosen from: Allergy, Pulmonary Medicine, Geriatrics, GI, Neurology, and Endocrine.

- Other electives available include Integrative Medicine, Psychiatry, Palliative Care and Hospice, Medical Informatics, Addictive Disorders, Out-of-Town or International rotations, and others.

**Clustered Didactics – 3 weeks (1 in 2<sup>nd</sup>, 2 in 3<sup>rd</sup> year)**

**Vacation – 4 weeks (each year)**

**CME time – 2 weeks (1 each in 2<sup>nd</sup> & 3<sup>rd</sup> year)**

# FIRST YEAR CURRICULUM

## Adult Medicine

**Family Medicine Inpatient Service at SMH (2 Blocks):** Two first-year residents work with a third-year family medicine resident and a DFMCH family medicine faculty physician, primarily managing patients from our own clinic practices and Access Community Health Center. **Jennifer Edgoose, MD** coordinates this rotation.

**Family Medicine Inpatient Service at UWHC (1 Block):** One first-year resident works with a first-year psychiatry resident, a second-year family medicine resident, and a third-year family medicine resident. Attending physicians are DFMCH faculty from the family medicine residency and university hospitalist physicians. Residents care for patients from our own family medicine centers, Access Community Health Center, and other UW Health family medicine clinics. The coordinator of this service is **Lou Sanner, MD**.

**Medical Intensive Care Unit Service at SMH (2 Blocks):** Two first-year residents work with a second-year family medicine resident on this service. Working closely with St. Mary's intensivists, they manage the care of MICU patients. **Jennifer Edgoose, MD** coordinates this rotation.

## Pediatrics

**Pediatric Inpatient Service at SMH (1 Block):** One first-year resident works with a second-year family medicine resident and pediatric hospitalists on this service. Family physicians who practice at the hospital also admit to the service. The pediatric hospitalist is active in teaching and bedside family-centered patient care rounds. **Jonas Lee, MD** is the rotation coordinator.

**Pediatric Inpatient Service at UW's American Family Children's Hospital (1 Block):** One first-year residents work with the pediatric team on the general pediatrics service for this rotation. Residents work with the same group of pediatric hospitalists on both pediatric services (SMH and AFCH). **Jonas Lee, MD** is the rotation coordinator.

**Inpatient Pediatric & Family Medicine Service Nights & Newborn Care at SMH (2 blocks):** This rotation alternates weeks of inpatient pediatric night duty with weeks of Newborn Care. While on **Inpatient Pediatric Nights**, first-year residents work with an in-house senior family medicine resident to cover patient care and overnight admissions for the St. Mary's Pediatrics and Family Medicine Services. While on **Newborn Care**, residents participate in the examination, evaluation, and care of healthy newborns, and address common neonatal complications. In addition, SMH also has a regional center for neonatology, which affords residents the opportunity to participate in the care of premature and severely ill infants. As part of the Newborn Care rotation, residents are provided opportunities to become proficient in newborn resuscitation, circumcision, and appropriate care of preemies after discharge from the NICU, as well as opportunities to become familiar with lactation consultation and breastfeeding issues and techniques. Depending on future plans and interests, residents may participate in stabilization and transport of sick and/or premature infants in the field or may participate in genetic counseling sessions. Residents work closely with neonatologists, ICU nursing staff, lactation consultants, DFMCH and community family physicians and pediatricians throughout this rotation. The coordinator of the newborn rotation is **Ildi Martonffy, MD**.

## Obstetrics

**Obstetrics at SMH (2 blocks):** Two first-year and two second-year residents cover the low-risk obstetrical service at St. Mary's. Residents round on postpartum patients as a team each morning. Residents take turns covering the labor floor in 12-hour shifts. The on-call resident is responsible for evaluating patients in triage and developing an appropriate treatment plan. Residents admit and manage all low risk OB patients, including performing the delivery and managing postpartum care. Other resident duties include managing scheduled inductions, and participating in obstetrical procedures such as external cephalic version. Patients on the low-risk service come from several obstetrical and family medicine groups and residents work with attending physicians from these groups. Residents additionally have some exposure to high-risk obstetrical patients while working on the floor, including assisting at cesarean sections. Residents evaluate and manage all family medicine patients (including high-risk patients) until they determine through consultation with the attending that an OB/GYN consultation is warranted. An obstetrician and senior OB/GYN resident are in house at all times for high risk care. By the completion of their first-year OB rotations, most residents have completed 60-75 deliveries (120-150 total deliveries by the completion of two years or four blocks). The coordinator of the OB rotation is **Lee Dresang, MD**.

## Surgery

**Rural Surgery Preceptorship (2 Blocks):** During this block of surgery, first-year residents work with surgery preceptors in outlying community hospitals close to Madison. Residents evaluate this rotation very highly because most of the time is spent involved in procedures and first assisting in the OR in addition to mentored involvement in pre- and post-operative care. **Katy Bixby** coordinates this rotation.

## Emergency Medicine

**Community ER (1 Block) and SMH ER (1 Block):** Two ER blocks are required; one is in a community hospital in one of four community sites (Monroe, Portage, Sauk, and Baraboo) and the other is the SMH ER. Vacation time is permitted during these blocks, so the total time spent is approximately five to six weeks. Residents work 8-12 hour shifts under the direction of ER physicians at all sites, seeing patients as they present for emergency care. The amount of work and responsibility given to the resident increases over the duration of the rotation. **Katy Bixby** coordinates the ER rotations.

## Community Health

**Community Health (1 Block):** A unique experience in the first year, the Community Health rotation helps residents understand community-based health issues and the organizations and resources available to assist physicians in community-oriented care. There is a specific focus on population health, health policy, and health equity. Residents are encouraged to become involved in community health projects and research related to their specific interests. Goals of the rotation include helping each resident understand the health care issues, problems, and resources in the community in which their family medicine center is located, and teaching residents to integrate these health resources into their patient care. Another goal is to demonstrate the impact of socio-economic conditions and health policy on patient health and well-being. The rotation also strives to teach residents to work as members of interdisciplinary primary health care teams. The rotation includes core experiences such as Hospice, WIC, free clinics, and AODA outpatient treatment. It also includes experiences specific to the individual family practice centers, such as home visits, school health visits, senior center, neighborhood

or community center visits. The rotation residency staff coordinators are **Michelle Grosch, MA, Jenny White,** and **Kacia Stevenson.**

### **Outpatient Care**

**Belleville, Northeast, Verona, and Wingra Family Medical Centers:** Each center operates as a group practice. Within the center organization, emphasis is placed on the resident partnership system and on a team structure to facilitate continuity of care, awareness of complex patients, and after-hours coverage. Working with physician faculty, nurse practitioners, physician assistants, and behavioral science faculty allows the resident to experience a multidisciplinary approach to patient care. First-year residents average 2 half-days per week at the family medical center. They start out seeing one patient an hour and increase the pace throughout the year.

Residents will also have several weeks of outpatient rotations. One week of Management of Health Systems focuses on residents learning about team-based care, clinic work flow, coding, and efficient use of EHR in their continuity clinic. Two weeks of nutrition and one week of Sports Medicine will also be completed in the first year.

### **Critical Care Courses**

Entering first-year residents complete required ALSO and PALS courses during the first two weeks of residency. NRP, also required, is presented during the R1 seminar series. Incoming residents are expected to be BLS and ACLS certified before starting in our program, and our staff will provide information about courses offered in the Madison area.

### **Family Medicine Seminars**

The family medicine seminar for first-year residents meets Thursday afternoon from 1:00-5:00pm (lunch is provided). The first-year seminar series provides a comprehensive orientation to family medicine and ambulatory care. During the first four months of the year, part of the seminar time is devoted to the Survival Skills series, which is presented by senior residents and covers the basic acute inpatient problems that residents encounter. Topics for the first-year seminar series are included later in this booklet. An EKG teaching series is also a longitudinal part of this weekly seminar.

# SECOND AND THIRD YEAR CURRICULUM

## Overview

The second- and third-year curriculum is well established and flexible. Generally there are ten four-week blocks and four three-week blocks. Rotations are available in most subspecialty areas; electives are offered in addition to required rotations. The Madison area medical community offers many educational options. For example, residents on Sports Medicine may choose to work with UW Sports Medicine faculty at the UW Research Park Clinic, or with family physicians who provide sports medicine services in the Dean Health system. Residents choosing to take Allergy may select either the UWHC (University of Wisconsin Hospital and Clinics) Allergy Clinic or the Pediatric Allergy group in the Dean Health system.

Our outpatient rotations are regularly reviewed and revised in order to address the wide variety of needs of different residents, the continuing evolution of health care, and the changing availability of educational resources. Some examples:

- Many residents choose to work in the outstanding ER at the Children’s Hospital in Milwaukee or to do a Developmental Peds rotation at the nationally recognized Waisman Center in Madison to complete their Pediatrics requirements.
- Residents may choose an Integrative Medicine elective with our faculty, Dr. Adam Rindfleisch and our Integrative Medicine Fellows, Drs. Eugene Lee, Sagar Shah, Jonathan Takahashi, Vinny Minichiello, and Mara Motley.

Residents also have the opportunity to develop new or alternate rotations in Madison or elsewhere. A policy for submitting a proposal is available, and examples of electives initially developed by residents are the Children’s Hospital ER in Milwaukee (mentioned above), Diabetes Management, Vasectomies, Practice Styles, Palliative Care and Hospice, Geriatrics, and Resident as Teacher. In addition, time is available for an out-of-town rotation. Many residents have gone to Indian Health Service sites, while others choose out-of-town rotations at or near potential fellowships or practice sites. Interest in international sites has increased over the past several years. There are established International Rotations in Belize, Ecuador, Uganda, and other countries. The Department is partnering with Ethiopian colleagues to establish a family medicine residency at Addis Ababa University and residents are welcome to participate in this project.

Second- and third-year residents divide their time between hospital or outpatient rotations and seeing their own patients in the family medicine center. The team system plays a vital role in maintaining continuity of patient care and balancing the resident’s experience between service and education.

## Outpatient Care at Belleville, Northeast, Wingra or Verona Family Medical Centers (FMC)

While on inpatient rotations (UWHC, SMH, MICU), second- and third-year residents are scheduled in the FMC two times per week. During their outpatient and elective rotations, second- and third-year residents are generally scheduled to see patients in the FMC five half-days per week. Most subspecialty outpatient rotations are four half-days per week. An example of a typical week is four half-days of outpatient rotation, five half-days in the FMC, and one half-day for Primary Care Conference and Family Medicine Seminars (Wednesday morning). Time spent in the family medicine center is reduced

to four half-days if the resident is giving public school education talks, doing nursing home rounds, home visits, etc.

Many of the attending physicians in both inpatient and outpatient settings have been teaching for many years. These teachers have developed strong ties with our program. They continue to teach year after year with tireless enthusiasm.

### Primary Care Conference and Family Medicine Seminar

- **Joint Primary Care Conference (Wednesdays, 7:30 to 8:30 am at St. Mary's):** The Madison Family Medicine Residency has combined with the SMH Family Medicine Department (many members are our graduates) for this Wednesday morning conference. DFMCH faculty physicians, as well as St. Mary's and guest physicians, present at this conference on a wide range of topics relevant to Primary Care. In addition, second-year residents lead a Journal Club presentation at the conference, and third-year residents present a review of a clinical topic of their choice. The conference is protected time for second- and third-year residents on most rotations. First-year residents attend this conference as often as scheduling permits.
- **Family Medicine Seminars (Wednesdays afternoons):** These seminars include the basics of family medicine, behavioral science, preventive medicine, practice management and community medicine in a two-year cycle.

### Wednesday Noontime Activities

- **Chief Rounds** are the second and fourth Wednesdays at noon. All residents are encouraged to come. Lunch is provided.
- **Wildlife Seminars** are scheduled at the request or approval of residents. The series title highlights the eclectic nature of the content. A wide variety of topics, including subjects such as advances in medical informatics, international health, preventive and alternative medicine, community medicine, and Literature in Medicine, are potential offerings.

