



Osher Center for Integrative Health

UNIVERSITY OF WISCONSIN
SCHOOL OF MEDICINE AND PUBLIC HEALTH



Integrative Health Grand Rounds

Wednesday, May 6, 2026

7:45-9:00AM CT

The Healing Power of Music

Seth Barudin, MD

Clinical Associate Professor

Academic Integrative Health Fellow

Department of Family Medicine and Community Health

University of Wisconsin School of Medicine and Public Health

Learning Objectives:

Participants will come away with an understanding of:

- The relationship of our nervous system to sound and rhythm
- How music affects our nervous system - the current science
- What is music therapy (local resources, what they do)
- The current data on music therapy and what conditions it helps
- Ideas on how to use in our practices



Seth Barudin, MD, is a family medicine doctor at UW Health and a clinical associate professor in the Department of Family Medicine and Community Health at the University of Wisconsin School of Medicine and Public Health. Dr. Barudin provides health care for patients of all ages.

From newborn to end-of-life care, Dr. Barudin cares for patients and families through every stage of life. He diagnoses and treats a variety of conditions, ranging from infections, cold and flu to chronic diseases and disorders like diabetes, high blood pressure, asthma and mental health concerns. He performs well-child visits and offers preventive care, pediatric care and geriatric support. He has a special interest in labor and delivery, and provides obstetric, gynecologic and maternity health services for mothers-to-be and their families.

Dr. Barudin strives to be a supportive advocate for his patients and their families through every step of their health journey. He takes time to help patients understand their conditions so they can make informed decisions that are best for them. His goal with every patient is to build a meaningful relationship based on trust and kindness.

In his free time, Dr. Barudin enjoys soccer, jam bands, theater, cooking and making his kids laugh. He is passionate about social justice and improving health equality in his community.

"It's important to let our patients know that we're there for them throughout their health journey. Being an advocate and a guide for our patients can make all the difference."

In-person: Science Drive Medical Center - Room 1111A

Microsoft Teams: <https://go.wisc.edu/r02ud2>



Have a presenter or topic in mind?

We'd love to hear your Grand Rounds suggestions! Email: oshercenter@fammed.wisc.edu