# How PFAC is making a difference in the STAMP Study! Update from the 9/30/17 meeting

Topic

# PFAC Feedback

**Impact** 

### Opportunities for increasing interest and enrollment & decreasing barriers to participation

### Feedback on recruitment mailing content and presentation

The PFAC members reviewed the recruitment mailing sent to people identified through Electronic Health Records as potentially eligible.

Current mailing includes:

- Healthcare system letter
- Researcher letter (signed by Dr. Z)
- Brochure
- · Opt-out card

The PFAC provided constructive feedback on the mailing and made the following suggestions:

- Reorganize the pieces in the mailing so the letters and optout card are stuffed inside the brochure – so the first thing people see when opening the envelope is the brochure
- Consider having only one letter instead of two
- Shorten researcher letter
- Suggested phrases such as "strong pain medications" and "opioid medication" should not be used in recruitment materials, as it is likely to send up red flags

- The research team immediately changed how envelopes were stuffed
- The Researcher letter was revised based on PFAC feedback
- Do to regulatory and administrative requirements, the healthcare system letter could not be changed or removed

### Feedback on "Opt-out card":

The research team explained we are receiving back more "op-out" cards than we expect, and asked if the cards could be confusing and people are mailing them back wanting to be contacted.

The PFAC provided the following comments & suggestions:

- They did think the card might be confusing, as the term "opt-out" is not common language.
- They recommended we change it to "Response Cards" and have check-box options for both "Yes, please contact me with more information" and "No, I am not interested".
- The also recommend changing the color of the card away from bright orange to white or light blue, so the card will not draw too much attention.
- The card will be changed based on PFAC feedback
- We are getting a substantial number of cards returned with "Yes, please contact me"

### Example feedback provided to stakeholders after each meeting

### Feedback on phone message:

The research team explained that we have very few people calling us back in response to research coordinators leaving voice mail messages.

PFAC members were given a copy of the phone message script for their feedback

- PFAC members provided constructive feedback on the script, including making the language less formal and warmer
- Suggested research coordinators could receive additional training on script delivery and periodic quality checks to ensure consistent message delivery
- The script will be revised based on PFAC feedback.



## STAMP: Strategies to Assist with Management of Pain

### Patient Family Advisory Committee (PFAC) Meeting

March 3, 2018 10:00 a.m. – 11:30 a.m. Wingra Family Medical Center, Bay Creek Conference room 1102 S. Park St., Madison, WI

### **Agenda**

9:45 - 9:55 am: Arrival and light breakfast

10:00 am: Welcome and opening question

Alice Yuroff (STAMP Stakeholder Engagement Coordinator) and PFAC Go around the table, please share your name, and answer this question: "What is one creative thing or hobby that you do outside of these PFAC meetings?"

10:15 am: How the PFAC is making a difference &
Update from 10-16-18 Stakeholder Advisory Committee meeting
Alice

10:25 am: Project and recruitment update
Aleksandra Zgierska (STAMP Lead Researcher) and Cindy Burzinski (STAMP Study Manager)

10:30 am: Feedback on STAMP Study website (small group activity)
PFAC

11:15 am: Feedback on STAMP Study ad graphics PFAC

11:25 am: Evaluation PFAC

11:30 am: End meeting

Room available until 12:00 pm for continuing conversations



# Strategies to Assist with Management of Pain (STAMP) Study 4<sup>th</sup> Stakeholder Advisory Committee (SAC) Meeting

Tuesday, October 9, 2018; 8:30-11:30 am CST Department of Family Medicine, 2nd floor Wisconsin Room 1100 Delaplaine Ct. Madison, WI 53715

### Agenda

8:30 am Arrival, networking activity and breakfast 9:00 am Welcome and introductions Alice Yuroff (Study Stakeholder Engagement Coordinator) Project update 9:15 am Overall progress: Aleksandra Zgierska (STAMP Lead Researcher), Madison updates: Aleksandra Zgierska (Researcher) Boston updates: Robert Edwards (Researcher) Salt Lake City updates: Yoshio Nakamura (Researcher) 9:30 am Updates from: 3/19/2018 SAC meeting 10/8/18 Patient and Family Advisory Committee (PFAC) meeting Alice Yuroff and PFAC members 9:40 am Group discussion: How to decide which study participants to select for in-depth exit interviews Cindy Burzinski (STAMP Study Manager) and SAC members 10:30 am Group discussion: strategies to increase physician referral of patients to the study Rachel Atchley (Salt Lake City STAMP Study Manager) and SAC 10:55 am Group Discussion: strategies for community outreach recruitment Christina McDonnell (Boston STAMP Study Manager) and SAC 11:15 am Upcoming SAC activities: Scheduling of our next meeting (bring your calendars) Information on the IRB-required training 11:25 am Meeting evaluation 11:30 am Adjourn

11:30 -11:45 am Room available for continuing conversation

## Evaluation: October 9, 2018: Stakeholder Advisory Committee Meeting

Please answer each question below by making a check mark in the appropriate box.