## SECOND AND THIRD YEAR ROTATIONS

### Rural Rotation

Residents are required to complete one four-week block in a Wisconsin rural practice site their second year. Residents can choose from a variety of well-established practice locations including: Dodgeville, Lancaster, Richland Center, Shawano-Menominee and Watertown. Some sites are commutable while others provide lodging for residents. Residents return to Madison weekly for their continuity clinic and for the weekend if they are not on call.

### Adult Medicine

- **Medical Intensive Care Unit Service at SMH (1 Block second year):** Senior residents supervise the first-year residents but do not take any overnight call.
- **Family Medicine Inpatient Service at SMH (1 Block third year):** The senior resident is in a teaching and supervisory role.
- **Family Medicine Inpatient Service at UWHC (1 Block second year, 1 Block third year):** Second-year residents have two weeks of night shift on this service and also rotate in separate blocks as part of the daytime team. The third-year resident has teaching and supervisory responsibility on this service and takes call twice per month, alternating weeks with the second-year resident.
- **Teaching Nursing Home (1 Block third year):** Third-year residents spend 3-4 weeks working closely with *Irene Hamrick, MD* in the nursing home setting, where they manage care for the majority of the residents of a local nursing home. Residents provide senior coverage in the MICU on Sundays during this rotation.
- **Outpatient Dermatology (2 Weeks)**

### Pediatrics

- **Inpatient Pediatrics at SMH (1 Block second-year):** The senior resident is in a teaching/supervisory role.
- **Pediatric Selectives (4 Weeks second or third year):** Choices include one or a combination of the following: Parenting and Infant Development; Outpatient Pediatrics in Madison with local pediatricians; Children's Hospital ER in Milwaukee; Pediatrics Fitness Clinic at Research Park; Child Psychiatry Consultation Service- UWHC; Developmental Pediatrics at the Waisman Center; Pediatrics Specialty Clinics; and/or Pediatric Allergy.

### Surgery

The following surgery-related rotations are all required outpatient rotations.

- **ENT (3 Weeks)**
- **Ophthalmology (2 Weeks)**
- **Orthopedics (3 Weeks)**
- **Orthopedics-Related (3 Weeks):** Four weeks of musculoskeletal orthopedic-related rotations are required: 1 week rheumatology; 1 week of casting and physical therapy; 2 weeks of selectives,

which include pain management, prolotherapy, pediatric orthopedics, podiatry, Spine Clinic, and work-hardening.

- **Sports Medicine (4 Weeks):** Locations include one or a combination of the following: UW Research Park or Dean clinics. This rotation also requires residents to spend two afternoons in a high school training room and cover two sports events.

## Obstetrics

Obstetrics at SMH (2 Blocks second year): Residents take turns covering the labor floor in 12-hour shifts. In addition to the required blocks of OB, a high risk OB rotation is available for third-year residents at Meriter Hospital in Madison as an elective.

## Gynecology

Three weeks of Gynecology are required in the second and/or third year.

## Management of Health Systems

Two weeks of Management of Health Systems are required in the second year, and two weeks in the third year. Residents learn how to implement a quality improvement project in their own practices. A combination of independent learning and facilitated and shadowing opportunities allow residents to explore the types of practices they are interested in pursuing after residency as well as key factors in managing their practices.

## Community Health

During the first year, residents complete a longitudinal Community Health rotation. Residents explore agencies, organization, resources around the Madison area and specifically their continuity clinic area, along with faculty discussions, readings and modules. After their first year, residents are given 8 half days in their second year and 8 half days in their third year to work on a community health project.

## Clustered Didactics

In the second and third years, a total of three weeks of Clustered Didactics is required. One week is scheduled during the second year and two weeks are scheduled during the third year. Curriculum for second-year residents focuses on Musculoskeletal Medicine, Nutrition, Men's Health, and Geriatrics. Third-year resident sessions emphasize Management of Health Systems and Gynecology.

## Electives

Residents have a minimum of 12 weeks of elective time. Established electives are listed below:

Addiction Disorders	Nutrition
Allergy	Palliative Care and Hospice
Behavioral Health	Practice Styles
Cardiology	Prolotherapy
Diabetes Management	Psychiatry
Endocrine	Radiology
Geriatrics	Research
Integrative Medicine	Resident as Teacher

International Health  
Madison Birth Center  
Neurology

Urgent Care  
Urology  
Vasectomies

Residents may also develop their own electives or take additional weeks of rotations that meet requirements (e.g. physical therapy). Longitudinal electives can be arranged to meet individual educational goals.

### **Teaching Rounds**

Second- and third-year residents, as well as faculty, attend inpatient teaching rounds on Monday mornings from 8:00 – 9:00 am. A senior resident generally presents clinical cases that are inpatient focused, as well as some that are outpatient. An EKG teaching series is also a longitudinal part of this morning didactic. Clinic-based patient rounds, didactics, and case discussions are held at various times in the four FMC's. Most inpatient services also have focused educational discussions and/or conferences.

### **Call for Second- and Third-Year Residents**

Night call for the FMC patients are shared by all second- and third-year residents and has been consolidated into four After Hours Care rotation weeks per year, five days per week.

# EDUCATIONAL CONFERENCES AND SEMINARS

All Residency Conferences, Meetings, and Seminars are listed in *Madlines*, a weekly publication that is distributed electronically to all residents. **First-year** residents attend **Thursday afternoon** seminars, a combination of core family medicine topics, and senior resident-presented Survival Skills. **Wednesday conferences and seminars** are primarily for **second- and third-year** residents. There are also resident conferences on the inpatient services.

## Survival Skills for First Year Residents

Survival Skills seminars are conducted by senior residents during the first half of the academic year to provide support and information on common first-year call questions and issues. A range of topics are addressed including On-Call 101, OB 101, Hypertensive Emergency, Acute Pain Management, Sepsis, Atrial Fibrillation, Altered Mental Status, Outpatient Problem Solving, Calling Consults, GI Bleed, etc. Survival Skills Seminars are one hour long and held during the Thursday afternoon seminar series.

## First-Year Resident Family Medicine Seminar Series

The first-year seminar series provides a comprehensive orientation to family medicine and ambulatory care. Seminars are required, and seminar is protected time for most residents. Seminars are held on Thursdays from 1:00-5:00 pm. A sample list of topics appears below:

Adolescent Health	Low Back Pain
Asthma	Lower Respiratory Infections
Chest Pain/Angina	Nexplanon Training
Chronic Illness	Nursing Home Orientation
Contraception	Nutrition for Health Promotion & Disease Prevention
Dermatology	Postpartum Exam
Diabetes	Practice Management
ECCG	Prenatal
Evidence Based Medicine	Psychiatry/Anxiety/Depression
Fracture Management	Shoulder Exam
Geriatrics	Smoking Cessation
Headaches	Sports Physical
Hyperlipidemia/Heart Disease/Lipids Basic	STIs
Hypertension	Stroke Evaluation and Treatment
IBS, GI Bleeds, Gastritis	Substance Abuse
Immunizations	Suture Lab
Infant and Toddler Nutrition	Trauma Work-up
Integrative Medicine/AWARE	Upper Respiratory Infection
Knee Exam	

## First-Year Resident Rotation Didactic Sessions

Rotation	Day, Time, Location	Information
<b>OB</b>	Lecture Series Friday 7:30-10:00 AM	Lecture/discussion series by various family physicians and OB faculty and residents on aspects of OB care and labor and delivery management. Additional lectures may be held during specific weeks on the rotation.
<b>UW Family Medicine Service</b>	Monday-Friday 8:00 AM 10:45 AM	Attend Peds lecture as able Attend Internal Medicine case report as able
<b>St. Mary's Family Medicine Service</b>	Mondays – 8:00 AM Mendota Room	Monday morning report 4 <sup>th</sup> Monday AM – Morbidity and Mortality Conference

## SMH Conferences for Medical Staff and DFM Faculty and Residents

A monthly conference calendar for SMH is distributed to residents. It is also available from the Medical Staff Office at St. Mary's.

### Wednesday Conferences (except fourth Wednesday of the month):

- Joint Primary Care Conference – 7:30 am

## Family Medicine Seminar Series for Second- and Third-Year Residents

Seminar for second- and third-year residents is held on Wednesday afternoons from 2:00 - 5:00 p.m. noon. A sample of second and third-year seminar topics appears below:

Abdominal Pain in Children	Dysfunctional Uterine Bleeding	Newborn Lab
Adolescent Medicine	Environmental Health	Osteoporosis
Allergy Syndromes in Children	Exercise Rx/Cardiac Rehab	Pain Management
Alzheimer's Disease	Evaluation of a Pelvic Mass	Palliative Care/Hospice
Amenorrhea	Failure to Thrive	Pediatric Anemia
Ankle Exam	Female Incontinence and Organ Prolapse	Pediatric Enuresis and Encopresis
Back Pain	Fibromyalgia/Chronic Fatigue	Pediatric Orthopedics
Behavioral Problems in Children	Fine Tuning Contraception	Pelvic Pain
Breast Cancer	Foot Exam	Polycystic Ovarian Cyst/Hirsutism
Breast Feeding	Hand/wrist Exam	Preventive Health in the Elderly
Cancer Screening	Headache	Problem Solving Therapy
Casting Lab	Health Literacy	Provider Patient Communication
CHF	Hepatitis Viral and Non-Viral	Radiology Cases
Child Abuse	HIV	Rheumatology
Child Development	Hospital Nutrition	Rehabilitation
Childhood Asthma	IBS and GERD	SBIRT
Chronic Coronary Artery Disease	Infertility	Seizure Disorders
Chronic Grief/Coping	Immunizations/Vaccine Safety	Sinusitis/ENT/Tonsillitis/Otitis
Chronic Kidney Disease	Integrative Medicine	Sleep Disorders
Clinical Nutrition	Joint Injection Lab	Somatization
Coding and Documentation	Knee Exam	Stress Tests and Cardiac Imaging
Colon Cancer Screening	Male Reproductive Health	Substance Abuse
Coughs, Colds and Allergy Medications	Management of Abnormal Pap Smears	Suturing Lab
Cross-Cultural Issues/Use of Interpreter	Menopause	Teaching Skills for Residents
Dermatological Therapeutics	Miscarriage	Thyroid Diseases
Dermatology (Advanced)	Motivational Interviewing	Type I & II Diabetes
Disclosing unanticipated outcomes	Musculoskeletal Imaging	Vaginitis, PID, STDs: Update and New Treatment Guidelines
Domestic Violence	Nephrology	

## **Wildlife Seminar**

The Wildlife seminars are optional sessions for all residents with topics that do not fit into the regular required seminars. Topics have included:

- Family Medicine and Primary Care in a Developing Country
- Rural Health Practice Panel
- Quality of Work life for Family Physicians in Wisconsin
- Health Care/AIDS in Kenya
- Limiting Common Prescription Errors
- ER at Indian Health Services
- Health Care System Change
- From Residency to Reality
- Prolotherapy in Honduras
- Occupational and Environmental Health

## **Check In Group**

This confidential session meets monthly during resident's protected seminar time. The group is facilitated by UW Integrative Medicine Mindfulness Practitioners.

## Scheduled Resident Social and Support Activities

- ◆ **Annual Residency Picnic** - The annual residency picnic, held each June, marks the transition of the interns into the residency and the graduating residents' departure. Held at a local park for residents, faculty, staff and families, it is an evening of food and fun for all!
- ◆ **Support Groups** - Recognizing that residency is demanding and often draining, residents formed two monthly support groups – one for interns and one for second- and third-year residents, held during protected seminar time. The groups, facilitated by an expert in mindfulness meditation, provide time for residents to support each other in a safe and nurturing environment. They are also a great time to catch-up with colleagues.
- ◆ **Mindfulness-Based Stress Reduction Training** – This optional training is offered to first-year residents during protected seminar time. Residents learn skills and techniques in mindfulness meditation and how to apply these skills at work to reduce stress.
- ◆ **Aware Curriculum** - This innovative curriculum provides residents with an eclectic mix of experiences, reflection, study, and mentoring to promote personal and professional growth. Residents have access to financial resources to pursue particular areas of interest in conjunction with individual development plans. The Aware Curriculum aims to help residents nurture their abilities to provide more compassionate and humanistic care throughout their medical careers.
- ◆ **Chiefs' Rounds** - Chiefs' Rounds occur twice monthly over lunch and are part business, part social. They serve as the primary way for residents to keep up to date with residency (and resident) happenings.
- ◆ **Resident Retreat** - The end of summer brings a retreat for residents and their families. This is a protected time to relax and get to know fellow residents without the pressures of work. There are no required activities other than being present. Highlights of past retreats have included scavenger hunts, yoga, pottery classes, swimming and canoeing, campfire singing and plenty of food!
- ◆ **Fizzle Dinner** - Each February the Residency invites all first-year residents (as well as significant others) to dinner in a Madison restaurant to celebrate being "over the hump" of the intern year.
- ◆ **Foshizzle, and Finoozle Nights** - Second and third year residents celebrate their own versions of the Fizzle Dinner with the Foshizzle and Finoozle Nights. These nights are planned and hosted by residents.
- ◆ **Graduation** - An evening celebration on campus with family, friends, colleagues, faculty and staff marks the end of the residency journey for the Madison residents. It is an evening to remember for the good food and good friends.

## Section 4

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### FACULTY BIOSKETCHES

“We are very fortunate to work at St. Mary's hospital where we are treated with respect and where we are appreciated as part of a team. We have the honor of working with attendings that are as brilliant as they are encouraging and kind.”

*Julia McMillen, MD – Graduate*

# MADISON PROGRAM FACULTY



## Madison Residency Program Faculty

### **Belleville Faculty**

**Jensi Carlson, MD** – Associate Director (please see page 9 for full bio)



**David Deci, MD** grew up in warm and sunny Jensen Beach, Florida. He earned his undergraduate degree in Biology and Chemistry at Florida State University and was one of the first students in the innovative Program in Medical Sciences. He received his Medical Degree from the University of Florida College of Medicine and then completed his residency at the University of North Carolina Mountain Area Health Education Center in Asheville, NC where he served as Chief Resident. After two years of practice in Mars Hill, NC (population 600), he relocated to Strasburg, VA (population 3,500) where he practiced inpatient, outpatient, and community oriented Family Medicine for 15 years. In November 2000, he entered academic Family Medicine at West Virginia University in Morgantown, WV. His roles there included Family Medicine Clerkship Director, Director of the WVU Department of Family Medicine Rural Scholars Program, FMIG Faculty Advisor, and Faculty Advisor to MUSHROOM (Multidisciplinary UnSheltered Homeless Relief Outreach Of Morgantown).

Dave joined the UW DFMCH faculty in March 2009 in the role of Director of Medical Student Education. He has a particular interest in wellness promotion, health screening, adolescent health, men's health, and care of rural communities. His educational research interests include student engagement in underserved care, role modeling and its power within the curriculum, community-based curriculum development, transdisciplinary collaborative teaching, and provision of health care to unsheltered homeless. Dave lives in Fitchburg with his wife Diane. They have two grown sons. Dave enjoys gardening, travel, the performing arts, and hiking.



**Patrick Huffer, MD** completed his Academic Fellowship on the heels of finishing his family medicine residency at the University of Wisconsin Madison, where he served as chief resident during his 3rd year. Prior to residency, he completed medical school at the University of Vermont College of Medicine. There, he learned from an exceptional group of family medicine educators and was inspired by the role primary care physicians can have in their communities. As a fellow, he is excited to build on his teaching and leadership skills, and enjoys working with residents and medical students. He is also interested in rural medicine, plant-based nutrition, and enjoys using his Spanish language ability to work with patients in Madison and abroad. Patrick loves all outdoor activities, especially backpacking, bikepacking, fly fishing, and canoeing.



**Jennifer Lochner, MD** Dr. Lochner's affiliation with the UW Department of Family Medicine and Community Health began when she was born at St. Mary's Hospital while her father was a family medicine resident (in the second graduating class of the then newly formed specialty and UW Department). She grew up in the small town of Waupaca, WI and learned about family medicine first hand before attending college and medical school at UW followed by residency at Oregon Health & Sciences University in Portland, Oregon. She stayed on at OHSU as a 4th year

Chief Resident and then joined the full time faculty there, eventually taking on the role of Associate Residency Director and Medical Director of the South Waterfront clinic. After 11 years in Portland her Wisconsin family ties overcame the wonderful relationships she had found with patients, friends and colleagues and so she moved back to Madison in December (yes, December) of 2010. She practices full spectrum Family Medicine at the Belleville clinic and feels lucky to have found such a wonderful group of staff, partners, residents and patients with whom to partner. When not at work Jen enjoys spending time with her husband Steve and their 2 young children and occasionally even finds time to hit a spin class, read or knit.



**Richard G. Roberts, MD, JD** is a family physician and attorney who has practiced in Belleville since 1987. A professor and past chair, Dr. Roberts is a member of the Board of Governors of the National Patient Safety Foundation and the National Advisory Council of the California Health Benefits Review Program. Dr. Roberts is a past president of the World Organization of Family Doctors (WONCA), the American Academy of Family Physicians (AAFP), the AAFP Foundation, and the Wisconsin Medical Society. Professor Roberts has focused his scholarship on primary care

redesign and health care reform, quality improvement, and guidelines. He has served on more than 3 dozen national and international guidelines panels. He has taught and consulted on primary care in more than 70 countries. He is an honorary fellow of the Philippine Academy of Family Physician, Royal College of General Practitioners and Royal Australian College of General Practitioners. He is an honorary member of the Romanian Society of Family Medicine and the Spanish Society of Family and Community Medicine.

## Northeast Faculty



**Jennifer Edgoose, MD, MPH** joined the UW medical faculty in 2010 from the Pacific Northwest, where she worked for more than a decade in a community health clinic. She graduated from Wellesley College with a B.A. in biological chemistry and Columbia University where she received her M.D. and M.P.H in 1996. There she developed a strong interest in primary care and patient advocacy which led her to enter a family medicine residency at the University of Washington where she piloted

a new track that focused on the urban underserved. She followed this by joining a community health clinic providing full spectrum family medicine including obstetrical care to the uninsured and underserved of greater Tacoma, WA. Her interests lie in care of the underserved and medically disadvantaged; cross-cultural care; population and community health; evidence-based medicine; and the patient-doctor relationship, particularly relationships with our most challenging patients. In 2014 she was honored with the Baldwin Lloyd Teaching Award from Madison residents. Currently, she is championing the 2020 Initiative engaging the entire department in renewed conversations and commitment to diversity, inclusion and health equity.

**Ronni Hayon, MD** joined the Department of Family Medicine and Community Health as an Assistant Professor CHS in October 2012. She received her medical degree from Drexel University College of Medicine in Philadelphia and she completed her Family Medicine residency at the UW-Madison Family Medicine Residency Program. Following residency, Ronni completed a one-year Academic Fellowship with the Department of Family Medicine. Ronni is committed to providing full-spectrum

family medicine but has particular interests in women's health, OB care, LGBT health and adolescent medicine. In her spare time, Ronni can often be found knitting.



**Russell Lemmon, DO** completed his medical training at the Chicago College of Osteopathic Medicine and the MacNeal Hospital Family Medicine Residency in Illinois. Following residency he served as a family physician in the U.S. Air Force, stationed at Luke Air Force Base in Arizona. While on active duty he was the medical director for the Family Medicine department and was deployed as a physician with the special forces in Iraq. He also completed training in medical acupuncture and used this modality to treat military personnel in both the U.S. and Iraq. After 4 years in Arizona, Russ and his family moved back to the Midwest, first working in private practice in the Chicago suburbs before transitioning to academic family medicine here at the DFMCH in Madison. His professional interests include medical acupuncture, osteopathic manipulation and integrative medicine. Outside of work Russ enjoys chasing around his 3 young kids and biking around Madison.

**Kathy Oriel, MD - Madison Program Director (please see page 9 for full bio)**



**David Rabago, MD** After graduating medical school at UW Madison in 1997, David pursued a one-year post-graduate research year in epidemiology at the UW Department of Population Health. David completed residency in Family Medicine in 2001, graduating from the UW Department of Family Medicine and Community Health in Madison (Verona Clinic). During his residency David served as Chief Resident and also developed a passion for clinical research, completing a randomized controlled trial of nasal irrigation for chronic sinus symptoms. David continued his training after residency, completing a National Institutes of Health-sponsored fellowship in clinical research, and then receiving a 5-year National Institutes of Health K-23 Career Development Award. David now splits his professional time, maintaining an active continuity and teaching practice at Northeast Family Medical Center while also conducting research. His research focuses on assessing injection therapies for chronic musculoskeletal pain and on nasal saline irrigation for upper respiratory conditions.



**Lou Sanner, MD, MSPH** received his MD degree from Stanford University in 1983. He completed a family practice residency at the University of Missouri-Columbia in 1986 and stayed on there as a Robert Wood Johnson Foundation Practice Fellow from 1986 to 1988, earning an MS degree in public health. He joined the DFMCH in July 1988 and was the Madison Program Director from 1996 through June 2002. He teaches and practices at Northeast Family Medical Center. His academic interests center around resident education, particularly training for underserved rural and urban practice. He serves as a national consultant to Family Practice residencies for the AAFP. Lou received the Baldwin E. Lloyd, MD Clinical Teaching Award from the residents in June 1993.



**Sarina Schrage, MD, MS** joined the Northeast faculty in 1996. A graduate of Dartmouth College with a BA in French Literature, Sarina received her MD degree from the University of Illinois College of Medicine at Chicago in 1992. She completed her residency in family medicine at the MacNeal Hospital program in Berwyn, Illinois in 1995 and then completed a one year self-designed fellowship in Women's Health at MacNeal that combined graduate work in Women's Studies with clinical care in family practice. She completed a MS in population health sciences at the University of Wisconsin in 2006. She is the director of faculty development for the DFMCH. Her teaching focus is on women's health education for residents. Her current research interests include

osteoporosis prevention, vitamin D testing in primary care, work life balance, and dual physician families. She is also the director of the department's academic fellowship.



**William E. Schwab, MD – Vice Chair of Education** is a native of Madison and attended the University of Wisconsin as an undergraduate. He graduated from the Case Western Reserve University School of Medicine in 1980 and went on to complete his family practice residency at the University of Virginia in Charlottesville. After residency, he worked as a family physician at a community health center in the coal fields of southern West Virginia. Bill joined the DFMCH faculty in 1985 and was director of the Madison Residency Program from 2002 until 2008. He currently serves as the DFM's Vice Chair for Education. Bill is a nationally respected clinician, educator and policy consultant about the care of children with special health care needs and adults with disabilities and chronic illnesses from a patient- and family-centered perspective. He is a member of the Board of Directors and senior teaching faculty of the Institute for Patient- and Family-Centered Care in Bethesda, Maryland. In conjunction with the UW Waisman Center, he was principle investigator for the National Medical Home Autism Initiative, funded by the federal Maternal and Child Health Bureau from 2004-2008, and of a project funded by the Centers for Disease Control from 2008-2011 to enhance developmental screening by family physicians. Bill was honored as Family Physician of the Year by the Wisconsin Academy of Family Physicians in 1999 and received the Baldwin Lloyd Teaching Award from Madison Program residents in 1987 and 2008.