### How did you like the following activities?

|   | Liked very<br>much | Liked | Did not like | Did not like at all |
|---|--------------------|-------|--------------|---------------------|
| Icebreaker game during breakfast  |                    |       |              |                     |
| Introduction & opening question   |                    |       |              |                     |
| Project & recruitment update  |                    |       |              |                     |
| Discussion: How to decide which study participants to select for in-depth exit interviews |                    |       |              |                     |
| Discussion: strategies to increase physician referral of patients to the study            |                    |       |              |                     |

### What did you think of the meeting facilitators?

|  | Always | Usually | A few times | Never |
|--|--------|---------|-------------|-------|
| Did they present material clearly?   |        |         |             |       |
| Did they give you enough time to make comments and ask questions?            |        |         |             |       |
| Did they do a good job answering questions?                                  |        |         |             |       |
| Did they do a good job making sure everyone's ideas and comments were heard? |        |         |             |       |
| Did they effectively include people participating via phone and/or webinar?  |        |         |             |       |

| participating via priorite arrayor vycomar.     |  |  |  |  |  |  |  |  |
|---|--|--|--|--|--|--|--|--|
| Comments:                                       |  |  |  |  |  |  |  |  |
| Commencs.                                       |  |  |  |  |  |  |  |  |
|   |  |  |  |  |  |  |  |  |
|   |  |  |  |  |  |  |  |  |
|   |  |  |  |  |  |  |  |  |
| What changes would you make to improve our SAC? |  |  |  |  |  |  |  |  |
| ,, c  |  |  |  |  |  |  |  |  |
|   |  |  |  |  |  |  |  |  |
|   |  |  |  |  |  |  |  |  |
|   |  |  |  |  |  |  |  |  |

### Who we are

Wisconsin Network for Research Support (WINRS) is an innovative and nationally-recognized patient and community engagement resource, based at the UW-Madison School of Nursing. Since 2010, WINRS has offered a suite of consultation services to address a persistent problem for researchers – how to effectively connect and communicate with study participants, especially people from under-represented communities. WINRS services are relevant for any researchers who want to engage diverse research participants and study stakeholders.

Staff: Gay Thomas, MA; Betty Kaiser, PhD, RN; Katrina Phelps, PhD

### **WINRS** services

For researchers without funding: WINRS provides initial, no-cost consultations to:

- Share strategies for recruiting, working with, and retaining diverse populations of study participants and stakeholders
- Review and edit recruitment and stakeholder engagement plans in grant proposals
- Offer advice on budgeting for successful recruitment and stakeholder engagement
- Determine optimal fit between researcher needs and WINRS services
- Suggest additional resources or strategies that might benefit the researcher's program of research

For researchers with funding: WINRS' services are relevant across the full life cycle of research projects, available both to researchers at the UW-Madison and to research teams at other sites.

- Advise on recruiting study participants and stakeholders/patient advisors
- Coordinate meetings with Community Advisors on Research Design and Strategies (CARDS)<sup>®</sup> -unique focus groups of diverse community members who give feedback on recruitment materials,
  consent forms, survey/focus group questions, websites, smart phone apps, and more
- Help researchers tailor WINRS toolkit materials for their own target populations
- Provide consultation to develop project-specific patient advisory boards, plan effective stakeholder meetings, and sustain engagement
- Design and conduct focus groups
- Provide "Plain Language editing" of any patient or public-facing materials
- Help develop dissemination strategies and presentations for lay audiences

### WINRS toolkits:

- Hard-to-Reach Patient Stakeholders: An Engagement Guide (HARPS) https://www.hipxchange.org/HARPS
- Patient Advisor Toolkit I: Orientation for Patient Advisory Committees <a href="https://www.hipxchange.org/PAT-1">https://www.hipxchange.org/PAT-1</a>

#### Other:

WINRS staff offer workshops/presentations on a range of topics including engaging patients in research, working with community partners and community advisory groups, and using Plain Language. They also conduct "train-the-trainer" sessions on implementing their engagement toolkits.

More information: Please explore the WINRS website or email us winrs@son.wisc.edu