## Verona Faculty



**Brian Arndt, MD** is a true Wisconsin Badger at heart as he completed his undergraduate degree in mechanical engineering, medical degree, and family medicine residency training all at the University of Wisconsin-Madison. Dr. Arndt provides the full spectrum of family medicine including OB and inpatient care. He has special interests in preventive health and nutrition. His diabetes group medical appointments allow him to share these interests with his patients and engage with them in a dynamic setting for shared decision making and developing self-management goals. His interest in chronic disease management is also reflected in his work with multidisciplinary team development to enhance patient-centered care between visits. He is interested in patient care handoffs and transitions in care and has worked to develop electronic signout tools for our inpatient teams. Research areas of interest include collaboration with public health to estimate chronic disease prevalence through evaluation of EMR data. He also works collaboratively with the UW Department of Industrial Engineering to better understand the complexity of primary care and patient safety in the inpatient and outpatient settings. Dr. Arndt enjoys everything outdoors, especially fishing, and is well-known by his colleagues for his occasional lumberjacking in his prairie restoration work. His wife Kimberly is also a UW Health physician in Physical Medicine and Rehabilitation.



**Karina Atwell, MD** A Madison native, Karina Atwell earned her degree in Kinesiology-Exercise Science at UW-Madison before heading to Milwaukee to complete her medical degree at the Medical College of Wisconsin. Karina's interests in community health and underserved populations fueled her engagement in many outreach projects during medical school; and ultimately inspired her commitment to primary care. She has an ever-growing passion for global health and spent five weeks in Haiti during her residency training as part of her Global Health Pathway designation. Karina aims to provide excellent care for individual patients, but also pursue public and population health training so she can impact health disparities on a broader scale. In her spare time, she enjoys being outdoors any chance she can get, travel, running, cooking, seeing movies with her film-loving husband and cheering on the Badgers.



**Bruce Barrett, MD, PhD** received M.D. and Ph.D. (Anthropology) degrees from the University of Wisconsin-Madison in 1992, then did an international health fellowship with Johns Hopkins University at a World Health Organization research institute in Guatemala. A 1997 graduate of the Eau Claire residency program, Dr. Barrett completed the Madison-based primary care research fellowship in 1999. Dr. Barrett now directs research fellowships in primary care and complementary and alternative medicine. His work has been supported by grants from the National Center for Complementary and Alternative Medicine at the National Institutes of Health, and the Robert Wood Johnson Foundation. His research focuses on acute respiratory infection, placebo effects, herbal medicines, mindfulness meditation, and exercise. Bruce also works with Physicians for Social Responsibility, focusing on climate change, environmental health, and universal health care. When not busy with clinical care, community service, research or teaching, Bruce can be found with his family, and/or running, biking, swimming, skiing, hiking, climbing, canoeing or sailing.



**John Beasley, MD** graduated from Harvard College in 1964 and received his MD from the University of Minnesota in 1969. Following a rotating internship, he practiced for three years, including experience in the Peace Corps in Chuuk in the Caroline Islands. In 1975 he completed his Family Medicine residency and joined the faculty of the DFMCH. His special clinical interests include EEG reading (one book authored) and aviation medicine. He was one of the co-developers, along with Jim Damos, MD, of the Advanced Life Support in Obstetrics (ALSO) course. He founded the Wisconsin Research Network (WRn) and was the founding chair of the International Federation of Primary Care Research Networks. He has lectured nationally and internationally on primary care and primary care research and is the author or co-author of over 40 published articles. His current research work is with the UW Department of Industrial and Systems Engineering and focuses on the complexity of primary care, electronic health records, and patient safety. He is the Coordinator of I-PrACTISE, a research and educational collaborative between Industrial Engineering and the Primary Care specialties.



**Kathleen Carr, MD** completed undergraduate (Exercise Physiology) and medical degrees at the University of Wisconsin-Madison, residency training at the University of Michigan, and a two-year fellowship in primary care sports medicine at the University of Wisconsin-Madison in 2002. She joined the Madison Campus faculty in July 2002, and was the Associate Residency Director from 2006 until 2013. She has been the Associate Director of the Primary Care Sports Medicine Fellowship since 2005. Dr. Carr also serves as a team physician for the University of Wisconsin athletes. She is the curriculum director for musculoskeletal medicine in the residency, and her other professional interests are injuries in female athletes, mental health issues of athletes, and sports injury prevention. She enjoys cheering on the Badgers and outdoor activities with her family.



**Ann Evensen, MD** completed her undergraduate and medical degrees at the University of Wisconsin-Madison. She had residency training at the University of Washington-affiliated program in Renton, WA. Since residency she has practiced part-time but full-scope family medicine in rural and private practices in Covington, WA, Platteville, WI, and Monona, WI. She was named a Master Teacher by the UW Department of Family Medicine and Community Health and joined the Verona faculty in 2007. Her professional interests are low-risk obstetrics, women's health, international health, office-based procedures, and practice improvement. She loves to explore the ethnic food riches of Madison and lives in Verona with her husband and three children.



**Sarah James, DO** is the associate osteopathic program director for the dually accredited multi-site family medicine residency program for University of Wisconsin. She completed her osteopathic medical education at Des Moines University. Then, she completed her family medicine residency at Columbia St. Marys in Milwaukee Wisconsin and a one year residency in neuromuscular medicine and osteopathic manipulation medicine at the University of North Texas Health Science Center, Texas College of Osteopathic Medicine, Fort Worth. She has been featured in an article in *The DO*, the online publication of the American Osteopathic Association, for her efforts and advocacy in instructing MDs in the UW residency program in using OMM techniques to treat patients. Currently works at the UW Health Verona Clinic doing full spectrum family medicine. Dr. James still has family located in the Verona area and is happy to be a member of this community.



**Maggie Larson, DO** grew up in rural MN and received her B.A. in Psychology at Carleton College in Northfield, MN, while studying abroad in Spanish language and completing her pre-medical requirements. She then lived in the greater Chicago area for a short time working as a live-in counselor for teenage girls and as a medical assistant in a pediatric medical clinic affiliated with the Chicago Children's Hospital. After completing medical school at Kansas City University of Medicine and Biosciences College of Osteopathic Medicine, she stayed in the Kansas City area at the Research Family Medicine Residency, completing her third year as chief resident. As part of a National Health Service Corps scholarship repayment program, Dr. Larson worked for 5 years in a rural health system in central Minnesota practicing full spectrum family medicine including hospital and obstetrical patient care, periodically supervising visiting medical students, PA students and residents. She is excited to return back to academic medicine by joining the staff at UW-Madison. Outside of work, she keeps busy with her husband, Jay, and three boys Jack, Erick, and Leif.



**Douglas Smith, MD** graduated from the University of Illinois School of Medicine in 1979 and completed his residency at the Eau Claire Family Practice Residency Program in Eau Claire, Wisconsin. He practiced for three years in Mondovi, Wisconsin as part of the National Health Service Corps Private Practice Option. From 1985 through 1987 Doug was a Fellow in the Robert Wood Johnson Family Medicine Faculty Development Program at the University of Washington. Prior to joining the DFM in July 1990, he was a faculty member at the University of Colorado Department of Family Medicine. Doug's primary responsibilities are in predoctoral education. Doug and his wife, Barb, have four children.



**Julia Yates, MSSW, LCSW** completed her Master of Science and Clinical Social work degree with an emphasis in structural family therapy in 2003 from the University of Wisconsin- Madison. She completed her post graduate clinical externship on an Adult Inpatient Psychiatric unit which included extensive Emergency room training along with individual and group therapy. Julia's professional interests include: women's health, working with adolescent populations, grief counseling, couples counseling, motivational interviewing, holistic approaches to healing, and diagnosis and treatment of mood disorders. Julia was introduced to the Department of Family Medicine and Community Health while working with the Wisconsin Initiatives to Promote Healthy Lifestyles, which also afforded her the opportunity to strengthen her motivational interviewing skills. She joined the UW Health Verona team in March of 2008 and became full time after closing her private practice in Janesville in February 2011. Julia provides psychotherapy and brief consultation services to a wide age range at the Verona clinic, and she draws from multiple therapeutic, holistic approaches including cognitive behavioral therapy, solution focused therapy, and acceptance /commitment therapy. She also thoroughly enjoys working with residents through direct teaching, observation, and shadowing opportunities.

## Wingra Faculty



**Randy Brown, MD, PhD, FASAM** attended medical school at the University of Washington, Seattle. He completed his family practice residency at the University of California Davis-affiliated Stanislaus County Family Practice Residency Program. He has achieved Board Certification in Addiction Medicine (2009) and a PhD in Population Health Sciences (UW Madison, 2009). Additional training experiences have included University of California San Francisco's Faculty Development Fellowship (2001-2002), the UW HRSA Primary Care Research Fellowship (2001-2004), and the UC San Diego Alcohol Medical Scholars Program (2002-2004). Dr. Brown's research focuses upon services to addicted individuals in non-traditional settings and via non-traditional means, including in primary care, general hospitals, and criminal justice supervision and through the use of mobile technology. He is a licensed provider of office-based treatment for opioid dependence. Dr. Brown speaks fluent Spanish and enjoys serving the local Latino population at the Wingra Clinic. He is the Director of the Center for Addictive Disorders at University of Wisconsin Hospital and Clinics, the Director of the UW-VA Addiction Medicine Fellowship Program, and Medical Director of the Madison VA Interprofessional Advanced Fellowship in Addictions Treatment. He is adjunct faculty in the Department of Population Health Sciences, and a Center Scientist with the Center for Health Enhancement and Systems Studies in the UW Dept. of Industrial Engineering. He is the Medical Director for Overdose Prevention with the AIDS Resource Center of Wisconsin, LifePoint Program. He served as the President of the Wisconsin Society of Addiction Medicine for three years (2007-2009).



**Jessica Dalby, MD** joined the Wingra faculty in 2012 after completing a residency in family medicine and an academic fellowship at UW Madison. Before finding her home in Madison, she was living in Texas, where she completed her B.S. in biochemistry at the University of Texas in Austin and attended medical school at Baylor College of Medicine in Houston. In Texas, and while studying and traveling abroad in Spain and the Americas, she developed fluency in the Spanish language. Her clinical interests are wide-ranging and include full spectrum family medicine, including obstetrics. She has pursued additional training in reproductive health and teaches residents skills in this area. She spends most of her free time outside, biking around town, and enjoys gardening at her community garden plot and cooking good, fresh food. She is currently learning home canning methods to preserve the bounty of summer from her garden.

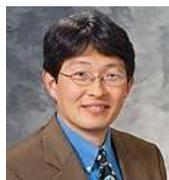


**Lee Dresang, MD** graduated from the Indiana School of Medicine and completed his family medicine residency at the New Mexico Family Practice Residency. He then completed the Tacoma Rural Health Fellowship before coming to Wisconsin. His special interests include women's health, Latino and international health and violence prevention. He is currently the OB Coordinator for the Madison Family Medicine Residency Program. He is also currently a member of the ALSO Editorial Board and Family Practice Inquiry Network (FPIN) Board.



**Kenneth Kushner, PhD** received his BA from the University of Wisconsin in 1971. He attended graduate school in clinical psychology at the University of Michigan, where he received his MA in 1974 and his PhD in 1976. He was an assistant professor, with a joint appointment in psychiatry at the Medical College of Ohio from 1977-80. After a brief appointment as lecturer in the University of Maryland's Far East Division in Japan, he moved to Madison in 1981, where he joined the Madison Family Practice Residency Program and is currently a professor. His responsibilities include teaching the psychosocial aspects of family practice to the residents and the delivery of psychological services at Wingra Family Medical Center. Dr. Kushner is Chair of the Promotions and Mentoring Committee

for the Department of Family Medicine. In recent years, he has coordinated the Department's liaison with family medicine programs in China.



**Jonas Lee, MD** grew up in the suburbs of Kansas City and graduated from Princeton University with a degree in Ecology and Evolutionary Biology. He struggled to choose between a career in medicine versus teaching. Ultimately, he decided to return to the much more friendly Midwest to attend the University of Kansas School of Medicine. John McPhee's description of the first family medicine graduates in "The Heirs of General Practice" convinced him to become a family physician. During medical school, Jonas spent a month traveling through Mexico followed by several weeks caring for the homeless population in Colorado Springs, CO. He volunteered regularly at a Catholic Worker hospitality house in Kansas City. The experiences solidified his desire to serve the needy close to home. He completed his family medicine residency at the University of Wisconsin--Madison in 1999. After serving as medical director at a community health center in Beloit for eleven years, Jonas returns to Madison with a passion for caring for underserved populations. He also has an interest in natural childbirth, addiction medicine, and inpatient medicine. Jonas enjoys homeschooling his five children, exploring cities on foot, helping out with the CSA renting the family land, and restoring bicycles. With the help of family and friends, he's been building his dream eco-home since 2006, with the hopes of finishing during his lifetime.

***Ildi Martonffy, MD, Associate Director (please see page 9 for full bio)***



**Beth Potter, MD** Originally from Illinois, Beth completed her undergraduate degree at Knox College in French Literature. She then attended Rush Medical College in Chicago and completed her residency at UW-Madison in 1999. Since residency, she has been teaching at Wingra clinic and is currently the medical director there. Her teaching interest include technology in medicine, women's health and healthcare policy and working in underserved communities. She speaks French and Spanish and enjoys using these languages during patient care. Outside of work, Beth is busy spending time with her husband and 3 children and enjoys running, soccer, skiing and biking. Whenever possible she likes to be outside.



**Kirsten Rindfleisch, MD** received her B.A. from Sarah Lawrence College, her M.D. from Johns Hopkins School of Medicine, and completed her family medicine residency training and academic fellowship at UW Madison. She is the medical director at Wingra Family Medical Center. Her academic interests include health disparities and population and community health. Outside of work, Kirsten enjoys spending time with her husband and sons, traveling, and reading.



**Patricia Tellez-Giron, MD** Raised in Mexico City, Dr. Tellez-Giron received her medical degree, with honors, at the National University of Mexico (UNAM). She moved to the United States 14 years ago to be with her family and to continue her education. She completed the University of Wisconsin Family Medicine Residency program and soon after graduation joined the faculty at Wingra clinic. Dr. Tellez-Giron received the public health award for community advocacy for her work with the Latina community and the Wisconsin Well Women program in 2000. Other awards include the AIDS Network Executive Director's Award for Outstanding Community HIV/AIDS Service in 2004 and the Faculty Excellence Award for Community Service also in 2004. Dr. Tellez-Giron teaches physicians and other health care professionals about cultural competency in working with Latino/communities. She is the chair of the Latino Health Council in Madison and under her leadership several community initiatives have been implemented including a monthly health prevention Spanish radio program, annual Latino Health fair, and a Latino Chronic disease summit among many others.



**Jonathan Temte, MD, PhD** joined the faculty of the DFMCH in September 1993. He received his BA from Luther College, Decorah, Iowa, in 1980, an MS in biological oceanography from Oregon State University in 1986 and a PhD in zoology (minor: epidemiology) from the University of Wisconsin in 1993. He is published widely in the area reproductive ecology and birth timing of seals and sea lions. Jon pursued his medical training at the UW-Madison Medical School receiving his MD in 1987.

He is a 1993 graduate of the Madison Family Practice Residency. He has an extensive variety of research and teaching experience, and received the Resident Research Award in 1993 and the Baldwin Lloyd Clinical Teaching Award in 1996. He served as the director of the Wisconsin Research and Education Network (WREN) from 2000-2005. Jon chaired the American Academy of Family Physicians (AAFP) Commission on Science in 2008 and currently chairs the Wisconsin Council on Immunization Practices. He served as AAFP liaison to the Advisory Committee on Immunization Practices (ACIP) from 2004-2008, and was appointed as a voting member of ACIP (2008-2015) where he is the current chair (2012-2015). He is also the Medical Director for Public Health – Madison/Dane County. Jon has been active on pandemic influenza and bioterrorism working groups for the state of Wisconsin. His current research interests include viral disease surveillance in primary care, school-based monitoring of influenza, seasonality and epidemiology of influenza, attitudes toward immunization, and assessment of workload in primary care settings.

## ***Integrative Medicine Faculty***



**Adam Rindfleisch, MD**, was born and raised in rural Idaho. He graduated from Albertson College of Idaho in Caldwell, Idaho, in 1993 with an Honors BA in chemistry, zoology, and religion. A Rhodes Scholar, he completed a Masters of Philosophy at Oxford in Comparative Social Research, focusing on how the healing systems of India and Great Britain have influenced one another. He completed his medical training at Johns Hopkins University School of Medicine

and his family medicine residency at the University of Wisconsin Madison, where he was a Chief Resident. He was the first graduate of the UW DFMCH's Academic Integrative Medicine fellowship. He sees patients at the Arboretum Family Medicine Clinic and the UW Center for Integrative Medicine. He enjoys travel, reading, writing, time with family, and anything that involves the outdoors. Adam's particular areas of interest in Integrative Medicine include dietary supplements, spirituality, and energy medicine.

## ***Statewide Osteopathic Program Faculty***

**Sarah James, DO, Statewide Osteopathic Program Associate Program Director (please see page 67 for full bio)**

**Maggie Larson, DO (please see page 67 for full bio)**

**Russell Lemmon, DO (please see page 64 for full bio)**



**Mark Robinson, DO, Statewide Osteopathic Program Director** Dr. Robinson's interests include Sports Medicine, Musculoskeletal Medicine and Integrative Medicine. He is a graduate of the Chicago College of Osteopathic Medicine, where he also completed a teaching fellowship in Osteopathic Manipulative Medicine. He completed his residency at the Aurora Family Medicine Residency/ University of Wisconsin Osteopathic Family Practice and Osteopathic Manipulative Treatment Residency. In 2011, he completed the National Institute for Program Development

Fellowship. He serves as a team physician for Marquette University Athletics with the Aurora Sports Medicine Institute. Prior to medical school, Dr. Robinson was an associate athletic trainer in the Department of Sports Medicine at Northwestern University. Dr. Robinson is married to his wife Mandy and has two young children, Sean and Brooke.

## Section 5

### RESIDENT BIOSKETCHES

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“Co-residents, faculty, and staff become friends and family; they encourage us to take care of our professional and personal lives and show that a balance can be achieved.”

*Eugene Lee, MD – Graduate*

# MADISON PROGRAM RESIDENTS

## Belleville Residents



**Emily Metzger, MD (PGY-1)** An Illinois resident all her life, Emily Metzger was raised in Rochelle, IL. Growing up, she was inspired by the dedication demonstrated by her mom (a nurse), and her dad (a farmer), to devote her life to service. After earning her undergraduate degree in Molecular and Cellular Biology and Spanish at the University of Illinois at Urbana-Champaign, Emily matriculated to the University of Illinois College of Medicine-Rockford to pursue her goal. As a medical student, she participated in the Rural Medicine Education Program, which shaped her desire to become a rural family physician. The program's curriculum included a 16-week family medicine preceptorship where she had the opportunity to conduct a community health research project on childhood obesity and promoting healthy lifestyles. She was also a member of the Family Medicine Interest Group throughout medical school, and participated in a variety of community outreach efforts. In her fourth year, she spent a month in Scotland, where she further developed her primary care skills and learned more about other perspectives in medicine. In her free time, Emily enjoys riding her bike, doing jigsaw puzzles, going to the zoo, and watching movies.



**Angelie Singh, MD (PGY-1)** joined the Madison Residency Program from Ben Gurion University of the Negev, Faculty of Health Sciences. Travel and scholarship have been central themes in her life. She graduated from Michigan State University with her BS in Physiology and BA in Political Theory. After graduation, Angelie spent a year in France as an English Teaching Assistant for the Ministry of Education. Next, she completed both her MS in Human Nutrition and her MPH at Columbia University. During her MPH studies, she lived in rural Mali and Senegal, where she helped build a program that identified and treated malnutrition in the community. Angelie matriculated to Ben Gurion in 2011, where she had numerous experiences that strengthened her desire to treat individuals and their communities. Some of her most memorable experiences included traveling with a nurse and social worker to treat Beduin patients in the desert, developing a peer-to-peer community intervention for the reduction of mercury exposure in Eastern Senegal, and serving patients on the Kibbutz' bordering Gaza during her family medicine rotation. Outside of medicine, Angelie has varied interests including theater, music, diving, rock-climbing, watching movies, and lying on the beach.



**Lucas Kuehn, MD (PGY-2)** A fourth generation Wisconsinite, Luke grew up in Waunakee, Wisconsin. He completed undergraduate degrees in Biology and Psychology at the University of Wisconsin in Whitewater and earned his medical degree from the University of Wisconsin School of Medicine and Public Health. Luke's passion for building relationships and his diverse interests in behavioral health, sports medicine, and obstetrics are a natural fit for family medicine. As a medical student he was a participant in the Wisconsin Academy for Rural Medicine (WARM) program, which provides students with a longitudinal rural curriculum at sites throughout the state. Experiences in the WARM program had a powerful impact on Luke, showing him the true meaning of continuity of care and trust between the physician and patient, and served to strengthen his commitment to family medicine. Rotations in the rural Wisconsin communities of Howard's Grove and Belleville amplified his interest in rural practice. Luke is an avid Badger football and basketball fan, and enjoys playing basketball, pursuing outdoor activities, reading fiction, and spending time with his wife Victoria and his dog Gus.



**Lauren Walsh, MD (PGY-2)** A lifelong Wisconsin resident, Lauren grew up on a farm in southern Wisconsin. After earning her bachelor’s degree in Dairy Science at the University of Wisconsin-Madison, Lauren went on to complete her MD and MPH degrees at the University of Wisconsin School of Medicine and Public Health. Lauren is attracted to family medicine for its scope of practice and the gift of greater insight into each individual patient’s health as a result of caring for the entire family. During medical school she was a participant in the Wisconsin Academy for Rural Medicine (WARM) program, which provides students with a longitudinal rural curriculum at sites throughout the state. She also served for three years as a coordinator for SMPH’s “Health Care in Diverse Communities” course, where she was able to learn and help teach other health professions students about exhibiting cultural humility when caring for patients. In her spare time, Lauren enjoys working on her family farm, baking, playing volleyball, traveling, and spending time with family and friends. She also likes hosting friends for dinner and random trivia nights.



**Emily Ramharter, MD (PGY-3)** A lifelong Wisconsin resident, Emily earned a bachelor’s degree in biology and molecular biology from the University of Wisconsin-Madison, and completed her medical degree at the University of Wisconsin School of Medicine and Public Health (SMPH). Emily is attracted to family medicine because of the relationships family doctors build with their patients and the community. Her dedication to community engagement drew her to the Wisconsin Academy of Rural Medicine (WARM), an SMPH program that provides medical students with a longitudinal rural curriculum at sites throughout the state. During medical school, Emily planned and implemented a community mass casualty drill for first responders and hospitals in La Crosse, Wisconsin. In addition, as a leader and member of the Doctors Ought to Care (DOC) program, which partners with schools to provide youth with fun, dynamic health information, she visited over two dozen classrooms—including one in her former high school. In her off hours, Emily enjoys camping, hiking, fishing and skiing, as well as cooking and baking.



**Julia Weiser, MD (PGY-3)** earned a bachelor’s degree in biology from Yale University, and completed her medical degree at University of Texas Southwestern Medical School. She knew from an early age she wanted to be a doctor, but her third-year family medicine rotation shaped her career path. She was drawn to the philosophy of patient-centered care exemplified by the family physicians she worked with, and excited by the prospect of providing holistic care that benefits patients over lifetimes and across generations. During medical school, Julia was a regular volunteer at Monday Clinic, a student-run free clinic serving inner-city Dallas. In her senior year, she was a peer mentor for first- and second-year students, participating in weekly small group meetings, and accompanying them on their first patient encounters at the hospital. She found the opportunity to teach and support her fellow students very fulfilling. She is also a member of Alpha Omega Alpha Honor Medical Society. Julia has an enduring love of competitive sports. While at Yale, she played varsity field hockey for four years, and captained her team in one of their best seasons. During medical school, she played on more than 14 intramural sports teams, including flag football, soccer, softball and basketball. In her spare time, she also enjoys reading fiction and seeing movies.

## **Northeast Residents**



**KJ Hansmann, MD (PGY-1)** Kellia (KJ) Hansmann grew up in Madison and earned her bachelor’s degree in Journalism from the University of Wisconsin—Madison while also spending time volunteering and working in state and local politics. She then went on to Northwestern University for medical school, where she pursued her interest in community health and advocacy. KJ served as the President and Public Health/Health Justice Chair for her school’s AMSA chapter where she organized a seminar series called “Advocacy in Action” to empower medical students to lobby elected officials. Throughout all four years of medical school, KJ worked in a continuity family

medicine clinic on Chicago's west side, taking on a leadership role in her third and fourth years that included tasks such as directing clinic quality improvement projects and guiding teaching between other students. KJ has also traveled with medical and public health service trips to India and Mexico, where she learned about issues of healthcare access and strategies to provide care to underserved populations. In her free time, KJ enjoys baking, watching and performing improv, running, hiking, biking, and watching Badger basketball with friends and her cat, Badger.



**Angela Marchant, DO (PGY-1)** hails from Franklin, WI, a suburb of Milwaukee, and spent much of her childhood in the city. She earned her bachelor's degree in Women's and Gender Studies from Brandeis University and completed her medical degree at A.T. Still University of Health Sciences-School of Osteopathic Medicine in Arizona. During her time in Madison prior to medical school, Angela volunteered with Groundwork, a local racial justice collective working against racism; and Operation Welcome Home, a group of homeless and formerly homeless people working for social justice related to housing, joblessness, health, addiction recovery, and the prison system. In medical school, she co-founded the Health Disparities Interest Group to facilitate education and action to address social determinants of health within the curriculum and the community. Angela's areas of interest in medicine include integrative medicine, osteopathic manipulative medicine (including completing a one year teaching fellowship in OMM at her medical school), and community-oriented primary care. Outside of medicine, Angela enjoys gardening, yoga, hiking, biking, snowshoeing, and spending time with her wife Erica and dog Max.



**Kartik Sidhar, MD (PGY-1)** grew up in West Bloomfield, Michigan, before traveling to Ann Arbor to earn his undergraduate degree in Sociology and General Biology and his medical degree from the University of Michigan. As an undergraduate, Kartik began working with the University of Michigan Intergroup Relations program, where he helped facilitate dialogues to explore social identity as it relates to justice, privilege, and bias. He continued this work throughout his undergrad career, eventually being hired to facilitate an orientation workshop on social identity and diversity for the School of Dentistry, and into medical school, where he co-developed a four-week dialogue series around social identity and social disparity for other medical students. This experience led him to complete an elective rotation at FQHCs around metro Detroit during his fourth year. Kartik also spent a summer in northern Michigan completing a rural preceptorship, and he traveled to New Delhi, India for a GI rotation. Other medical interests that helped draw Kartik to Family Medicine include sports medicine, palliative care, inpatient medicine, and procedures. In his free time, Kartik enjoys biking, hiking, watching TV, and eating pizza.



**Xia Vang, MD (PGY-1)** was born in Ban Vinai Refugee Camp in Thailand and immigrated to California at the age of three before her family eventually settled in Milwaukee when she was eight. She earned her bachelor's degree in Biology at the University of Wisconsin in Madison and continued there for medical school. Before she began medical school, Xia spent a year in Milwaukee as an AmeriCorps member at Milwaukee Health Service, Inc., a FQHC. She served as a program coordinator for the Social Work department where she helped implement numerous health fairs and coordinated a prescription assistance program to help uninsured patients receive their medications. During medical school, she volunteered at the student-run, free MEDiC clinics. She was also a member of the Medical Students for Minority Concerns where she helped promote awareness of health challenges in minority populations. Xia is drawn to family medicine because of the emphasis on disease prevention and continuity of care, and is specifically interested in geriatrics, behavioral health, and women's health. In her spare time, Xia enjoys hiking, yoga, baking, potlucks with friends and family, and painting.



**Anna Chase, MD (PGY-2)** A native of Michigan, Anna grew up in the Upper Peninsula along Pictured Rocks National Lakeshore, which instilled in her a love for camping, skiing, and the great outdoors. She completed her bachelor's degree in Brain Behavior and Cognitive Science at the University of Michigan in Ann Arbor before moving on to Wayne State University School of Medicine. While in medical school, Anna traveled to Peru on a medical mission trip, where she delivered basic medical treatments to a local clinic and taught physical therapy techniques to local weavers.

Back in Detroit, Anna regularly volunteered at a free clinic caring for patients with chronic diseases. These experiences, along with seeing the value of a continuity-of-care relationship with her own family physician while growing up, have drawn Anna to family medicine. She is also attracted to family medicine for the breadth of fields it covers, and has particular interests in women's health and reproductive health. Outside of medicine, Anna enjoys sewing, hiking, yoga and craft beer.



**Milap Dubal, MD (PGY-2)** spent his formative years in St. Louis, Missouri, and Cary, North Carolina. He earned undergraduate degrees in Biology and Psychology from St. Louis University, and returned to SLU for Medical School. Between his third and fourth year of medical school he also completed a MPH at the University of North Carolina in Chapel Hill. Milap is drawn to family medicine for its focus on caring for the whole patient, as well as its emphasis on public health, prevention, and caring for underserved populations. As a medical student he served as Co-President of the

Global Health Learning Community, and he created a "Distinction in Global Health" for St. Louis University medical students. He also partnered with the International Institute of St. Louis to develop a health education course for refugees. While earning his MPH, he studied food access and discovered that neighborhood and food retail store characteristics can predict obesity status. In his spare time, Milap enjoys cooking and baking, participating in outdoor activities, and playing basketball and board games. Milap also appreciates good beer and cheese (a Badger at heart, perhaps?)



**Ellen Gordon, MD (PGY-2)** hails from Chicago, Illinois. She earned her bachelor's degree in Biopsychology from Tufts University and went on to become a Peace Corps Volunteer in a rural village in Lesotho, Africa, where she taught math and science at the secondary school level for two years. It was during this time that Ellen decided to pursue primary care with a goal to practice in an underserved community. She returned to her home state to attend medical school at the University of Illinois College of Medicine – Rockford. Ellen has a particular interest in women's health, and during

medical school was a founding member of her school's chapter of Medical Students for Choice. It was her longitudinal family medicine rotation, however, that ultimately drew Ellen to become a family medicine physician. She continues to have a strong interest in women's health, obstetrics and comprehensive family planning, and remains committed to caring for the underserved. On her own time, Ellen enjoys travel, music, owning a pet rabbit, and organizing murder mystery dinner parties for charity.



**Dylan Ledford, DO (PGY-2)** grew up in Hillsboro, Oregon. Dylan spent his formative years working as a commercial fisherman and on farms near his home before heading to Oregon State University to earn his bachelor's degree in Microbiology. He then continued on to the Western University of Health Sciences College of Osteopathic Medicine for his medical degree. Dylan was an active advocate for the health of his community during medical school, serving as a board member for Build Lebanon Trails where he helped raise funds and plan the construction of community trails and parks. He also spent time mentoring at-risk students at the local high school and volunteering at the local free clinic. With his partner Kate, he help found the "Do No Harm Forum," for which he spent

much of his time coordinating the monthly discussions, including inviting educators and leaders from the community and surrounding universities to discuss new and innovative models of care with the medical school community. Dylan's interests within family medicine include OB, urgent care, sports

medicine, and integrative medicine. In his free time, he enjoys keeping active and playing video games.



**Bonnie Garvens, MD (PGY-3)** grew up in rural Wisconsin, and although she left the state to earn a bachelor's degree in biology at Luther College in Decorah, Iowa, she returned for medical school at the University of Wisconsin School of Medicine and Public Health. Bonnie's rural background and experiences attracted her to family medicine as an advocate for access to health care. This advocacy started when she volunteered at a rural clinic and hospital in Ghana while an undergraduate—an experience that set her on the path of medicine as a career. During medical school, Bonnie continued her advocacy work by serving as the intake coordinator on the leadership council for the student-run MEDiC free clinic, and as a medical assistant for Our Lady of Hope Clinic. She has also participated in a research project on HIV care for current and former prisoners, analyzing the control of HIV and development of viral resistance, which provided her the opportunity to care for a unique population of patients. Outside of medicine, Bonnie's interests include distance running, hiking, canoeing, kayaking, cross-country skiing, reading and learning guitar.



**Emily Jewell, DO (PGY-3)** grew up in southwestern Wisconsin and completed a bachelor's degree in biology at the University of Wisconsin–Madison. After attending medical school at the Bradenton branch of the Lake Erie College of Osteopathic Medicine (LECOM) in Bradenton, Florida, she is happy to return to her home state for her family medicine residency. Emily had the opportunity to finish high school in Barcelona, Spain, and developed a love of new languages and cultures. While in medical school, she worked in the Hispanic community as an English tutor through the Challenger adult reading series, volunteered at the LECOM-sponsored Hispanic Health Fair, and served as a Spanish translator at the Community Connections Free Clinic in Dodgeville, Wisconsin. She also has a strong interest in health care policy, as demonstrated by her research and outreach work with Collaborate for Healthy Weight, a national initiative that aims to improve the high childhood obesity rates in underserved areas. In her spare time, Emily enjoys Latin dance, gardening and spending time with her husband and sons.



**Michele Malloy, MD (PGY-3)** A Wisconsin native, Michele grew up in Middleton, Wisconsin and earned her bachelor's degree at the University of Wisconsin – Madison. She went on to complete her medical school training at the University of Wisconsin School of Medicine and Public Health, participating in the Training in Urban Medicine and Public Health (TRIUMPH) program in Milwaukee, WI. Continuity of care with mothers and babies is a special interest of Michele's that drew her to family medicine. Before medical school, she worked with certified nurse midwives at Sixteenth Street Community Health Center in Milwaukee as an Americorps member where she helped support the Centering Pregnancy program and optimized patient education materials in the women's health department. While in medical school, Michele co-led the MOMS (Medical students Offering Maternal Support) program, which partners students with expectant moms to serve as support during pregnancy, labor, and birth and demonstrated the importance of supporting mothers who have limited community support. In her free time, Michele enjoys being outside with her husband (Matt) and toddler (Ellie), running, backpacking, biking, sailing, windsurfing, ultimate frisbee, soccer, home renovation, photography, and graphic design.



**Jennifer Perkins, MD (PGY-3)** initially earned a bachelor's degree in physiology from the University of Arizona, and spent a number of years as a certified massage therapist, eventually working as part of a collaborative clinic that focused on holistic medicine. Through this work, she learned that her presence and attention with her clients was a therapy she offered along with massage, and the ability to develop this kind of relationship with patients is what drew her to family medicine. She completed her medical degree at the University of Wisconsin School of Medicine and Public Health. During medical school, she sought out opportunities to address healthcare disparities by working

with the MEDiC free clinic, primarily at ARC House, which is a residential program for women transitioning from prison. She also served as a student leader for Students for a National Health Program, organizing lectures, hosting educational events on healthcare policy and reform, and setting up political advocacy opportunities. Outside of medicine, Jen enjoys activities that get her outside, such as hiking, biking and backpacking.



**Emily Torell, MD (PGY-3)** earned a bachelor's degree in anthropology at Washington University in St. Louis. She completed her medical degree at the University of Michigan Medical School, extending her studies by one year to earn a master of public health at the University of Michigan School of Public Health. Emily's motivation for pursuing family medicine stems from her desire to reduce health inequities—locally, nationally and globally. She has provided care to uninsured patients by volunteering with the student-run free clinic at her medical school. She has also collaborated with the Alliance to Reduce Disparities in Diabetes, a national initiative comprising five community sites implementing evidence-based diabetes management programs for low-income populations, to identify system improvements that can ultimately effect state and national policy change. Emily also completed medical service trips to Tanzania and Peru. In her spare time, Emily enjoys running, spending time outdoors, cooking, baking and interior decorating.

## Verona Residents



**Lindsey Engel, MD (PGY-1)** was born and raised in Lexington, Kentucky. She earned her undergraduate degree at Vanderbilt University, and then completed medical school at the University of Louisville. Prior to medical school, Lindsey worked in the United States Senate leadership during the national healthcare policy debate. These months of exposure to health policy and government process led her to discover her love of medicine. Before medical school Lindsey also worked as a medical assistant in a busy OB/GYN clinic in downtown Washington, DC. There she learned the importance of delivering high quality patient care as well as the essential skills of triage, giving injections, and phlebotomy. Lindsey has spent time volunteering at a free clinic in a court-mandated inpatient substance abuse program. She also attended the AMSA's Heart-IM rotation, a month-long gathering of medical students across the country who share the common goal of enhancing skills in healing through integrative medicine. Lindsey loves spending time outside doing activities such as skiing, running, and stand up paddling. She also enjoys yoga, meditation, and hanging out with her husband and 4-year-old Brittany spaniel.



**Petra Kelsey, MD (PGY-1)** spent her high school years in rural Mozambique, which fueled an inclination for travel, as well as a deep love for working with underserved populations. After moving to Austin, she attended the University of Texas, majoring in Business and Germanic Studies. After graduation, she worked at a bank on the West Coast, until the financial meltdown in 2008 inspired her to reevaluate her plans for the future. It was during that period that Petra discovered a deep-seated passion for medicine. She spent the summer before she entered The University of Texas Medical Branch in Soroti, Uganda, collecting photographs and patient stories for International Midwife Assistance. As a medical student, she served as president of the Students for Integrative Medicine (SIM). She also served as senior director at the C.D. Doyle student-run free clinic, where she enjoyed spending time with the patients, listening to their stories and learning from the faculty. Her goal is to learn how to provide patient-centered care to those who need it most, while simultaneously integrating humanistic principles. In her free time, Petra enjoys teaching yoga, practicing meditation, and playing the ukulele.



**Kathryn Ledford, DO (PGY-1)** was born and raised in Madison, Wisconsin, and completed her bachelor's degree in Zoology and Spanish at the University of Wisconsin. She earned her MPH at the University of Minnesota School of Public Health before heading out west to attend medical school at the Western University of Health Sciences College of Osteopathic Medicine. Kate's experience in public health led her to help found the "Do No Harm Forum" in medical school, which created a dialogue among students, healthcare leaders, and community members to discuss issues along the health delivery continuum. The forum included national level speakers from the American Osteopathic Association and the Department of Homeland Security. Kate has also pursued medical and public health work in Nicaragua and Mexico, and volunteered at the Lebanon Free Clinic in Lebanon, Oregon. The variety of patient demographics and the ability to work with whole families draws Kate to family medicine, and she has a special interest in geriatric medicine and palliative care. Outside of medicine, she likes to hike, camp, bake, do crossword puzzles, spend time with her family, travel, read, exercise, and enjoy food.



**Alexander Milsap, MD (PGY-1)** was born and raised in Madison, WI. He completed his B.S. in Psychology with a minor in Business Administration at UW—La Crosse. He then went on to complete his medical degree at the UW School of Medicine and Public Health. Alex was drawn to family medicine for its focus on long-term relationships with patients, families, and communities. His specific interests include sports medicine, urgent/emergent care, and medical education. His most valuable experience in medical school came from spending time with patients and from observing his preceptor on his family medicine rotation, who balanced his time between the clinic and hospital, in addition to taking care of patients in their homes. As a medical student, Alex did stroke research at Gundersen-Lutheran Hospital and also organized and implemented a series of health talks in conjunction with the La Crosse County board of health. Working in this community showed him the importance of education, outreach, and maintaining good relationships with the community. Outside of medicine, Alex enjoys spending time with family and friends. He is an avid sports fan and enjoys playing basketball, golf, and cheering on his favorite teams.



**Ashley Taliaferro, DO (PGY-1)** comes to the Madison program from Iowa. She completed her Bachelor's degree at the University of Northern Iowa in Cedar Falls, and then went on to pursue her medical degree at Des Moines University College of Osteopathic Medicine. Ashley has a strong interest in Osteopathic Manual Medicine (OMM). She was selected to be an OMM Fellow at DMU, which extended her medical school by 12 months and gave her practice providing OMM to patients at the specialty clinic. During her fellowship, Ashley was also able to teach a course in OMM to first- and second-year medical students. During medical school, Ashley volunteered at a free clinic for the Amish community where she provided basic medical care and treated them utilizing OMM. She also volunteered at a free clinic for athletes at Drake University where she treated patients with OMM to help heal and prevent sports-related injuries. In addition to Osteopathic Medicine, another clinical interest for Ashley is sports medicine. She's an avid biker, fisher, swimmer, and golfer, and she also enjoys exploring new restaurants, cooking new recipes, and spending time with friends and family.



**Matthew Brown, MD (PGY-2)** A lifelong Wisconsin resident, Matt earned his bachelor's degree in Kinesiology-Exercise Science from the University of Wisconsin in Madison. He practiced as a physical therapist in an innovative "Physical Therapy Urgent Care" before returning to UW to complete his medical degree at the School of Medicine and Public Health. His experience as a physical therapist has fostered a particular interest in sports medicine and movement-related medicine; however he is also drawn to family medicine for its broad range of patients and medical problems, as well as its focus on caring for the whole patient within a context of social, cultural, and economic factors that impact health. During medical school, Matt volunteered at the student-run MEDiC clinics and served as the Clinic Coordinator during his second year. He also volunteered as an instructional assistant

for several study groups for junior medical students. Outside of medicine, Matt is passionate about sports, especially football (he played Division I football for the Badgers as an undergraduate). He also enjoys cross-country skiing, cooking, traveling, and spending time with family and friends.



**Allison Couture, DO (PGY-2)** grew up in Appleton, Wisconsin, and she earned her bachelor's degree from the University of Notre Dame in Indiana. She then went on to complete her medical degree at the Chicago College of Osteopathic Medicine of Midwestern University. She was drawn to Family Medicine as the specialty that best encompasses her strong interests in obstetrics and pediatrics, and much of her volunteer work has focused on children. As a medical student, she volunteered at Almost Home Kids, a transition home for medically fragile children in need of care and access to advanced medical equipment. She also served as president of her local chapter of the Student Osteopathic Pediatric Association. In this role she organized monthly events and established an annual Bullying Awareness Discussion Panel. Her interest in maternal and child health has also inspired an interest in advocacy, and she traveled to Washington DC to advocate for health policy changes as part of the DO Day on the Hill. In her free time, Allison enjoys yoga, baking cakes, and watching the musical theatre productions of her husband.



**Yoshito Kosai, MD (PGY-2)** grew up in Lynnwood, Washington, and earned his bachelor's degree in Computer Engineering from the University of Washington in Seattle. He then went on to complete his medical degree at Case Western Reserve University School of Medicine in Cleveland. He comes to Family Medicine with a strong interest in sports medicine, and athletics have been an important part of his life, both as a lifelong ice hockey player and as a coach in several capacities (including head coach for the Western Washington Female Hockey Association). The physician mentors he encountered working on the sidelines of high school and collegiate sports events inspired him to pursue a career in primary care sports medicine. He is also drawn to Family Medicine for its focus on prevention and care coordination, as well as its diversity of patients and attention to the socioeconomic needs of patients. As a medical student, he served as senior clinician at the student run free clinic. In addition to sports medicine, he also has special interests in neurology, integrative medicine, and global health. In his free time, Yoshi's other interests include cooking, computer science, traveling, and triathlons.



**Tina Ozbeki, MD (PGY-2)** grew up in a suburb of Detroit, which is where she first fell in love with the city. After earning her bachelor's degree from the University of Michigan in Ann Arbor, she returned to Detroit to pursue her medical degree at Wayne State University. As a medical student, she volunteered at free clinics in Detroit and spent time educating high school students about HIV and other sexually transmitted infections. She also volunteered with other Detroit-based community outreach groups such as Earthworks Urban Farm, PBJ Outreach, and the Detroit Water Brigade. In addition to her community work, Tina was active on campus as the leader of the Family Medicine Interest Group and co-president of the Internal Medicine Clerkship Committee. She also has strong interests in sports medicine and women's health. During her fourth year of medical school she spent a rotation in Chicago working as a Reproductive Health Extern with the Midwest Access Project. Tina is drawn to Family Medicine for its emphasis on preventive medicine and continuity of care. When she has some free time, Tina enjoys yoga, biking, traveling, and spending hours thinking about and planning her next meal.



**Todd Domeyer, MD (PGY-3)** An Iowa native, Todd earned his bachelor's degree in integrative physiology and chemistry from the University of Iowa and completed his medical degree from the University of Iowa Carver College of Medicine. His activities during medical school reflected a commitment to teaching: he tutored students in subjects such as medical genetics and human organ systems, served as a peer mentor, and co-facilitated the Patient-Centered Learning course for second-year

students. He also participated in research projects on improved control of postoperative pain and youth football injuries, and was active in Table to Table, an organization that provides food to area shelters. Todd is drawn to family medicine's focus on continuity of care, breadth of practice and emphasis on prevention. He is particularly looking forward to building strong relationships with his patients. Outside of medicine, Todd enjoys running, playing basketball and football, spending time with friends and family, watching movies and cooking.



**Jared Dubey, DO (PGY-3)** Born in New Mexico, Jared completed his bachelor's degree in mathematics from the University of California, Santa Cruz (UCSC). After graduation, he stayed in Santa Cruz to be an instructor and program educator at the UCSC Recreation Department, where he facilitated classroom learning and led educational wilderness backpacking trips in the Sierra Nevadas. With the intent of continuing his role as a teacher, Jared entered medical school at Touro University College of Osteopathic Medicine in California. There, he coordinated an osteopathic manipulative medicine (OMM) clinic for homeless and indigenous people in the San Francisco Bay area, which provided treatment, referrals and legal or social services as needed. He was also active in his school's chapter of the Student American Academy of Osteopathy, participating regularly in lunchtime OMM clinic events. Jared's interests in educating patients, treating the whole person, and helping the underserved—as well as integrating the principles of osteopathic medicine—are what drew him to family medicine. Outside of medicine, he enjoys yoga and meditation, traveling, cooking, guitar and many outdoor activities.



**Catherine Nelson, DO (PGY-3)** Originally from Decorah, Iowa, Catherine earned her bachelor's degree in biology with a minor in music from the College of St. Benedict in St. Joseph, Minnesota. One of her most formative experiences as an undergraduate was studying in South Africa, where, through her volunteer activities, she met many people living with HIV who had been abandoned by their families. This experience inspired her to pursue a career in which she could combine her compassion, commitment to serve others, and a desire to promote wellness and healing, and she ultimately decided to become a physician. Catherine returned to Iowa to complete her medical degree at the Des Moines University College of Osteopathic Medicine. There she continued her volunteer service, this time to the homeless population of Des Moines. She regularly provided medical care through a mobile clinic and served meals at a local church. She was attracted to family medicine because it allows her to connect with and advocate for her patients and build relationships over time. In her free time, Catherine enjoys playing the piano or violin, cake decorating, participating in community theater, volunteering and travelling abroad.



**Erin Peck, MD (PGY-3)** After completing a bachelor's degree in chemistry at the University of North Carolina (UNC), Erin initially set her career sights on a research career in public health, and earned a Ph.D. in toxicology from the University of Washington. While she enjoyed pursuing her own focused research projects, she discovered that her true passion for improving health was in working directly with people. This solidified her desire to become a physician, and she went on to earn a medical degree from the University of Wisconsin School of Medicine and Public Health. Erin brings to family medicine a passion for service and community health. During medical school, she traveled to Tajikistan to conduct a quality improvement project with the U.S. Agency for International Development that identified barriers to treating multi-drug-resistant tuberculosis. She also volunteered and served as the community resources coordinator for the student-run MEDiC clinics, which provide healthcare to underserved populations in Madison. In her free time, Erin's interests include Physicians for a National Health Program, ultimate frisbee, hiking, biking, volunteering, watching UNC basketball, listening to National Public Radio and singing karaoke.

## Wingra Residents



**Paula Goldman, MD (PGY-1)** grew up in Deerfield, Illinois, just north of Chicago. After completing a bachelor's degree in Psychology, with a minor in Poverty Studies, at Notre Dame, she went on to pursue her medical degree at the University of Michigan. As a medical student, she was part of the Health Equity Scholars program, a student-driven co-curriculum focused on health disparities education and community engagement. She also served as a curriculum coordinator on a student committee that worked directly with the deans to create a school-wide health disparities curriculum required for all students. In addition to this curricular work, Paula has a strong interest in global health. She conducted mental health screening research in Ecuador and completed an OB/GYN rotation at a low-resource public hospital in Panama. Her clinical interests include adolescent medicine, mental health, women's health and obstetrics, bilingual care, and community-based research. Outside of medicine, Paula has competed nationally in synchronized figure skating from the age of 12 through her undergraduate career. She also enjoys trying out new types of dance, traveling, road trips, and hiking.



**Sheila Kredit, MD (PGY-1)** Born and raised amongst the evergreens in Olympia, WA, Sheila Kredit was drawn to the Midwest to pursue a dual degree in harp performance and anthropology at Northwestern University. As an undergraduate, she worked with the Chicago Department of Public Health to examine different factors influencing breastfeeding duration among mothers enrolled in the WIC Program. This research gave her a passion for maternal and child health, and inspired her to attend medical school at Case Western Reserve University and ultimately pursue a career in Family Medicine. As a medical student, she served as a leader for Case's Family Medicine Interest Group, a mentor for inner city high school students through the Horizons Mentoring Program, and a peer educator at the Student Run Free Clinic. Sheila's particular interests within Family Medicine include obstetrics, natural childbirth, breastfeeding, pediatrics, infectious disease, medical education, and epidemiology. Outside of medicine, she loves playing the harp (and trying to learn the guitar), salsa dancing, baking homemade bread, planting bulbs and vegetables, running, hiking, kayaking, and reading at coffee shops.

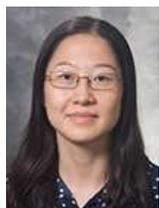


**Caitlin Regner, MD (PGY-1)** grew up in Oconomowoc, Wisconsin, but now calls Madison home after living here for most of a decade. She completed undergraduate degrees in Biology and Spanish from UW—Madison before moving to Milwaukee for a year to serve as a Spanish/English interpreter at the Sixteenth Street Community Health Center. She then returned to Madison to pursue her medical degree at the University of Wisconsin School of Medicine and Public Health. As a medical student, Caitlin served as class coordinator for the Medical Spanish course and as class representative for the Medical Student Association. She was an active volunteer with the student-run MEDiC clinics, taking on the positions of Intake Coordinator and Volunteering Physician Scheduler. She was also a member of the Gold Humanism Society and served as president of the Christian Medical Association. Caitlin also has a strong interest in research, and participated in a summer research project exploring how “difficult” patients perceive communication with their healthcare providers. Outside of medicine, Caitlin enjoys running, visiting prairies, craft projects, making music and singing, and spending time with her husband and two children.



**Benjamin Traun, MD (PGY-1)** grew up in Madison and earned both his undergraduate and medical degrees from the University of Wisconsin—Madison. He is drawn to family medicine for its focus on community health, and his experiences over the past 10 years reflect his commitment to underserved populations. Before starting medical school, he spent a year in Detroit as an AmeriCorps volunteer, mentoring and tutoring at-risk middle school students. He then completed a second AmeriCorp year working with youth at the Goodman Community Center in Madison. During medical school,

Ben volunteered with the student-run MEDiC Clinics, the Doctors Ought to Care program, and Medical Students for Minority Concerns. He also continued his interests in teaching and mentoring through groups such as Allied United for Health, the Mentoring and Achievement Program, and the Healthy Classrooms Foundation. In addition to his teaching and community health interests, Ben also has a strong interest in Sports Medicine. In his free time, he loves being outside, playing sports (ultimate Frisbee, softball, golf, soccer, basketball), hiking, cooking, and playing games.



**Lydia Chen, MD (PGY-2)** was born in China and moved to the Chicago area with her parents when she was 11 years old. She earned her bachelor's degree in Biochemistry from the University of Illinois—Chicago, and completed her medical degree at the University of Illinois College of Medicine. During her undergraduate years, Lydia spent a year deployed to Afghanistan as a member of the Illinois Army National Guard, where she served as the Sergeant of the Guard, working with the tower guards and entry control point soldiers to ensure the safety of the military base.

Later, as a medical student, she joined the Illinois SEARCH program where she gained exposure to underserved medicine through visiting FQHCs that work with inner city populations, migrant farm workers, LGBT populations, and refugee populations in the Chicago area. She also volunteered regularly at a student-run free clinic on Chicago's North side. Lydia is interested in full-spectrum family medicine, with additional interests in integrative, academic, and sports medicine. In her free time, she enjoys traveling, exploring new restaurants, museums, running, swimming, biking, and improving her culinary skills.



**Divneet Kaur, MD (PGY-2)** comes to the Madison Program from Eugene, Oregon. She earned her B.A. in Religion from Whitman College before attending medical school at Oregon Health & Sciences University School of Medicine. Prior to medical school, Divneet worked as an AmeriCorps VISTA volunteer in two public health departments in Oregon, which helped launch her appreciation for population and community health. She continued with her focus on community health in medical school through her participation in Health Care Equality Week, a yearly week-long event that promotes

health equity and culminates in a health fair and free clinic. Another of Divneet's areas of interest in Family Medicine is pediatrics. While at OHSU, she participated in the pediatric residency's advocacy program administering free flu and TDAP vaccines to parents and caregivers of patients at the children's hospital. She also volunteered for Portland's Reach Out and Read program and served as president of her school's Pediatric Interest Group. Outside of medicine, Divneet enjoys playing outside in any capacity, being barefoot (when appropriate), eating dark chocolate, reading in parks, soccer, tennis, and pretending her life is a musical.



**Katherine McCreary, MD (PGY-2)** spent her childhood in Green Bay, Wisconsin, and moved with her family to South Burlington, Vermont during her high school years. She stayed out east, earning both her bachelors and medical degrees from Tufts University. As a medical student, Katie was able to pursue her passion for nutrition and wellness through opportunities such as Tuft Outreach Nutrition Education (TONE). Through TONE, she provided nutrition education and counseling to patients at the student-run Sharewood Clinic, which primarily reaches an underserved

community. She also coordinated the nutrition counseling program, including recruiting and training volunteers and creating resources for patients. Along with nutrition, Katie is also interested in women's health and hopes to pursue both of these further during residency. She is also interested in advocacy, and served as the Student Director of the Massachusetts Academy of Family Physicians, which provided her with valuable insight into the policies and politics often associated with medicine. In her free time, she enjoys cooking and baking, DIY and craft projects, running, and skiing (including heli-skiing).



**Mukund Premkumar, MD (PGY-2)** grew up in Ames, Iowa. After venturing south for a bachelor's degree in economics from Rice University in Houston, he returned to the University of Iowa for medical school. As a medical student, Mukund participated in the Community Health Outreach Service Learning Elective, which focused on social determinants of health and community organization. As his project for the elective, he worked to pair medical students with patients to increase health literacy through counseling on chronic disease management, nutrition, and physical activity. During medical school Mukund also served as the health education chair and physician recruiter with the University of Iowa Mobile Clinic and as a volunteer with Local Food Connection, a non-profit that delivered local vegetables to low income residents. He also completed a summer research fellowship with the Centers for Disease Control researching the CDC's role in addressing health disparities through diversity practices. Mukund's other medical interests include global health, patient narratives and advocacy, health education, and medical student education. Outside of medicine, Mukund enjoys basketball, cooking, hiking, and board games.



**Jody Epstein, MD (PGY-3)** After earning a bachelor's degree in third world studies from Oberlin College, Jody worked in several community service roles that helped shape her commitment to care for the underserved. She was an Americorps volunteer, a lactation consultant, a patient services representative, and a treatment and support services coordinator at AIDS Network in Madison. These experiences encouraged her to expand her advocacy work through a career in medicine, and she moved to New Hampshire to pursue her medical degree at the Geisel School of Medicine at Dartmouth College. As a medical student, Jody volunteered at the Good Neighbor Health Clinic for the uninsured, and was an active member of the school's Family Medicine and OB-GYN Interest Groups. Medical school also gave her the opportunity to pursue another passion: teaching. Her work as a tutor for fellow medical students and as an adjunct lecturer in reproductive health for a local physician assistant program proved to be as rewarding as her clinical work, and she looks forward to more opportunities to teach during residency and throughout her career. Outside of medicine, Jody enjoys yoga, bicycling, hiking, camping and spending time with her husband and two young sons.



**Parker Hoerz, MD (PGY-3)** A Wisconsin native, Parker earned a bachelor's degree in biomedical engineering from Marquette University and completed his medical degree at the University of Wisconsin School of Medicine and Public Health (SMPH). As a medical student, Parker participated in the SMPH's Training in Urban Medicine and Public Health (TRIUMPH) program, which provides specialized training in reducing health disparities in urban, underserved settings. As part of his work with TRIUMPH, he took on a leadership role at a free clinic on the south side of Milwaukee to identify neighborhood resources and develop strategies for providers to better connect patients with those resources. He also served as president of MEDiC, a student-run network of seven clinics in Madison that provides care for the uninsured, and was a project lead for Engineers without Borders, working with students, professional engineers and community members to design and implement a community water system in rural Honduras. Parker is drawn to family medicine because of its emphasis on therapeutic relationships and engagement with the larger community. In his off hours, his hobbies include mountaineering, bicycle building and restoration, electronics, computer programming and guitar.



**Eric Phillippi, MD (PGY-3)** grew up in Wisconsin, and completed his bachelor's and medical degrees at the University of Wisconsin–Madison. He has a strong interest in global health, and has traveled to Honduras, Romania and Kenya to provide medical services to vulnerable populations. He co-founded Passports for Education, a 501(c)(3) nonprofit organization that provides information and scholarships for students interested in global service work, and he hopes to engage in family medicine education in the developing world throughout his career. Eric also has a strong interest in integrative medicine. He directed the Humanistic Elective in Activism, Reflective

Transformation, and Integrative Medicine (HEART-IM), a month-long fourth-year elective in the redwood forest of California; and was a student leader for the Healer's Art, a weekly SMPH elective that explores the values of service, reverence for life, and compassionate care. Eric is drawn to family medicine for its focus on meaningful patient relationships and its potential for international application. He is an avid golfer and ultimate Frisbee player, and loves to run, bike, rock climb, scuba dive, play music and spend time with his wife and family.



**Bret Valentine, MD (PGY-3)** grew up in Wisconsin and completed his bachelor's degrees in dietetics and biology from the University of Wisconsin-Madison. He also completed a master's degree in nutrition from the University of Minnesota and worked for four years as registered dietician. This early clinical experience provided a strong foundation in skills such as motivational interviewing and patient goal setting, and ultimately prompted him to pursue a medical degree at the University of Wisconsin School of Medicine and Public Health. Bret's passion for social justice, healthcare reform, patient advocacy and community-based health engagement is a natural fit for family medicine. As a medical student, he participated in the Training in Urban Medicine and Public Health (TRIUMPH) program, which offers specialized training in underserved medicine and community-based needs assessment. He also co-led the Public Health in Medicine Interest Group, co-founded Students for a National Health Program, and worked as a patient advocacy fellow at the UW Center for Patient Partnerships. When he has free time, Bret enjoys listening to and playing music, watching the Brewers and the Packers, hiking, cooking, golfing and spending time with his family and friends.